



# Memphis Shelby PAL

## COACHES CODE OF CONDUCT

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**We understand that Coaches are leaders and are dedicated to more than the X's and O's of competition. As a professional, leader and role model for youth, the coach will:**

- Exemplify the highest moral character as a role model for young people.
- Recognize the individual worth and reinforce the self-image of each team member.
- Establish a realistic team goal or vision for each season and communicate that to athletes and parents.
- Encourage and assist team members to set personal goals to achieve their highest athletic potential.
- Strive to develop the qualities of competence, character, civility and citizenship in each team member.
- Provide a safe, challenging and encouraging environment for practice and competition.
- Gain an awareness of the importance of prevention, care and treatment of athletic injuries.
- Respect the integrity and judgment of the game official.
- Teach and abide by the rules of the game in letter and in spirit.
- Strive for excellence in coaching skills and techniques through professional improvement.
- Build and maintain ethical and professional relationships with coaches and staff.
- Promote personal fitness and nutrition.
- Be modest in victory and gracious in defeat.
- Place the emotional and physical well-being of my players ahead of a personal desire to win.
- Treat each player as an individual, remembering the large range of emotional and physical development for the same age group.
- Organize practices that are fun and challenging for all my players.
- Lead by example in demonstrating fair play and sportsmanship to all my players.
- Provide a sports environment for my team that is free of drugs, tobacco, and alcohol, and I will refrain from their use at all youth sports events.
- Remember that I am a youth sports coach, and that the game is for children and not adults.