



Bob Szafranski (Glenbrook South Booster Club) sent you a message.

Glenbrook South Titan Booster Club Newsletter

A weekly round-up of Glenbrook South High School Athletics



Save the Date: Titanpalooza on Saturday, September 21

Titanpalooza is back at Wagner Farm on Saturday, September 21, from 6:30 p.m. 10 pm. We'll have bands, BBQ, and be raising money for Titan athletes.

Once again, this is our main fundraiser for the 2019-20 school year. Please mark your calendar and stay tuned for more information on ticket sales. We're also looking for live auction items if you'd like to donate something.



Steven Rockrohr

Basketball
Class of 2018

Own a piece of Titan Dome History!

We saved square pieces of the **original Titan Dome gym floor** when it was replaced in 2017. They are now for sale for \$50 each. They make a perfect graduation gift or piece of GBS memorabilia for generations of Titan athletes. The floor dates back to the 1960s,

With only 50 in existence you can be one of the lucky few to purchase your own personalized Titan Dome Floor piece. These squares will be personalized with your kid's name, sport and graduation year.

Your \$50 donation will help fund a field house divider screen.

Imagine all the Glenview athletes who've played on the original gym floor from basketball, to volleyball, badminton, poms, cheerleading, even PE classes. School dances. Junior Titans. **They make a great tribute to any Titan athlete no matter the sport.**

To purchase, visit our **[website](https://www.gbstitanboosterclub.com/)**
at <https://www.gbstitanboosterclub.com/>

These are going fast. Don't miss this chance to own a piece of Titan Dome history!



Girls Softball

Girls Softball is 11-5. The Titans won 4-0 over Niles North on Monday.

The girls beat New Trier 8-6 on Tuesday. On Thursday, Evanston beat the Titans 7-2.

The Titans host Maine South on Tuesday at 4:45 p.m.

Terrific start to the season!

[#GoTitans](#)



Boys Track

The Boys Track and Field Team placed second out of nine teams at the Glenbrook North "Spartan Relays" last Friday night.

The coaches were especially happy with this finish as it displayed the great balance and depth that the program has at all levels.

The Titans won 3 events including the High Hurdle Relay (Michael Zimmermann, Max Kurtsock, Ethan Buchband and Tyler Hurst), 4 x 800 Meter Relay (Charlie Schultz, Brian Hildebrand, Jason Leszynski and Will Houser) and the High Jump Relay (Michael Zimmermann, Artie Schleizer, Noah Shapiro and Matt Ruth).

The 48th annual John R. Davis "Titan" Invite will be held this coming Friday in the stadium. Field Events begin at 4 p.m. and Running Events will start at 5 p.m. This is the last home meet of the season for the varsity team, so please come out and support them!



Boys Tennis

This week the tennis team had three dual meet victories.

On Tuesday they defeated CSL division foe Maine South by a score of 7 to 0. On Wednesday the team traveled to Oak Park River Forest for a match that would have implications for sectional seeding. The titans easily won at both one and two singles and lost third singles in a close match. All four doubles matches went to a third set super breaker with the Titans winning at one and two doubles while dropping three and four doubles. The result was a satisfying 4-3 victory.

On Thursday the team had another CSL divisional foe when they faced Niles West. The Titans earned another lopsided victory by a score of 7 to 0. In the seven matches played the team only lost a total of 4 games.

Unfortunately, cold, wet and snowy weather cancelled the Titan Invitational Tournament on Saturday.

Last weekend, the Varsity team placed second at the 16 team Downers Grove South Invitational Tennis Tournament. Playing without several of their key players the Titans were still able to get to the finals. On the way to the finals, they defeated Argo, Saint Charles North and Benet Academy. The JV team als

JV also had a successful weekend winning the very difficult Fremd Invitational.

The Titans have a very busy upcoming week having meets everyday. They have a home match with Warren on Monday, then they have away matches with Evanston, New Trier, Niles North and finally the Deerfield Invitational on Friday and Saturday.









Titans Helping Titans

Titans Helping Titans is holding a Spirit Wear Drive, with the help of the GBS Booster Club, to stock the Titan Closet for the beginning of the new school year.

We are asking for your assistance in spreading the word to help in the collection of new and/or gently used Spirit Wear.

Spring coaches will have donation boxes at team banquets at the end of the season. All donations will go to the Titan Closet for other students to have. Thanks in advance for your donations.

Chicago Blackhawks nutritionist speaks to GBS athletes, parents May 13

On May 13, GBS will host Dr. Julie Burns who is a nutritionist for the Chicago Blackhawks.

This is an opportunity for all Glenbrook athletes and their parents to learn about the power of using real food, customized nutrition and lifestyle strategies to fuel your sport and optimize performance and health.

This will take place in the GBS Auditorium from 7 - 8 p.m. and is open to both Glenbrook South and North students and parents.



Girls Lacrosse

Girls Varsity Lacrosse over the past two weeks took down two conference teams, defeating Evanston 17-9 and Deerfield 21-2, which brings them to a 9-2 record. They will host Birmingham United from Michigan this weekend.

JV remains above .500 5-4, with a solid win over Deerfield this week.

The F/S team has been battling it out in close games, beating Deerfield 5-4, but falling short to Hinsdale 3-4. The team took 3rd in the Evanston F/S Tournament, with 3 wins and 1 loss.







Badminton Wins Conference!

GBS badminton went to New Trier this past weekend to compete in the Conference Tournament.

Doubles competition was held on Friday night and Singles took place Saturday. GBS took second in the tournament with a score of 67.5 behind New Trier who had a score of 73.5. The rest of the CSL scores were as follows: Evanston 61.5, Deerfield 48.5, Glenbrook North 46.5, Maine West 28, Vernon Hills 26, Maine South 24, Maine East 17.5 and Niles North 13.5.

Outstanding moments from the tournament: #1 Doubles of Rhea Shah/Christina Joseph beat #1 doubles from New Trier of T. Fallon/H. Fessler 21-16, 23-25, 22-20! #2 Singles, Megan Lee won first by beating Maddy Chen from GBN, 21-16, 21-9! Team members that won medals are:

Doubles:

1. Rhea Shah/Christina Joseph-1st place
2. Indra Ayushjav/Allison Daemicke-2nd place
4. Kathryn Daemicke/Joshna Mathew-3rd place
6. Megan Skovranko/Dina Graves-1st place

Singles:

1. Tina Tsai-2nd place
2. Megan Lee-1st place
3. Rhea Shah-1st place
4. Christina Joseph-1st place
5. Allison Daemicke-2nd place
7. Kathryn Daemicke-1st place
9. Ella Carrigan-3rd place
12. Dina Graves-2nd place

Since the conference now has 10 schools, the rules have changed. The CSL championship is now determined only by the dual meets. GBS has won all duals with a record of 9-0. So, GBS has won the CSL championship for another year!

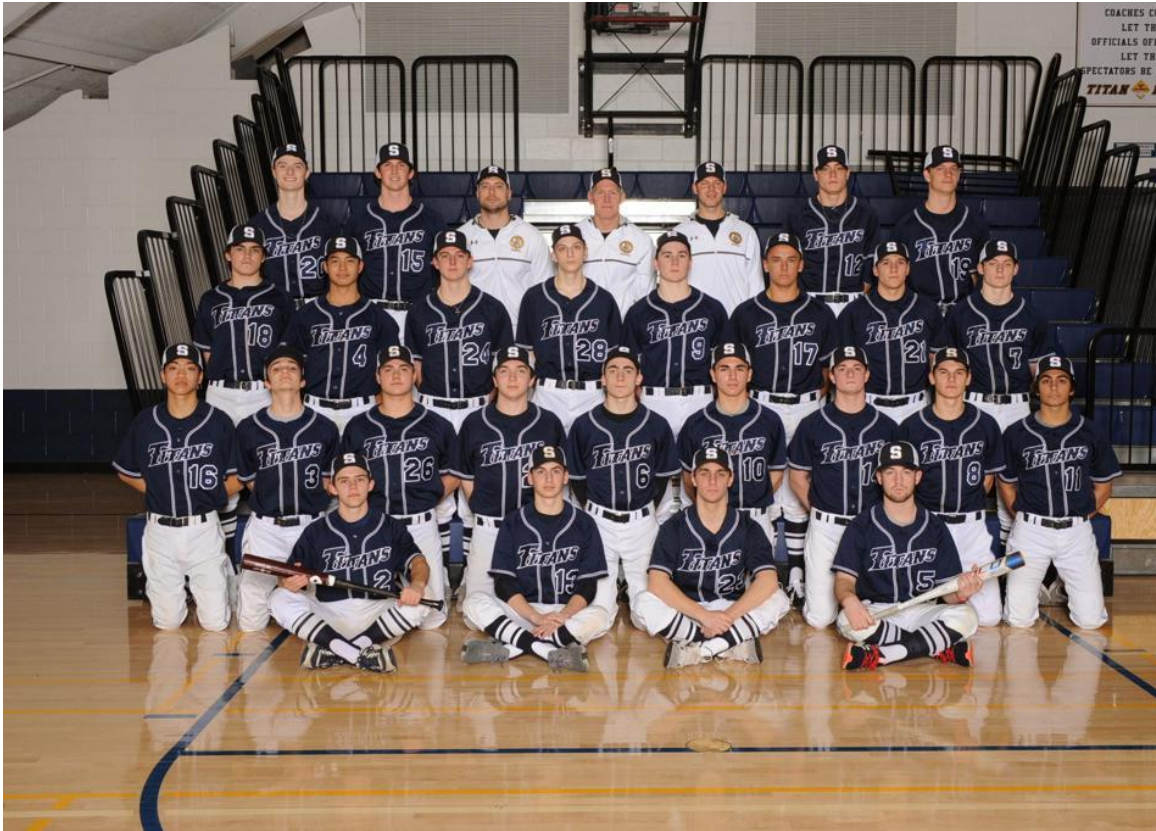


Girls Water Polo

The Girls Water Polo team beat Glenbrook North 9-6 on Wednesday.

St. Charles beat the Titans Saturday, 9-4.





Baseball in First Place

The GBS baseball team had another strong week winning 2 out of 3 games. The Titans beat Evanston 11-1 behind strong pitching performances from Dan Carlson and Garrett Moran who combined to strike out 7 Wildkits and only gave up 1 earned run. The offense was led by Mike Angel who went 3-3 with 4 RBI's.

On Tuesday, the Titans took a tough loss against New Trier 4-3. Despite multi-hit efforts from Nick Mathein, Brandon Matias (including a HR), Dan Hawes, and Zac Malis (jr), the Titans had a hard time coming up with timely hitting as they left 9 men on base. On the mound, the combination of Ryan O'Hara and Kevin Redfern kept the team in the game by striking out 14 Trevians.

On Thursday, the team was able to exact revenge at New Trier in a pitchers duel, winning by a slim 2-1 margin. Danny Pauletto (jr) and Joseph Shapiro (jr) both pitched great and combined to only allow 6 hits and 1 run. The offense was again sparked by Brandon Matias who

had 2 solo HR's to account for all of the Titan's scoring. Other multi-hit efforts came from Dan Hawes and Luke Smith (jr).

The Titans are now 13-8 on the year and, more importantly, 6-1 and in first place in the Central Suburban League. The team will look for continued success this week with four league games.



Titan Football Player/Parent Meeting May 13

Glenbrook South Football will be hosting our Player/Parent Program Meeting on Monday May, 13 in the GBS Auditorium from 6 p.m. - 6:40 p.m.

Directly after at 7 p.m., the GBS Football program will be hosting Julie Burns MS, RD, CCN, a guest speaker on sports nutrition. Burns is a certified nutritionist that works with the Chicago Blackhawks, the NFL, MLB and NBA. This one hour presentation is open to all GBS and GBN athletes and their parents. More information on a Julie Burns can be found at www.sportfuel.com. Special thank you to the GBS Athletic Department and TCBoost for helping to sponsor this event.



**Raise Money for Titan Athletes, Sign Up for the 2019 Hero
Hustle 10K/5K**

The Glenview Professional Firefighters Association recently donated \$2,383 to the Titan Booster Club with part of the proceeds raised from the 2018 Hero Hustle 10K/5K.

The Glenview Firefighters have been extremely generous to the Club over the last several years with multiple donations.

Please thank the firefighters by signing up for the **2019 Hero Hustle on Sunday, September 8, at Hoffman School**. Early bird registration is now open and can be accessed [here](#).

The Hero Hustle is a great community event and your participation will help raise money for Titan athletes.

Track Alumni Updates

GBS Track and Field Alums continue to represent their schools at a high level.

Will Houser (DePaul University) continues to be one of the top Javelin throwers in the Big East.

https://depaulbluedemons.com/documents/2019/4/8//Gibson_Invite_Results.pdf

Jack Whetstone (Emory University) recently ran a personal best in the 5K in a meet at Auburn.

https://www.tfrrs.org/results/57219/Tiger_Track_Classic_2019/

Gavin Cernek (North Central College) is one of the top hurdlers in the CCIW

<https://northcentralcardinals.com/news/2019/4/17/mens-track-and-field-no-1-cardinals-excel-at-wheaton.aspx>

Emily Noone (Marquette) continues to improve her times in the 800 Meter Run

https://gomarquette.com/documents/2019/4/5//mar_19w.pdf?id=10236

Great job Titan Alums!

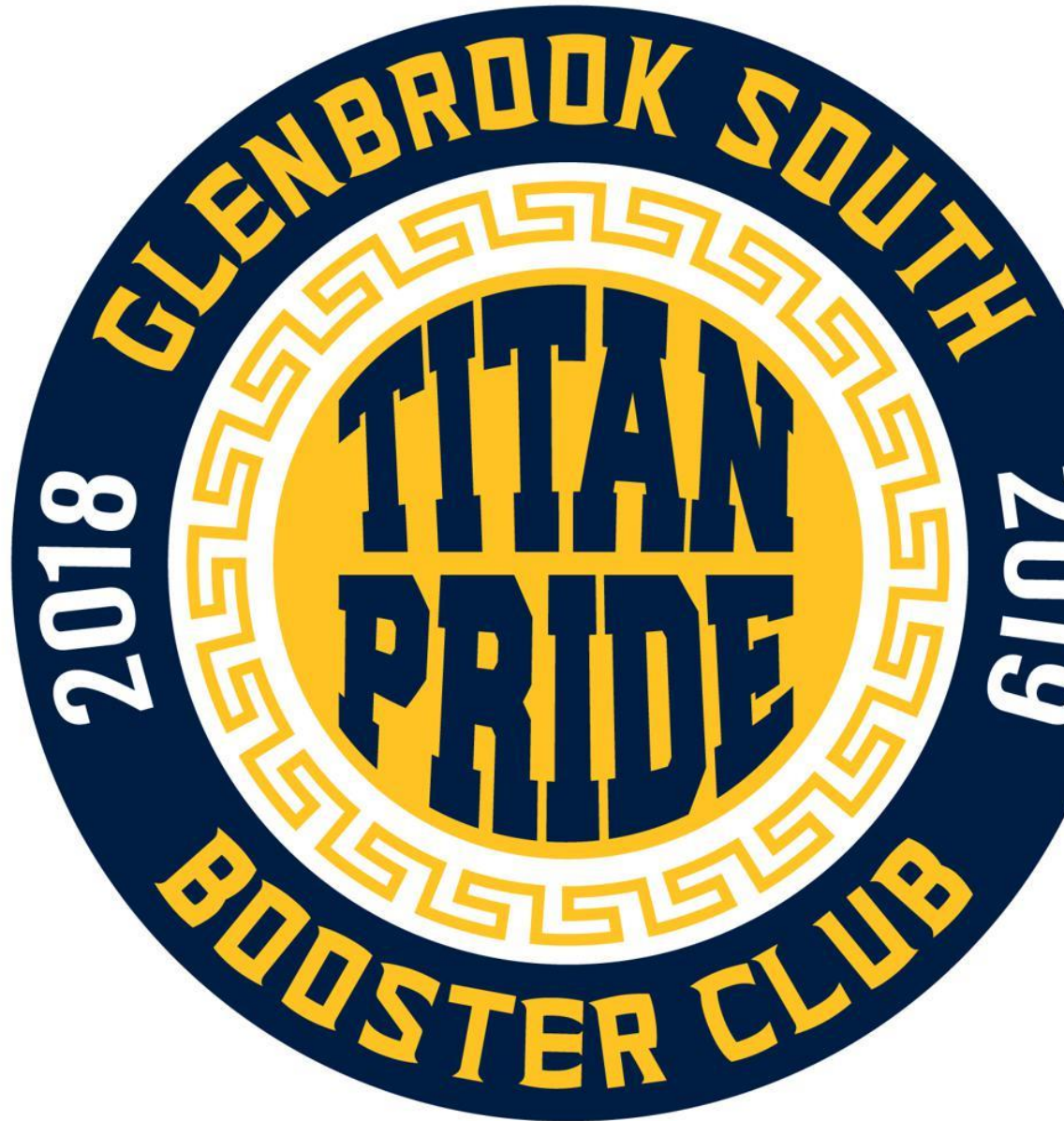


GBS Sailing Team Kicks-off the Spring Racing Season

The GBS Sailing team embraced the late Spring snowstorm on Saturday, April 27, and competed in the Skyline Regatta in Lake Forest.

Daniel Fogarty, John Palkovic, Steven Sirakides and Brit von der Sitt sailed for GBS.

Archived copies of old Booster Club newsletters can be found [here](#).



[2018-19 Membership Flyer](#)

2018-19 Booster Club Membership

Encourage your friends to sign up for the Titan Booster Club for the 2018-2019 school year!

Membership supports Titan athletes and includes free entry to all home varsity football and basketball games.

You can join the Booster Club by visiting our **website**. Sign up today!

#titanpride



GBS Spiritwear

The Booster Club sells all types of spiritwear – t-shirts, socks, hats, sweatshirts, and more.

Items are available for pick up at the school front desk.

To shop, follow this link: <http://shop.gbstanboosterclub.com/>



Follow us on Facebook!





Thank You Booster Club Key Fob Sponsors

Please patronize our 2018-19 Booster Club sponsors. And don't forget to use your member key fob for free admission to all home football and basketball games.

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Glenview State Bank

Illinois Bone & Joint Institute

Johnny's Kitchen & Tap

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Virginia Trux Real Estate

Willow Lake Orthodontics



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Titans in the News

Click the links below for stories about Titan Athletics

[Glenbrook South girls soccer looking for early scoring after Glenbrook North win \(\\$\)](#)

[Photo Gallery: Glenbrook South girls soccer downs Glenbrook North](#)

[Glenbrook South boy gymnastics finishes 4th at conference invite \(\\$\)](#)

[Photo Gallery: Glenbrook South boys gymnastics competes at conference meet](#)

[Photo: Gallery: Boys Volleyball takes down New Trier](#)

[Glenbrook South boys volleyball upsets New Trier \(\\$\)](#)

[Photo Gallery: Glenbrook South boys water polo outlasts Glenbrook North](#)

[Story - Glenbrook South boys water polo takes down Glenbrook North \(\\$\)](#)

Thank You Coaches

Special thanks to GBS coaches for contributing content. To read prior Titan newsletters, to view more information about GBS Titan Athletics, or to see how you can get involved in Booster Club activities, please visit the Titan Booster Club website at [GBS Titan Booster Club](#)



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