



NWJRS Elite Volleyball Club

Summary of Programs For U15 – U18's Teams

Club Philosophy

Northwest Juniors Elite VBC is committed to providing opportunities for young athletes at all levels of development to engage in quality, competitive experiences. Our club is dedicated to the idea that any athlete, regardless of size or skill level, who wants to participate in the USAV Junior Volleyball program, should be given that opportunity. Because of limited facilities, however, there are a limited number of positions available to participate in the club. Even so, in 2019 **Northwest Juniors Elite** was comprised of 26 teams – with 18 teams on the Eastside and 8 in the Northend. While some clubs are reducing teams and opportunities, we continue to grow and offer athletes more opportunities to play volleyball.

NW Juniors Elite Mission

Our Under Armour Team program (also called National teams) was founded to give local athletes who are motivated to play volleyball at the collegiate level an opportunity to excel, receive advanced training, and gain exposure for their hard work and dedication. We do this by providing an environment where these motivated athletes will be exposed to high levels of training with an emphasis on fundamentals and sportsmanship, be given opportunities to compete with the best teams in the country, and offer them the tools to be successful.

When enrolling with NWJRS Elite, you are getting more than just practices, tournaments and travel. We offer resources that are needed to prepare our athletes for the next level. Our program includes recruiting education, goal-setting, promoting our athletes to colleges, nutrition education, Speed, Agility, Quickness (SAQ) training, and access to position tutoring.

Additional Programming and Resources

We have formed partnerships and added additional programming that makes NW Juniors Elite the most complete junior volleyball club in the region.

- Through our partnership with Integrative Foot and Ankle & SPT we offer our UA athletes a pre-season screening to try to identify any issues athletically or areas that might need strengthening in order to avoid possible future injuries.
- Through our association with SPT we offer one day per week Speed, Agility, and Quickness training for our U12 and older Under Armour teams through March.
- With our Bottega Beach facility we will be providing our members with the option of adding beach volleyball training beginning in April.
- NW Juniors members get discount membership to our AVP Beach VB Academy which runs through August.
- Our members get priority scheduling when they are in need of medical, rehab, or physical therapy services with Integrative Foot & Ankle and SPT.



Contact Information

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Club Coaching & Administration Staff:

NWJRS Elite VBC is proud of its dedicated coaching staff. All coaches have experience working with young athletes and many are current or former college players. Coaches' bios are listed on our club's website. We have a full-time club director and a dedicated support staff entrusted to run NW Juniors Elite. There are a limited number of clubs *in the country* with full time club directors. With the addition of our Beach program, we also have additional support to ensure our beach programs and beach club members are fully supported.

Club Director, Tony Miranda: Full-time director with nearly 30 years' experience as a club administrator and tournament director. Over ten years of college coaching experience; Tony is one of the top trainers in the region and consistently has his teams among the top 5-8 teams in the region. He is responsible for overseeing the day to day operations of the club. He also serves as Technical Director for all teams and leads coaching education. He oversees the content of the website, makes travel arrangements, and manages tournaments.

Tournament Scheduling

We coordinate a competitive tournament schedule for all of our teams which gives them the best opportunity to play competitive matches and grow as teams and as individuals.

- Our top U11-U18 teams are our Under Armour Teams. These teams play in the Puget Sound Region Power League as well as several multiple day and out of region tournaments. With the exception of the 11's, all UA teams' seasons conclude Memorial Weekend unless they qualify for Nationals. Our U11's do not travel as part of their tournament schedule.
- The U14-U17's Under Armour teams play a minimum of 21 tournament days throughout the competitive season including at least two National Qualifier tournaments. Their season concludes with a Memorial Weekend tournament. All of our UA teams have the option of adding a post season tournament and June practices at an additional cost.
- Our Baden Teams *could* be classified as Regional teams, but they are not strictly regional because they travel outside the region and have a competitive schedule. Our Baden teams play a minimum of 15 tournament days throughout their season. Their schedule includes Power League and some local multi-day tournaments hosted by the club. All of our Baden teams travel to two (non-Qualifier) tournaments; one in Yakima and one in Centralia. The Yakima tournament is in March and the other is the end of season Memorial Day weekend in May.
- We have provided a schedule with major commitments for all teams. These dates are listed so that players and their families can adequately plan for important competition dates. Please note that if you are selected for and accept a position on an Under Armour team, these tournaments take priority over other activities and you should enter them into your schedules as such. Financial penalties exist for missing major tournaments.



November & December Important dates to note for U15 – U18 teams

Date	Location	Time(s)	Event
At tryouts	Juanita HS	Varies	All Players have the opportunity to sign at tryouts
Wed, Nov 27	Bellevue College	7:30 – 9:30 PM	Eastside Makeup Tryout #1 – To Fill team openings
	Beautiful Savior	7:00 – 9:00 PM	Northend Makeup Tryout #1 – To Fill team openings
Mon, Dec. 1	Bellevue College	7:30 – 9:30 PM	Eastside Makeup Tryout #2. Uniform Fittings 6:30 – 7:30
	Beautiful Savior	7:00 – 9:00 PM	Northend Makeup Tryout #2. Uniform Fittings 6:00 – 7:00
Wed, Dec. 4	Bellevue College	7:00 – 9:00 PM	Mandatory Club Orientation for all U15-18- Teams
Sun, Dec 8	TBA	TBA	December Practices begin: Up to 8 practices UA at least 6 Baden
<i>December's Practice Schedule will be posted as soon as all team and all age groups are final</i>			

Club Dues & Expenses Information



For each category or level in our club, we budget for 12 players per team, and have divided all costs for the season to be shared equally by all club members in each portion of the club. Fees for participation in are listed below. These fees include uniforms, practices, coaches' salaries, equipment, coaching supplies, gym rental, tournament entry fees, team and individual photos, postage, copying, and internet.

For the U14-18 teams it also includes fees for travel *except for transportation to/from NW Area tournaments*. For the U12-13 teams it includes transportation and lodging for coaches to travel tournaments; U12-13 parents must secure hotel accommodations for their daughters for travel within the Pacific Northwest – the club sets aside a block so they do not need to search for a hotel. Our SAQ training runs through March; beach volleyball training begins in April and athletes are encouraged to register for beach training to supplement their indoor training.

For all members, a non-refundable down payment will be due upon registration and is used to ensure the club has the capital to register teams for tournaments, purchase uniforms, upgrade equipment, and pay associated regional fees. The down payment will guarantee your position with our club. During the club registration process, you have the option of paying the full season in advance or paying installments throughout the year; the initial payment is due by *December 4, 2019*. There is a discount for paying the entire season at once. **A Welcome e-mail with club registration details will be e-mailed after tryouts and before Orientation.**

TEAM	SEASON INFORMATION <i>*Airfare is added at a later date</i>	PAYMENT SCHEDULE
18 Under Armour 1 Season: Dec-April Dues: \$2,897 Travel: \$1070	Approximately 18 tournament days Tournaments Include PSR Power League, MHM Classic (Eugene), NWJRS Presidents, NWJRS Spring Classic, PNQ (Spokane), Regionals <i>*Nationals and/or post-season tournament are at an additional cost.</i>	\$875 Down Payment 4 additional \$773.00 payments Jan - April
17 Under Armour-1 16 Under Armour-1 Season: Dec-May Dues: \$3,220 Travel: \$1,440*	Approximately 23 tournament days Tournaments Include PSR Power League, MHM Classic (Eugene), NWJRS Presidents, PNQ (Spokane), Lone Star Classic (Dallas), PSR Bid Tournament, PSR Regionals, Emerald City Classic. <i>*Nationals and/or post-season tournament are at an additional cost.</i>	\$875 Down Payment 5 additional \$757.00 payments Jan - May
16 Under Armour 2 Season: Dec-May Dues: \$3,130 Travel: \$1,285*	Approximately 22 tournament days Tournaments Include PSR Power League, NWJRS MLK & Presidents, AAU Spring Classic, PNQ Qualifier, and the AAU West Coast Championships (Las Vegas) <i>* Team has the option of adding a post season Tny. at an additional cost</i>	\$875 Down Payment 5 additional \$708.00 payments Jan - May
15 Under Armour-1 Season: Dec-May Dues: \$3,220 Travel: \$1,055*	Approximately 23 tournament days Tournaments Include PSR Power League, NWJRS MLK & Presidents, PNQ (Spokane), Lone Star Classic (Dallas), PSR Bid Tournament, PSR Regionals, Emerald City Classic. <i>*Nationals and/or post-season tournament are at an additional cost.</i>	\$875 Down Payment 5 additional \$680.00 payments Jan - May
15 Under Armour 2 Season: Dec-May Dues: \$3,130 Travel: \$1,285*	Approximately 22 tournament days Tournaments Include PSR Power League, NWJRS MLK & Presidents, AAU Spring Classic, PNQ Qualifier, and the AAU West Coast Championships (Las Vegas) <i>* Team has the option of adding a post season Tny. at an additional cost</i>	\$875 Down Payment 5 additional \$708.00 payments Jan – May
U15/U16 Baden Season: Dec-May Dues: \$2,645 Travel: \$515	Approximately 15 tournament days Tournaments Include Power League, local multi-day events, Yakima Jamboree (March) and season- ending Memorial Day Weekend tournament in Centralia.	\$875 Down Payment 5 additional \$457.00 payments Jan - May

2020 Tournament Schedules

Under Armour Teams:

18 Under Armour – Black or Blue (#1)		17 Under Armour – Black or Blue (#1)		16 Under Armour – Black or Blue (#1)	
18 Tournament Days		23 Tournament Days		23 Tournament Days	
1/4	U18 Power League Seeding	1/4	U18 Power League Seeding	1/5	U16 Power League Seeding
1/18-20	MHM Classic Tournament (Eugene)	1/18-20	MHM Classic Tournament (Eugene)	1/18-20	MHM Classic Tournament (Eugene)
1/26	U18 Power League #1	1/26	U18 Power League #1	1/25	U16 Power League #1
2/9	U18 Power League #2	2/9	U18 Power League #2	2/8	U16 Power League #2
2/15-17	NWJRS Presidents Weekend Tny	2/15-17	NWJRS Presidents Weekend Tny	2/15-17	NWJRS Presidents Weekend Tny
2/23	U18 Bid Tournament (Optional)	2/29	U18 Power League #3	3/1	U16 Power League #3
2/29	U18 Power League #3	3/15	PSR Bid Tournament	3/15	PSR Bid Tournament
3/14-15	Spring Classic AAU GP (Centralia)	3/21-23	Pacific NW Qualifier (Spokane)	3/27-29	Pacific NW Qualifier (Spokane)
3/21-23	Pacific NW Qualifier (Spokane)	4/5	U18 Power League #4	4/4	U16 Power League #4
4/5	U18 Power League #4	4/17-19	Mizuno Lone Star Classic (Dallas)	4/17-19	Mizuno Lone Star Classic (Dallas)
4/18-19	PSR 18 Regionals	5/2-3	PSR U17 Regionals	5/2-3	PSR U16 Regionals
Season ends with Regionals: 18's may add other tournaments at an additional cost.		5/23-25	Emerald City Classic	5/25-27	Emerald City Classic
16 Under Armour – White or Grey (#2)		15 Under Armour – Black or Blue (#1)		15 Under Armour – White or Grey (#2)	
22 Tournament Days		23 Tournament Days		22 Tournament Days	
1/5	U16 Power League Seeding	1/11	U15 Power League Seeding	1/11	U15 Power League Seeding
1/18-20	NWJRS MLK Weekend Tournament	1/18-20	NWJRS MLK Weekend Tournament	1/18-20	NWJRS MLK Weekend Tournament
1/25	U16 Power League #1	1/26	U15 Power League #1	1/26	U15 Power League #1
2/8	U16 Power League #2	2/9	U15 Power League #2	2/9	U15 Power League #2
2/15-17	NWJRS Presidents Weekend Tny	2/15-17	NWJRS Presidents Weekend Tny	2/15-17	NWJRS Presidents Weekend Tny
3/1	U16 Power League #3	2/29	U15 Power League #3	2/29	U15 Power League #3
3/14-15	Spring Classic AAU GP (Centralia)	3/15	PSR Bid Tournament	3/14-15	Spring Classic AAU GP (Centralia)
3/27-29	Pacific NW Qualifier (Spokane)	3/21-23	Pacific NW Qualifier (Spokane)	3/21-23	Pacific NW Qualifier (Spokane)
4/4	U16 Power League #4	4/5	U15 Power League #4	4/5	U15 Power League #4
TBA	Tulip Festival Tournament	4/17-19	Mizuno Lone Star Classic (Dallas)	TBA	Tulip Festival Tournament
5/2-3	PSR U16 Regionals	5/2-3	PSR U15 Regionals	5/2-3	PSR U15 Regionals
5/25-27	West Coast AAU (Las Vegas)	5/23-25	Emerald City Classic	5/23-25	West Coast AAU (Las Vegas)

National teams' seasons end Memorial Day Weekend. #1 Teams have the option to add Qualifiers if USAV Nationals is the team goal. Added events would come at an additional cost. If they qualify for Nationals, they must attend and their season will extend to the end of June. All UA teams will also have the option to attend Volleyball Festival if they do not qualify for Nationals, which also extends to June. Nationals or Volleyball Festival would be at an additional cost.

Baden Teams:

16 Baden		15 Baden	
15 Tournament Days		15 Tournament Days	
1/5	U16 Power League Seeding	1/11	U15 Power League Seeding
1/25	U16 Power League #1	1/26	U15 Power League #1
2/8	U16 Power League #2	2/9	U15 Power League #2
2/15-17	NWJRS Presidents Weekend Tny	2/15-17	NWJRS Presidents Weekend Tny
3/1	U16 Power League #3	2/29	U15 Power League #3
3/15-16	Yakima Jamboree	3/15-16	Yakima Jamboree
Mar/Apr	TBA 1-day Tournament	Mar/Apr	TBA 1-day Tournament
4/4	U16 Power League #4	April 5	U15 Power League #4
5/2-3	PSR Regional Championships	5/2-3	PSR Regional Championships
5/23-24	NW JRS Memorial (Centralia)	5/23-24	NW JRS Memorial (Centralia)