



**MODIFIED RULES FOR U8 7v7**

Age Group	# Players per side	Recommended Roster Size	Maximum Roster Size	Ball size
<b>U8</b>	<b>7v7 (no GK)</b>	<b>11</b>	12	Min. <b>5</b> players to start; <b>5</b> to continue <b>#3</b>
<b>Duration of the match</b>	4 x 12-minute quarters; 5-minute halftime; 2-minute break between qtrs 1&2 and qtrs 3&4			
<b>Field of Play</b>	45-55 yards by 25-35 yards; goal, 4x6 feet ( <b>FWYSA fields are 50 by 30 and goals 4x6</b> )			
<b>Field Markings</b>	Goal lines, side lines, halfway line, center mark, center circle (5-yard radius), and corner arc (1-yard radius) are all marked. Goal kicks will be taken from either goal spots that are 5 yards from end line and 8 yds from touch line. <b>THROW INS</b>			
<b>Heading</b>	U12 and younger recreational play shall not engage in heading, either in practice or games. When a player deliberately heads the ball in a game, an indirect free kick should be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred. If a player does not deliberately head the ball, then play should continue.			
<b>Field Location</b>	<b>Westside</b>			
<b>Referee(s)</b>	1 Referee per field; Coaches are no longer allowed on the field			

Complete copy of FWYSA Playing Rules can be accessed at [www.fwyouthsoccer.org](http://www.fwyouthsoccer.org)