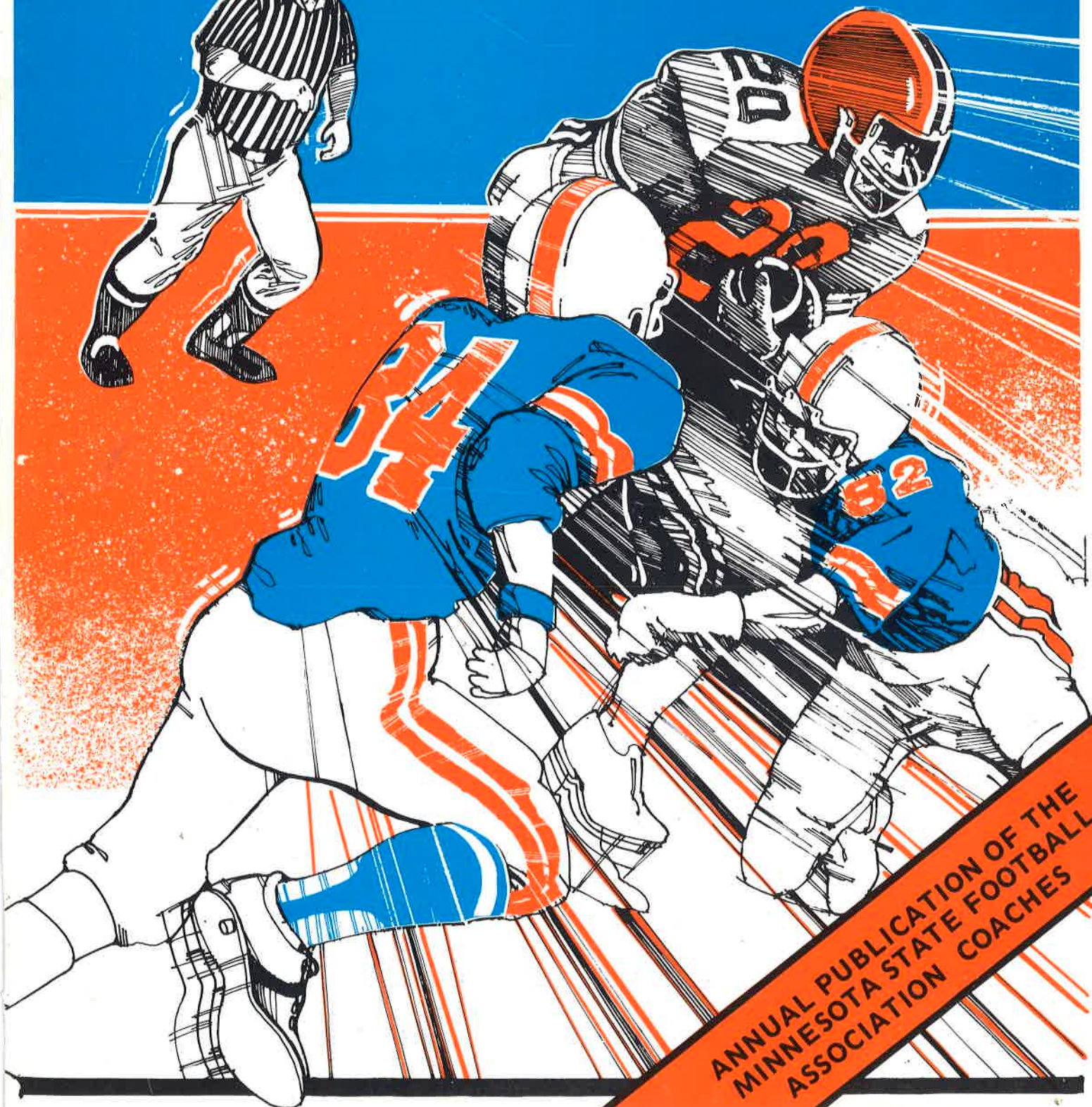


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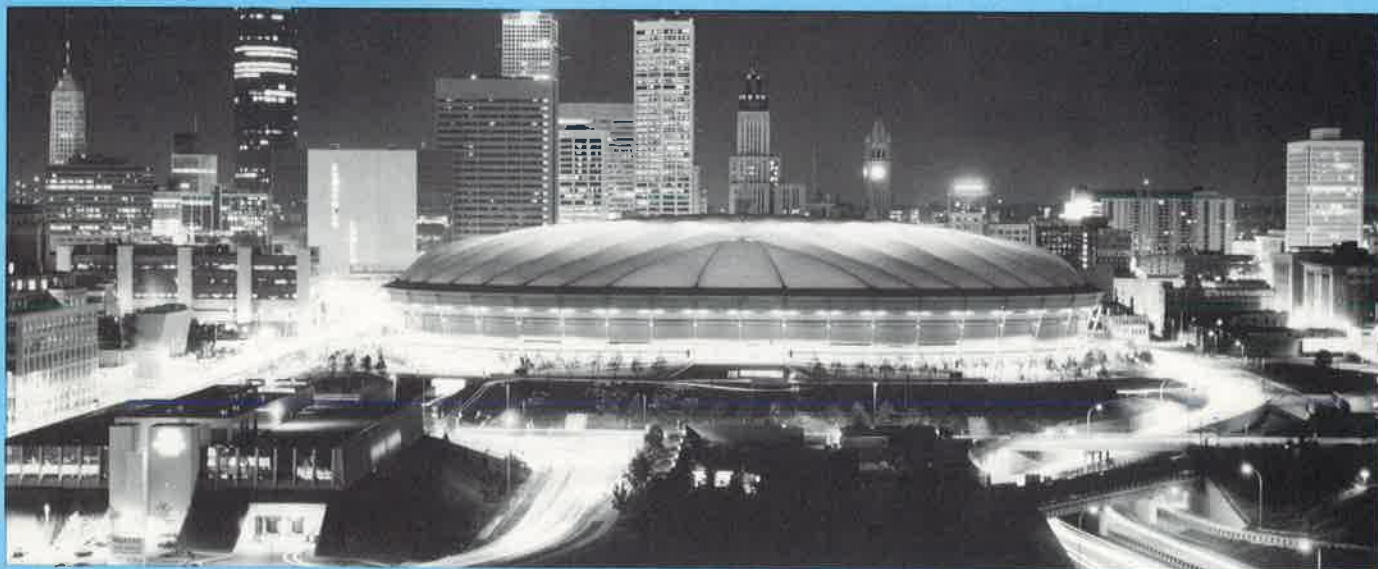


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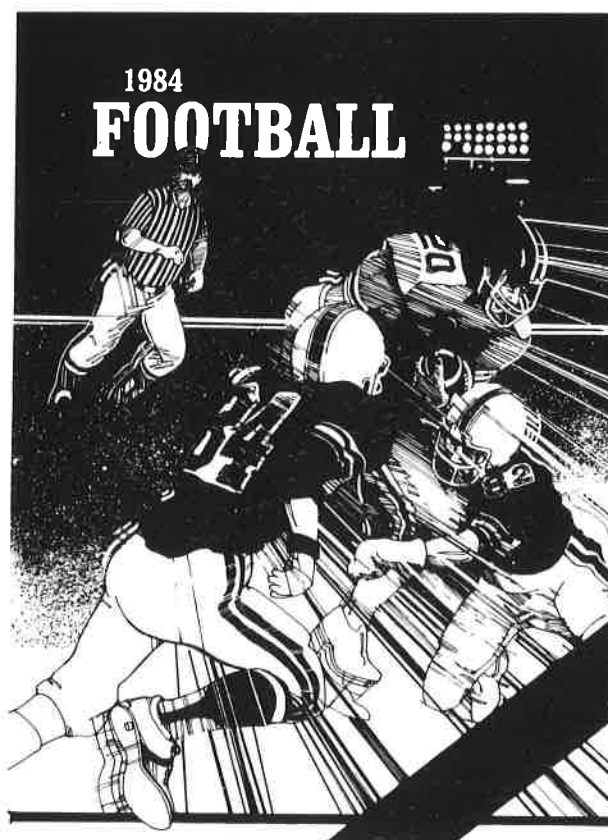
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President's Message

Looking back over the year, many things are changing for the coming year, mainly the sectional playoffs. I feel this will be great for all football teams, knowing that in some cases all is not fair because of enrollment, etc. But I feel this will be great for the majority of the schools.

I personally feel that we will one day get a sixth class which is very much needed because of enrollments. I also feel that every two years this program will change with schools changing classes.

I would also like to take this time to congratulate all the teams and coaches that played in the Dome this year. As a coach I know that, that has to be a great thrill.

I would also like to thank all the coaches in the association that made my job so easy this past year, especially the committee that met with the U. of M. Search Committee and had input into the U. of M. new football coach. I feel we got the right man to put Minnesota football back on the right track nationally.

I also would like to thank the committee that work-

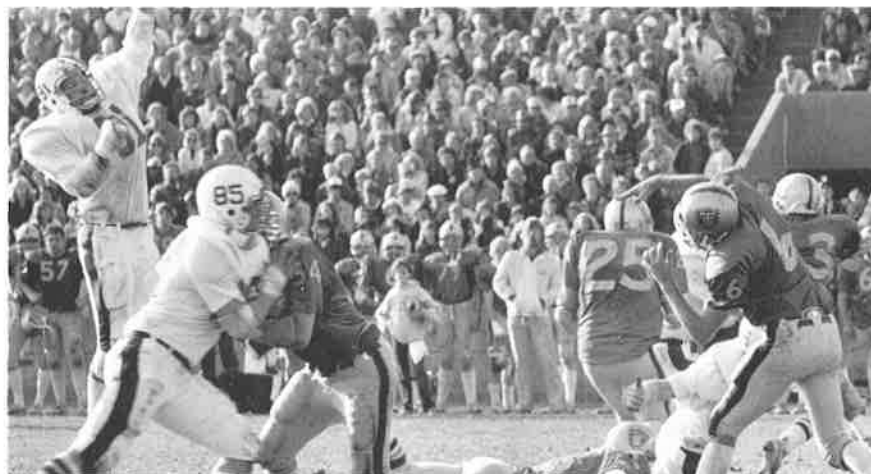
ed on the Football Coaches Assoc. stand on chemical abuse. I feel this was a great job, and we should be proud the Football Coaches Assoc. was first on standing up and being counted.

Lastly, I feel the Football Coaches Assoc. is growing and becoming stronger and stronger. Mostly because of the older coaches, who did so many things years ago and are still active and working hard for the Association today. All of you know who I am talking about, but there are too many names to mention. Remember these guys worked hard to get our playoff system, and got it. Then they went after the All Star game and got that also. So if we look at the whole picture, we find the Football Coaches Assoc. is the strongest sports association in the state, and that thanks goes to all the coaches in the association.

Finally, a hearty congratulations to Ron Scott — Minn. State Football Coach of the year for 1983-84.

Thank You,
Tony Thiel, President
1983-84

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Some Thoughts on Marshall Tiger Football

LLOYD C. PETERSEN

Lloyd Petersen attended Richfield High School and then attended Westmar College where he graduated with a B.A. in physical education in 1965. He received his master's degree from the University of South Dakota in United States history.

Lloyd started his coaching career at Westmar College where he served as an offensive line coach. From 1967-1970 he coached junior high football at West Monona Community Schools in Onawa, Iowa. He joined the Marshall High School system as a teacher in senior government and United States history and as the varsity line coach in 1970. In 1972 he took over the head coaching position. During his years as a head coach, his teams have had a share in two Southwest Conference titles and six second place finishes. His career record is 75 wins, 49 nightmares, and 1 tie. During the spring, he helps coach football at Southwest State Univer-

sity. In 1981 he was selected by Westmar College as the football Coach of the Year.

Lloyd is married. He and Rennae have two children Diann (age 14) and Jason (age 11).



Lloyd Petersen, Marshall

The ideas I am about to share are not original, they are ideas I have read or heard about from many coaches throughout the United States. In this game we must be willing to refine the program if we are to remain in coaching.

Many times when we go on vacation, I will call the football coach in the locations we are visiting and ask him if he would be willing to talk football over a Coke. During our relaxed meeting, he is willing to share ideas that he has found to be successful. We have acquired some valuable suggestions that we have used in our program. I would like to share some of these thoughts with you.

In preparing for the upcoming season, we meet with the players in the Spring to tell them what we expect of them during the summer. We stress Dr. Cooper's AEROBICS, we want our boys to stay active by playing tennis, racquetball, jogging, biking, and other physical activities that develop total fitness. We also give them a list of all the football camps, the cost and the dates. The hours that our weight room will be open is also announced. Finally, we give the athletes a little pep talk, telling them that a championship is theirs if they are willing to pay the price.

The last week of July our players receive a letter again stating that they must be working out. We remind them that there will be a fitness exam on the first day of football. Trophies are presented to the most physically fit lineman and back. The fitness exam includes push-ups, pull-ups, sit-ups, bench press-

ing their own weight, running a 40, 100, and 600 yard dash for time. Each item mentioned has a point value. The coaches tabulate the total points and examine the results. Obviously, those scoring the highest points



Coach Lloyd Petersen oversees his Tigers during a conditioning workout. The Marshall club is a perennial Southwest Conference contender.

have an advantage in the selection process for starting positions.

Along with this letter, we send the parents a letter with the heading we obtained at a clinic: "WE ARE PEOPLE COACHES — NOT JUST FOOTBALL COACHES." We thank the parents for allowing their sons to be a part of our program. We provide them with a schedule of practices, the times of our camera day and scrimmage, Booster club meetings and upcoming family picnic.

In this letter, we also stress the Minnesota State High School League Rules and the Marshall School District rules regarding the use of alcoholic beverages, smoking and drugs. We also emphasize how important it is to be at practices. Missing one practice means missing one game, missing two practices means missing two games, missing three practices means collecting gear and dismissal from the squad.

On the first day of football, lockers are assigned with veterans next to rookies. What these boys will go through will be enough to make the faint hearted want to quit. Veterans can help the rookies by encouraging them.

The first day's team meeting sets the tone of what is to happen in the upcoming weeks. Our staff heard Coach Bo Schembechler at a Coach of the Year Clinic discuss what he covers with his players on the opening day. We have incorporated much of what he said into our opening presentation. We re-emphasize what we expect of them. We also cover the State High School League rules and the Marshall High School rules regarding the use of alcoholic drinks, drugs, and tobacco. At this same meeting, we go through the pro-



Scott Maeyaert, #43, carried for the Marshall Tigers in 1983 Southwest Conference action. Supplying blocking help are John Sterner #32, #61 offensive guard Scott Frey and co-captain tackle Joe Andries #70.

per way to block and tackle, emphasizing that the helmet is not to be used as a weapon. Academics are stressed at Marshall, so we cover the eligibility rules.

The second day's team meeting is devoted to football rules. We bring in an official who goes through the rules. Infractions of the rules can cost a team a ball game, so we feel that this session is absolutely essential.

The first week of practice is really tough, conditioning being the prime ingredient. We occupy the entire morning with two practices (8:00-9:30 and 11:00-12:30) and a team meeting (10:00-10:40). We like the morning practices because it is cooler, plus we like to keep the players together. During their free time, the players have the opportunity to sit and visit, creating the cohesiveness essential in winning.

The second week of contact, we have an intra-squad game, dividing up the sophomores, juniors and seniors. We have a regulation night game with Marshall officials volunteering their time. The game is called a MEDIA BOWL, the sports writer from THE MARSHALL INDEPENDENT and the sports announcer for KMHL RADIO are the honorary coaches of this game. An hour before the game, our honorary coaches draw for their team. They also draw for one of our two sophomore coaches who will assist them by sending in the plays. The coaches from the newspaper and the radio station call all the plays and defenses. We provide them with a miniature version of our playbook a couple of days prior to the game. The varsity coaches sit up top and evaluate the players. This activity is something everyone enjoys. The game assures each of our players that they will play. The sports reporters get to know our players personally and the players enjoy getting to know them.

On Saturday of this same week, we have a scrimmage with another town in the morning. In the afternoon we have our team picnic. We provide everyone with a name tag. We want to develop lifelong friendships. Announcements are made by the Booster Club President regarding upcoming Booster Club activities. We present the fitness trophies to the winners of our fitness test. After the picnic, we have a rope

pulling contest, senior parents vs. senior football players, juniors and sophomores vs. their parents. The next item might be an egg toss or some other activity like it. We conclude the picnic with a family softball game.

During our practices, we "coach up" as Tony Mason once stated at a clinic. Belittling an athlete has no place in our system. Encouragement is a key ingredient to our success.

Our best football drill is a one on one with a ball carrier. It teaches the ball carrier to read the helmet of his blocker. It also shows who likes to block and who likes to tackle. During the regular season, we do not have any contact except for 10 minutes of this drill on Tuesday and Wednesday.

Since we believe in basics, we also use the chutes for blocking every week. This includes everyone from quarterbacks to the linemen. In our system, all must block.

Reward for hard work is an American trait. We invite the boys over for soft drinks and popcorn on Sunday afternoon if they win. We do not talk about football unless they bring it up. We encourage the boys to play games, watch t.v., or simply sit and chat. We all benefit from these moments together. My wife gets to know the boys, they get to see us in a relaxed setting, and we develop a friendship that lasts a lifetime.

I have learned so much from fellow football coaches. There is a brotherhood amongst coaches that few if any other professions have. Coaches are usually willing to help fellow coaches. Some advice I would give to young coaches is to attend as many football clinics as possible. During your breaks, get next to the Senior members of our profession. If they are still in coaching, they have to be doing something right. Listen — don't talk! As Will Rogers said, "if you're talking, you ain't learning."

These random thoughts on football are an accumulation of many coaches ideas. They have worked for us over the years. We have had some good years, thanks not only to these ideas, but to dedicated assistant coaches at Marshall, and fine young men who were willing to pay the price.



Co-captain John Sterner zeroes in on a Worthington runner in the Trojans' 7-0 victory over Marshall. The two teams tied with Jackson for the SWC crown. Sterner was selected for the Summer All-Star game.

BLAINE'S GAP CONTROL 50



Dave Nelson, Blaine

All coaches realize that players make up a great offense or defense, and without good athletes, schemes don't win football games. It is extremely important though to have a scheme that is sound and will give your players a chance for success. We feel that the Gap Control 50 fulfills both of these criterion. The defense, which we have used for two seasons, has been found to be sound, easy to teach, and easy to learn for our players. During the past two seasons, Blaine has ranked No. 1 in rushing defense and close to the top in all other defensive categories in the North Suburban Conference. Although our success is mainly attributable to our athletes, the Gap Control 50 has made believers out of our players and coaches. The Gap Control 50, because it is a reading defense, requires a great amount of teaching. I am very fortunate at Blaine to work along side excellent coaches. Lowell Kutches and Jon Hersch do an excellent job of teaching the defense and its fundamentals to our sophomores. On the varsity level, Jeff Ferguson works with the defensive line, Donovan Larson works with the outside linebackers, Ray Kirch coaches secondary, and I am responsible for the inside linebackers.

Before discussing the Gap Control 50 in detail, I would like to mention a few points concerning defensive play that apply to any defense. No matter what your philosophy on defensive football is, there are many principles that remain constant.

First of all, I believe you must have a system of teaching. At Blaine, we teach defense by using the 8 Keys To Bengal Defense. The following 8 keys are used in teaching defensive football to our players:

- proper stance
- proper alignment
- get off the ball
- separate
- disengage
- pursue to the ball
- gang tackle

Our players are taught that this sequence must be followed each snap in order to be successful on

defense. Each play must start with a good stance. We like our defensive lineman in four point stances, inside foot slightly back, and having 70 percent of their weight on the balls of their feet. Lb'ers should have their feet parallel, legs bent at a 90° angle, and should feel comfortable. Defensive backs should have outside foot slightly forward in a heel-toe relationship and knees slightly bent. Proper alignment is very important to the concept of team defense. All eleven players must line up correctly every play to have the field properly defended. We give our players specific landmarks to line up on so mistakes are avoided. For example, our nose guard is told to line up so his nose is straight across from the center's ear. Getting off the ball comes thru repetition. It is important in our scheme that the defensive lineman key the offensive lineman's movement, not the football's. Delivering a blow, separating, and disengaging are all taught in the same movement. Because we are a reading defense, this is one of our most important fundamentals and it requires a great deal of teaching. The last two keys, pursuit and gang tackling, must also be taught, just like any other skill. We stress these last two keys with a great deal of emphasis. As coaches, we would like to think our players know and understand these 8 keys and realize how important it is to follow this sequence each and every play.



Blaine's Shannon Gerrety makes a leaping interception in a 21-0 victory over Ramsey. Junior cornerback Mike Dierkes looks on. Gerrety made All-NCC as a linebacker on Coach Don Larson's 7-2 Bengal club.

Secondly, planning practices which are organized, purposeful, and thorough is very important. A coach has to look at the "big picture" and stress the areas that he feels are important and relevant to his system. At Blaine, we feel that pursuit is very important so each practice is started with a 10 minute pursuit drill. Each and every practice also includes some type of form tackling drill. Because we feel these are

two important areas we stress them everyday. The remaining portion of our defensive practice is made up of a 20-30 minute individual breakdown period and a 20 minute team or group period. Each team time is run with a practice script. Scripting our practices is one of the best improvements we have made over the last few seasons. Scripting takes a little extra preparation time but the benefits are many. There is little wasted time and you are assured of working on the plays that you feel are important.

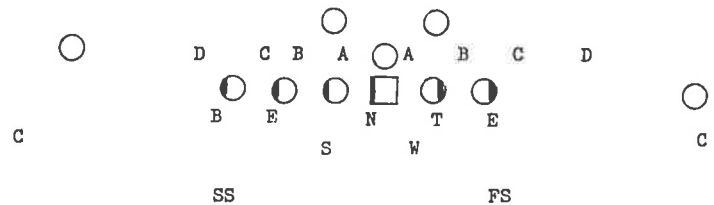
Finally, evaluation is a necessity. Our best teaching tool is thru the use of game films. Our coaching staff meets every Saturday morning to grade the film. Each player who played a significant part of the game is graded. The grade sheet includes technique, pursuit, and comments for every play. A final percent grade is then figured out for each player. Monday night after practice, the team, along with their grade sheets, will evaluate the film.

The preceding points that I have presented are the foundation for teaching our defense. The following principles are what the Gap Control 50 is based on:

- the defensive front is overshifted to the true tight end
- each player is responsible for only one gap
- one of the LB's is covered from offensive lineman
- it is a reading, not a stunting defense
- the secondary plays out of a four deep concept

The defense (Diagram A) uses four down linemen and three linebackers. The nose guard shades the center to the call side and is responsible for the "A" Gap. The tackle lines up away from the call side and shades the outside shoulder of the offensive guard. The tackle has "B" Gap responsibility. Both ends shade the outside shoulders of the tackles and are responsible for the "C" Gaps. The OLB goes to the call side, shades outside the tight end, and has the "D" Gap. The Sam LB'er lines up to the call side. He aligns four yards deep on the outside shoulder of the guard. Sam is responsible for the "B" Gap. The Willy LB'er goes opposite the call, aligns four yards off the LOS on the inside shoulder of the guard. Willy has "A" Gap responsibility.

DIAGRAM A




Each down lineman must control the man he is over, therefore controlling his gap. Once the gap is secured, the linemen disengage and pursue to the ball. The OLB mirrors the tight end's movement. If the T.E. blocks down, the OLB will step down with him and look for the near back or pulling guard. He must never get hooked and lose contain. The OLB is also involved in pass coverage. The LB's key the offensive guards and mirror their movement. If the guard pulls, they will follow. If pass shows, they will drop to their proper zone. Sam must take on any base or hook block and control the "B" Gap. Willy, because he is free from any offensive lineman, reacts to the block by the guard on his defensive tackle. If the tackle gets hooked, the Willy LB'er steps to the outside. If the tackle gets cut, Willy steps to the inside and finds the ball.

Personnel can be fit very easily into this scheme. The nose, because he lines up in a shade alignment, does not have to possess great size and strength. If the player is quick and a fairly good athlete he will be able to play this position. We place our least gifted athlete at the tackle position. A good, tough, straight ahead player fits in well at the tackle position. The two defensive ends must be your best two down linemen. They will get doubled teamed on some occasions, and have contain on others. A "basketball type" fits in well at the OLB position. He must be a great athlete because both the run and pass must be played. At the linebacker position, the bigger and stronger player should be put at Sam. Willy is played best by a quicker and smaller player.

The Gap Control 50 is also easily adjusted to double tight teams. Diagram B shows one of the adjustments versus two tight ends. As you can see, this adjustment

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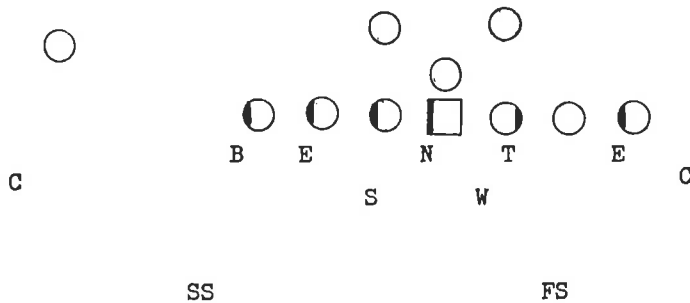
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only affects the defensive end and corner. The end away from call will align on the inside shoulder of the tight end and still have "C" Gap responsibility. The corner to this side will roll up three yards deep and three yards outside the tight end. The corner has contain on run and the flat on pass.

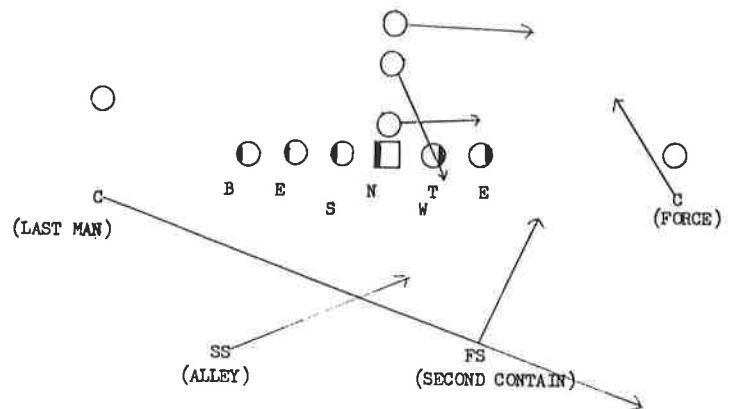
DIAGRAM B



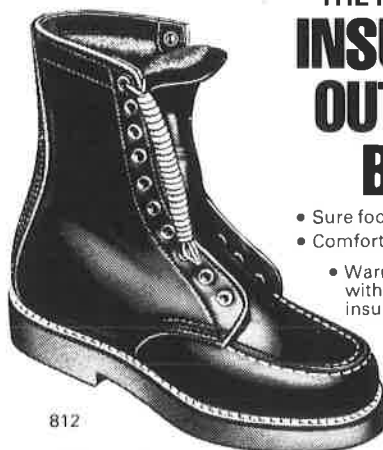
In the secondary we play predominately halves coverage. The defensive end away from call has the "C" Gap and needs corner support on contain. In defending the running game, it is important to involve the secondary and give them definite responsibilities. In Diagram C the responsibilities for our secondary are outlined. This specific example shows our cover 2 or halves coverage. The corners will either be responsible for force or the last man. The force man has contain and must turn the play to the inside. The last man must take the proper pursuit angle to the ball and get the touchdown saving tackle. The SS and FS are the

second contain and alley players. The second contain will give late run support and the alley player looks for the cutback. We do these responsibilities for each coverage we play. This system has worked well for us the past two seasons, giving up only 8 runs over 20 yards, the longest being a 40 yard run. Diagram C shows the run responsibilities out of halves coverage versus a pro set.

DIAGRAM C



In conclusion, as I stated earlier it's the athletes that allow us to win football games. It's common knowledge that we don't have a great hand in deciding what type of athlete that we will work with. We do have a great say in what our offensive and defensive philosophies will be. I feel the Gap Control 50 offers many advantages on the high school level. I hope this article has given you some insight on what we are trying to do at Blaine High School. Even if you don't run this defense, hopefully some of the ideas presented can be incorporated into your defensive philosophy.



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OSSEO COACH JOHN A. HANSEN is a graduate of Hamline University where he lettered three years in football, serving as captain and winning all-conference honors in his senior year. In his 12 years at Osseo he has compiled an overall record of 62-35-7. Since 1958 his teams have won 40 while losing only 11 and tying two. At the close of the 1963 season, the Osseo team had a victory skein of 12 straight wins.

BY JOHN HANSEN
Football Coach, Osseo High School
(Reprinted from 1964 Journal)

It's Thursday afternoon and your varsity football squad is reporting for their last dress practice session before Friday night's game. These next few hours can be the most important ones you spend. Organization is the utmost importance. This is the last session, it can't be dull and sluggish. It must move along, teach, review, and above all it must inspire your boys psychologically for that ball game tomorrow night.

AS EACH boy reports for practice at Osseo High School he receives his game pants and jersey, which he will wear during Thursday afternoon's practice session. There is a three fold purpose in doing this. First, each boy gets his equipment, and if there is a mix up or a piece of equipment needs repair, it can be taken care of before we meet Friday night, when we



A Couple blockers clear the way for Ron Johnson (40), all-conference Osseo quarterback and excellent passer.

want nothing on our minds but football. Second, after

washing, some jerseys and pants shrink. During Thursday afternoon's practice the game suit will have a chance to loosen and stretch. This is very important particularly for backs and ends. Third, the boys like to wear their game equipment. Psychologically it builds them up. It's like dressing up to go to church. They do act differently in their game uniforms. The boys sense the game and its implications, this isn't just another practice session, it's just 30 hours to game time.

At Osseo each varsity team has its own set of scrimmage vests. We bring in our school colors here and put orange on the first team, black on the second team and white on the third team. They wear these vests during the week and also during Thursday's practice. We also have a large green board with pegs inserted assimilating three teams with alternates. This board, placed in the locker room, has movable tags which keep the boys posted as to which team they are on. Each boy's name is put on a tag and placed on the board so he can see which team he is working with.

AS THE BOYS report on the field they work on specialties until practice starts. After their specialties I have a short talk that covers any last changes or procedures. I also like to put a little fire in them by bringing in the opponent and something about them that will get the boys thinking.

We then break up for some loosening up exercises. The captains usually lead these but during this last practice several of our players get a chance at this. It is good for morale and the boys enjoy this feeling of importance. The last boy to lead calls on another boy and etc. After this we shorten our isometrics and do some light agility drills.

Our kick-off team then practices their specialty by kicking enough to a receiving team to warrant an O.K. from the coaching staff. Our kick-off return team follows and they work our kick-off return plays until we are satisfied. This is followed by our punt offense and punt return teams going through their paces. We hope our squad is sufficiently indoctrinated in these phases of the game, so that we don't have to spend too much time working on them during this practice.

OUR OFFENSE and defensive game plan usually needs some review, so we put that in next. We work a short time offensively on any new plays, or techniques that the coaches feel are necessary for the upcoming opponent. Then we switch to defense. Our defensive signal callers take over and call out the various defenses, with stunts, as we go against a dummy offense of the opponent. As one of the assistant coaches lines up the various offensive formations of our opponent, we get about 10 to 12 minutes of defensive reaction. The opponents offense then runs a few



Osseo Coach John Hansen (center) diagrams a play for two of his three Tri-Captains, Doug Bryant (left) and Greg Williams (right). Both players have been Skyline all-conference players for the past two seasons as a guard and end, respectively.

of their pet plays against us so we get another good look at them. These plays are selected from the scouting reports and put on a large piece of tag board. We get to know the opponent and his methods, something that we feel is very important. We usually have our first two defensive units, with alternates, operating against an offense made up from our third and fourth teams. Our first defense goes for two or three plays while the second watches, then they switch and the second defense goes for one or two plays and etc. This is done in review as Wednesday is defensive day and this is all covered at length at this time. Remember this practice must move along. We try to make sure these drills don't become tedious or lengthy.

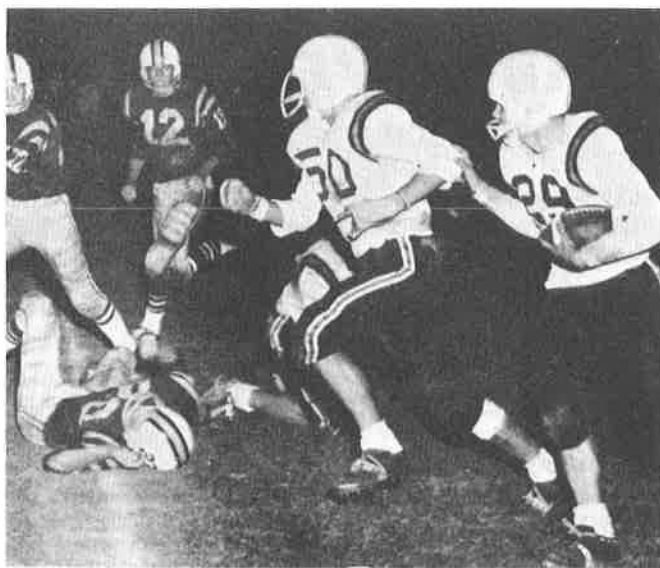
NOW WE move the ball down to the 10 yard line and the offensive team is told to score. An assistant coach sets up various goal line defenses as the offense attempts to score by using our goal line offense with automatics. We want to be sure that everyone knows their assignments in this area. This is a good morale builder, as the player defense offers little resistance

and all plays that don't have mistakes score.

The ball goes next to the two yard line where our conversion team kicks extra points and tries any other plays that we might use for conversions. We finish our physical workout with the orange, black and white teams with alternates running their offensive plays up and down the field. Here, again, the quarterback gets a chance to practice his automatic play calls.

BEFORE GOING in we have our last chat. The things I say here are said every Thursday of the season, because I feel they are important, and should be carried out to the letter. There might be an exception on occasion but this would be very rare. They are told to remain at home on Thursday night and to retire early, not later than 9:30 p.m. They must review their plays, our offensive and defensive plan and the opponents scouting report. This along with some probable home work will be about all they have time for.

The boys are told to take their football shoes home and shine them either Thursday night or Friday afternoon. I truly believe that a boy sitting at home clean-



ALL CONFERENCE center Jim Locke (50) leads the way for his all-conference fullback teammate, Clark Crawford (29)

ing and polishing his shoes, is thinking football and psychologically getting ready for the game. The boys are told to bring clean socks, T shirts, and other gear on Friday night. Having a completely fresh and clean uniform, along with polished shoes, gives the team a sharp look that they are proud of.

THE BOYS are told to eat a light, balanced, non-greasy meal shortly before 5:00 p.m. on Friday. They can always eat a snack after the game if they desire. On Friday afternoon, I also insist that they go directly home or that a couple of them go home together to relax before the game. I definitely don't want them out with their girl or riding around in a car with "the gang" on Friday afternoon. They are then told what time to report to the school on Friday and dismissed.

Often on Friday before one of our bigger home games we have the boys report an hour early. The idea behind this is to relax the boys and calm their nerves while still putting them in the right frame of mind for playing a football game only a couple hours away. We have accomplished this by showing the "Big Ten Football Highlights," "Gopher Football Highlights," etc. Watching good football before they play seems to give them confidence and a goal to shoot at. They would like to play like these champions. We have shown the movie speech on athletics by the Rev. Bob Richards. The standards, goals and high ideals that he stands for is excellent material to try to live by. The stories he tells and the men that have carried them out exemplify the attitude that we would like to see in each of our boys. We have also used the last few minutes of this time for further explanations or reviews. We would seldom bring in anything new at this late stage, but there always seems to be a few points that could be magnified and made clearer.

AFTER REPORTING to the locker room we begin our taping. The locker room should be quiet and

orderly, each boy taking care of himself and if making contact with the other players, talking football. We like the atmosphere on the bus for our away games to be the same.

I OFTEN MAKE use of the half hour taping session by calling over the captains, quarterbacks, defensive signal callers or any players to have them relax and just talk about their job with me. There are many things running through my mind about this time and I usually find that they have a lot on their minds, too.

After dressing, the team is called together for all last details. The game is definitely not won or lost by any pep talk before going on the field. But it is won or lost by the organization and build up that has taken place throughout the week, including the 30 hours to game time.



Foundation Of A Football Program

RON SCOTT — HEAD FOOTBALL COACH
COON RAPIDS HIGH SCHOOL

Reprinted from 1974 Journal

About The Author . . .

RON SCOTT, head football coach at Coon Rapids High School since 1969, directed his team to the North Suburban Conference championship and a berth in the state playoffs last fall. Scott, who received his bachelor's degree from Augsburg College and who took graduate work at the

University of Northern Iowa, had a 21-1-2 record in three years at Comfrey and his teams won the Red Rock Conference championship in 1963 and again in 1964. He served as assistant coach at Coon Rapids from 1965-68 before taking over the head coaching position.

In 1969 I was appointed head coach at Coon Rapids. The school was very young, it had only four graduating classes with a combined football record of 13 wins 22 losses. I was sure that I was the person that could make Coon Rapids a football power, and to prove it I quickly piled up a perfect record in my first two years, 18 straight losses!!!

My world was collapsing around me. I no longer had any confidence in what I was doing. For the first time in my eight years as a football coach I stopped to take a look at what it was that made a good football program.

I traveled to several schools in Minnesota as well as to South Dakota, Wyoming and California. I was basically looking at schools with enrollment comparable to Coon Rapids. My findings were not easy to compare but after much study there seemed to be some basic foundations in all successful programs. These basic foundations were a strong tradition from the past and a oneness or unity of purpose that seemed to carry throughout the team. These two foundations certainly did not fit the Coon Rapids program at that time. We had no tradition period. There had been no big winning teams. The community was barely aware that we even had a team and our oldest alumni was 22 years old and at that age the old high school football team doesn't get much commitment.

I felt the first problem to be solved was to think of what our purpose was and how to go about reaching that goal. Of the two foundations I decided unity had to come first. Tradition would be slower and we needed something now.

Our coaching staff in most cases had good unity, even through all the losing we remained "loyal losers." Three of the original coaches are still on the staff. Our job as we saw it was to convey that unity to the team. We decided to think of unity in two terms, off season and in season. Our reasoning was basically intensity. We wanted a very intense unity in season and a low, more subtle intensity off season.

During the off season we want our players doing one of two things, out for another sport or weight training. If they are out for some other sport we realize that

unity is needed in that sport so we are not going to push football during another sport but our staff is going to talk to the athlete and follow his progress in other sports; in other words, subtly let him know he is still thought of by the football coaches. Weight training in the off season is another story. We want our football players to train with intensity and as a group. They know that every Monday, Wednesday and Friday, coaches are going to be in that room and if they are not they also know coaches are going to see them the next day to find out why. We have the football weight trainers wear our football "T" shirts and shorts. This "T" shirt and shorts idea has been very effective for us. Each fall incoming Sophomores are sold the football "T" shirt and shorts set but with the stipulation that if they quit the set is returned and we follow this up strong. Our school knows that the "T" shirt and shorts is special. Nobody but football people wear them.

The weight room is the football meeting room. We keep a year around bulletin board with announcements and ideas about football. The weight room is where many of the football players get to know their teammates. We are a large school district and many Sophomores have never met the Junior that he might be playing next to the following season. Weight training builds a bond with the rest of the team. The whole team knows we expect every football player to be an athlete year around. Everyone works. Nobody takes a season off. The weight room must be tough, but fun. Like any other sport only then does it take meaning. Everyone is working; we are a working unit.

In season unity is a completely different push than in off season. We ask the players to be athletes 12 months of the year but a football player only three months, to be an athlete in another sport or weight train the other nine months but be hungry to play football in August. Having the team hungry to play makes unity easy.

We have several unity things we stress. One is practice and game dress. The team decides before the season what we will dress like but whatever it is we will be alike. Some examples would be: Football shoes; white or black we don't care which, it's a team choice but whatever the choice that is it, no exceptions. Hair; whatever the team wants that is it, no exceptions. We always want to think team unity, togetherness.

On game day we really stick together. We never leave school except as a team. We eat dinner together at a different restaurant of the team's choice. I contact the restaurant and set up a meal. The meal is always the same for everyone, even the coaches. We tell the team if you don't like the meal pretend your opponent is making you eat it. The meal is always the

same, 2 pancakes and 1 glass of milk. Toward the end of eating that same meal for 8 or 9 weeks gets even the coaching staff fired up because "the opponents made us eat it."

After the meal we return to the school and go to an air conditioned, carpeted area and just rest and let the meal settle for 45 minutes. Then we start the pregame countdown schedule.

Even during the game team unity is stressed. We give few individual helmet emblem awards but several team awards. Examples: offensive team scores 21 points, defensive team has shut-out, kick-off team allows no run back beyond the 35 yardline, punt team holds return to less than 5 yards, punt block team blocks a punt, kick-off receiving team scores a TD, in each of these cases every member of that particular team get the same award. The team did it, not the individual.

Certainly there are many cases where we must make individual decisions and solve problems on an individual basis but uppermost in our minds is the team unit, what is best for it.

What all of this unity stressed, how does the player keep his self identity because this is important. We hit on an idea that has really solved this problem and has been a great team unity helper as well. The idea was game jerseys with the player's name on the back a'la NFL style. The player buys the jersey as a Sophomore but we keep it. It is issued to him the same as any game equipment and returned at the end of the season to be kept by the school until the next fall. At our banquet we then present the jerseys to the Seniors. This ceremony is quite impressive and designed to make the individual contribution to the team highlighted.

You will recall that I had stated there are two foundations; the second being tradition, pride of the school and community. Coon Rapids is a very young community. Most of our community thought of their old high school as the identity and not Coon Rapids High School.

To get the community involved we resurrected the defunct Cardinal Booster Club. The club had been active when the school first opened but had dwindled to a \$600.00 bank account and no members. After talking to a few community groups we got some very active people involved with the club. In three years this club has donated over \$10,000 into Coon Rapids athletics

with \$1,200 doing directly into football. Today almost every business in Coon Rapids is a Booster member that actively supports Coon Rapids football. Thus, through the Booster Club we made the community aware, now we had to get the team.

We felt we needed a special lasting award that only football players could attain and that was earned, not given by the coaches. We combined several ideas from other schools to come up with something we called the Red Scarf Club. We later changed the name to the Dan Klint Red Scarf Club after a Sophomore football player who was paralyzed by a football injury.

The Red Scarf Club has been great in two ways. First it forces the coaches to grade the films after each game. Secondly it gives a lasting tradition factor. A basic outline of the club is this: A player can get into the club in two ways, automatically or by earned points. An example of some of the automatic ways would be: block a punt inside the opponent's 20 yard line, score a defensive touchdown, score 5 touchdowns in one game. There are ten automatic ways to get a scarf but the way most people get in is to earn 500 Red Scarf points. These are earned on film grading and statistics. The points are earned for various things such as: 50 points for a touchdown, 5 points for a well executed block, 50 points for a fumble recovery, etc.

The actual award is just as the name says, a red scarf. This scarf is very special. It is hand knit by the Booster Club members. The scarf gets the member into all home football games free, entitles him to special seating areas in the stands, and signifies a standing invitation to our locker room and to our annual banquet where scarves are awarded to new members.

In three years of existence the club has 14 names on the board in the weight room. To everyone of our players that award means more than all conference or all anything else. They know that being a member of the Dan Klint Red Scarf Club means they earned it and that they are Cardinal football members forever. This is the idea we wanted; the tradition to be a part of Coon Rapids football and to make it important to our players and to our community.

Unity, pride and tradition. These are the things that we as a coaching staff feel have pointed us in the winning direction. We feel that the X's and O's on the field are more important and that the attitude they carry with them is the most important of all.



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CON NATVIG — HEAD FOOTBALL COACH
SWANVILLE HIGH SCHOOL

NOTES ON CAREER

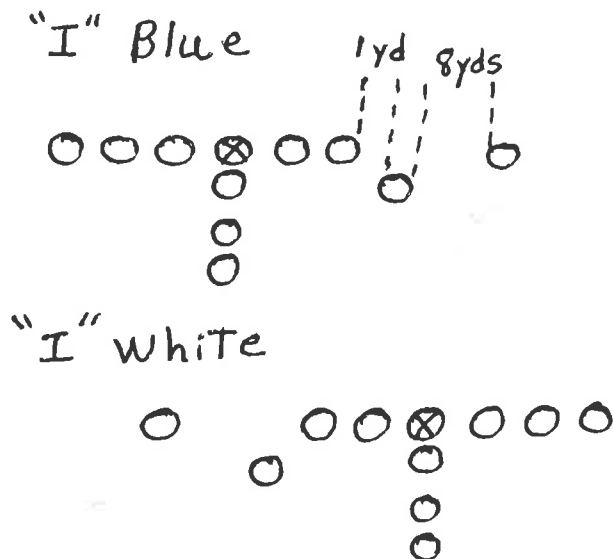
18 years as head football coach at Swanville High School.
Career record - 93-65-2.
3 Conference championships in last 6 years, 1978, 1980, 1983
Record of 8-2 in 1983
State Playoffs in 1978
State Qualifying Game, 1983
Active member of State Football Coaches Association.
Member of the Metro Squad Coaching Staff for 1983 High School All-Star Football Game.



Con Natvig, Swanville

In most of my 18 years as Head Coach of Swanville High School we have been known more for our running than our passing. If we threw the ball it was usually from play action. In 1983 we modified a sprintout series that we started using in 1980. In 1983, our three quarterbacks threw for 1,976 yards, our starting tailback rushed for 1,093 yards and one of our receivers caught 58 passes for 1,071 yards. Not all of this yardage came from our sprintout formation or passing attack, but I firmly believe that this simplified attack had very much to do with our success in both the running and passing game.

When we started practice in 1983 we had eight pass plays from our sprintout attack. By the first ball game we had reduced this number to four plays to each side. We decided to run this attack from the wing slot "I", but it could be adapted to other formations. (DIAGRAM 1)



First of all I would like to list some of the reasons why we simplified this attack and decided to run it from the wing slot "I".

- 1) We wanted a very simple base attack that we had a chance to become good at and also add to later if we thought we could.
- 2) We wanted a control type passing game that we could use any place on the field and at any time.
- 3) We went to the winged slot "I" because first of all we thought it would fit our personnel. We did not think we had a player suited to the strong side tight end position so we went with a wingback with more speed than size. Also we thought we had some players who could operate well from the wide end position.

Next I would like to list some general statements about this attack

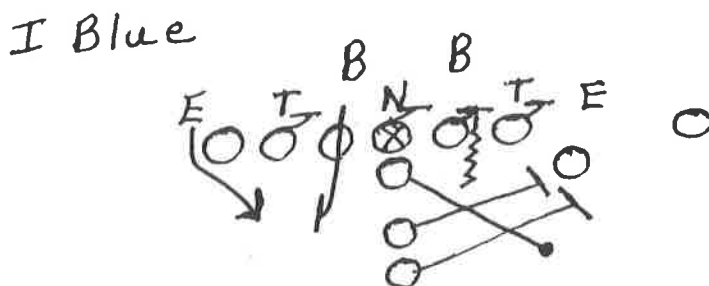
- 1) We would always sprintout towards the wing and wide end.
- 2) We did not use motion.
- 3) The backside end was at times given the option to split.
- 4) The backside end always ran a complementary pattern to the strong side receivers.
- 5) We flip flopped only the wing and not the ends.
- 6) We used the draw play very little.
- 7) We never sent the "I" backs out on a pattern. They always blocked to the sprint side.

NOTE: When we first started using this series we sent a back out on every play. But our backs had trouble handling large defensive ends one on one so we decided to keep them in to block.

- 8) Our primary receivers are not asked very often to read the defense and alter their patterns. Most of this is done with audibles by the quarterback on the line of scrimmage.

In the offensive line the basic splits are 2', 3', 3', but these were adjusted at times because of the ability of the offensive linemen and the defensive linemen. The basic line blocking is spring side gap, with the backside guard or center (depending on who is uncovered) responsible for the backside rush.

(DIAGRAM 2)

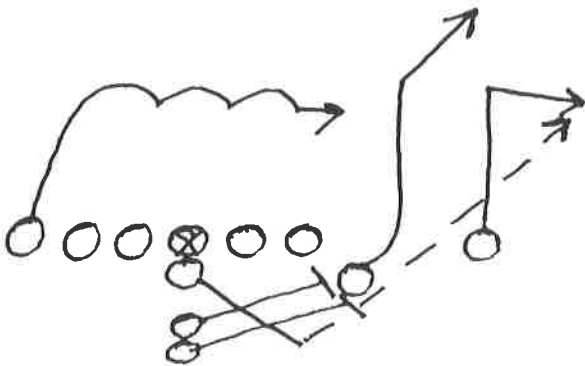


Against a basic five man front, the center and both tackles simply try to get their heads on the playside of the man over them. The playside guard checks the linebacker to see if he is coming, and then back peddles and helps, usually to play side. With the backside guard we use a different type of technique. On the snap of the ball he drops his outside foot straight back, but keeps his shoulders fairly square to the line of scrimmage. He checks the linebacker, if the linebacker comes, he pulls his outside foot back up and takes him on. If he doesn't come he turns to the backside, makes eye contact with the backside rusher, and shuffle steps to a point 3 yards behind his original position, or into the path of the rusher.

The first and most used pattern is what we call Sprint Squareout.
(DIAGRAM 3)

I Blue

Sprint Squareout



Primary receiver — wide end

The squareout is basically a 10 yard pattern, but we also run it at 7 yards and under 5 yards in short yardage or on the goal line.

Coaching points for the wide end.

- 1) Stance — up in 2 point or down in 3 point, it makes no difference to us, as long as the receiver is comfortable. He must have the same foot forward every time.
- 2) Pattern — he must know exactly how many steps it takes him to run the 10, 7, and 5 yard patterns.
- 3) Cut — the cut must be perfect. We use a cut of slightly less than 90°.

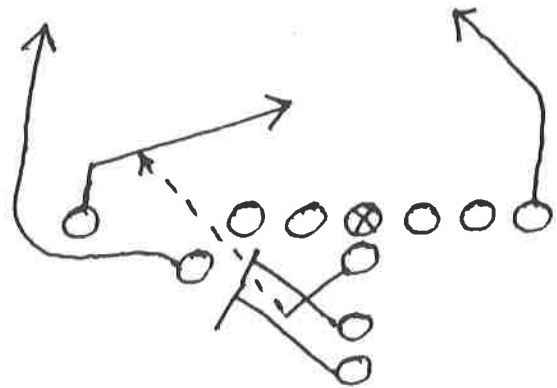
This is a very difficult pattern for a young receiver to learn, but with a great amount of practice he can perfect it.

We completed more passes on this pattern than any other in the series.

The quarterback simply uses basic sprintout technique. He sprints to behind the tackle, squares up and throws.

PATTERN NO. 2 — SPRING PICK (DIAGRAM 4)

I White
Sprint Pick



Primary receiver — wide end

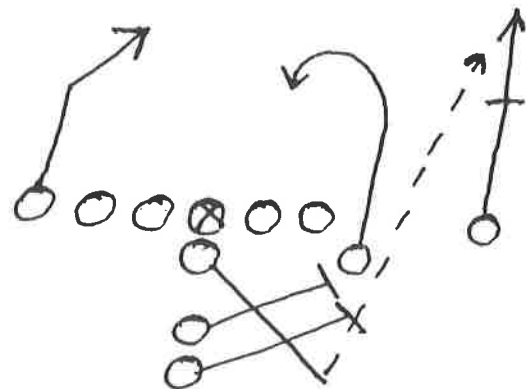
Pattern — 2 or 3 steps, depending on which foot is forward and then cut sharply to the inside.

QB — Step out and throw as quickly as possible.

NOTE: When the defense over reacts to the wide end's move to the inside, the wingback down the sideline can be a game breaker.

PATTERN NO. 3 — SPRINT SHOOT (DIAGRAM 5)

I Blue
Sprint Shoot



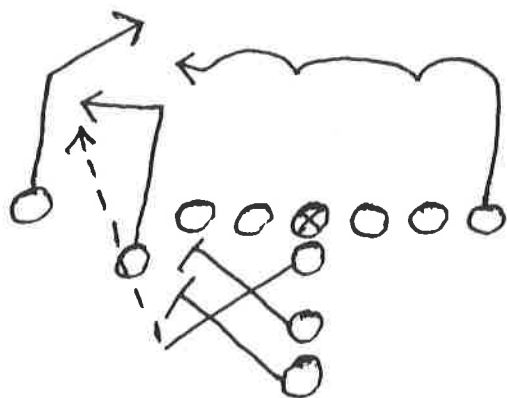
Primary receiver — wide end

Pattern — Sprint 10 yards — the receiver can use a number of moves or techniques to get the defense to think he is going to make an in or out cut. He can simply slow up, use a hesitation step, fake in or out, and then run by the defender straight up the field.

NOTE: The wingback's pattern is sometimes adjusted to a turnout into the area cleared by the wide end.

Pattern No. 4 — Sprint Wrinkle
(Diagram 6)

I white
Sprint Wrinkle

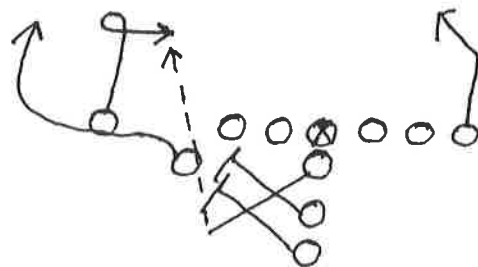


Primary receiver — wingback
Pattern — 10 yard squareout for wingback. Wide end runs a deep post or a shoot.
These were the only patterns we used for the first

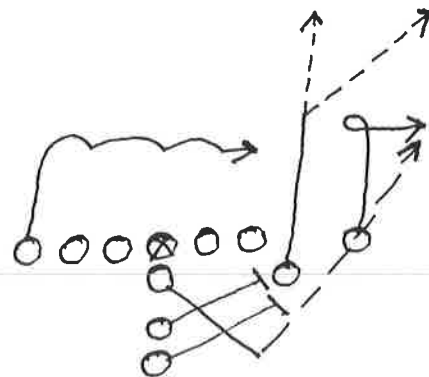
four games of the season. At that point we thought we needed to add and we did so, adding 6 more patterns thru the rest of the year. But most of those patterns were used as change of pace patterns and we still used our basic four patterns most of the time.

Two of the most successful patterns that we added we called Circle in and Circle out. These two patterns were very successful on the goal line and against straight man coverage.
(Diagram 7)

I white
Circle in



I Blue
Circle out



Primary receiver — wide end
Pattern — 10 yards (also would be run at 5 yards in short yardage or on the goal line). The receiver turns his body the opposite way the pattern is to be run and a 180° turn and goes in the direction of the pattern.

We believe at Swanville High School that this is the greatest goal line offense we have ever used. We scored 15 2 point conversions with this attack and also a number of short yardage touchdowns. We also believe that if we are hit with a 15 yard penalty (especially on 1st or 2nd downs) that we have an excellent chance of picking up the first down. It also improved our running game from the "I" formation and gave us a built in 2 minute attack that we really liked.

In conclusion, I would like to thank the Minnesota State Football Coaches Association for giving me the honor to write in their annual publication. I would also like to thank them for the many great things that they have done for the game of high school football in the State of Minnesota in the past years.

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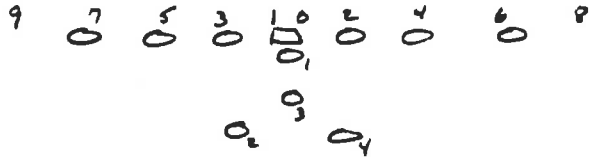
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INSIDE RUNNING GAME

DICK STRAND
SOUTHLAND HIGH SCHOOL
STATE CLASS C CHAMPIONS 1983

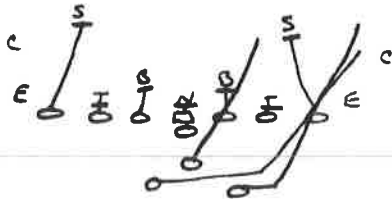
We run out of the basic wishbone set. Most of the time we will use a two tight end alignment. This gives us a balanced look with equal power to each side.



We number odd to the left and even to the right. Our backs are numbered Quarterback No. 1, Left half No. 2, Fullback No. 3 and Right half No. 4.

THE FULLBACK DIVE

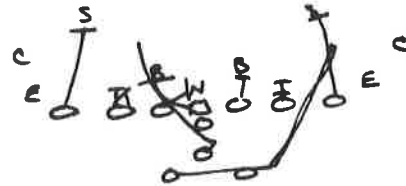
Our number one play is the dive, and our number one dive is the fullback. (fig. 2)



Since we run the belly more than we do the option, we carry out the fakes for the belly.

Our line blocking rules are on, over, playside gap or backside. This is a very simple rule but it has served us very well.

The fullback dive play is one play that is very big for us, because it sets up our entire offense. We feel therefore that we must establish respect to the inside before we even think about going to the outside.

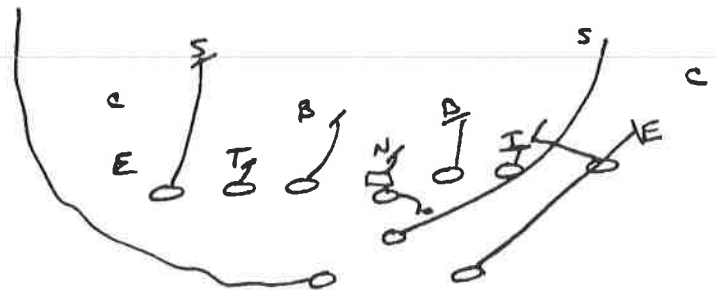


FULLBACK COUNTER (Fig. 3)

The quarterback will reverse pivot to influence the backside linebacker. When the linebacker moves with the flow of the play, we end up with a very good angle block and are able to cut him off from the ball carrier.

FULLBACK BLAST

Our power plays are blast (one lead blocker) and Smash (two lead blockers). Therefore on the fullback blast — 33, 34, 35, 36, we are leading with our halfback. (fig. 4)



On the 34 blast we double team to the inside and kick out the defenders with the halfback.

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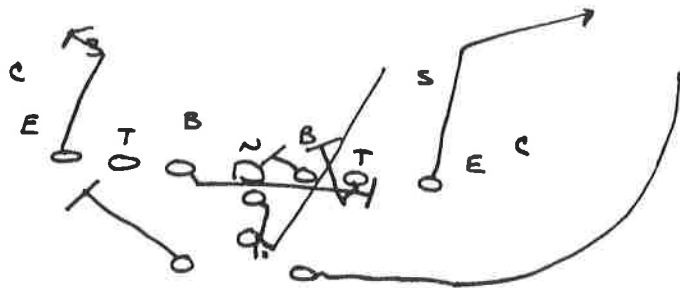
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FULLBACK TRAP DRAW

We like to trap the area over the uncovered lineman, against the five man front this is over the guards. (fig. 5)

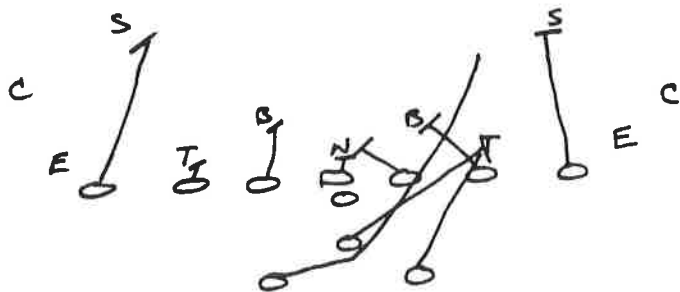


The playside tackle will leave his man and pretend to set up to kick him out, or give him an outside rushing lane. The backside guard pulls and traps him. The playside guard and center doubleteam on the center. The playside tackle now takes after the playside linebacker.

That is our basic fullback series. These plays have been our bread and butter over the years and must be executed well.

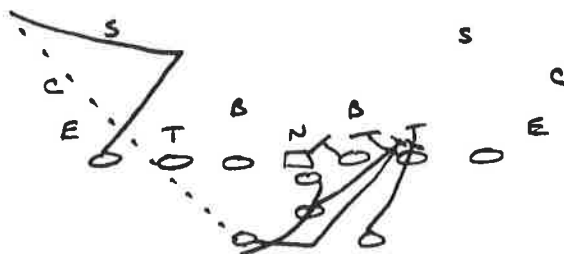
HALFBACK INSIDE POWER GAME:

The halfback smash play (fig. 6) is our number one power play for our halfbacks.



We double team down on the 1st down lineman inside the P.O.A. This gives us a double team block on both sides of the hole.

The halfback smash play sets up our most successful pass play. The smash pass to the backside end. It is a basic throwback pass but the success of the smash becomes very hard to cover. (fig. 7)

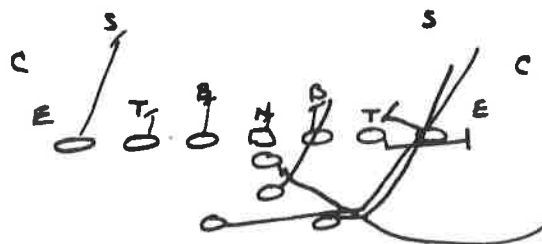


The quarterback makes a good fake to the halfback, turns and lays it out in front of the receiver. The pass

must be thrown up and over not on a string. We do not want the defender stepping in front and picking it off.

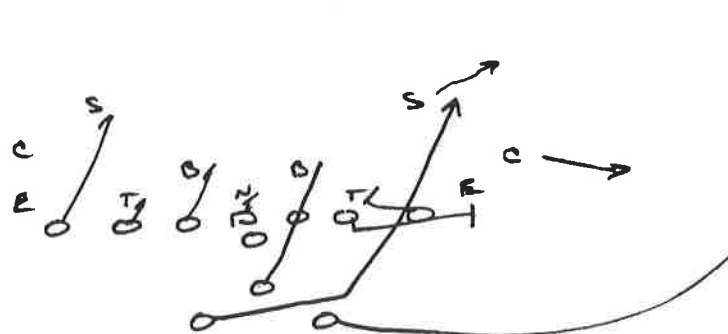
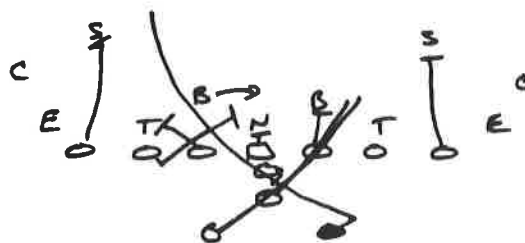
THE BELLY

Our 26 and 45 Belly plays have been very successful plays. If our fullback has been doing a good job and the defense is aware of him the play will be open. The quarterback fakes to the fullback and hands off to the halfback. (fig. 8)



The end and tackle on the playside will execute a cross block, the end comes down on the tackle and the tackle kicks out the defensive end. The lead halfback busts through the hole and picks up the first defender that shows.

If we have an outstanding runner that we know will draw a crowd, we will flare him and not send him in. He will usually take two people with him and that is the best block of all. (fig. 9)

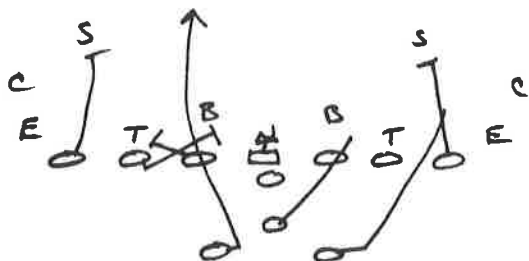
**CROSS BUCK (fig. 10)**

As you can see, we want this to look as if a smash play is coming. We feel that a team must over pursue to stop our smash play. Therefore to slow down the defenders and make them play it honest we will run the cross buck.

The playside guard and tackle run a crossblock with the uncovered man going first. Everyone else base blocks.

We will also trap from the backside or with the center depending on the defense. We will also run a blast crossbuck leading with a halfback.

HALFBACK COUNTER: (fig. 11)



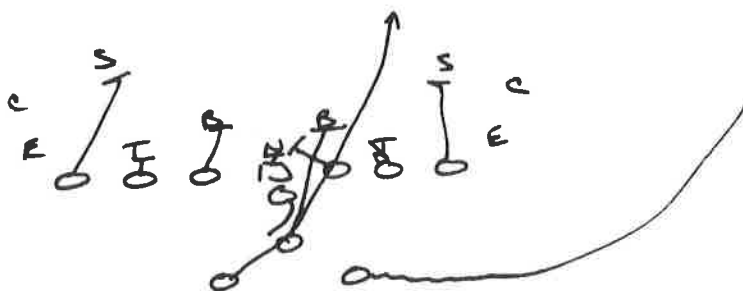
Here again we want to slow down the defensive pursuit. The counter hits the hole a bit faster than the crossbuck, therefore at times it is a better choice.

HALFBACK DIVES (fig. 12)

We like to dive the off tackle holes with our halfbacks, when the defense is boxing the ends, pinching down in short yardage situations, or set up for the outside veer.

The quarterback has to really hustle to get to the outside. The center and quarterback must really concentrate on a good exchange. He must be sure of the exchange first and if he can't make a good hand off, he just ducks behind the halfback, or pitch to the trailing back.

HALFBACK BLASTS: (fig. 13)



The halfback blasts are designed to be a quick isolation play. The playside back is used as a clearout. We will hit him with a flare pass if he is not being covered well enough.

Every inside running play we run has a straight look, a counter and a pass play. We feel that our solid inside running game and the ability to have the defense play us honest, has been the key to our offense.

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1983 HALL OF FAMERS

L to R — Dick Lawrence, Eveleth; Tom Briere, Minneapolis Tribune; Jim Henkes, Wheaton.

**Tom Briere, Minneapolis Star and Tribune
 Citation Division:**

A longtime friend of Minnesota high school athletics and football in particular, Briere receives Hall of Fame honors for his great promotion of high school football through the Minneapolis newspapers.

A graduate of Minneapolis North High and the University of Minnesota, Tom joined the Tribune in 1948. He worked the high school beat full time until 1954. From 1967 until the present, he has covered high school sports part time, in addition to his popular small college report. He has always been fair and positive about the youngsters in games he covers.

**Dick Lawrence, Eveleth High School
 High School Division:**

One of the legends of Minnesota high school football coaching, Dick Lawrence grew up in Bemidji and played football for the Minnesota Gophers in 1945 and '48 and graduated from Bemidji State in 1952. After coaching at Bagley, MN he moved to Eveleth and guided the Golden Bears until 1978. His teams won 117, lost 87 and tied 4. With the double-wing "Spinner"

series, his teams were fun to watch and highly disciplined. The Golden Bears won Iron Range titles in 1964, 1971 and 1973 with the '73 team taking the state class A championship with a come-from-behind win over Willmar. He was the head coach of the victorious North all-star team in 1974. He is currently the athletic director at Eveleth and his son, Tom is an assistant coach at Foley.

**Jim Henkes, Wheaton High School
 High School Division:**

A coach in many sports from 1954 until 1977 at Nome, ND, Battle Lake and Wheaton, Jim retired from coaching early because of a spinal disease that affected his ability to move. He is currently selling insurance in Ashby, MN.

Henkes grew up in Fergus Falls and graduated from Bemidji State in 1954. He was an all-conference football and baseball player for the Beavers and earned 11 collegiate letters. He won 78 and lost 40 with 3 ties in football and his Wheaton team won Pine to Prairie titles in '61, '62, '63 and the Resort Region crown in '64.

JORDAN'S PASSING ATTACK

JIM TRAPP
JORDAN HIGH SCHOOL

BIOGRAPHICAL INFORMATION

Attended Coon Rapids High School, 3 sport letterman

Attended Univ. of Minnesota-Morris, 4 year letterman in football from 1969-1973.

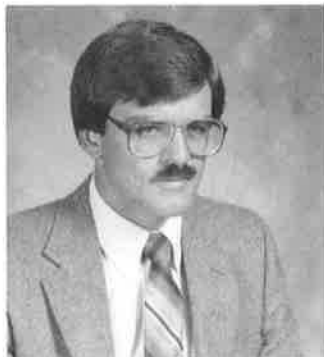
Named Head Football Coach at Jordan High School in 1980.

Overall Record 1980-1983, 30 wins, 12 losses.

Minn. River Conference Champions 1980, 1983

State Class B Playoffs 1980 - 8-3 record

State Class B Champions 1983 - 13-1 record



Jim Trapp, Head Football Coach,
Jordan High School

Our offense at Jordan High School can best be described as a multiple offense. We have chosen a series of plays from three different formations: the Wing T, the Slot I, and the Pro formations, and combined them to form a total offensive package that can be used to attack all areas of the field by the run or by the pass. In this article I will describe the organization of our passing attack which has been very successful for us.

Before I describe our passing attack, I would like to share some of our observations about the passing game.

1.) Have a Total Passing Attack

We divide our passes into 4 categories that enable us to attack all areas of the field in width or depth.

- A. Deep passes — over 20 yards
- B. Dead Area passes — this is the area behind the Linebackers and in front of the defensive backs — 12-20 yards deep
- C. Short passes — from the Line of Scrimmage to 12 yards deep
- D. Underneath passes — passes complete behind the Line of Scrimmage

2.) Be Versatile in Your Passing Game

At Jordan we have the ability to throw five different types of passes from several different formations. In our offense we throw the following types of passes:

- A. Straight Drop Back — QB takes a 5 step 7 yard drop
- B. Roll Out — on this type of pass we will put pressure on outside contain, giving our QB a run-pass option
- C. Semi Sprint Out — on this pass our QB will take a 5 step drop and set up to throw on the outside leg of our offensive tackle
- D. Quick Pass Series — QB takes a one step drop, sets and throws
- E. Play Action Passes

3.) Don't Neglect Any Phase of Your Passing Game — Practice All Phases

- A. Start with pass protection for linemen, backs, and receivers
- B. Receiver drills — QB throwing drills
- C. Practice your 2 minute drill
- D. Practice throwing vs. prevent defenses
- E. Practice throwing vs. blitzing defenses
- F. Have linemen cover passes after they are thrown

4.) Utilize All Your Receivers

At Jordan this year we had 8 different players catch TD passes for us from all eligible positions. Don't forget about your backs and TEs as receivers.

5.) Throw Deep and Throw on 1st Down

We completed more passes this year on 1st down than we did on 3rd down. We like to test defensive backs early in the game and try to get deep on them. If we complete the pass we get an easy 6 points, if we don't at least we have the defensive backs thinking deep and our underneath passes sometimes open up.

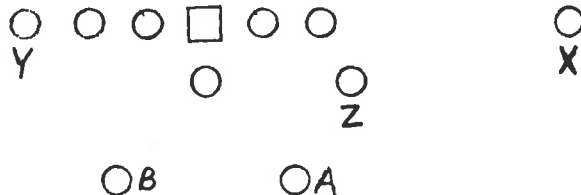
6.) Create An Offensive Advantage For Yourself Before the Ball is Snapped

- A. Use different formations
- B. Use Motion
- C. Use shifts to different formations
- D. Use audibles at the line of scrimmage

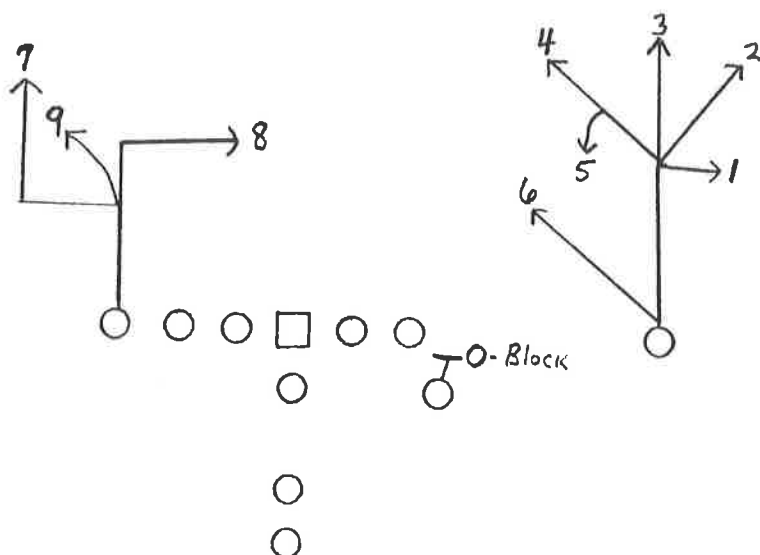
7.) Make the Passing Game Fun

So many aspects of the game of football are just plain hard work that we try to make the passing game fun. We like to throw the ball at Jordan, our kids believe in it, they like it, and more importantly they like to practice it.

In organizing our passing game we assign our 3 primary receivers the letters X, Y and Z. In our offense the split end is X, the tight end is Y, and the wing back or flanker is Z. We also assign the 2 secondary receivers the letters A and B. Our fullback is A and our halfback is B. (Diagram 1)



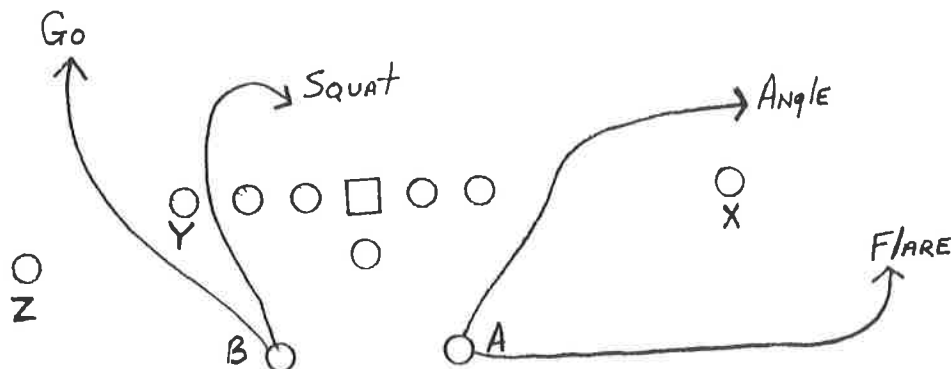
Then we number all the routes in our passing tree for our XYZ receivers. (Diagram 2)



JORDAN PASSING TREE

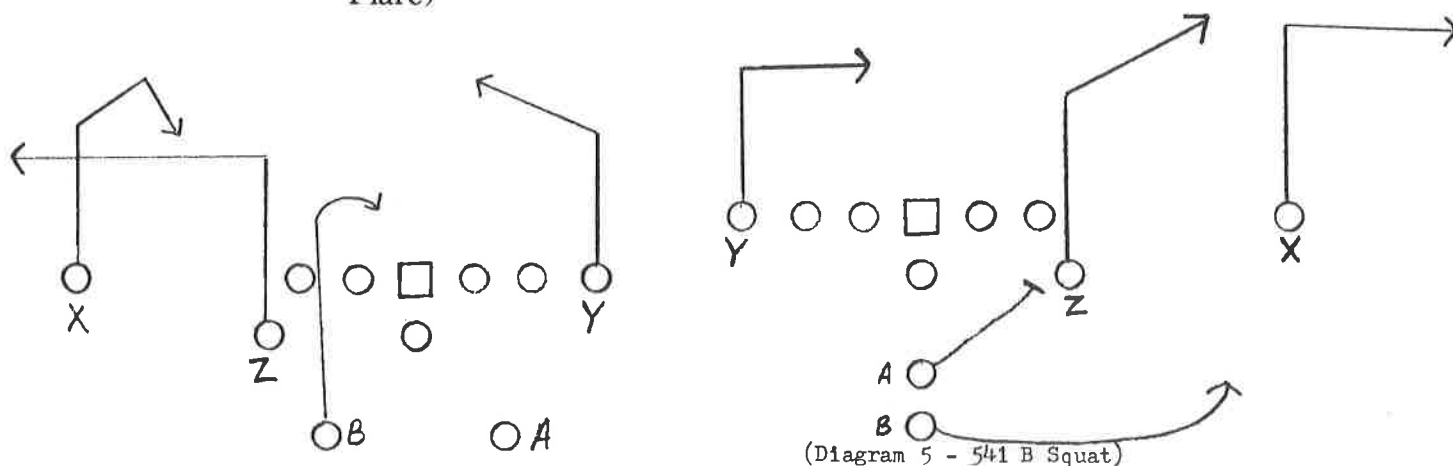
- | | |
|----------------------|------------------------|
| 0 — Block | 5 — Curl pattern |
| 1 — Sideline pattern | 6 — Slant pattern |
| 2 — Flag pattern | 7 — Out and Up pattern |
| 3 — Go pattern | 8 — In pattern |
| 4 — Post pattern | 9 — Fade pattern |

In addition to our numbered passing tree for our XYZ receivers, we have descriptive routes for our backs.



JORDAN PASSING TREE FOR A and B RECEIVERS (Diagram 3)

Then to form a pass pattern we simply assign a 3 digit number to our XYZ receivers and if we choose to include a back in the pattern we add a descriptive route for the back's pattern. For example, 182 B Flare. In this pattern the SE runs a 1 pattern, the TE runs an 8 pattern, the WB runs a 2 pattern, and the halfback runs a flare pattern. (Diagram 4 — 182 B Flare)



Reflections of a Hall of Famer



Dick Lawrence, Eveleth, 1984 Hall of Fame Inductee

I have been asked to write an article to reflect on my 26 years of coaching and list some memorable experiences. During your tenure as coach you have many hills and valleys — ups and downs — but you tend to remember only the many thrills you had working with young men.

Being selected for this prestigious honor and induction into the hall of fame has to be the mountain top and one of the great thrills of a person's career. I would once again like to thank all the great people who are responsible for my selection.

I probably should mention the Eveleth double wing offense. First I should clarify the popular concept that the formation a team sits in is not the most important factor in winning football games. The prime factor between winning and losing is still the personnel — or, as the old cliché goes, it's the horses that make a team go. I was so very fortunate in Eveleth to have young men, not only with the ability to play football, but also tremendous desire, pride, self-sacrifice, togetherness and other factors that go into a winning team and tradition.

My philosophy on high school football might have differed somewhat from other coaches, and rightfully so. What was good for me here in Eveleth might not be good for someone else, and vice-versa.

First, we felt high school football is still a game, and the entire coaching staff tried awfully hard to make it a fun and enjoyable experience. Although this can become quite difficult at times, the fun is still in the winning.

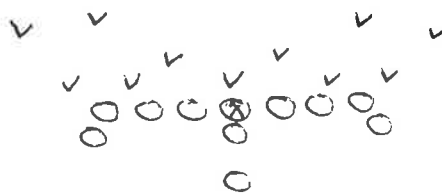
Second, we never geared our program to college recruitment. If the boys were talented enough and wanted to play college football, so much the better; but we always worried about our own program and let the colleges take care of theirs.

Third, we tried to always field an all-senior team as much as possible. Our boys played as a unit up through the program. We rarely played sophomores on the varsity, since we played schools much larger than we were in the old Iron Range Conference. We just felt we needed the older and more mature boys to compete against the larger schools, and seniors knew, if they paid their dues as sophomores and juniors, they would have every opportunity to play as a senior. We always noted a tremendous change in our boys between their junior and senior years.

Just a few other things. Our junior high program was quite low keyed. We did not rush the boys to compete too early. They started their interscholastic play on the 9th grade level. Probably one of the big reasons for what success we did have in Eveleth was the fact that we did get practically all the good athletes out for football. With our great hockey background and tradition in the area, we had many boys who were assured hockey scholarships in college and came out and played football for the love of the game. Doug Palazzari and Pete LoPresti, two former National Hockey League players, are prime examples.

We ran our version of the double wing for all my 24 years of coaching in Eveleth. Some have said we ran an old-fashioned offense, or that it went out with "the Gipper" (George Gipp who was with Notre Dame in the 30's), or that it was archaic and not up with the times. This was probably true, but we were sold on this offense and so were the boys who made it go and enjoyed running it.

The formation was a basic double wing set, as such:



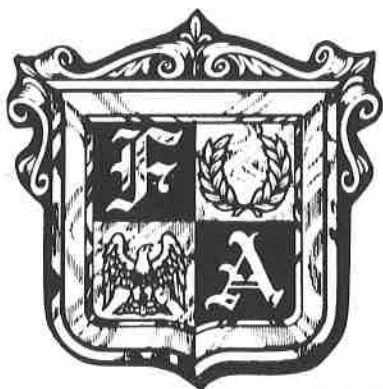
Two tight ends, two wing backs, the quarterback under center like a T, and the fullback the lone running back. We always had a motion, with one of our wings toward the fullback. So when the ball was snapped, we actually end up with some sort of wing T set.

Our attack differed in this respect — about 75 percent of the time the ball is snapped between the quarterback's legs directly to the fullback, who spins and plunges into the line or hands off to either wing back who is in motion. The quarterback did receive the snap from center the other 25 percent of the time, and we did run our T series also.

We felt the advantages we had in running the T-double wing (as I called it) were numerous. Other teams saw it once a year and had, at most, only four days to prepare a defense for it. We came at people just a little bit differently from most T attacks. If our execution was good, it proved to be deceptive. It was a

balanced attack, and we could hit equally well to all points on the field. We felt we kept the defense honest, and we did have potentially for quick receivers if we wanted to throw the ball. Last, but not least, we, the coaches of Eveleth, knew the system. To teach anything successfully, you have to know your subject matter, and we think we did.

In closing, the coaching of any team is not a one-man job, and, without the dedicated staff I had in Eveleth, we would not have achieved the success we had in past years. So, to my staff of great coaches and all the wonderful boys who played for me, thank you for a job well done!



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1969 C. P. Blakeslee Dick Bradley Ray Christenson Jim Byrne Lloyd Hollingsworth Pete Guzy	1974 Oats LeGrand Jerry Ekstein Kenneth "Red" Wilson Edor Nelson Doc Watson	1980 Bruce Bennett Neal Davis James Gustafson James Molnar Norm Wagner Jim Wallace	
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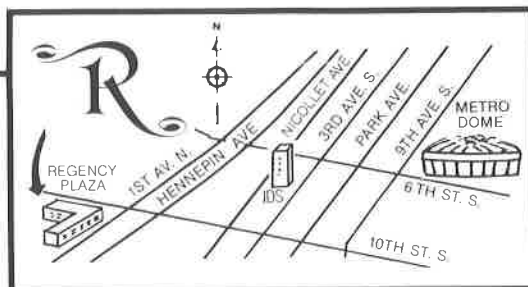
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Ron Scott named Minnesota 1983 Football Coach of the year



RON SCOTT
Football Coach of the Year

The Minnesota State High School Football Coaches Association's selection process for its annual "Coach of the Year" announced its winners at the Champion Clinic in Minneapolis in early February.

From an original list of 63 conference coach of the year winners, one coach in each class was selected as Class Coach of the Year.

Minnesota's five winners in this category were: 9 Man — Buzz Rumrill (Silver Lake); Class C — Dick Strand (Southland); Class B — Bob Youso (Moose Lake); Class A — Grady Rostberg (Hutchinson); Class AA — Ron Scott (Coon Rapids).



Buzz Rumrill
Silver Lake



Grady Rostberg
Hutchinson



Dick Strand
Southland



Bob Youso
Moose Lake

From this list of finalists, Ron Scott of Coon Rapids was selected as Minnesota Football Coach of the Year.

Ron Scott has been a head football coach for 16 years, three at Comfrey, MN and after serving as an assistant when Coon Rapids opened in the mid sixties took over the head coaching reins at that school 13 years ago.

His overall record of 107-54 includes seven conference titles, three state tournament appearances and one state championship.

The graduate of Augsburg has served the Minnesota Football Coaches Association throughout the years as District rep., president and All Star Game Manager.

Ron and his wife Karen have four children — Roxanne (25), Sue (24), Peter (22) and Jon (18).

Scott was the 19th Coach of the Year in the state.

COACH OF THE YEAR CLASS AA CONFERENCE CHAMPIONS

Name	School	Conference
Ron Scott	Coon Rapids	North Suburban
Bruce Waldner	Jefferson	Lake South
Niles Schulz	Edison	Minneapolis
Jerry Peterson	Owatonna	Big Nine
Mark T. Porter	Woodbury	St. Paul Suburban
Steve Frickey	Hill Murray	St. Paul Conf.
Bruce Hentges	St. Cloud Tech	Central Lakes
Dan Kostich	Moorhead	Independent
John Hansen	Osseo	Lake North
Bob Celt	Red Wing	Missota

CLASS AA COACH OF THE YEAR RON SCOTT, COON RAPIDS

COACH OF THE YEAR CONFERENCE CHAMPIONS CLASS "A"

Name	School	Conference
George Smith	Mahtomedi	Tri-Metro
Grady Rostberg	Hutchinson	Suburban West
George Larson	Cambridge	Rum River-Blue
Pete Eikren	Chisago Lakes	Rum River-Red
Rollie Bromberg	Cloquet	Sea Way
Andy McCarty	Park Rapids	Mid-State
Jim Mader	Albany	Central Gopher
Dave Nigon	Totino Grace	Don Bosco
Dave Dose	St. James	South Central
Dennis Hale	Worthington	Southwest Conf.
Dennis Baldus	Watertown Mayer	Wright County
Stu. Nordquist	Int. Falls	Mesabi Range

CLASS A COACH OF THE YEAR GEORGE ROSTBERG, HUTCHINSON

**COACH OF THE YEAR
CLASS B CONFERENCE CHAMPIONS**

Name	School	Conference
Jerry Sonnek	Black Duck	North Star
Robert Youso	Moose Lake	Polar
Phil Beving	Warren-Alvarado	Far North
Arden Smutzler	Rushford	River Valley
John Muir	Big Lake	Central Minn.
Larry Thurman	Welcome	Border League
Mike Belseth	Breckenridge	Heart of the North
Jim Trapp	Jordan	Minn. River
Chuck Karger	Wabasha-Kellogg	Hiawatha Valley

**CLASS B
COACH OF THE YEAR
ROBERT YOUSO**

**COACH OF THE YEAR
CLASS C CONFERENCE CHAMPIONS**

Name	School	Conference
Jerry Kokoschke	Blooming Prairie	Gopher
Jerry Teitse	Sherburn	Middle 8
Con Natvig	Swanville	Prairie
Del Elston	Harmony	Maple Leaf

David Main
Dick Strand
Dennis Aumer
Rick Manke

Gaylord-Winthrop
South Land
Bird Island
Glyndon-Felton
Tomahawk
Wasioja
212 Conf.
Valley Plains

**CLASS C
COACH OF THE YEAR
DICK STRAND — SOUTH LAND**

**COACH OF THE YEAR
CLASS 9 MAN CONFERENCE CHAMPIONS**

Name	School	Conference
Buzz Rumrill	Silver Lake	Circle "8"
Conrad Lubarski	Argyle	Top of the State
Gary Brantl	Plummer	North Tri County
Dale Huber	Hills Beaver Creek	Buffalo Ridge
Harlan Steen	Raymond	"Mini"
Bill Bailey	Starbuck	Pheasant North
Keith Haggerty	Browns Valley	Pheasant South
Brad Larson	Milan	Pheasant South
Harvey Kraabel	Norman Co. West	Northern Plains

**CLASS 9 MAN
COACH OF THE YEAR
BUZZ RUMRILL — SILVER LAKE**

University of North Dakota

Fighting Sioux FOOTBALL



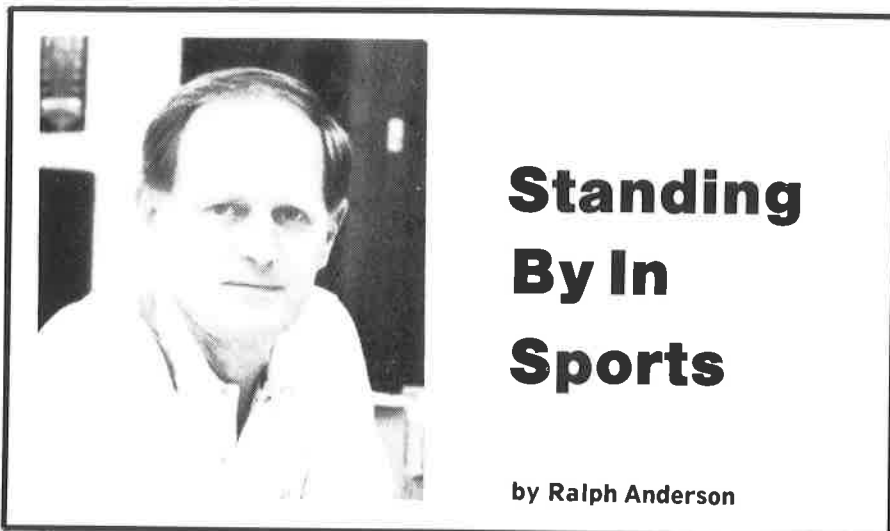
Pat Behrns
Head Football Coach



Running back Pat Juhl of Stillwater follows fullback Tony Mazzu of Bloomington Jefferson.

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CONFERENCE: North Central (NCC)
ENROLLMENT: 11,000
AFFILIATION: NCAA Division II
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Standing By In Sports

by Ralph Anderson

***FOR THE SECOND** time in the two years the Minnesota State High School League (MSHSL) football playoff finals have been played at the Hubert H. Humphrey Metrodome in Minneapolis, the Class AA championship game again provided the most excitement in the 1983 five-game extravaganza.

The 1982 game pitted Stillwater of the St. Paul Suburban Conference against Owatonna of the Big Nine Conference and Stillwater emerged with a hard-fought 34-27 victory.

Class AA rivals Coon Rapids (North Suburban Conference) and Bloomington Jefferson (Lake South Conference) met for the championship on Saturday, Nov. 19, 1983, with Coach Ron Scott's Coon Rapids team emerging on top by a score of 34-31 in a thrilling climax to Prep Bowl II.

Appropriately enough, both of the Class AA games have been the last ones on the schedule for each Prep Bowl.

Scores of other 1983 championship games were as follows: Class A — Hutchinson over Park Rapids, 36-14; Class B — Jordan over Breckenridge, 27-0; Class C — Southland (Adams) over Bird Island-Lake Lillian, 28-0; Class Nine-Man — Silver Lake over Norman County West, 27-12.

Three of the title-winning schools — Hutchinson, Southland (Adams) and Silver Lake — finished undefeated on the season with perfect 13-0 records, Jordan ended with a 12-1 mark, while Coon Rapids was 11-1 on the season.

MSHSL officials announced that the five championship games drew 39,617 fans to the Metrodome in downtown Minneapolis and that attendance for the 35 championship games was a record 93,274.

Coaches of the championship teams were: Coon Rapids — Ron Scott; Hutchinson — Grady Rostberg; Jordan — Jim Trapp; Southland — Dick Strand; Silver Lake — Burton "Buzz" Rumrill.

***JUST ONE** of the five schools that won Minnesota State High School football championships in 1983 was ranked No. 1 in its division in the final Associated Press poll conducted among sports writers from Min-

nesota's daily newspapers.

The one school that finished first in the final poll and also finished first on the gridiron was Hutchinson, which captured the Class A title.

Coon Rapids, the Class AA winner, finished in a tie for sixth with Stillwater in the poll; Jordan, which won the Class B championship, was rated ninth in the final poll; Southland, the Class C kingpin, ranked second in the last poll.

Besides Hutchinson, the leaders in the final Associated Poll were: Class AA — Red Wing; Class B — Kimball; Class C — Waldorf-Pemberton; Class Nine-Man — Delavan.

Red Wing lost in the Class AA semi-final round to Bloomington Jefferson (28-14), Kimball fell in the Class B quarter-finals to Breckenridge (17-14), while Waldorf-Pemberton and Delavan were both ousted in MSHSL playoff qualifying starts.



Don
Stueve

***FERGUS FALLS** High School, denied a spot in the 1983 Class AA state football playoffs, requested a special hearing in the matter before the sponsoring Minnesota State High School League (MSHSL) on the grounds that Moorhead (with a poorer record) was picked for the playoffs instead.

Moorhead finished 5-2 overall, compared to Fergus Falls' 8-1 record, although one of Moorhead's victories was over Fergus Falls (by a score of 34-7).

In the end, the board of directors of the MSHSL sustained the decision made by the League's executive staff that Moorhead should be the playoff entrant.

The request for a hearing was made by the Fergus Falls School Board.

Head Coach Don Stueve of Fergus Falls was philosophical about the League's decision. "We're very happy with our season," he said. "It would have been nice to be in the playoffs, but it's all water over the dam. I'm glad the appeal was made."

***ONE OF** the coaches who guided his team into the Minnesota football finals last fall resigned his position a few weeks later to become superintendent of schools at Menahga.

Harvey Kraabel, head coach of the Norman County West team that lost to Silver Lake in the Class Nine-Man title game, became Menahga's superintendent in mid-January, succeeding Terry Erholtz.

Kraabel grew up at Belgrade, earned his bachelor's degree at the University of Minnesota-Morris (UMM) and earned a degree in administration at St. Cloud State. He taught and coached at Healy High School at Pierz before moving to Climax, which was combined in a cooperative sponsorship program with Halstad and Hendrum to form Norman County West.



Dave Nelson

***DAVE NELSON**, one of Detroit Lakes High School's top all-around athletes of all time, is proving his mettle as a prep football coach.

Nelson, who went on to a starring collegiate career at North Dakota State and Concordia and later had a professional football tryout, is head football coach at Big Sandy (Mont.) High School. His 1983 Big Sandy team won the championship of its conference and lost to White Sulphur Springs in the Montana state playoffs.

With seven starters returning on defense and six back on offense, Big Sandy is expected to have an even stronger team in the fall of 1984.

***SOUTHLAND (ADAMS)**, winner of the 1983 Minnesota State Class C football championship, boasts the longest current football winning skein in the Gopher state.

When Coach Dick Strand's team defeated Bird Island-Lake Lillian 28-0 for the Class C title at the Metrodome in Minneapolis last November, that was the 20th straight grid victory for the school over a two-year period.

***LARRY WENDT**, a graduate of Mahnomen High School and Concordia College in Moorhead, is the new head football coach at Huron High School in South Dakota.

Wendt, a former head grid mentor at Frost High School in Minnesota, was picked for the job from a field of 30 applicants. Supt. Robert Taylor of Huron said Wendt was picked "because of his excellent rapport with both the staff and students and because of

his knowledge of football."

For the past seven years, Wendt has served as assistant varsity grid mentor at Huron and also has been the school's assistant varsity wrestling coach for 10 years.



Tom Mahoney



Tom Osborne

***WHEN** his Fairmont High School football team defeated St. Peter on Friday, Sept. 23, the win was the 213th for a Tom Mahoney-coached team and moved him into the No. 1 position in Minnesota's all-time win ranks.

The victory surpassed the previous high of 212 victories notched by the late K. E. "Red" Wilson, who coached most of his career at Bemidji.

While Mahoney was hitting an all-time high as far as wins are concerned, three other state high school coaches joined the 100-victory ranks that same day. They are Don Stueve of Fergus Falls, whose team defeated Crookston 34-23; Ron Scott of Coon Rapids, whose team blanked Columbia Heights 17-0, and Dean Taylor of Sartell, whose team turned back Becker 16-9.

Those three Minnesota coaches claiming their 100th victories on Sept. 23 were joined by a couple of illustrious college coaches the following day. Nebraska's Tom Osborne reached the 100-win mark when his Cornhuskers rolled over UCLA 42-10 and Oklahoma's Barry Switzer also moved into the 100-victory class when the Sooners stopped Tulsa 28-18.



Myron Smith



Murrae Freng

***MYRON SMITH**, a former head football coach at Staples High School in the Mid-State Conference, has been named the new head grid mentor at the University of Dubuque in Iowa.

The 35-year-old Smith, who coached Staples High School's grid teams from 1973-76, played college football at Concordia in Moorhead and later earned his master's degree at Moorhead State.

He taught and coached at Fargo Shanley before going to Staples and, prior to taking the post at Dubuque, was offensive coordinator at the University of Chicago.

***IMPLEMENTING** a football playoff program within the Minnesota State High School League (MSHSL) is listed among the most significant ac-

complishments of his 14 years as executive director of the MSHSL by Murrae N. Freng.

Freng, a Pelican Rapids native who earned his college degree at Concordia in Moorhead, announced his resignation from that position effective next January last April.

Before joining the MSHSL staff in 1965, Freng was on the staff of Brooten High School and Alexandria High School.

About his 38 years in education, he made this observation: "One half of those 38 years I had the opportunity to work with high school students and the other half for high school students. The greatest thing about this work is the people I have become associated with through the years."

Freng is the fourth to serve as the MSHSL's executive director, being preceded by O. E. Smith (1925-42), H. R. Peterson (1942-58) and B. H. Hill (1959-70).

* * * * *

***THIEF RIVER FALLS** High School's football team will have a new head coach in 1984 with the appointment of Russ Henegar, who coached Webster (S.D.) High School to the South Dakota Class B grid championship in 1983.

Henegar succeeds John Schmitz, who resigned following the 1983 season when his team finished 3-6 overall. Schmitz will remain on the TRF staff.

The new Thief River Falls head coach is a graduate of Bismarck (N.D.) High School, attended Bismarck Junior college and then transferred to Moorhead State University, where he was an all-star performer in the Northern Intercollegiate Conference and also named to the NAIA All-American football team.

He coached at LaMoure and Bismarck Century high schools in North Dakota before moving to Webster.

* * * * *

***ONE OF** Minnesota's most successful football coaches has resigned his position to accept one in Arizona.

He is Gary Roebuck, who compiled an overall 108-40-1 record in 15 seasons at Holdingford and resigned this spring to join the staff at Benson High School in Arizona.

Roebuck's 1981 Holdingford team defeated defending champion Mahanomen 21-14 in a Class B semi-final playoff game and the next week blanked Pine Island 39-0 to claim the state championship. Following the 1981 campaign, Roebuck was elected as Minnesota's High School Football Coach of the Year.

Five of Roebuck's teams qualified for the state playoffs at Holdingford.

* * * * *

***AMONG** the latest Minnesota schools to receive cooperative sponsorship status within the Minnesota State High School League are Ada and Borup in the northwestern part of the state.

Student bodies of the two schools have agreed that the nickname for athletic teams from Ada-Borup will be the Cougars and that the school colors will be red and black.

Ada High School was nicknamed the Vikings and

had orange and black as its colors, while Borup High School was nicknamed the Broncos and the school colors were purple and gold.

* * * * *

***NORMAN COUNTY WEST (NCW)**, which finished runner-up in the Minnesota class Nine-Man football playoffs last fall, will be playing nine-man football again in 1984, but NCW will not have Climax High School players on its roster.

The Minnesota State High School League (MSHSL) ruled that Norman County West (which also includes Hendrum and Halstad) could not play nine-man football because, with Climax, the enrollment in the top three grades would surpass the 150-mark and would put the school into Class C and would mean playing 11-man football.

The matter was resolved when Climax entered into a cooperative sponsorship program with Fisher High School for football.

"We were happy with our arrangement with Norman County West, but in the long run, being with Fisher might be even better," observed Supt. Walt Aanenson of Climax. "All the practices and all but one of the games last year were in Halstad, but with Fisher the practices and home games will be split equally."

Student councils from Fisher and Climax have agreed that the team colors will be black and silver and that the team will be known as the Fisher-Climax Knights. Mike Finco of Fisher will be head coach of the team, with Dan Storrusten of Climax to be his assistant.

* * * * *



Gary
Roebuck



Andy
McCarty

***THREE** of the five members of the State High School Football Advisory Committee had their teams in state championship games at the Metrodome in downtown Minneapolis last November. They are Ron Scott of Coon Rapids, Andy McCarty of Park Rapids and Buz Rumrill of Silver Lake. Rounding out the committee are Mike Mahlen of Verndale and Gary Roebuck of Holdingford.

* * * * *

***ALL FIVE** schools winning Minnesota State High School football championships in 1983 were first-time winners of grid titles, with the last two remaining former champions to be eliminated being Mahanomen and Bird Island-Lake Lillian.

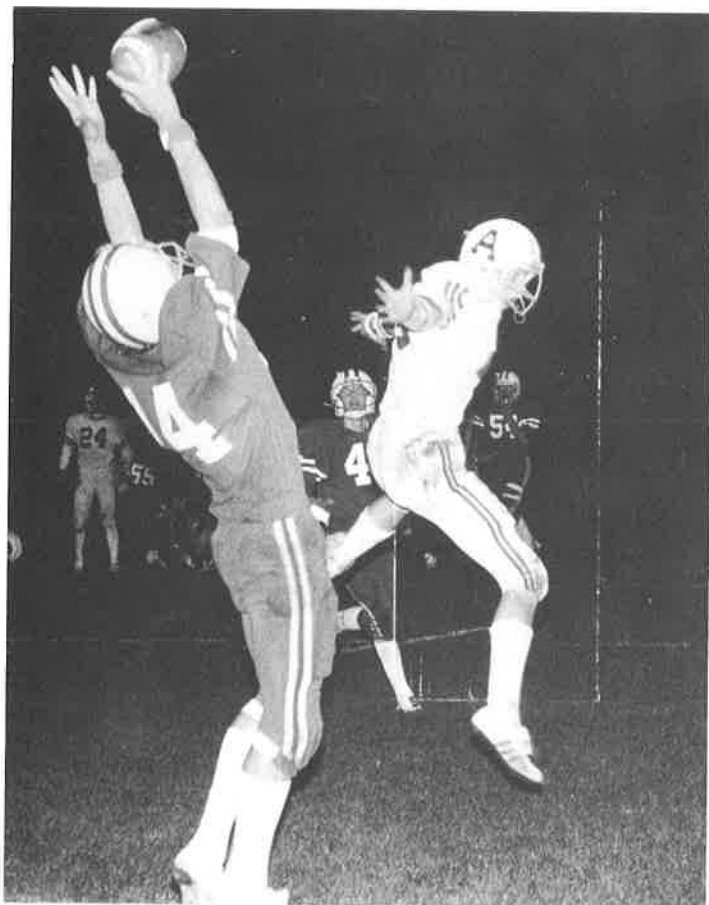
Mahanomen, winner of the Class B championship in 1980 and runner-up in Class B in 1982, lost in the semi-finals to Breckenridge (22-14).

Bird Island-Lake Lillian, which captured Class C championships in 1979 and 1980, gained the Class C final game before losing by a 28-0 score to Southland (Adams).

* * * * *



Halfback Charlie Stock (27) of Mahnomen reeled off a big gain in his team's 33-14 non-conference victory over the Perham Yellowjackets. Stock gets help as a Mahnomen blocker fights off Carl Abbott (87) of Perham and a pair of Mahnomen teammates wait at the right to escort Stock upfield.



Wide receiver Scott Monson (14) of Lake Park stretched high to gather in a forward pass from quarterback Donny Jacobs in Lake Park's 40-18 Agassiz Valley Conference football win over Audubon. The win gave Lake Park the Agassiz Valley-South Division championship and a berth in the Minnesota State High School League (MSHSL) playoff qualifying round.



Head Coach Ken Helland of the Audubon Zephyrs was shown as he talked things over with Tony Marvel (84) on the sidelines during Audubon's 18-6 Agassiz Valley Conference victory over Rothsay. Marvel had a pass interception and was one of Audubon's defensive standouts in the win.

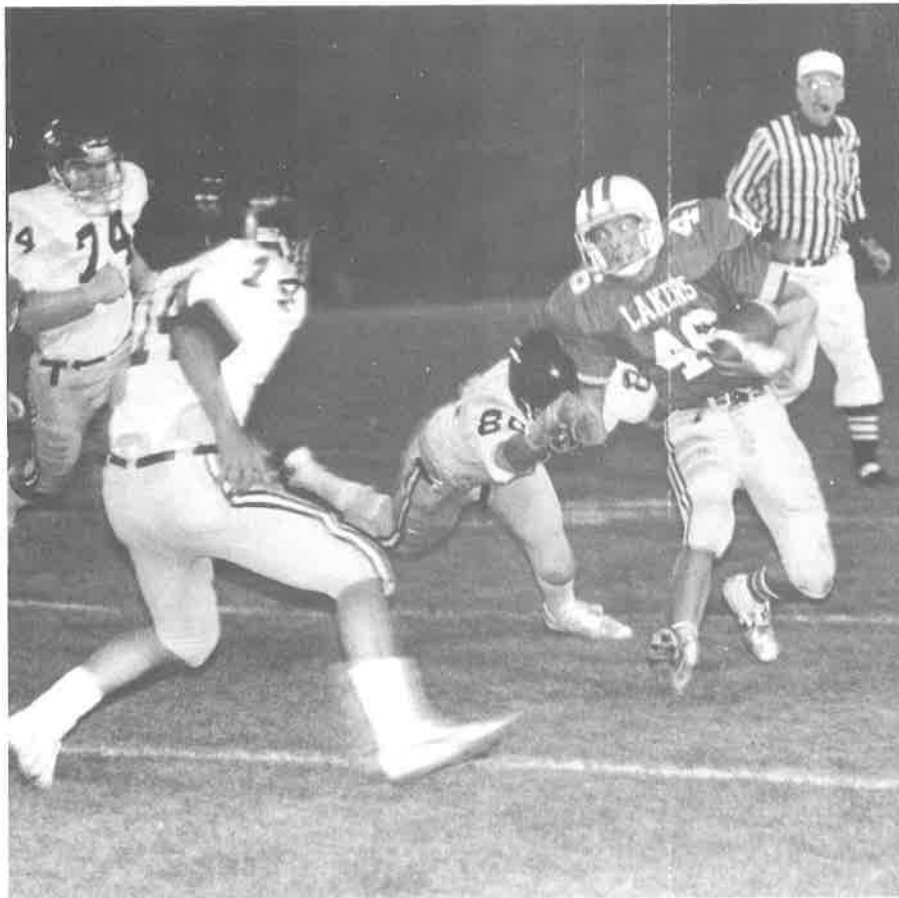


Wide receiver Steve Wiskow of Thief River Falls hauled in this 9-yard pass from quarterback Mitch Semanko for his team's first touchdown in a 20-0 victory over Detroit Lakes on Friday, Sept. 9. The Thief River Falls victory ended a 21-game losing string for the Prowlers.

Les Kundo, 220-pound junior fullback for the Frazee Hornets, was hauled down by linebacker Dean Yocum of Park Rapids in the Panthers 41-0 victory over Frazee as Bill May (9) and Tony Hicks (42) came up from behind. Kundo gained 67 yards in 17 carries to be Frazee's top ball carrier, but suffered a knee injury later and was lost for the season. Park Rapids went on to reach the Minnesota Class A championship game before losing to Jordan.



Ulen-Hitterdal Steve Wibe (31) powered forward behind a block from tackle Rodney Hamernik (74) after taking a handoff from quarterback Randy Nichols (10) in the Agassiz Valley Conference football game between the two schools. Also shown is Ulen-Hitterdal halfback Brian Schultz (11). Underwood posted a 20-6 victory to put a damper on Ulen-Hitterdal's homecoming celebration.



Halfback Tom Johnson (46) of Detroit Lakes was in the grasp of Perham's Myron Vendenberghe (80) during the non-conference game between the two schools on Sept. 23. Glen Bucholz (74) and David Doll (14) of Perham came up to give their teammate help in bringing down the Laker ball carrier, while referee Dana Powers watched from the background. Detroit Lakes posted a 20-0 victory.

Quarterback Jim Grismer of the Perham Yellowjackets was under heavy pressure in his team's game against Detroit Lakes and this photo shows Grismer in the grasp of a Laker lineman. Tri-captain Mike Danner (left) and Dan Harjes (52) of Detroit Lakes get ready to move in on Grismer, while Perham's Jair Toedter (67) and Glen Bucholz (74) prepare to throw blocks. Detroit Lakes won 20-0.



ST. PAUL SUBURBAN CONFERENCE

MARK T. PORTER
CONFERENCE REPRESENTATIVE

For the first time in the 12 year history of the St. Paul Suburban Conference there was a tie for the Football Championship. White Bear Lake and Stillwater each concluded the 1983 campaign with impressive 7-1 records. The Ponies of Stillwater advanced to the state play-offs by virtue of their 33-28 victory over the Bears.



Stillwater quarterback Eric Thole sets sail on a 69 yard touchdown jaunt against South St. Paul.

The Ponies success was achieved in typical Stillwater style, a league leading running game (1,799 yards) with high scoring capabilities (27.9 pts./game), and a very stingy defense (4.4 pts./game). The Bears of White Bear Lake featured a more wide-open offensive game, leading the conference in passing (1,154 yards) and total offense (2,661 yards). The late season clash of these two powers was one of the outstanding high school games in the state of Minnesota in 1984.

As expected outstanding individuals from these two teams are found in many of the league leading statistics. White Bear's potent offense produced leaders in rushing — Dan Paulson (1,140 yards), scoring — Dan Paulson (98 points), passing — Dan Olson (1,057 yards) and receiving — Jon Jones (477 yards). Stillwater's league leaders were both members of their special teams, punt returns — Aaron Oden (23.0 avg.) and kick returns — Dave Woodbeck (41.7 avg.). Woodbury's All-State kicker Chip Lohmiller led the conference in punting (35.7 avg.).

The following individuals were also chosen to play on the Metro team in the 1984 All-Star Game: Tony Grilz — Stillwater and Chip Lohmiller — Woodbury. Woodbury coach Mark Porter was selected Conference Coach of the Year and will be a member of the Metro coaching staff.

1983 again proved to be a year of parity in the St.



Stillwater's Eric Thole attempts to slip past Todd Erickson (94) and his White Bear Lake teammates during a 33-28 victory. The Ponies (7-1, 8-2) and the Bears (7-1, 7-2) tied for the St. Paul Suburban Conference title.

Paul Suburban Conference. The conference looks forward to the new play-off format of 1984 with enthusiasm as four teams will get that true "second chance".

1983 CONFERENCE STANDINGS

Stillwater	7-1
White Bear	7-1
Woodbury	6-2
North St. Paul	5-3
Sibley	4-4
Park	3-5
Hastings	3-5
South St. Paul	1-7
Tartan	0-8



1983 NORTH SUBURBAN CONFERENCE FOOTBALL

The North Suburban Conference had one of the finest seasons in its long and proud history in the 1983 season. The conference race was characterized by many close games involving contending teams. The tremendous balance of NSC football was never more apparent than in the final week of the season when the Forest Lake Rangers, 1-7 at the time, rose up to defeat eventual state AA champion Coon Rapids 13-7.

The Cardinals road to the crown was characterized by many key wins, usually coming in the game's final minutes. Close wins over Kellogg (13-7 in OT) and Blaine (19-14 with the winning TD coming on an 88 yard screen pass in the final minute and a half) got the Cards off to a good start. Later, Coon Rapids had a key defensive stand to hold off the Irondale Knights 8-6. They clinched the NSC title with a big 14-0 win over archrival Anoka.

Anoka, coached by DuWayne Johnson, and Blaine, under the direction of Don Larson, finished in a tie for second place with 7-2 records. The Tornadoes were led by linebacker Todd Mittenness (signed with Wyoming) and quarterback Todd Manthey. The Bengals' option attack was led by quarterback Greg von der Lippe and a big forward wall featuring Gopher signees Pat Hart and Tim Juneau.

Coon Rapids' march to the Metrodome was led by linebacker Jon Scott (voted as co-MVP in the conference with Anoka's Mittenness), center Adam

Greg Von Der lippe, Blaine's all-state quarterback-defensive back breaks loose on an option play vs. Anoka. Von Der Lippe led the North Suburban with 1650 all-purpose yards.



Elliott, running backs Terry Heidgerken, Bob Kelly and Brian Ploof, and quarterback Chris McCartney.

Leaders in various statistical categories for the 1983 season were:

TEAM

Total Offense Coon Rapids 285/gm.
Rushing Coon Rapids 226/gm.
Passing Spring Lake Park 157/gm.
Points Scored Blaine 24/gm.
Rushing Defense Blaine 72/gm.
Pass Defense Mounds View 55/gm.
Total Defense Coon Rapids 170/gm.
Scoring Defense Coon Rapids 6/gm.

INDIVIDUALS

Rushing — Dave Weinke, Irondale 927 yards; Greg von der Lippe, Blaine 714 yards.

Passing — Jeff Bertram, Spring Lake Park, 1,293 yards; John Lahti, Columbia Heights, 1,257 yards.

Receiving — John Shrewsbury, Columbia Heights, 30/521 yards; Todd Fultz, Forest Lake, 26/380 yards.

Scoring — Greg von der Lippe, Blaine, 84 points; John Shrewsbury, Columbia Heights 58 points.

The North Suburban Conference will be represented in the 1984 Allstar Bowl by Jon Scott, Todd Mittenness, Tim Juneau (Blaine tight end), Dave Weinke (Irondale back), Rich Baron (Kellogg lineman), Jim Radford (Ramsey tackle), Mark Grove (Forest Lake defensive end).



Co-Captains Jon Scott (L) and Adam Elliot (50) lift Coon Rapids AA Championship Trophy.

Coach of the Year Award

- 1966 Bill Severin, Grand Meadow, Region I
- 1967 Stan Canakes, Edina, Region V
- 1968 Tom Mahoney, Fairmont, Region II
- 1969 Jerry Sullivan, Minneapolis Roosevelt, Region V
- 1970 Art Hass, Austin, Region I
- 1971 Gary Gustafson, North St. Paul, Region IV
- 1972 George Larson, Cambridge, Region IV
- 1973 George Wemeier, Minneapolis Washburn, Region V
- 1974 Dick Lawrence, Eveleth, Region VII

- 1975 John Drews, Rochester John Marshall, Region I
- 1976 Bob Swanson, Mountain Iron, Region VII
- 1977 Lyle Eidsness, St. Peter, Region II
- 1978 Paul Benson, Granite Falls, Region III
- 1979 Jim Simser, New Richland-Hartland, Region I
- 1980 Ron Raveling, Columbia Heights, Class AA
- 1981 L. E. Drechsel, Crookston, Class A
- 1982 Gary Roebuck, Holdingford, Class B
- 1983 George Thole, Stillwater, Class AA
- 1984 Ron Scott, Coon Rapids, Class AA

Minnesota Prep Football Conference Standings

+—conference representative for play-offs.

First 2 Columns Conference Record, Second 2 Columns Over-All Record
CLASS AA
BIG NINE

Team	W	L	W	L
Owatonna+	7	1	7	2
Austin	7	1	7	2
Rochester John Marshall	6	2	7	2
Rochester Mayo	5	3	5	3
Winona	3	5	4	5
Mankato West	3	5	4	5
Albert Lea	2	6	2	7
Faribault	2	6	3	6
Mankato East	1	7	1	8

CENTRAL LAKES

Team	W	L	W	L
St. Cloud Tech+	6	0	7	2
Elk River	5	1	8	1
Little Falls	4	2	6	2
Brainerd	3	3	3	6
Willmar	2	4	5	4
St. Cloud Apollo	1	5	2	7
Alexandria	0	6	1	8

LAKE-NORTH

Team	W	L	W	L
Osseo+	5	1	8	1
Armstrong	5	1	8	1
Wayzata	4	2	6	3
Park Center	3	3	5	4
Fridley	2	4	3	6
Hopkins	1	5	2	7
Cooper	1	5	1	8

LAKE-SOUTH

Team	W	L	W	L
Jefferson+	6	0	8	1
Burnsville	4	2	5	4
St. Louis Park	3	3	4	5
Richfield	3	3	4	5
Edina	3	3	4	5
Kennedy	2	4	3	6
Minnetonka	0	6	1	8

MINNEAPOLIS

Team	W	L	W	L
Edison+	6	0	7	1
North	5	1	5	2
Southwest	4	2	4	4
Washburn	3	3	4	4
Henry	2	4	2	6
South	1	5	1	7
Roosevelt	0	6	0	9

MISSOTA

Team	W	L	W	L
Red Wing+	7	0	8	0
Apple Valley	5	2	7	2
Lakeville	4	3	6	3
Prior Lake	4	3	5	4
Rosemount	3	4	5	4
Northfield	3	4	3	6
New Prague	2	5	3	6
Simley	0	7	0	9



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NORTHERN LAKES

Team	W	L	W	L
Superior, Wis.	5	0	7	1
Duluth East+	4	1	4	4
Duluth Central	3	2	6	2
Grand Rapids	2	3	4	5
Hibbing	1	4	3	6
Duluth Denfeld-Morgan Park	0	5	1	8

NORTH SUBURBAN

Team	W	L	W	L
Coon Rapids+	8	1	8	1
Anoka	7	2	7	2
Blaine	7	2	7	2
Irondale	6	3	6	3
Columbia Heights	6	3	6	3
Kellogg	3	6	3	6
Alexander Ramsey	3	6	3	6
Forest Lake	2	7	2	7
Mounds View	2	7	2	7
Spring Lake Park	1	8	1	8

ST. PAUL CITY

Team	W	L	W	L
Hill-Murray+	7	1	8	1
Central	6	2	6	3
St. Thomas Academy	6	2	7	2
Harding	5	3	6	3
Cretin	4	4	5	4
Como Park	4	4	5	4
Johnson	3	5	3	6
Humboldt	1	7	1	8
Highland Park	0	8	0	9

ST. PAUL SUBURBAN

Team	W	L	W	L
Stillwater+	7	1	8	1
White Bear Lake	7	1	7	2
Woodbury	6	2	7	2
North St. Paul	5	3	6	3
Henry Sibley	4	4	4	4
Park-Cottage Grove	3	5	4	5
Hastings	3	5	3	5
South St. Paul	1	7	2	7
Tartan	0	8	0	9

INDEPENDENTS

Team	W	L
Fergus Falls	8	1
Moorhead+	6	2
Bemidji	3	5

CLASS A
CENTRAL GOPHER

Team	W	L	W	L
Albany+	7	0	8	1
St. Cloud Cathedral	3	4	3	6
Melrose	3	4	3	6
Cold Spring-Rocori	2	5	3	6
Litchfield	2	5	2	7

NOTE: the second time Cold Spring-Rocori played Litchfield, it was a non-conference game for Cold Spring-Rocori.

DON BOSCO

Team	W	L	W	L
Totino-Grace+	5	1	6	3
St. Agnes	4	2	4	5
Benilde-St. Margaret's	3	3	4	5
Holy Angels Academy	3	3	5	4
De La Salle	3	3	4	5
Brady	2	4	4	5
St. Bernard's	1	5	3	6

MESABI RANGE

Team	W	L	W	L
International Falls+	4	0	8	1
Virginia	3	1	5	4

Aurora-Hoyt Lakes	2	2	2	7
Greenway-Coleraine	1	3	4	5
Eveleth	0	4	0	9

MID-STATE

Team	W	L	W	L
Park Rapids+	5	0	9	0
Staples	4	1	8	1
Aitkin	3	2	6	3
Detroit Lakes	2	3	3	6
Crosby-Ironton	1	4	1	8
Wadena	0	5	1	8

RUM RIVER—BLUE

Team	W	L	W	L
Cambridge+	5	0	9	0
Milaca	3	2	5	4
St. Francis	3	2	5	4
North Branch	2	3	4	5
Sauk Rapids	2	3	4	5
Princeton	0	5	2	7

RUM RIVER—RED

Team	W	L	W	L
Chisago Lakes+	4	0	9	0
Mora	3	1	8	1
Braham	2	2	6	3
Foley	1	3	1	8
Pine City	0	4	0	9

SEAWAY

Team	W	L	W	L
Cloquet+	5	0	9	0
Hermantown	4	1	8	1
Silver Bay	2	3	4	5
Proctor	2	3	3	6
Two Harbors	2	3	3	6
Duluth Cathedral	0	5	1	8

SOUTH CENTRAL

Team	W	L	W	L
St. James+	6	0	9	0
Fairmont	5	1	7	2
Blue Earth	4	2	6	3
St. Peter	3	3	5	4
Waseca	2	4	5	4
New Ulm	1	5	1	8
Wells-Easton	0	6	0	9

SOUTHWEST

Team	W	L	W	L
Jackson	5	1	7	2
Marshall	5	1	7	2
Worthington+	5	1	7	2
Redwood Falls	3	3	5	4
Luverne	2	4	2	7
Pipestone	1	5	3	6
Windom	0	6	1	8

SUBURBAN WEST

Team	W	L	W	L
Hutchinson+	8	0	9	0
Shakopee	6	2	7	2
Eden Prairie	5	3	6	3
Mound-Westonka	4	4	4	4
Orono	3	5	4	5
Glencoe	3	5	4	5
Waconia	3	5	4	5
Buffalo	2	6	3	6
Chaska	2	6	2	7

TRI-METRO

Team	W	L	W	L
Mahtomedi+	7	0	8	1
Centennial	6	1	8	1
Brooklyn Center	4	3	6	3
Farmington	4	3	5	4

Blake.....	3	4	5	4
St. Anthony.....	2	5	2	7
Minnehaha Academy.....	1	6	2	7
Cannon Falls.....	1	6	1	8

WEST CENTRAL

Team	W	L	W	L
Sauk Centre+.....	7	0	8	1
Benson.....	5	2	7	2
Morris.....	5	2	5	4
Montevideo.....	4	3	4	5
New London-Spicer.....	4	3	6	3
Paynesville.....	2	5	3	6
Glenwood.....	1	6	2	7
Long Prairie.....	0	7	0	9

WRIGHT COUNTY

Team	W	L	W	L
Watertown-Mayer+.....	7	0	9	0
Monticello.....	5	2	6	3
Delano.....	5	2	6	3
Annandale.....	4	3	6	3
Dassel-Cokato.....	3	4	3	6
St. Michael-Albertville.....	3	4	3	6
Howard Lake-Waverly.....	1	6	2	7
Rockford.....	0	7	0	9

INDEPENDENTS

Team	W	L	W	L
Crookston+.....	6	3		
Thief River Falls.....	3	6		
East Grand Forks.....	1	6		
La Crescent.....	0	9		

**CLASS B
ARROWHEAD**

Team	W	L	W	L
Mountain Iron-Buhl+.....	6	1	7	2
Babbitt.....	5	2	6	2
Ely.....	5	2	5	2
Gilbert.....	5	2	5	2
Chisholm.....	3	4	3	5
Grand Marais.....	3	4	3	5
Nashwauk-Keewatin**.....	1	6	2	8
Biwabik*.....	0	7	0	7

*—forfeited six of its conference games (dropped football for the season).

**—overall record reflects an additional game since it played a non-conference game the week it was credited with a forfeit over Biwabik.

CENTRAL MINNESOTA

Team	W	L	W	L
Kimball+.....	7	0	9	0
Holdingford.....	6	1	8	1
Sartell.....	5	2	6	3
Becker.....	4	3	6	3
Big Lake.....	2	5	4	5
St. John's Prep.....	2	5	4	5
Eden Valley-Watkins.....	2	5	2	7
Maple Lake.....	0	7	1	8

FAR NORTH

Team	W	L	W	L
Warren-Alvarado+.....	4	0	9	0
Warroad.....	3	1	6	3
Roseau.....	2	2	4	4
Fosston.....	1	3	1	8
Lake of the Woods-Baudette.....	0	4	0	9

GREAT RIVER

Team	W	L	W	L
Pierz+.....	6	0	8	1
Rush City.....	5	1	6	3
Ogilvie.....	4	2	4	5
Isle.....	3	3	4	5
Hinckley.....	2	4	2	6
Onamia.....	1	5	1	8
Taylor's Falls.....	0	6	0	9

HEART O' LAKES

Team	W	L	W	L
Breckenridge+.....	4	0	8	1
Barnesville.....	3	1	5	4
Perham.....	2	2	4	5
Pelican Rapids.....	1	3	3	5
Frazee-Vergas.....	0	4	1	8

HIAWATHA VALLEY

Team	W	L	W	L
Rochester Lourdes+.....	5	1	6	3
Austin Pacelli.....	5	1	6	2
Kasson-Mantorville.....	4	2	6	3
Stewartville.....	4	2	6	3
Caledonia.....	1	5	3	6
Lake City.....	1	5	2	7
Winona Cotter.....	1	5	2	7

LITTLE SIOUX NORTH

Team	W	L	W	L
Kerkhoven-Murdock-Sunburg+.....	5	0	7	2
Ortonville.....	4	1	8	1
Madison.....	2	3	6	3
Appleton.....	2	3	4	5
Wheaton.....	2	3	3	6
Dawson-Boyd.....	0	5	1	8

MINNESOTA RIVER

Team	W	L	W	L
Jordan.....	6	1	8	1
Montgomery-Lonsdale.....	6	1	8	1
Le Center.....	5	2	7	2
Mankato Loyola.....	3	4	5	4
Belle Plaine.....	3	4	5	4
Le Sueur.....	2	5	2	7
Arlington-Green Isle.....	2	5	4	5
Norwood-Young America.....	1	6	2	7

NORTH STAR

Team	W	L	W	L
Blackduck+.....	6	0	9	0
Walker-Hackensack.....	5	1	5	4
Deer River.....	4	2	6	3
Cass Lake.....	3	3	5	4
Pequot Lakes.....	2	4	3	6
Pine River.....	1	5	1	7
Northland-Remer.....	0	6	1	7

POLAR

Team	W	L	W	L
Barnum.....	6	1	8	1
Moose Lake+.....	6	1	7	1
Carlton.....	6	1	7	2
Sandstone-Finlayson.....	4	3	5	4
McGregor.....	2	5	3	5
Esko.....	2	5	2	7
Cromwell-Floodwood.....	1	6	1	7
North Pine Country.....	1	6	1	8

SOUTHERN SIOUX

Team	W	L	W	L
Granite Falls+.....	5	0	9	0
Tracy.....	4	1	4	5
Slayton.....	3	2	4	4
Minneota.....	2	3	4	5
Canby.....	1	4	3	5
Russell-Tyler.....	0	5	0	9

THREE RIVERS

Team	W	L	W	L
Wabasha-Kellogg+.....	6	1	8	1
St. Charles.....	5	2	7	2
Spring Valley.....	4	3	5	4
Dover-Eyota.....	4	3	5	4
Plainview.....	3	4	3	6
Lewiston.....	3	4	3	6
Elgin-Millville.....	2	5	3	6
Chosen Valley-Chatfield.....	1	6	1	8

TRI-VALLEY

Team	W	L	W	L
St. Croix Lutheran.....	4	1	5	4
Breck.....	4	1	8	1
St. Paul Academy.....	3	2	6	3
Mayer Lutheran.....	3	2	7	2
Minneapolis Lutheran.....	1	4	2	7
Concordia Academy.....	0	5	4	5

INDEPENDENTS

Team	W	L	W	L
Mahnomen+	7	1		
Bagley.....	7	1		
Minnesota Valley Lutheran.....	1	6		
Madelia.....	1	8		

CLASS C
CENTENNIAL

Team	W	L	W	L
Morristown+	5	0	7	2
Faribault Shattuck.....	4	1	5	4
Randolph.....	3	2	5	4
Mazeppa.....	2	3	3	6
Minnesota School for the Deaf.....	1	4	3	6
Claremont.....	0	5	0	8

GOPHER

Team	W	L	W	L
Blooming Prairie+	7	0	9	0
Waterville-Elysian.....	6	1	7	2
New Richland—Hartland.....	5	2	6	3
Medford.....	4	3	5	4
Faribault Bethlehem Academy.....	3	4	3	6
Ellendale-Geneva.....	2	5	3	6
Janesville.....	1	6	1	8
Glenville.....	0	7	0	9

MAPLE LEAF

Team	W	L	W	L
Harmony+	3	1	8	1
Grand Meadow.....	3	1	5	3
LeRoy-Ostrander.....	2	2	6	3
Preston-Fountain-Wyckoff.....	2	2	6	3
Lanesboro.....	0	4	2	6

MIDDLE EIGHT

Team	W	L	W	L
Sherburn+	5	0	9	0
Adrian.....	4	1	8	1
Fulda.....	2	3	5	4
Mountain Lake.....	2	3	5	3
Truman.....	1	4	5	4
Lakefield.....	1	4	2	6

PARK REGION

Team	W	L	W	L
Battle Lake+	4	1	8	1
New York Mills.....	4	1	8	1
Henning-Deer Creek.....	3	2	4	5
Sebeka.....	2	3	5	4
Menahga.....	2	3	6	3
Bertha-Hewitt.....	0	5	2	7

PRAIRIE

Team	W	L	W	L
Swanville+	7	0	8	1
Eagle Bend.....	5	2	6	3
Brocton.....	4	3	4	5
Verndale.....	4	3	4	5
Upsala.....	3	4	4	5
Grey Eagle.....	2	5	2	6
Browerville.....	2	5	2	6
Clarissa.....	1	6	2	6

PRAIRIE LAKES

Team	W	L	W	L
Belgrade+	5	0	8	1

Osakis-Villard.....	4	1	7	2
Parkers Prairie.....	3	2	5	4
Elbow Lake-Wendell-Barrett.....	2	3	2	7
Brandon-Evansville.....	1	4	2	6
Royalton.....	0	5	0	9

RIVER VALLEY

Team	W	L	W	L
Rushford+	3	1	6	3
Houston.....	3	1	5	4
Spring Grove.....	2	2	4	5
Peterson.....	2	2	4	5
Mabel-Canton.....	0	4	2	7

TOMAHAWK

Team	W	L	W	L
Gaylord-Winthrop+	7	0	8	1
Sleepy Eye St. Mary's.....	5	2	5	4
New Ulm Cathedral.....	4	3	4	5
Springfield.....	4	3	5	4
Wabasso.....	3	4	3	6
Gibbon-Fairfax.....	3	4	4	5
Cedar Mountain-Morgan.....	1	6	1	8
Sleepy Eye.....	1	6	2	7

212 CONFERENCE

Team	W	L	W	L
Bird Island-Lake Lillian+	7	0	8	1
Clarkfield.....	5	2	7	2
Hector.....	4	3	5	4
Atwater.....	4	3	5	4
Clara City.....	3	4	4	5
Olivia.....	2	5	2	7
Danube.....	2	5	3	6
Renville-Sacred Heart.....	1	6	1	8

VALLEY

Team	W	L	W	L
Waldorf-Pemberton+	9	0	9	0
Nicollet.....	7	2	7	2
Mapleton.....	7	2	7	2
Wellcome Memorial.....	6	3	6	3
Minnesota Lake.....	5	4	5	4
Amboy-Good Thunder.....	4	5	4	5
St. Clair.....	3	6	3	6
Henderson.....	3	6	3	6
Cleveland.....	1	8	1	8
Lake Crystal.....	0	9	0	9

VALLEY PLAINS

Team	W	L	W	L
Glyndon-Felton+	7	0	9	0
Fertile-Beltrami.....	5	2	6	2
East Grand Forks Sacred Heart.....	5	2	6	3
Hawley.....	5	2	5	4
Dilworth.....	3	4	4	5
Ada-Borup.....	2	5	2	7
Red Lake Falls.....	1	6	1	8
Waubun.....	0	7	0	9

WASIOJA

Team	W	L	W	L
Southland-Adams+	9	0	9	0
Pine Island.....	7	2	7	2
West Concord.....	7	2	7	2
Dodge Center.....	6	3	6	3
Byron.....	5	4	5	4
Goodhue.....	3	6	3	6
Hayfield.....	3	6	3	6
Kenyon.....	2	7	2	7
Wanamingo.....	2	7	2	7
Zumbrota.....	1	8	1	8

CLASS 9-MAN
AGASSIZ VALLEY-NORTH

Team	W	L	W	L
Norman County West+	4	0	9	0

Twin Valley.....	3	1	7	2
Gary.....	2	2	3	6
Ulen-Hitterdal.....	1	3	2	6
Rothsay.....	0	4	0	8

AGASSIZ VALLEY-SOUTH

Team	W	L	W	L
Lake Park+.....	3	0	6	2
Underwood.....	2	1	5	3
Hillcrest Lutheran Academy.....	1	2	5	4
Audubon.....	0	3	2	6

BORDER LEAGUE-EAST

Team	W	L	W	L
Delavan+.....	6	0	9	0
Kiester-Walters.....	5	1	8	1
Freeborn.....	4	2	7	2
Lyle.....	3	3	3	5
Alden-Conger.....	2	4	3	6
Bricelyn.....	1	5	1	7
Emmons.....	0	6	0	8

BORDER LEAGUE-WEST

Team	W	L	W	L
Welcome+.....	5	0	7	1
Trimont.....	4	1	7	1
Granada-Huntley-East Chain.....	3	2	4	4
Ceylon.....	1	4	2	6
Elmore.....	1	4	2	6
Winnebago.....	1	4	1	7

BUFFALO RIDGE

Team	W	L	W	L
Hills-Beaver Creek+.....	9	0	9	0
Balaton.....	7	2	7	2
Ivanhoe.....	6	3	6	3
Lake Benton.....	6	3	6	3
Chandler-Lake Wilson.....	6	3	6	3
Ellsworth.....	3	6	3	6
Hendricks.....	3	6	3	6
Ruthon.....	3	6	3	6
Jasper.....	2	7	2	7
Edgerton.....	0	9	0	9

CIRCLE EIGHT

Team	W	L	W	L
Silver Lake+.....	7	0	9	0
Winsted Holy Trinity.....	5	2	5	4
Brownston.....	5	2	7	2
Grove City.....	4	3	4	5
Buffalo Lake.....	3	4	5	4
Stewart.....	3	4	5	4
Lester Prairie.....	1	6	1	7
Cosmos.....	0	7	2	7

HEARTLAND SIX

Team	W	L	W	L
Hill City+.....	9	0	9	0
Nevis.....	6	3	6	3
Backus.....	4	5	4	5
Pillager.....	4	5	4	5
Akeley.....	2	7	2	7
Motley.....	2	7	2	7

Longbow

Team	W	L	W	L
Kelliher+.....	9	0	9	0
Littlefork-Big Falls.....	7	2	7	2
Bigfork.....	6	3	6	3
Laporte.....	2	7	2	7
Red Lake.....	2	7	2	7
Northome.....	1	8	1	8

MINI

Team	W	L	W	L
Raymond+.....	6	0	8	1
Cottonwood.....	5	1	6	2
Milroy.....	4	2	5	3
Echo-Wood Lake.....	3	3	3	5

Belview.....	2	4	2	6
Maynard.....	1	5	1	7
Morton.....	0	6	0	8

NORTHERN LIGHTS

Team	W	L	W	L
Kennedy+.....	8	1	8	1
Oslo.....	8	1	8	1
Lancaster.....	6	3	6	3
Adams-Edinburg, ND.....	5	4	5	4
Pembina, ND.....	5	4	5	4
St. Thomas, ND.....	5	4	5	4
Hoopla Valley, ND.....	4	5	4	5
Badger.....	3	6	3	6
Midway-Fordville, ND.....	1	8	1	8
Drayton, ND.....	0	9	0	9

NORTH TRI-COUNTY

Team	W	L	W	L
Plummer+.....	8	0	8	0
Grygla-Goodridge.....	7	1	8	1
Erskine-Mentor.....	5	3	5	3
Clearbrook.....	5	3	5	4
Fisher.....	4	4	4	4
Gonvick-Trail.....	3	5	3	5
Oklee.....	2	6	2	6
Middle River.....	1	7	1	8
McIntosh-Winger.....	1	7	1	8

PHEASANT-NORTH

Team	W	L	W	L
Starbuck+.....	5	0	8	0
Hoffman-Kensington.....	4	1	6	2
Cyrus-Hancock.....	3	2	6	2
Campbell-Tintah.....	2	3	4	4
Ashby.....	1	4	2	6
Herman.....	0	5	0	9

PHEASANT-SOUTH

Team	W	L	W	L
Milan+.....	4	1	5	3
Graceville-Beardsley.....	4	1	7	2
Browns Valley.....	3	2	5	3
Chokio-Alberta.....	3	2	4	5
Bellingham-Marietta-Nassau.....	1	4	2	7
Clinton.....	0	5	0	7

RED ROCK

Team	W	L	W	L
Brewster+.....	9	0	9	0
Storden-Jeffers.....	8	1	8	1
Westbrook.....	7	2	7	2
Heron Lake-Okabena.....	5	4	5	4
Sanborn.....	5	4	5	4
Walnut Grove.....	5	4	5	4
Lamberton.....	3	6	3	6
Comfrey.....	2	7	2	7
Butterfield-Odin.....	1	8	1	8
Sioux Valley-Round Lake.....	0	9	0	9

ST. LOUIS COUNTY

Team	W	L	W	L
Wrenshall+.....	7	0	7	0
Albrook.....	5	2	5	2
Cherry-Iron.....	5	2	5	2
Tower-Soudan.....	4	3	4	3
Cotton.....	3	4	3	4
Cook.....	2	5	2	5
Toivola-Meadowlands.....	1	6	1	6
Orr.....	1	6	1	6

TOP OF THE STATE 9-MAN

Team	W	L	W	L
Argyle+.....	8	0	8	0
Stephen.....	5	3	6	3
Karlstad Tri-County.....	5	3	5	3
Marshall County Central.....	4	4	4	5
Hallock.....	1	7	2	7
Greenbush.....	1	7	1	7

Active High School Head Coaches 100 Victory Club

(Thru 1983 Season)

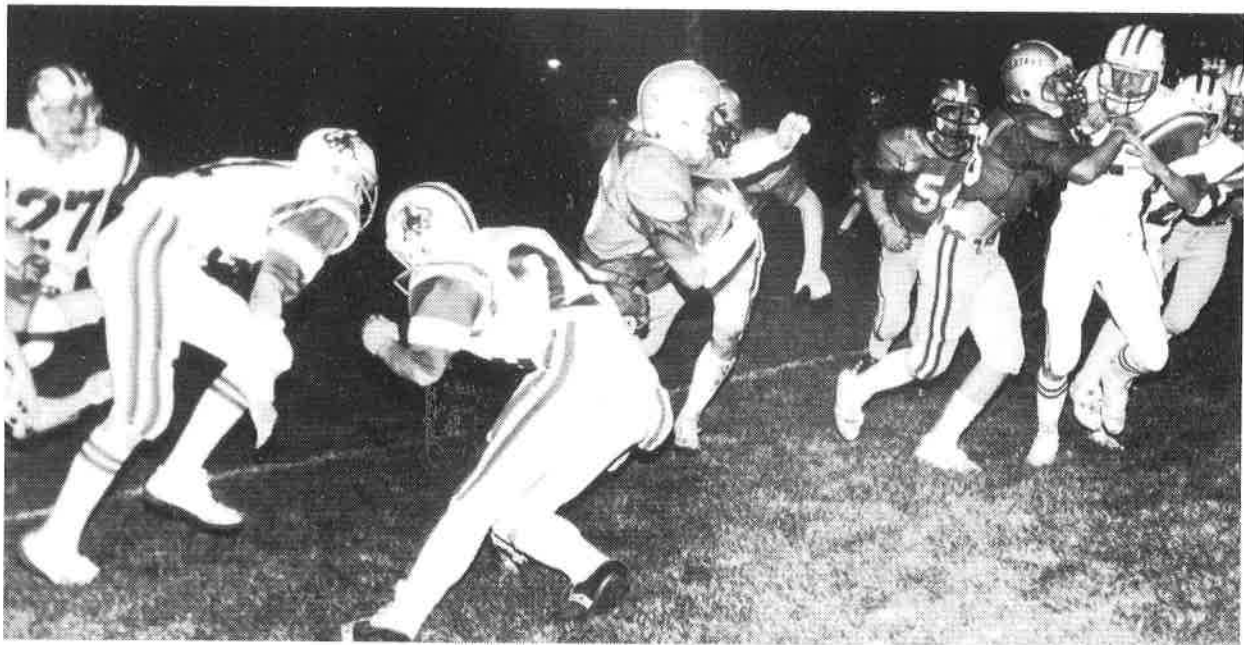
Head Coach & School	Won-Lost-Tied Record	Years Head Coach	Winning
1. Tom Mahoney, Fairmont	217-70-8	33	736
2. Bruce Frank, LeSueur	199-102-12	36	636
3. John Hansen, Osseo	197-77-13	32	686
4. George Smith, Mahtomedi	195-87-11	35	666
5. George Larson, Cambridge	190-41-6	26	802
6. Ken Mauer, St. Paul Harding	174-68-0	27	719
7. Stav Canakes, Edina	172-42-1	22	800
8. Les Drechsel, Crookston	168-62-9	27	703
9. Joe Mayer, Rochester Lourdes	166-69-4	28	695
10. John Drews, Rochester John Marshall	164-49-6	24	749
11. Jim Roforth, Lake City	161-64-3	27	706
12. Ron Raveling, Columbia Heights	158-101-8	26	592
13. Billy Beck, Appleton	157-79-2	33	660
14. Andy Nelson, Lake Benton	155-77-2	27	662
15. Bob Youso, Moose Lake	149-59-3	25	706
16. Bob O'Neill, Fridley	148-94-4	31	602
17. Rol Bromberg, Cloquet	142-76-4	25	640
18. Frank Jaszewski, Preston-Fountain	141-76-6	27	632
19. George Thole, Stillwater	139-27-2	21	827
20. Pat "Bruno" Waldner, Bloomington Jefferson	139-60-3	23	688
21. Vern Steinmetz, Chaska	138-82-2	25	622
22. Dick Walker, Richfield	136-40-5	21	751
23. Tony Thiel, Battle Lake	136-46-1	19	743
24. Grady Rostberg, Hutchinson	136-56-2	20	701
25. Don Stueve, Fergus Falls	132-75-1	23	635
26. Roy Hokkanen, Cook	132-93-2	33	581
27. George Wemeier, Minneapolis Washburn (Resigned)	131-34-2	18	784
28. Ken Bauman, Mahanomen	130-23-2	15	839
29. Bob Peterson, Esko	129-43-2	17	741
30. Al Siegle, Pelican Rapids	128-89-8	25	569
31. Chuck Karger, Wabasha-Kellogg	123-55-6	20	668
32. Gerry Brown, St. Thomas Academy	122-18-1	15	865
33. Harold Pierce, Briceyn	122-31-1	19	792
34. Ron Stolski, Brainerd	122-35-5	22	753
35. Neal Hofland, Chokio-Alberta	121-19-2	15	852
36. Earl DeBates, Stewartville	121-40-0	18	753
37. Andy McCarty, Park Rapids	121-91-3	24	563
38. Gary Roebuck, Holdingford (Resigned)	120-56-2	20	674
39. Jerry Wallskog, Le Center	118-47-1	18	711
40. Burton Rumrill, Silver Lake	118-79-3	22	590
41. Jim Simser, New Richland-Hartland	117-36-1	16	760
42. Dale Vaughn, Shakopee	116-85-6	23	560
43. Jerry Peterson, Owatonna	114-67-2	20	623
44. Roy Henderson, Belle Plaine (resigned 11/30/83)	113-82-3	21	571
45. Gerhard Miedt, Minnetonka	112-46-0	18	709
46. David Main, Gaylord-Winthrop	111-20-0	15	847
47. Jerry Sonnek, Blackduck	110-44-3	18	701
48. Dick Hanson, Burnsville	108-32-2	15	761
49. Elmer Menage, Luverne	108-107-2	23	498
50. *Ron Scott, Coon Rapids	107-54-0	17	665
51. *Bill Bailey, Starbuck	107-62-0	17	633
52. Don Fox, Austin	107-66-6	19	598
53. Ralph Pucci, Rochester Mayo	105-67-1	19	607
54. *Stuart Nordquist, International Falls	104-48-2	17	154
55. *Laddie Carda, Shandler-Lake Wilson	104-93-0	22	528
56. *Dean Taylor, Sartell	103-52-0	17	665
57. *Terry McLean, Elk River	100-55-2	15	637
58. *Dick Oliphant, Faribault	100-61-0	18	621

* — Denotes joined "Club" in 1983.

Source: Minnesota State High School League

COACHES APPROACHING 100-VICTORY CLUB

John Gross, Medford.....	99-60-0	18
Dave Nigon, Totino-Grace.....	98-31-0	13
Mike Mahlen, Verndale.....	98-34-3	15
Larry Anderson, Barnesville.....	97-57-1	18
Dave Beadle, Albrook.....	95-76-3	25
Wayne Beisel, Lewiston.....	92-45-1	15
Ron Johnson, Gonvick-Trail.....	91-42-0	15
Chuck Anderson, Ashby.....	89-102-0	24



Mark Lieser, the Rocori Spartan's tailback, cuts back for good yardage against Litchfield. Rocori won the second game against Litchfield 41-6. Dave Terhaar and Steve Rothstein, in the background, supply the blocking.



Todd Larson, Rocori's QB, springs out past the Litchfield defense. Larson threw for 132 yards in Litchfield's 8-7 win early in the year.



Dave Terhaar, a two time all conference FB performer for Rocori, gathers in a reception against Litchfield. Dave is a 6'3", 190 pound TE who was also a two time all conference basketball player. Terhaar was chosen as the Central Gopher Conference's Outstanding Lineman and later the Central Gopher Conference's Outstanding Basketball Player.



Rushford Trojans at LeRoy - Calvin Olstad making tackle with help from brother Clark (72) 78 is Steve Highum. LeRoy won 26-6.



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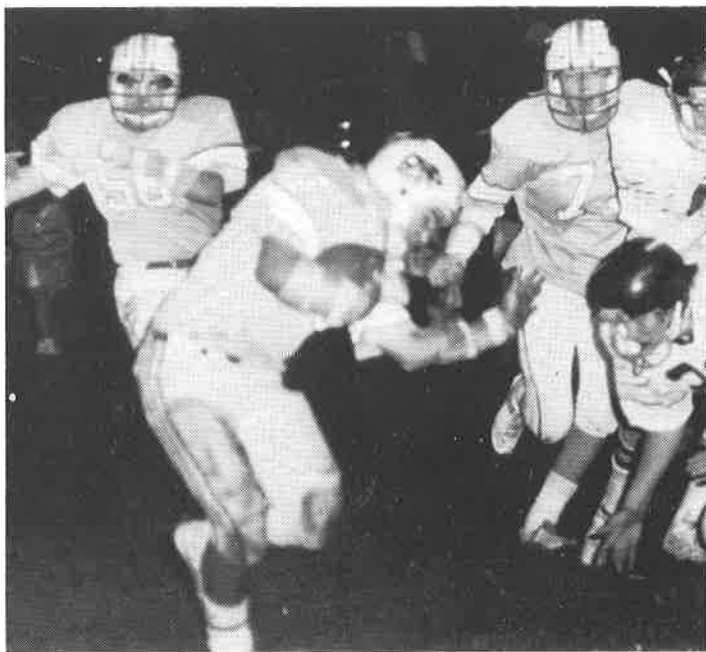
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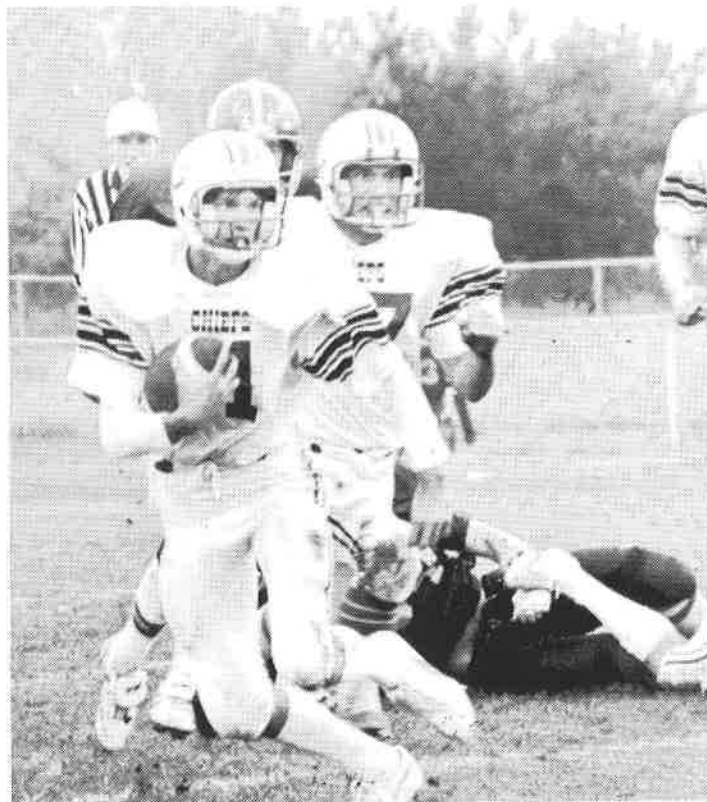
Fullback Scott Wohlers of Spring Lake Park works to elude an Irondale Tackler.



Moorhead's Darrin Kraemer (25) tries to elude Stillwater's Toby Schifsky (31) and Jim Ilkka (43). Ponies won 12-9 in two overtimes.



Guy Johnson of Spring Lake Park follows the block of Panther Junior Fullback Scott Wohlers to score in North Suburban conference action against Alexander Ramsey. Ramsey won 13-12.



Centennial Chiefs' senior quarterback Bruce Ringaman scrambles for yardage against the Tri-Metro champion Mahtomedi Zephyrs. Ringaman led the Tri-Metro in 1983 with 12 touchdown passes.



Junior runningback Bob Kelly of Coon Rapids bursts into an opening in an 8-6 Cardinal win over Irondale. Kelly rushed for 669 yards, 5th in the NSC.



Chris McCartney, Coon Rapids signal-caller, twists out of the grasp of a fallen Blaine Bengal defender. The eventual state champion Cardinals pulled out a key 19-14 early-season win over the Bengals.



A gang-tackling St. Francis defense swarms a Princeton Tiger runner. Second man in is Steve Leach, all conference tailback/linebacker who will attend the University of Minn.-Morris this fall.

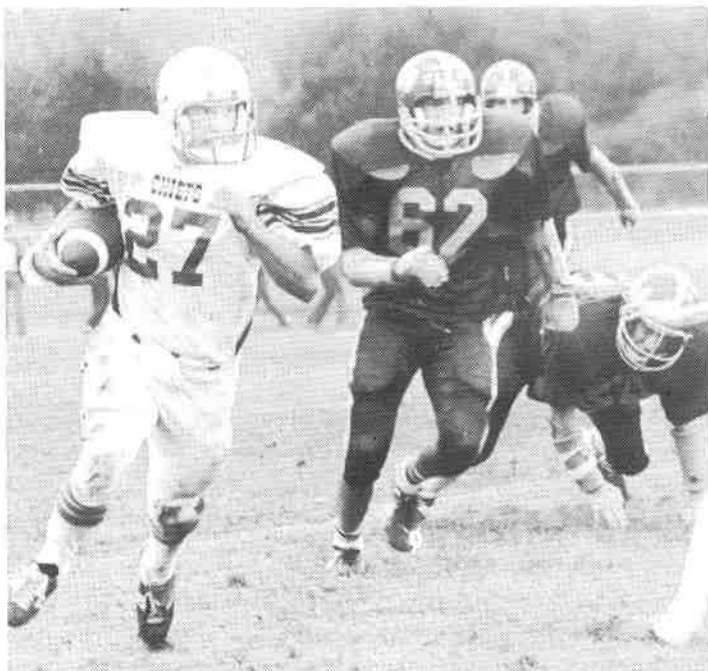
Rick Hedican, St. Francis' "Most Improved Defensive Player" makes a tackle in Rum River Conference game against Princeton. The Saints defeated the Tigers 19-6.



Tight end Dan Lind caught the ball in traffic as LeRoy tried to take him down as Rushford's Scott Hoegen (50) looks on. Score - LeRoy 26, Rushford 6.

From the "Rushford Veer" a missed pitch in play-off game against Southland. No. 21 H.B. Chris Virse - on ground QB Calvin Olstad. Ball recovered by Southland who scored. Final score - Southland 22, Rushford 7.





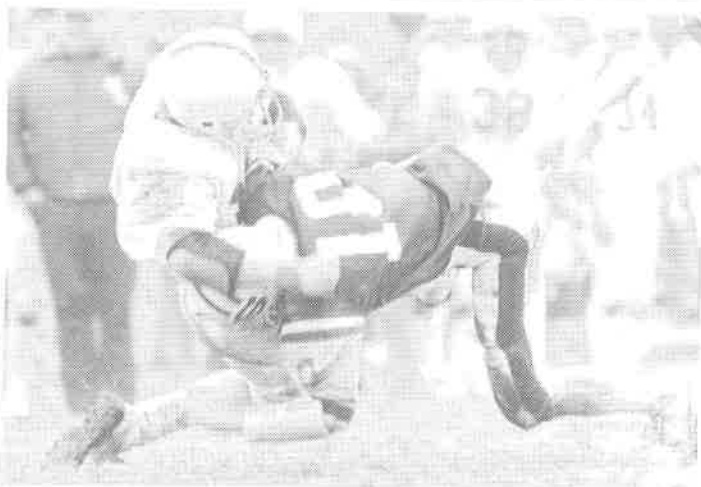
The big game of the Tri-Metro Conference season found George Smith's Mahtomedi team edging Centennial, coached by Mike Watson, 29-27 in overtime. Here Terry Hughes, Centennial runningback, gains some of his conference-leading 960 yards.



No. 5 Fullback Paul Lenz of Hutchinson leads No. 11 quarterback Andy Rostberg around end for a gain against Shakopee.

Anoka's Tornadoes tied for second place with Blaine in the North Suburban Conference. Here senior 210 pound fullback John Kullick scores against Spring Lake Park.

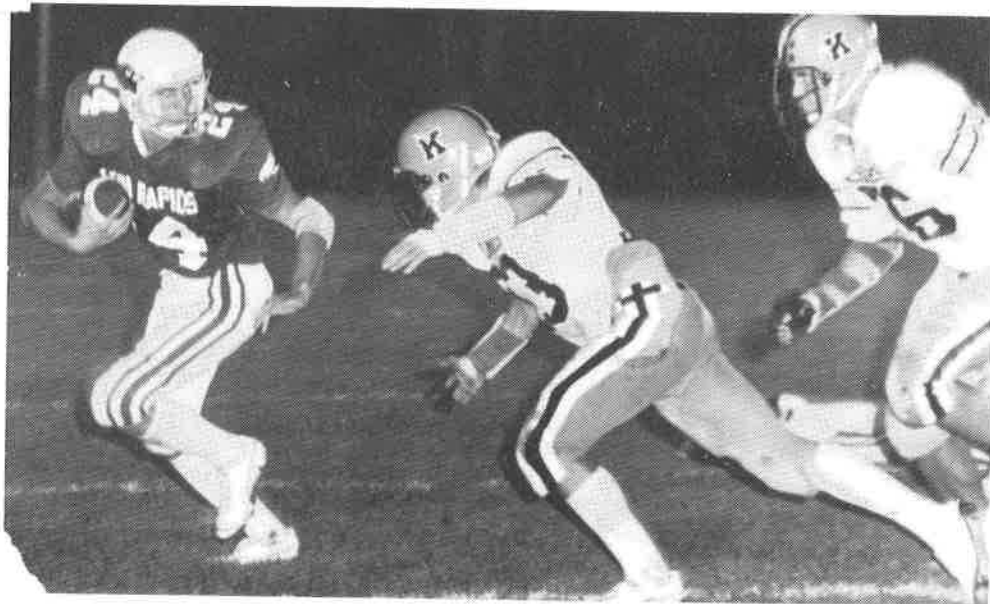




Quarterfinals state play-off Silver Lake vs. Starbuck. No. 10 Starbuck linebacker Mike LaQua making a hit on Silver Lake tailback No. 44 Larry Stiffen.



Quarterfinals state play-off Silver Lake vs. Starbuck. No. 15 Starbuck quarterback Doug Toivonen. No. 83 Starbuck end Mike Syver-son. No. 88 Silver Lake Tony Kadler, No. 66 Silver Lake Todd Brown. No. 62 Silver Lake Darwin Jones.



Bob Kelly of Coon Rapids slips away from a Kellogg tackler as the Chargers' John Zollinger moves in. Coon Rapids opened the season with a 19-13 overtime win over Clint Ewald's Kellogg team.

SPA's All-Metro/All State Linebacker, Rip Burgwald making the tackle on Blake's outstanding receiver, Ted Erickson. Not involved in the play but looking on are SPA's Jamie Hurley and Greg Smith and Tom Flint from Blake. Blake won 12-8.



STATE FOOTBALL PLAYOFF CHAMPIONSHIP GAMES (1972-1982)

1972				1978			
Class	Champions	Runners-up	Score	Class	Champions	Runners-up	Score
AA	Mpls. Washburn	Moorhead	26-6	AA	Edina West	Fridley	21-0
A	Burnsville	Sauk Centre	46-19	A	Fridley Grace	Apple Valley	17-14
B	Mountain Iron	Dassel-Cokato	54-6	B	New Richland-Hartland	Barnesville	48-8
C	Gaylord	Preston	26-6	C	Alden-Conger	Battle Lake	15-14
9-Man	Rothsay	Cotton	64-12	9-Man	Hoffman	Albrook	44-28
1973				1979			
Class	Champions	Runners-up	Score	Class	Champions	Runners-up	Score
AA	Rochester John Marshall	St. Paul Harding	25-0	AA	Columbia Heights	Richfield	8-3
A	Eveleth	Willmar	28-18	A	Rochester Lourdes	Apple Valley	22-6
B	New Prague	Appleton	13-7	B	Gaylord	Mahnomen	15-6
C	Gaylord	Holdingford	29-6	C	Bird Island-Lake Lillian	Harmony	34-6
9-Man	Lake Benton	Brandon	50-12	9-Man	Russell	Toivola-Meadowlands	17-14
1974				1980			
Class	Champions	Runners-up	Score	Class	Champions	Runners-up	Score
AA	Rochester John Marshall	Bloomington Jefferson	41-19	AA	Burnsville	Cambridge	23-6
A	Alexandria	Chaska	26-7	A	Crookston	Pipestone	32-6
B	New Prague	Caledonia	41-12	B	Mahnomen	Austin Pacelli	34-0
C	Battle Lake	Bird Island	34-26 (2 ot)	C	Bird Island-Lake Lillian	Mountain Lake	20-7
9-Man	Lake Benton	Fisher	36-6	9-Man	Hoffman-Kensington	Toivola-Meadowlands	18-14
1975				1981			
Class	Champions	Runners-up	Score	Class	Champions	Runners-up	Score
AA	Stillwater	Richfield	20-17	AA	Rosemount	Moorhead	40-14
A	St. Thomas Academy	St. Peter	21-14	A	St. Peter	Hermantown	18-14
B	Gaylord	Onamia	14-13	B	Holdingford	Pine Island	39-0
C	Esko	Karlstad	62-0	C	Medford	Clarkfield	33-28
9-Man	Ruthton	Audubon	42-20	9-Man	Argyle	Starbuck	31-19
1976				1982			
Class	Champions	Runners-up	Score	Class	Champions	Runners-up	Score
AA	White Bear Lake	Cloquet	14-13 (ot)	AA	Stillwater	Owatonna	34-27
A	St. Peter	Mora	56-12	A	Brooklyn Center	East Grand Forks	30-8
B	Caledonia	Sartell	38-7	B	LeCenter	Mahnomen	12-6
C	New Richland-Hartland	Bird Island	21-19	C	Truman	Belgrade	16-14
9-Man	Deer Creek	Fergus Falls Hillcrest Lutheran Academy	57-14	9-Man	Westbrook	Fergus Falls Hillcrest Lutheran Academy	34-12
1977				1983			
Class	Champions	Runners-up	Score	Class	Champions	Runners-up	Score
AA	Minneapolis Washburn	Stillwater	13-0	AA	Coon Rapids	Bloomington Jefferson	34-31
A	Fridley Grace	Cold Spring Rocori	36-12	A	Hutchinson	Park Rapids	36-14
B	Granite Falls	Stewartville	44-6	B	Jordan	Breckenridge	27-0
C	Battle Lake	Henderson	22-20 (ot)	C	Southland (Adams)	Bird Island-Lake Lillian	28-0
9-Man	Deer Creek	Fergus Falls Hillcrest Lutheran Academy	20-0	9-Man	Silver Lake	Norman County West/Climax	27-12

STATE FOOTBALL PLAYOFF RESULTS

			Season Record	
Class	School	Head Coach	Won	Lost
AA	Coon Rapids	Ron Scott	11	1
A	Hutchinson	Grady Rostberg	13	0
B	Jordan	Jim Trapp	12	1
C	Southland (Adams)	Dick Strand	13	0
9-Man	Silver Lake	Buz Rumrill	13	0
CLASS "AA" Quarterfinals			Finals	
Coon Rapids — 20			Coon Rapids — 34	
Osseo — 14			Bloomington Jefferson — 31	
Semi-finals			CLASS "A" Quarterfinals	
Moorhead — 25			Hutchinson — 20	
St. Cloud Tech — 0			Worthington — 12	
Bloomington Jefferson — 28			Cambridge — 19	
Minneapolis Edison — 7			Semi-finals	
			Mahtomedi — 13 O.T.	
			Albany — 15	
			Sauk Centre — 13	
			Park Rapids — 17	
			Cloquet — 15	
			Hutchinson — 27	
			Cambridge — 14	

Park Rapids — 14
Albany — 6

Finals

Hutchinson — 36
Park Rapids — 14

**CLASS "B"
Quarterfinals**

Mahnomen — 34
Mountain Iron/Buhl — 0

Breckenridge — 17
Kimball — 14

Jordan — 20
Granite Falls — 0
Wabasha — Kellogg — 21
Rochester Lourdes — 16

Semi-finals

Breckenridge — 22
Mahnomen — 14
Jordan — 20
Wabasha-Kellogg — 0

Finals

Jordan — 27
Breckenridge — 0

**CLASS "C"
Quarterfinals**

Glyndon-Felton — 20
Belgrade — 18
Bird Island-Lake Lillian — 13
Gaylord/Winthrop — 6
Sherburn-Dunnell — 21
Bloomington Prairie — 6

Southland (Adams) — 22
Harmony — 9

Semi-finals

Bird Island-Lake Lillian — 20
Glyndon-Felton — 12
Southland (Adams) — 22
Sherburn-Dunnell — 9

Finals

Southland (Adams) — 28
Bird Island-Lake Lillian — 20

CLASS NINE MAN**Quarterfinals**

Norman County West/
Climax — 46
Plummer — 0

Hill City — 16
Wrenshall — 14

Silver Lake — 31
Starbuck — 14

Hills-Beaver Creek — 20
Welcome — 18

Semi-finals

Norman County West/
Climax — 50
Hill City — 32

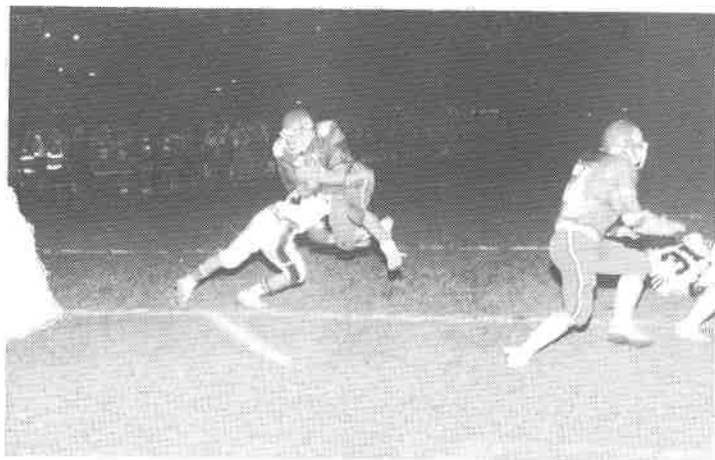
Silver Lake — 53
Hills-Beaver Creek — 14

Finals

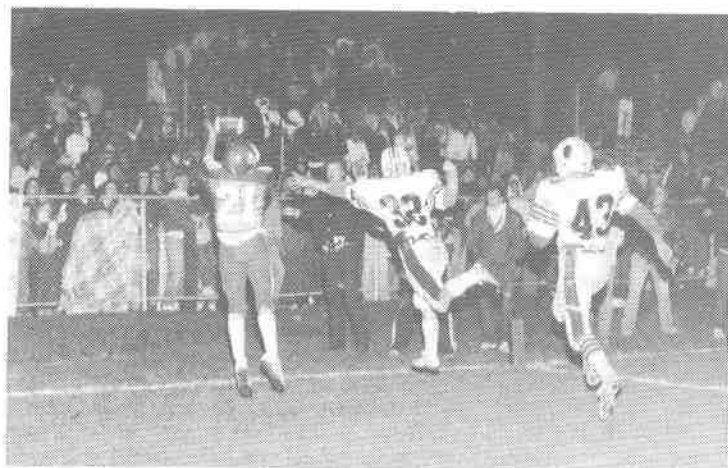
Silver Lake — 27
Norman County West/
Climax — 12



All-State Halfback Dan Paulson scores for White Bear Lake vs. Stillwater.



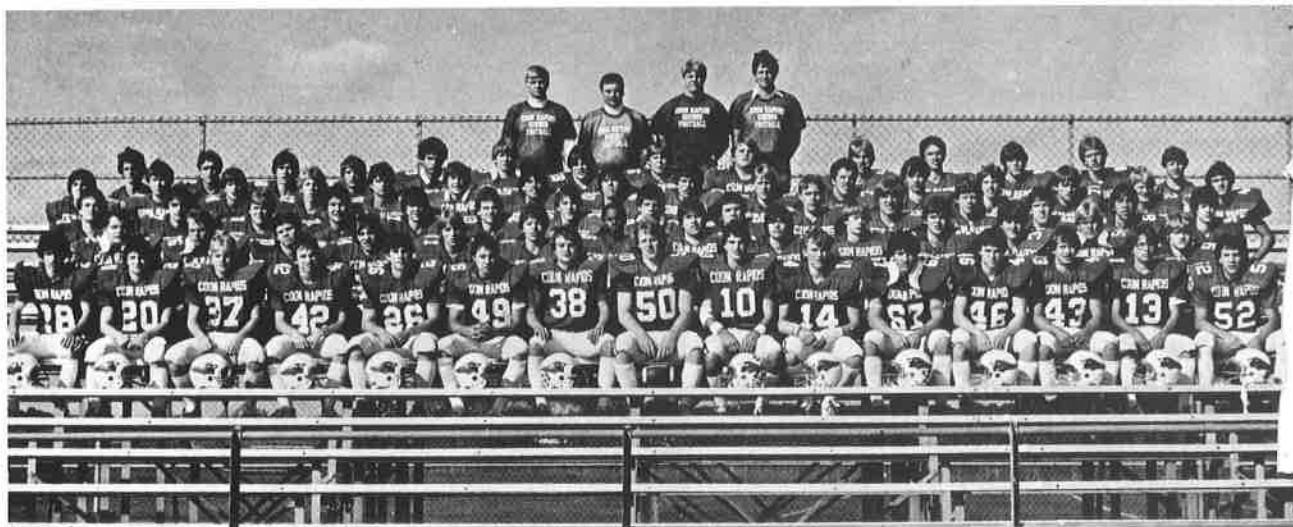
White Bear Lake All-Conference Split-end Jon Jones scores, vs. Stillwater.



1983 PLAYOFF CHAMPIONS

COON RAPIDS (NORTH SUBURBAN CONFERENCE)

A
A



Front Row left to right: J. Hillyer, M. Black, M. Vikesland, R. Rosett, J. Zanotti, T. Burgos, R. Julkowski, Capt. A. Elliott, C. McCartney, P. Yelle, J. Fischer, T. Plankers, Brent Ploof, D. Haaf, B. Larson. Second Row: B. Napier, J. McCullough, M. Sundstrom, D. Dowling, J. Lero, J. Ruhl, P. Hamilton, B. Cook, V. Ruzynski, R. Sandstrom, J. Anzelc, P. Gorder, R. Kuzel, L. Pierce. Third Row: J. Johannsen, C. Colburn, K. Adams, D. Kessler, W. Parkin, B. Koenig, P. Gierl, T. Schroeder, T. Ohotto, T. Dolney, J. Lamkin, J. Haberman, R. Emerson, S. Zickermann. Fourth Row: S. McBride, Brian Ploof, B. Kelly, M. Limanen, R. Monroe, G. Borkowski, C. Johanns, K. Hansen, D. Isaacson, J. Dwyer, J. Goodmanson, R. Smith, R. Gunerius, C. Yunker, T. Heidgerken, D. Hemauer. Fifth Row: Mgr. R. Ringel, J. Boyce, J. Degnan, B. Funfar, M. Voss, K. Awalt, B. Sunnarborg, J. Scott, L. Plack, J. Knopik, J. Hetrick, L. Prescott, T. Copa, Mgr. C. Osburn. Sixth Row: Coaches Ron Scott, Jim Roback, Dan Dehnicke, Jeff Wolfe.

HUTCHINSON

(SUBURBAN WEST CONFERENCE)

A



Front Row left to right: Josh Hoffman, Barry Watson, Chris Holy, Bryan Betker, Paul Moehring, Mark Wetterling, Dave Ladd, Steve Mogard, Bob Boune, Dana Watson. Second Row: Scott Walquist, Pat Mooney, Russ Jonas, Brad Altermatt, Mark Severson, Jay Hoffman, Jason Moehring, Jon Carlson, Randy Dostal, Pat Amiot, Jeff Bulau, Karl Viesselman, Jeff Jensen. Third Row: Coach Greg Pearce, Coach Bruce Rosenow, Rick Euerle, Larry Kramer, Eric Thovson, Brian Galles, Tim McGraw, Matt Larsen, Bill Field, Andy Rostberg, Kevin Heitz, Joel Raddatz, Chris Kirchoff, Paul Raddatz, Coach Denny Luke, Coach Grady Rostberg, Coach Jim Mills. Fourth Row: Tony Jahner, Paul Snyder, Tim Dobratz, Gene Ollrich, Scott Paulsen, Dan Johnson, Rob Pachan, Lance Swanke, Mark Koelln, Chuck Voight, Joe Thompson, Jeff Corl, Scott Sustacek, Mark Rubischko, Bob Hantge, Dean Ortloff. Fifth Row: Paul Lenz, Dave Kucera, Jon Valek, Todd Wrucke, Paul Briggs, Mark Benshoof, Pat Beatty, David Dietel, Scott Schlueter.

JORDAN

(MINNESOTA RIVER)



Front Row left to right: Gary Fahrenkamp, Chad Sandey, Steve Radermacher, John Whipps, Gary Wark, Pete Seifert, Steve Menke, John McFarland, Lee Kes, Bruce Fahrenkamp, Chris Thaves, Steve Glynn, Marty Oldenburg. Second Row: Bruce Wolf, Sean Haas, Jim Volek, Dennis Simpson, Mark Duffy, Paul Lambrecht, Pete Dymit, Tony Juare, Mike Allar, Jamie Busch, Jerry Mach, Chris Morris. Third Row: Mike Krzmarcik, Dave Wolf, Kurt Boeckman, Darrin Bahr, Mickey Meyer, Keith Telthoester, Dave Thieschafer, Dave Hoy, Paul Morgenson, Jim Arkins, Todd Hutchinson. Fourth Row: Steve Wolf, Ray Sandey, Kevin Harrington, Dave Meyer, Mark Seifert, Peter Holzer, Dave Affolter, Jeff Kes, Brian O'Connell, Jeff Pascal, Keith Hartman. Fifth Row: Dan Smith, Ben Hedstrom, Eugene Hein, Coach Tom Sand, Coach Lee Rebstoch, Coach Jim Trapp, Coach Dave Brostrom, Coach Nick Karantinos, Coach Kevin Green, Robbie Cully, Tom Hillesheim.

SOUTHLAND

(WASIOJA CONFERENCE)



Front Row left to right: Ass't. Coaches Mike Johnson, Wayne Robertson, Todd Retterath, Scott Retterath, Tom Smith, Joe Price, Joe Kressin, Head Coach Richard Strand, Ass't. Coach Robert Bulger. Second Row: Jeff Lewison, Brian Landherr, Kyle Klaehn, Kenney Hammell, Ryan Smith, Doug Goergan, Randy Smith, Todd Linaman, Brian Bahr. Third Row: Bill Schmitz, David Schmitz, Eric Lee, Craig Hanson, Neal Kosberg, Steve Theobald, Jim Angell, Todd Anderson. Fourth Row: Gary Schneider, David Allen, Bob Bulger, Steve Hinz, Brian Reinartz, Brad Tompkins, Scott Tompkins, Mike Kilen, Brett Bergene.

SILVER LAKE

(CIRCLE EIGHT CONFERENCE)

9
M
A
N



Front Row left to right: Duwayne Ranzau, Ken Wraspir, Durwin Jones, Todd Brown, Kevin Benz, Jim Blazinski, Larry Stifter, Mike Mickolichuk, Bill Polchow. Second Row: Carl Cuhel, Bruce Stifter, Wade Stritesky, Jim Hemerick, Scott Tschimperle, Brian Blazinski, Jeff Mallak, Bob Yurek, Mike Ostlie. Third Row: Ervin Nowak, Tony Kadlec, Randy Zajicek, Todd Syvertson, Brad Blazinski, Mark Kosek, Dean Ruzicka, Bernie Koktan. Fourth Row: Bob Wraspir, Dave Hlavka, Todd Cuhel, Brian Wosmek, Brian Webb, Paul Stritesky, Brad Shaml, Craig Stibal. Fifth Row: Head Coach Buz Rumrill, Mgr. Randy Hatcher, Mgr. Gordy Chmielewski, Asst. Coach Dan Tschimperle.

North Dakota State University Bison Football

1983 NCAA II National Champions



Don Morton
Head Coach



Earle Solomonson
Recruiting Area:
Minneapolis



Pat Simmers
Recruiting Area:
North Dakota



Phil Engle
Recruiting Area:
Northern Minnesota



Ross Hjelseth
Recruiting Area:
St. Paul

- 1983, 1981 Palm Bowl, McAllen, Texas
- 1982 NCAA II Semi-Finalist (12-1)
- 1981 NCAA II Finalist (10-3)
- 1983, 1982, 1981 North Central Conference Champions (22-1)
- 1983 All-Conference players from Minnesota
Mike Stratton — Stillwater
Paul Olson — Red Wing
Lee Monson — Atwater
Mike Whetstone — Winona
- 1983 All-Americans from Minnesota
Mike Whetstone, Kodak — 1st team, AP — 1st team
Mike Stratton, AP, 2nd team
- Don Morton, Kodak College Division Coach of the Year



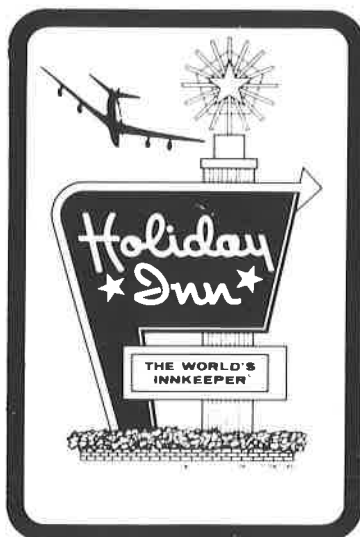
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All-Star Grid Rosters Are Listed

The fifth in a series of Minnesota High School All-Star Football Games between Metro and Outstate teams is set Saturday, July 28, at Parade Stadium in Minneapolis.

Rosters of the teams have been announced by David Shama, director of the classic for the High School All-Star Bowl of Minnesota.

In the previous four games, the Metro team (comprised of players from the seven-county Metropolitan area) has gained a 3-1 advantage in the win column.

Proceeds from the All-Star Game go to the Human Growth Foundation, a non-profit organization which funds medical research and informational programs to help children affected by significant physical growth failure. The game is co-sponsored by the Minnesota High School Football Coaches Association and the High School All-Star Bowl of Minnesota, Inc.

Rosters of the two teams follow:

OUTSTATE OFFENSE

QUARTERBACKS

Todd Spaulding	6-3	175 lbs.	Kimball
Jon Stolski	6-0	175 lbs.	Brainerd

BACKS

Brent Carver	5-11	177 lbs.	Glencoe
Marty Kelly	5-10	185 lbs.	Red Wing
Len Kretchman	5-10	170 lbs.	Fergus Falls
Jim Peters	6-1	200 lbs.	Wabasha-Kellogg
Todd Rhubee	5-11	197 lbs.	Storden-Jeffers
Charlie Stock	6-0	185 lbs.	Mahnomen

ENDS

Mark Koenecke	6-1	183 lbs.	Fairmont
John Mackedanz	6-3	185 lbs.	Albany
Steve Schultz	6-4	210 lbs.	Jackson
Joseph Theobald	6-3	195 lbs.	Sherburn

CENTERS

Kevin Guetter	6-3	200 lbs.	Wabasso
Thadd Heichel	6-3	225 lbs.	Austin

GUARDS

Jeff Benson	6-3	210 lbs.	St. James
Bryan Bliese	6-3	215 lbs.	Swanville
Scott Christianson	6-3	200 lbs.	Norman Co. West
Bart Johnson	6-0	205 lbs.	New London-Spicer

TACKLES

Michael Berg	6-2	258 lbs.	St. Charles
David Drontle	6-2½	221 lbs.	Eden Valley-Watkins
Tim Lynch	6-2½	213 lbs.	Watertown-Mayer
Ross Ukkelberg	6-6	235 lbs.	Battle Lake

OUTSTATE DEFENSE

NOSE GUARDS

Jake Ford	5-10	220 lbs.	Chisago Lakes
Paul Lenz	6-1½	213 lbs.	Hutchinson

TACKLES

Tom Harens	6-1	240 lbs.	Gaylord
Terry Hjort	6-2	230 lbs.	Milaca
Robert Perpich	6-3½	247 lbs.	Gilbert

ENDS

Greg Goenner	6-4	204 lbs.	St. Cloud Tech
Lee Kes	6-3	195 lbs.	Jordan
Craig Otto	6-3	195 lbs.	Elk River

LINEBACKERS

Kurt Clausen	6-4	205 lbs.	Owatonna
Dave Hamlin	6-1	190 lbs.	Moorhead
Keith Jensen	6-1	205 lbs.	Cambridge
John Sterner	5-10	200 lbs.	Marshall
Tom Mazur	6-2	207 lbs.	Cloquet

BACKS

Ed Bahr	6-4	190 lbs.	Int'l. Falls
Dave Balke	6-1	185 lbs.	Waldorf-Pemberton
Kevin Hiedeman	6-1	165 lbs.	Breckenridge
Roger Johnson	6-1	170 lbs.	Hill City
Todd Linaman	5-10	155 lbs.	Southland
Tom Demars	6-0	185 lbs.	Walker-Hackensack
Robbie Peterson	5-3½	185 lbs.	Barnum



Jon
Stolski



Charlie
Stock



Len
Kretchman



Ross
Ukkelberg

METRO OFFENSE

QUARTERBACKS

Mike McDevitt	6-0	185 lbs.	Park Center
Jamie Keelin	6-1	185 lbs.	Burnsville

CENTERS

Jon Carlson	6-2	210 lbs.	Shakopee
John Siekmeier	6-5	246 lbs.	Mahtomedi
John Williams	6-3	218 lbs.	Jefferson

GUARDS

Fred Bolstad	6-3	225 lbs.	Richfield
Tim Henke	6-3	210 lbs.	Farmington

TACKLES

Michael Favor	6-2	255 lbs.	Mpls. North
John Seed	6-2	210 lbs.	Breck
Gary Ortt	6-2	260 lbs.	St. Agnes
Jim Radford	6-4	225 lbs.	Alexander Ramsey

ENDS

Craig Breittkreutz	6-0	175 lbs.	St. Louis Park
Tim Juneau	6-5	225 lbs.	Blaine

George Ramler	6-4	210 lbs.	Chaska	Kyle Kruger	6-3	235 lbs.	Centennial
Paul Weinberg	6-1	180 lbs.	Cretin	Pat Nicholas	6-4	255 lbs.	Hopkins

RUNNING BACKS

Scott Howell	5-10½	192 lbs.	St. Paul Central
Kermit Klefsaas	6-2	195 lbs.	Brooklyn Center
Thomas Serie	5-9	182 lbs.	Mpls. Edison
ave Umland	5-11½	185 lbs.	Osseo
vid Weinke	5-9	155 lbs.	Irondale

KICKER

ohmiller	6-3	180 lbs.	Woodbury
----------	-----	----------	----------

METRO DEFENSE**NOSE GUARDS**

hills	6-4	237 lbs.	Washburn
y Tonsager	6-0	220 lbs.	Northfield
Ellis Wojciehowski	5-10	220 lbs.	Columbia Heights

TACKLES

Joe Beran	6-1	200 lbs.	Kellogg
Tony Grilz	6-2	210 lbs.	Stillwater

ENDS

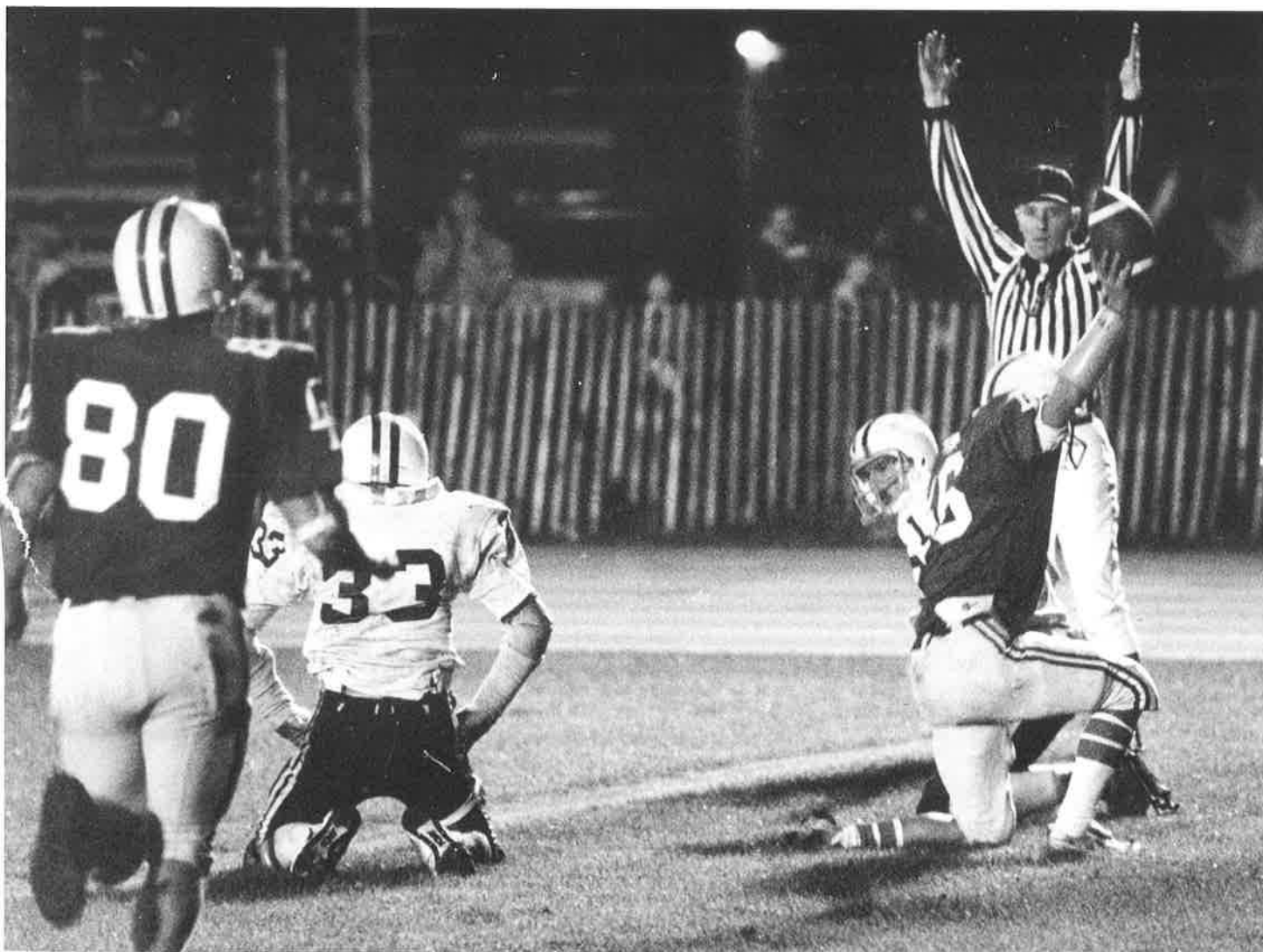
6-3	195 lbs.	Forest Lake
6-5	215 lbs.	Rosemount
6-4	235 lbs.	Lakeville

LINEBACKERS

Ripley Burgwald	6-1	215 lbs.	St. Paul Academy
Mark Mendel	6-3	215 lbs.	Wayzata
Todd Mitteness	6-3	230 lbs.	Anoka
Jon Scott	6-3	223 lbs.	Coon Rapids
Jeff Zellmer	6-3	210 lbs.	Kennedy

BACKS

Christopher Bonvino	6-0	185 lbs.	Edina
Chris Durand	5-9	160 lbs.	St. Paul Harding
Curt Friemann	5-10	150 lbs.	Simley
Chris Garrett	6-4	190 lbs.	Johnson
Dave Hamer	6-2	190 lbs.	Fridley
Keith Kimberly	6-1	185 lbs.	Apple Valley



TOUCHDOWN — Field Judge Lynn Schmidt signalled touchdown and Detroit Lakes halfback Rich Johnson (46) held up the football in his right arm after Johnson had made a leaping reception of Scott Stensgard's pass for the first score of the game in the final minutes of the first half in Detroit Lakes High School's 21-0 homecoming victory over the Crosby-Ironton Rangers. Others in the photo include tight end Doug Bradbury (80) of the Lakers and Crosby-Ironton's Gary Gutenkauf (33).

1985

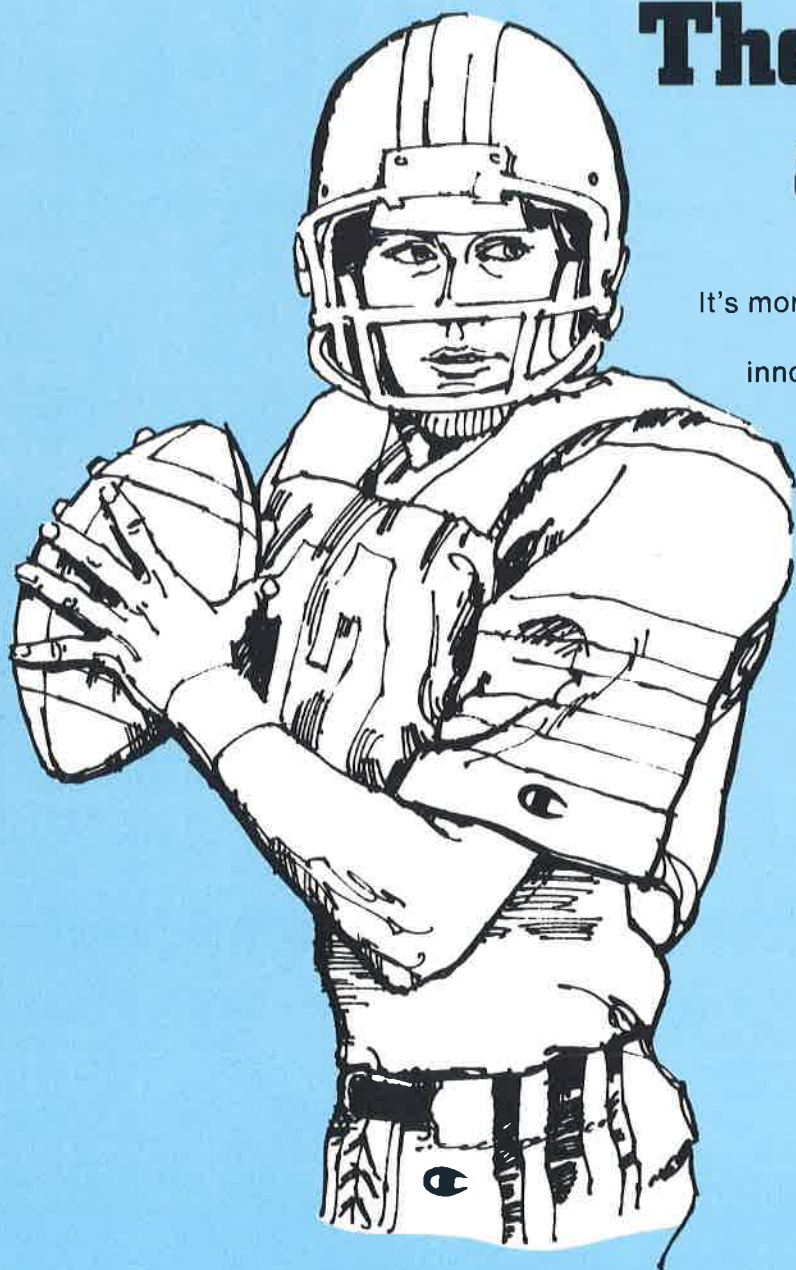
COACH OF THE YEAR

FOOTBALL CLINIC



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Bob Roy — Clinic Manager

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TO THE MEMBERS OF THE MINNESOTA HIGH SCHOOL
FOOTBALL COACHES ASSOCIATION:

The Human Growth Foundation (HGF) is grateful for the fine support which the All-Star Game has received from the Coaches Association since 1979. The Coaches Association co-sponsors the game with the High School All-Star Bowl of Minnesota, Inc. Proceeds from the game go to HGF, a non-profit organization which funds medical research and informational programs concerning physical growth failure in children.

The 1983 All-Star Game provided \$30,000 for research concerning physical growth disorders. The success of past All-Star games has helped to encourage the HGF Board of Directors to fund a record amount of research in the months ahead.

HGF is also pleased to see the All-Star Game succeed because of the game's importance to amateur football in Minnesota. The All-Star Game provides an important incentive to prep players, and those who participate enjoy a unique educational and athletic experience.

The 1984 game will be played at Parade Stadium beginning at 7:30 p.m., Saturday, July 28. We hope to see you there.

Sincerely,

David J. Shama Ron Scott



David J. Shama
Project Director



Ron Scott
Co-Game Manager



Mark Sandbo
Co-Game Manager