

Sandy Run Orientation Notes

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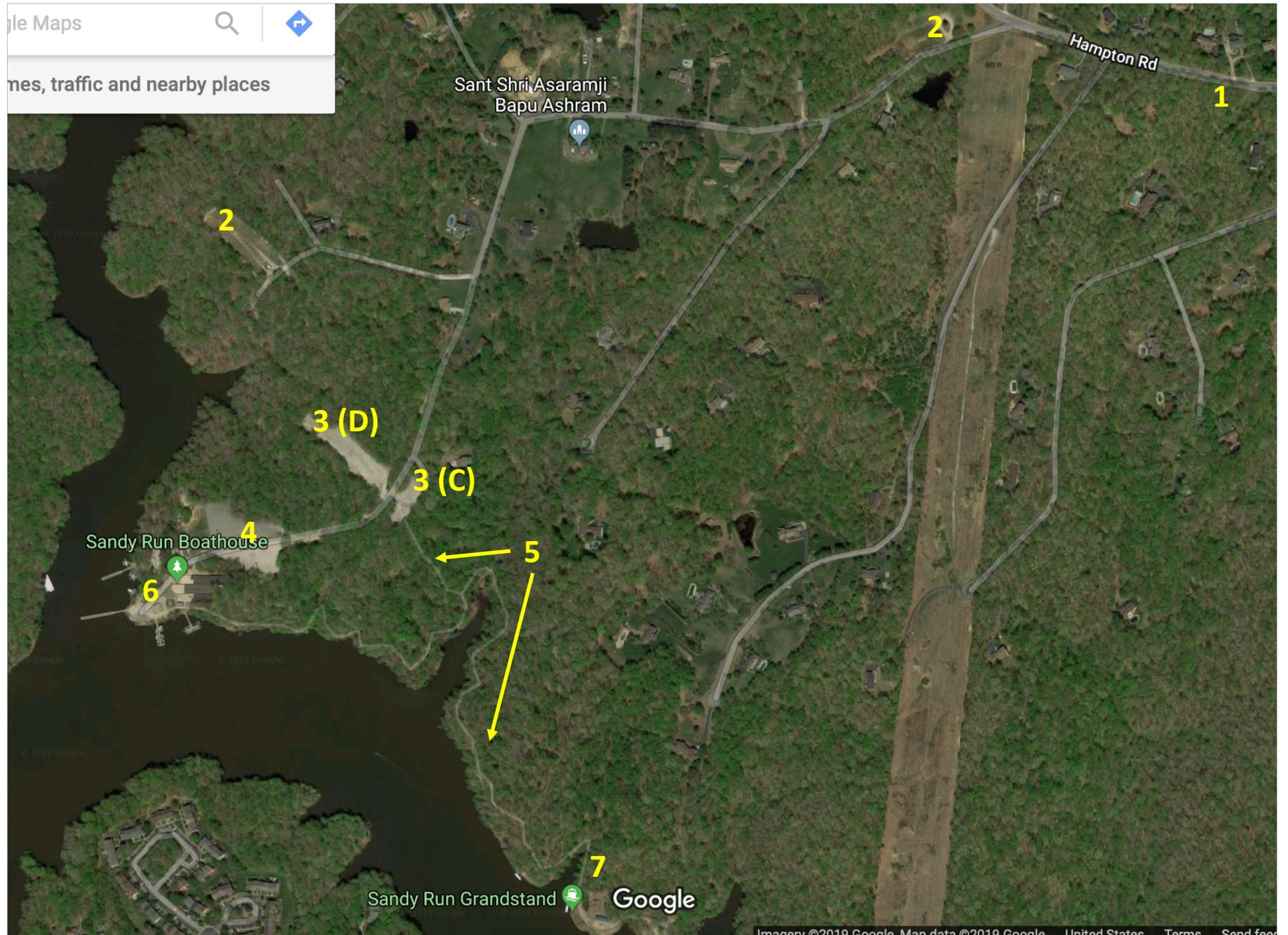
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Everything in this is subject to human error and change.

Sandy Run Overview

1. Main Road in: Hampton Rd.
2. Furthest onsite parking lots (\$20 per vehicle fee)
3. Nearest Onsite Parking Lots (C and D) (\$20 parking fee; these two fill up fast)
4. Coach/Referee Parking Lot (general parking prohibited)
5. Hiking Trail to Finish Line/LBSS Area
6. VASRA Volunteer Sign-in, Boathouse Concession
7. Finish Line, Grandstand, LBSS Area

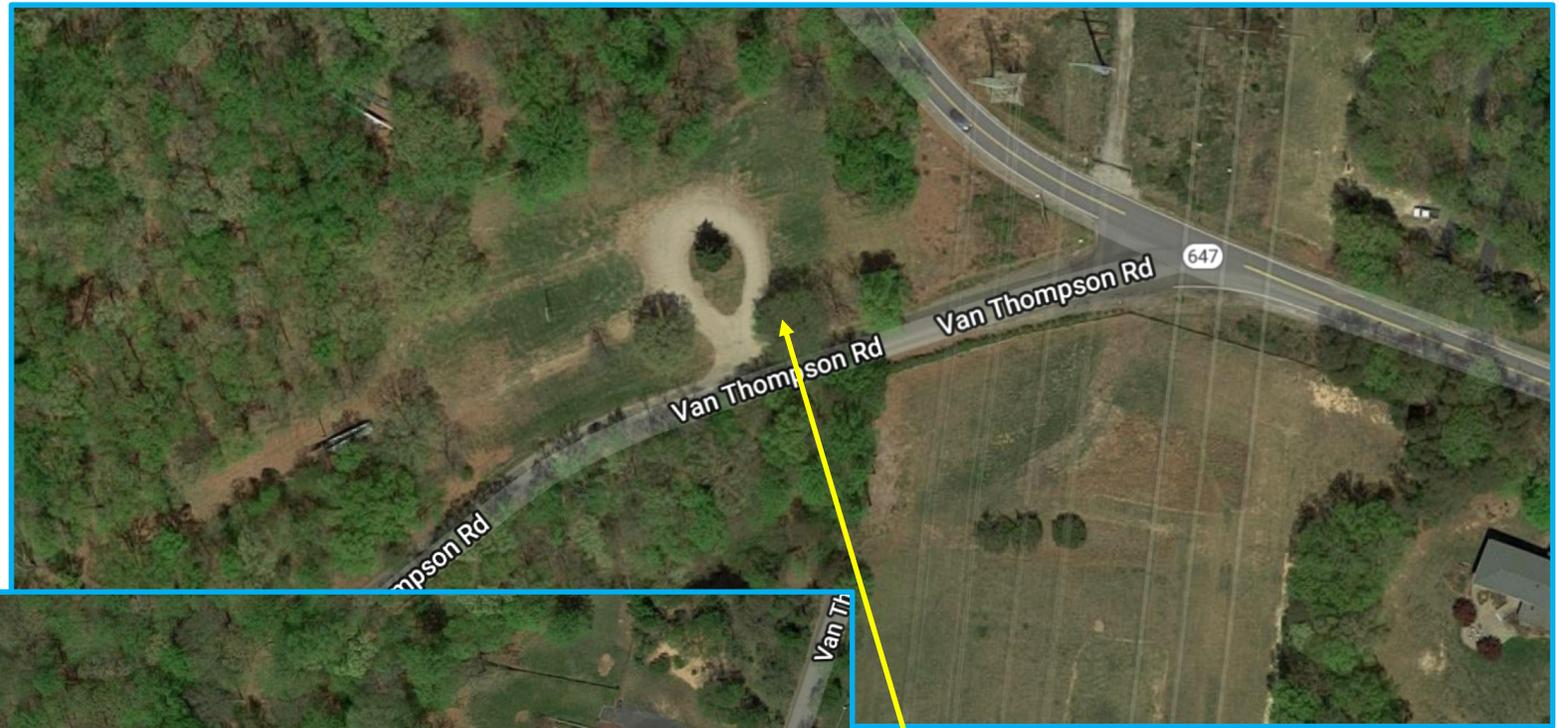


Furthest “onsite” Parking Lots

There is a \$20 parking fee per vehicle for these lots (car pool if you can).

A shuttle is available to parking lot C (adjacent to the hiking trail) from Van Thompson lot—don’t think there is a shuttle from Loivale.

When onsite parking is full, you’ll be redirected to a commuter lot 4.5 miles away with a \$5 per person round trip shuttle fee.



The first lot is soon after you turn off of Hampton Road onto Van Thompson Road. (Van Thompson Lot). No shuttle charge from here.

The second lot is on Loisvale Place off of Van Thompson Road. (Loisvale Lot). No shuttle from here.

Closest Parking Lots

There is a \$20 fee to park in Lots C and D also. It fills up early.

The off-site parking shuttle drop off and pickup is in Lot C.

If you don't need to check in at the VASRA tent first, just head to the trail at .

They offer a smaller shuttle to the finish line/grandstand for a \$3 fee per person each way. That shuttle picks up in the corner of Lot C. (see )



Boathouse Area overview

This area will be very busy on race day.

There is a concession stand here so know at which one you are volunteering (Boathouse Concession) (see ★)

If you are volunteering, walk down the hill, find the white VASRA tent (see ☆) and sign in before heading to the team area. It will be set up next to the building at the bottom of the hill.



Finish line / Grandstand Area Overview

Small “finish line” shuttle dropoff (note you’ll still need to walk from here on the trail) to grandstand). ▲

Finish line and referee shed (flagholder, timekeeper volunteer jobs are here inside the building- not a bad volunteer spot) ▲

Award platform ▲

Grandstand (with awning) ★

Finish line concession ★

LBSS parent area (bring chairs or blankets) ★

LBSS team area (“The Point”) ★



Important Things to Know

- Plan that everything is cash only. Parking, concessions, everything. (VASRA volunteers are not exempt- only VSARA staff, referees, and coaches)
- If you are volunteering for a VASRA requirement, sign in at the VASRA tent as soon as you get there. It is a long hike back to the tent if you forget on your way in and are volunteering somewhere other than the boathouse.
- You'll have to walk on the hiking trail to get to the finish line even if you take the (paid) shuttle to the finish line. It is not a paved trail but gravel/dirt and is not flat. Wear appropriate footwear, put your stuff in a backpack, and plan to arrive at least an hour before your athlete's heat so you have enough time.
- LBSS parents set up camp at the edge of the water in front of the grandstands. Bring a folding chair or blanket to sit on keeping in mind you'll have to carry it uphill at the end of the day. Bring binoculars- the starting point is far from here and if you want to see more than the last ten seconds at the finish, you'll need binoculars.
- Bring water to drink, hand sanitizer, and tissues/toilet paper. There is no running water and only porta-potties available which sometimes run out of toilet paper.
- The food at "The Point" where the team remains during the regatta is for athletes and coaches only- not parents.
- If your kids want t-shirts, buy them early. They always sell out fast. Plan on paying \$20-\$30 for them.
- On race day, no pets, tents, or alcohol allowed in the park.
- Handicap parking must be requested from VASRA in advance but is limited – request early (regatta@vasra.org)

Miscellaneous Site Pictures



View from the Coaches parking lot.

Boathouse off screen to the left.

Boathouse Concession stand is small building in between the black pickup and the large red building.

VASRA tent will be located at the bottom of the hill on the far side of the large red building.

View from intersection of trail to boathouse, grandstand, and parking lot C.

Walk up the stairs to parking lot C. The stairs begin adjacent the historical placards.

Do not leave the dirt/gravel trail or walk on the paved finish line shuttle path.



This is the “Shuttle Crossing” volunteer spot. The small shuttle has a paved path through the woods to drive on. Your job will be to prevent people from crossing outside of the designated areas and hold them when the finish line shuttle comes. You can't see anything but trees from here and occasionally, people. If you volunteer for this, take a chair, a book, water, whatever you need to be entertained because it will be boring.



This is the grandstand. It will have an awning over it for race day.

The small tan shed is the referee shed at the finish line. The finish line shuttle drops off behind the referee shed.

The award platform is in between the shed and the grandstand at the edge of the water.

The LBSS parent area is in front of the grandstand at the edge of the water. There are no seats there and only 3 small benches.



The grassy area with the benches is the LBSS parent/cheering area. Just follow the purple.

The area with the trees is The Point where the team will congregate on regatta day.

The start point for the race is far away so bring binoculars if you want to see anything other than the finish.

