

# USA Hockey Continuing Education

Stay current and enhance your coaching skills with USA Hockey's range of continuing education options. Explore free and low-cost courses to elevate your coaching!



## eLearning Modules

### Level-UP Your Coaching

- Cost: FREE (3 credits)
- Topics: Creating belonging, coaching Generation Z, and improving coaching IQ

### Dynamic Skating

- Cost: \$15 (1 credit)
- Focus: Teaching key skating components and practice design for players 12 and under

### Creating Learning Environments

- Cost: \$10 (1 credit)
- Learn from Pittsburgh Penguins Head Coach Mike Sullivan

### Athletic Health Space Modules

- Cost: \$18 (3 modules = 1 credit)
- Focus: Player health and safety

### Stop the Bleed Module

- Cost: FREE (1 credit)
- Focus: Emergency preparedness



**Click here to see more options  
available to you!**