# ATLANTA MADHATTERS SUMMER TRAINING PROGRAM

### TRAINING INFORMATION

The Atlanta MadHatters Summer Training Program is designed for Junior, College, Pro, and other high-end players to skate, train, and workout during the offseason.

The program offers weekly skill sessions with the Junior coaches, and also includes open shooting time on the new training rink. Additionally, the Atlanta MadHatters are proud to partner with Operation Athlete to offer weekly off-ice strength and agility training.

Players from all programs and leagues are welcome - excellent summer training program for players returning home, or players preparing for next seasons junior tryouts. Players signed to AMH Junior team can train at no additional cost.

#### **SCHEDULE**

- On-Ice: Tuesdays/Thursdays: 12:00PM-1:15PM
- Off-Ice: Tuesday-Thursday: 1:45PM
- Open shooting sessions: Wednesdays: 11AM-1PM

## MONTHLY TRAINING INCLUDES:

#### \* - Monthly Value

- (2) On-ice skates per week (\$400\*)
- (3-5) Operation Athlete workouts per week (\$300\*)
- Weekly open shooting time on small rink (\$150\*)
- Junior locker room stall rental (\$150\*)
  - Weekly towel, jersey, sock laundry service
  - SaniSport gear sanitizing
- (2) Skate sharpenings (\$16\*)

TOTAL VALUE: \$1,016/mo

TOTAL VALUE (MAY-AUG): \$4,064

MONTHLY PRICE PER PLAYER: \$399

MONTHLY PRICE FOR SIGNED JUNIOR PLAYER: \$0