

Roseau Youth Hockey (RYH) Return to the Rink Plan

Roseau Youth Hockey is committed to providing a safe and healthy environment for participants, volunteers, supervisors and workers. Our goal is to mitigate the potential for transmission of COVID-19 in our facilities.

Our plan follows the guidance provided by Minnesota Hockey (MH), Minnesota Department of Health (MDH) and Center for Disease Control and Prevention (CDC). The knowledge and circumstances around COVID-19 are constantly changing and as such, RYH makes no representation and assumes no responsibility for the accuracy or completeness of the information provided by the above referenced organizations.

Participants will be informed of and are encouraged to self-monitor for signs and symptoms of COVID-19. Personal assessment details will be made available to each participant.

If a participant has symptoms of COVID-19 they will be dismissed from all activities until such time they are deemed safe to return based on CDC and MDH criteria. Participants exhibiting symptoms of COVID-19 must contact their coach, supervisor or instructor so they can determine what communication measures should be initiated to inform other participants. In addition, the coach, supervisor or instructor must immediately inform the RYH President if a participant or activity director is experiencing symptoms that suggest potential exposure to COVID-19.

RYH will emphasize the guidelines from the CDC, MDH and MH to help eliminate COVID-19 by doing these 4 things.

1. Physical distance (to the extent practical)
2. Wash hands and practice safe hygiene habits
3. Clean surfaces and equipment between use
4. Staying home when sick or experiencing any symptoms.

RYH will open programming in phases, which are subject to change at all times. They are also subject to restrictions placed by local and state governments.

Certified by:

Lew Erickson

RYH President

June 5, 2020

Self -Assessment Information

The following information is intended to provide details to assist participants to self-assessments and monitoring.

Have you had any of the following symptoms since the last time you were here that you cannot attribute to another health condition?

- A. Fever (100.4 or higher) or feeling feverish
- B. Chills
- C. A new cough
- D. Shortness of breath
- E. A new sore throat
- F. New muscle aches
- G. New headache
- H. New loss of taste or smell

Resources

1. COVID-19 Preparedness Plan for the City of Roseau
2. Minnesota Department of Health: Guidance for Social Distancing in Youth Sports
3. Minnesota Hockey Return to Play Guidelines

Roseau Youth Hockey Waiver of Liability and Registration

Roseau Youth Hockey assumes no responsibility for injury, infection or illness related to the individual's participation including but not limited to COVID-19.

Participant:

Name _____

Address _____

Phone Number _____

Parent/Guardian:

Name _____

Address _____

Phone Number _____

Date _____

Signature _____