

LEVEL 9 ITINERARY

THURSDAY MAY 9TH, 2019

12:30PM ARRIVE TO PRACTICE AND PICK UP AN ANY REGION 5 APPAREL STILL NEEDED FROM TAMI SHAFFSMA (ALONG WITH TATTOO) AND GK APPAREL(COMPETITION UNIFORM FROM GK BOOTH)

THURSDAY PRACTICE: 1:00-3:00PM SILVER SPURS ARENA

YOUR COACH SHOULD HAVE RSVP'D TO BRETT WARGO

WEAR OZONE LEOTARD/OZONE SHORTS/OZONE TANK WITH HAIR NEATLY DONE WITH REGION 5 RIBBON AND SPARKLE DRAWSTRING BAG FOR PRACTICE!

MAY 10TH-12TH COMPETITION (SCHEDULE PREVIOUSLY GIVEN OUT)

WEAR GK TANK LEO/JACKET/PANTS AND HAIR NEATLY (TIGHT) TIED UP AND BOW (NOT RIBBON) IN HAIR. AGAIN USE DRAWSTRING BAG FOR GRIPS.