



# LANCASTER FIREBIRDS

## *Travel Hockey Brochure*

**2019-20 Season**



**Hockey Director:** Larry Courville

**Phone:** 717-490-2378

**Email:** [lancasterfirebirds22@gmail.com](mailto:lancasterfirebirds22@gmail.com)

**Website:** [www.lancasterfirebirds.org](http://www.lancasterfirebirds.org)

**Address:** Lancaster Ice Rink, 371 Carerra Drive, Lancaster, PA 17601



## GENERAL INFORMATION

### **Lancaster County Youth Amateur Hockey League (LCY AHL)**

The Lancaster Firebirds and Lancaster Ice Rink are owned and operated by the Lancaster County Youth Amateur Hockey League (LCY AHL) which is a 501(c)(3) non-profit organization. The LCY AHL mission is to "...provide a safe and challenging environment that promotes skill enhancement, teamwork, and sportsmanship for competitive youth hockey." Formed in 1971, the LCY AHL is one of only a handful of non-profit organizations in the entire country that owns and operates both an ice rink and youth hockey club for the sole benefit of the local community.

### **USA Hockey**

USA Hockey is the national governing body for ice hockey in the United States. The Lancaster Firebirds is a member of USA Hockey through its affiliate the Atlantic Amateur Hockey Association (AAHA). The club adheres to all USA Hockey regulations, policies and procedures. The Lancaster Firebirds player development program follows USA Hockey's American Development Model (ADM) guidelines.

### **Delaware Valley Hockey League**

The Lancaster Firebirds is member club of the Delaware Valley Hockey League (DVHL). All Firebirds teams play in the DVHL across all age classifications (Mite through Midget) in the AA, A, and B divisions based on the skill and ability level of the particular team. League play is augmented by non-league games and tournaments at the discretion of the Hockey Director and individual teams.

### **Player Development Philosophy**

The Lancaster Firebirds Player Development program follows the guidelines set out in USA Hockey's American Development Model (ADM). The ADM stresses the importance of skill development at all levels. In addition to skill development, the Firebirds also place an emphasis on teaching players the "how" of playing the game at the peewee level and above. This includes teaching offensive and defensive teamplay in all phases of the game. While winning is an important consideration, it is not the only one. The Firebirds place a priority on player development over scoreboard success. Our teams compete in every game to win, but not at the expense of individual player and team development.

### **Hockey Director – Larry Courville**

Larry Courville is entering his third season as Hockey Director of the Lancaster Firebirds. As Hockey Director, he is responsible for the development of all players and coaches within the guidelines provided by USA Hockey. Larry brings a wealth of knowledge and experience to the players and coaches of our organization. After a 13-year professional playing career that included stops in the NHL, AHL and ECHL and a world junior gold medal, Larry became head coach of the ECHL Reading Royals. Larry's teams made the playoffs in all eight full seasons behind the bench, winning the Kelly Cup in 2012-13.



## PLAYER DEVELOPMENT PROGRAM

### Team Development Packages

#### **MITE-8U** (Birth Year 2011 or later)

- 24 bi-weekly 60-minute ADM station-based skill-development practices
- Practice supervision by Hockey Director or other professional coach at least once per week
- DVHL Schedule
- 10 total home game slots
- 24 weekly 30-minute ADM off-ice training sessions
- Public Skate Sessions
- 1 pair practice socks

#### **SQUIRT-10U** (Birth Year 2009/2010)

- 28 bi-weekly 60-minute ADM station-based skill-development practices
- Practice supervision by Hockey Director or other professional coach at least once per week
- Weekend Training Camp (3 hours on-ice)
- DVHL Schedule
- 14 total home game slots
- 28 bi-weekly 30-minute ADM off-ice training sessions
- Public Skate Sessions
- 1 pair practice socks

#### **PEEWEE-12U** (Birth Year 2007/2008)

- 28 bi-weekly 60-minute skill/teamplay-development practices
- Minimum of 30 minutes full-ice two weeks out of every three
- Practice supervision by Hockey Director or other professional coach at least once per week
- Weekend Training Camp (3 hours on-ice)
- DVHL Schedule
- 14 total home game slots
- 28 bi-weekly 30-minute ADM off-ice training sessions
- Public Skate Sessions
- 1 pair practice socks

#### **BANTAM-14U** (Birth Year 2005/2006)

- 28 bi-weekly 60-minute skill/teamplay-development practices
- Minimum of 30 minutes full-ice practice two weeks out of every three
- Practice supervision by Hockey Director or other professional coach at least once per week
- Weekend Training Camp (3 hours on-ice)
- DVHL Schedule
- 14 total home game slots
- 28 bi-weekly 30-minute off-ice training sessions
- Game coverage by Certified Athletic Trainer



- Public Skate Sessions
- 1 pair practice socks

#### **MIDGET-16U** (Birth Year 2003/2004)

- 28 bi-weekly 60-minute skill/teamplay-development practices
- Minimum of 60 minutes full-ice practice every week
- Practice supervision by Hockey Director or other professional coach at least once per week
- Weekend Training Camp (3 hours on-ice)
- DVHL Schedule
- 14 total home game slots
- 28 bi-weekly 30-minute off-ice training sessions
- Game coverage by Certified Athletic Trainer
- Public Skate Sessions
- 1 pair practice socks

*There are two options available at 18U. Everyone will register for Option A. After team selection, families will have an opportunity to choose Option B. The decision to adopt Option B must be unanimous. Option B will have the same player tuition fee as Midget 16U.*

#### Option A

#### **MIDGET-18U** (Birth Year 2001/2002)

- Bi-weekly 60-minute skill/teamplay-development practices (August-October)
- Weekly 60-minute skill/teamplay-development practices (November-February)
- Minimum of 60 minutes full-ice practice every week (August-October)
- Practice supervision by Hockey Director or other professional coach at least once per week
- Weekend Training Camp (3 hours on-ice)
- DVHL Schedule
- 14 total home game slots
- 1 tournament fee as approved by the Hockey Director
- 28 weekly 30-minute off-ice training sessions
- Game coverage by Certified Athletic Trainer
- Public Skate Sessions
- 1 pair practice socks

#### Option B

#### **MIDGET-18U** (Birth Year 2001/2002)

- 28 bi-weekly 60-minute skill/teamplay-development practices
- Minimum of 60 minutes full-ice practice every week
- Practice supervision by Hockey Director or other professional coach at least once per week
- Weekend Training Camp (3 hours on-ice)
- DVHL Schedule
- 14 total home game slots



- 28 bi-weekly 30-minute off-ice training sessions
- Game coverage by Certified Athletic Trainer
- Public Skate Sessions
- 1 pair practice socks

## **Additional Player Development Information**

### ***Goaltender Development***

In season, there will be 60-minute goaltender training sessions every other week under the direction of a professional goaltending coach or coaches. A coach from each team will also attend to help supervise stations. In addition, a professional goaltender coach will attend six regular season practices of each team to work with the goaltenders in practice. Goaltender training sessions will alternate weekly between a Bantam/Midget group one week and Mite/Squirt/Peewee group the next week.

### ***In-season Off-ice Training***

All teams will participate in off-ice training during the season as outlined in the team development packages. Off-ice training will be conducted on practice nights at the Lancaster Ice Rink by team coaching staff in accordance with ADM guidelines. Off-ice training will include age appropriate physical training, off-ice skills training, team-building and video/chalk sessions.

### ***Team Training Camp***

Each team (except mites) will participate in a two-day, weekend training camp held during the month of August. The training camp will include three hours of on-ice instruction under the direction of the Hockey Director. On-ice instruction will emphasize aspects of team play appropriate to the age of the players involved. The training camp offers an excellent opportunity for team members and families to get to know one another before the start of the season.

### ***Summer Skills Sessions***

Please note that the "Summer Skills Sessions" offered as part of tuition in past years have been replaced by an additional 8 team practices in August. The additional team practices offer a better development environment in a more concentrated timeframe, allowing families more time "away from the rink" during the summer months.

## **REGISTRATION, EVALUATION AND TEAM SELECTION**

### **Registration**

Players must register on-line at [www.lancasterfirebirds.com](http://www.lancasterfirebirds.com) prior to the first evaluation session. As part of that process players will require a valid USA Hockey registration number. Players who have not registered with the Lancaster Firebirds will not be allowed on the ice for evaluations.



## Evaluation

Evaluations will be held for each age level according to the schedule on the next page. Player evaluations will be carried out by the Hockey Director and a team of independent, non-parent evaluators. Players will be placed on a team best suited to their skill and ability level at the discretion of the Hockey Director. The Hockey Director should be informed if a player will miss one or more evaluations. If needed, extra evaluation sessions will be scheduled at the

discretion of the Hockey Director. Additional evaluation sessions will be announced at the last scheduled evaluation and posted on the Lancaster Firebirds website. Players will be told if they need to participate in the extra evaluation session. A non-refundable \$50 evaluation fee is included in player tuition.

### Evaluation Schedule

Level	Time	Evaluation 1	Evaluation 2	Evaluation 3
Mite (8U)	6:00-7:00 p.m.	Tuesday 03/26/19	TBA – if needed	TBA – if needed
Squirt (10)	6:00-7:00 p.m.	Monday 03/25/19	Wednesday 03/27/19	Monday 04/01/19
Peewee (12U)	7:30-8:30 p.m.	Monday 03/25/19	Wednesday 03/27/19	Monday 04/01/19
Bantam (14U)	6:00-7:00 p.m.	Monday 04/15/19	Wednesday 04/17/19	Monday 04/22/19
Midget (16U)	7:30-8:30 p.m.	Monday 04/15/19	Wednesday 04/17/19	Monday 04/22/19
Midget (18U)	6:00-7:00 p.m.	Tuesday 04/16/19	Thursday 04/18/19	TBA – if needed

### Team Selection

After the completion of evaluations, team selections will be finalized, and rosters posted on [www.lancasterfirebirds.org](http://www.lancasterfirebirds.org). Any player being evaluated for a 16U position can be placed on an 18U roster at the discretion of the Hockey Director.

## TUITION SCHEDULE AND FINANCIAL INFORMATION

### Tuition Schedule

Age Level	Tuition Fee	Raffle Fee	Single Player		Two Players		Three (or +) Players	
			Payment	Full Pay (2% Off)	Payment (10% Off)	Full Pay (12% Off)	Payment (20% Off)	Full Pay (22% Off)
Mite	\$760	\$100	\$143.08	\$844.80	\$130.42	\$768.80	\$117.75	\$692.80
Squirt	\$1,560	\$100	\$276.42	\$1,628.80	\$250.42	\$1,472.80	\$224.42	\$1,316.80
Peewee	\$1,760	\$100	\$309.75	\$1,824.80	\$280.42	\$1,648.80	\$251.08	\$1,472.80
Bantam	\$1,805	\$100	\$317.25	\$1,868.90	\$287.17	\$1,688.40	\$257.08	\$1,507.90
Midget (16U)	\$2,005*	\$100	\$350.58	\$2,064.90	\$317.17	\$1,864.40	\$283.75	\$1,663.90
Midget (18U)	\$1,700	\$100	\$300.00	\$1,766.00	\$271.42	\$1,596.00	\$243.08	\$1,426.00

\*If there is a 16U-AA team, there will be an additional tuition fee of \$395 per player on that team to cover the cost of professional coaching.

### Discounts

- *Full Pay* – A full pay discount of 2% is applied to the Tuition Fee when the balance due is paid at registration.
- *Family Discount (two players)* – A 10% discount will be applied to the Tuition Fee of each player.
- *Family Discount (three or more players)* – A 20% discount will be applied to the Tuition Fee of each player.



- *Goalie* – A 50% discount will be applied to the Tuition Fee. Other discounts DO NOT apply to goalies. Goalie discount is available for full-time goalies ONLY. **The goalie discount is available to goalies at the peewee (12U) level and above.** Potential goalie discounts at the Squirt (10) level will be considered on an individual basis and must be discussed with the Hockey Director. All Squirt (10U) goalies must register as skaters. Any goalie discount at the Squirt (10U) level will be applied after team selection.

### **Fundraising (Raffle) Fee**

A \$100 Fundraising Fee is added to the Tuition Fee AFTER all applicable discounts have been applied to arrive at the final balance due. Each family has the option to sell 20 five-dollar raffle tickets to recoup their Fundraising Fee. Each team is additionally responsible to sell 20 tickets to the LCYAHL Spring Bingo and provide a raffle basket for either the Spring Bingo or Firebirds Spring Banquet.

### **Apparel**

All Lancaster Firebirds players are required to have the following apparel which is NOT included in the player tuition fee. Apparel samples for sizing and ordering instructions will be available at evaluations. The Firebirds dress code for games is wind suits. Individual teams may opt for “shirt and tie” at their discretion.

- 2 Game Jerseys (Home/Away)
- 2 Pair Game Socks (Home/Away)
- 1 Shell
- 1 Practice Jersey
- 1 Warm-up Suit (Jacket/Pants)

### **Payment Options**

- *Pay in Full* – The balance owing is paid on-line at the time of registration.
- *Payment Plan* – A \$1.50 registration fee is paid at the time of registration. The first of six equal payments (outlined in table above) is debited to the credit card used at registration on the night of the first evaluation. The remaining five payments will be debited on a monthly basis following the first payment on the last business day of each month.
- *Off-line Payment* – In exceptional circumstances, off-line payment may be arranged through the LCYAHL Treasurer, Crystal Clark.

### **Release/Refund Policy**

Releases are granted only in cases where the player's entire tuition fee (NOT including discounts) and fundraising fee has been paid in full. Refunds of player tuition and fundraising fees are not granted for any reason.

### **No Pay – No Play Policy**

All accounts must be current for players to participate in the Lancaster Firebirds travel hockey program. Players with accounts in arrears may be subject to suspension at the discretion of the LCYAHL Board of Directors. Delinquent accounts at the end of the season will be referred to the DVHL and AAHA which may result in the player being placed on the USA Hockey “no play” list.



## **Financial Hardship Assistance**

The Lancaster Firebirds organization is committed to helping those families for whom player tuition fees pose a significant financial hardship. To be considered for financial assistance or a change in payment terms, you must complete and submit a Lancaster Firebirds Financial Assistance form by April 10th. The form is available on request from the LCY AHL Treasurer, Crystal Clark, at [crystal.helene.clark@gmail.com](mailto:crystal.helene.clark@gmail.com). Requests will not be considered after this date.