

Millburn Soccer Club Practice and Intraclub Scrimmage Protocols

Requirements

- COVID waiver submitted in advance
 - Includes players, trainers and F licensed parents on sideline
 - Each participant must agree that positive test for COVID by participant or household member must immediately be reported to MSC via email to millburnsoccer.covid@gmail.com (and follow through on requirement)
 - Each participant must avoid MSC activities following either positive test of participant or household member, a household member awaiting results of a COVID test, and/or COVID symptoms of participant until symptom free for 14 days or cleared in writing by a doctor
 - No previous submission, no participation
- Check-In Form must be submitted each day of practice/scrimmage:

https://docs.google.com/forms/d/e/1FAIpQLSdazI1_tHng0n84grkUx5lw6ahxWfizNbaAmztJJVsOIAM8sw/viewform

- **PRINTOUT OF LAST PAGE OF EMAIL CONFIRMATION OF CHECK-IN FORM MUST BE BROUGHT BY PARTICIPANT AND HANDED IN BEFORE PARTICIPATION**
- Current list of items that prohibit participation:
 - Participant or household member tests positive for COVID in last 14 days
 - Participant has “close contact” (as defined on Check-In Form) with an individual who tested positive for COVID in last 14 days
 - Participant has a household member that is waiting on results of COVID test
 - Participant has traveled to a foreign country or to a NJ quarantine state in last 14 days
 - Participant has temperature of over 100.4 degrees F
 - Temperature check must be performed in the hour before practice/scrimmage
 - Participant has experienced any “COVID symptoms” (as listed on Check-In form) in last 14 days
- No submission, no participation

Before Arrival on Day of Practice

- Use a bathroom (no bathrooms on site)
- Fill out online check-in form
 - Test temperature of participant within one hour prior to arrival (temperature over 100.4 degrees F cannot participate)
 - Print last page of email that includes name & date
- Participants encouraged to bring plenty of water
- Participants bring own hand sanitizer
- Participants bring own ball
- Practice times will be staggered by at least 15 minutes to avoid overlap of groups for pickup/dropoff

Arrival and Departure

- Arrive on time
- Chaperones must remain in their vehicle for pickup and drop-off; adults are not to leave their vehicles
- Trainer responsible to specifically track attendance of participant through collection of check-in questionnaire confirmations
 - Each participant will be asked by trainer for printout of last page of emailed Check-In Form before the participant can enter the field
 - Meant to enable contact tracing
 - Will use to notify contacts in event of positive test
- Face coverings are required for participants during drop-off and pick-up
- Minimum six feet distancing during drop-off and pick-up
- Participants to space gear, and more specifically water bottles, a minimum of ten feet apart on sideline at arrival
- Participants to leave field promptly upon departure
- No parents or visitors are permitted to attend any practices or intraclub scrimmages

During Practice

- Face coverings required for trainers at all times including during practices/scrimmages
- No shared equipment (e.g., pinnies, goalie gloves, water bottles, etc.) whatsoever
- No sharing of balls by hand
 - If a ball or any other equipment is touched by hand (by non-owner of ball), both hands and ball should be immediately sanitized
- No throw ins
- Participants to be spaced at least six feet apart by trainer during non-contact drills
- Face coverings required for participants during drop-off and pick-up and during all “contact activities”
- Contact activities include any drills with challenges, all scrimmaging, and all drills where participants are less than six feet apart
- Face coverings include cloth or medical masks and neck gaiters (no N95 masks or bandannas)
- Trainers to phase in “contact activities” slowly to allow children to get used to wearing of masks during play

Scrimmages

- Intraclub scrimmages only at this time; no interclub games or interclub scrimmages are permitted until further notice
- All above practice rules will continue to apply during any intraclub scrimmage play
- No throw ins
- Face coverings are required for all participants during all intraclub scrimmage play
- Face coverings and minimum six feet distancing required on sideline of trainers, players and F licensed coaches

Following Training/Scrimmages

- Participants sanitize own equipment following all sessions
- Trainers sanitize team equipment (i.e., team balls) following all sessions

These Protocols can be amended by MSC in its sole discretion at any time.