

ZARS 2020 SEASON COVID-19 PREPAREDNESS PLAN

(ADDENDUM ON PAGE 5)

Since ZARS was formed, we have always sought a balance in our policies where rider and team member safety are paramount and where our riders are able to enjoy the sport and pastime we love so much. The same safety-first principles which guide our riding practices will guide us as we navigate COVID-19.

As long as we are compliant with state and local regulations as well as all guidelines from the Centers for Disease Control and Prevention (CDC) and implement best practices developed by ZARS Leadership Team's Safe-To-Ride Task Force, we intend to hold ZARS Advanced Riding Schools and Track Day events this season. Obviously, this is a fluid situation and the schedule and protocols may be subject to change. We will keep you updated as the season progresses via Facebook and email. Please make sure we have your correct email address.

At ZARS, we have a designated COVID-19 Coordinator, Jessica Zalusky, who will ensure ZARS and all are in compliance and following all the directives.

In response to the new health risks created by gatherings of multiple people, ZARS will implement new precautions to mitigate the potential transmission of COVID-19. ZARS events are unique, so please read carefully. There may be guidelines that extend beyond what you may think of as common-sense behaviors.

For all events, it is important that riders, team members, guests and crew assess themselves for symptoms regularly and go home right away if ill or exhibiting any symptoms. The main symptoms noted by the CDC include: Fever, Cough and Shortness of breath. Please go to the CDC [website](#) for the latest information.

All riders, team members, guests and crew should practice careful and frequent hand hygiene, not touch their faces with unwashed hands, and cover your mouth when needing to cough.

In addition to these basics, ZARS is implementing the following procedures:

- Riders, crew, guests and team members may not attend a ZARS event if they have had any of the CDC listed COVID-19 symptoms or tested positive for COVID-19 within the past 14 days. Additionally, if you should test positive within 14 days of attending a ZARS event, we respectfully request you or your assigned health professional contact us. This will allow us to support contact tracing efforts and communication while maintaining patient privacy. (reference Principles of Contact Tracing on CDC.gov)
- Riders, crew, guests and team members may need to have their temperatures taken upon entry to ensure no one has a temperature above 100.4 degrees F and to report anyone who does have an elevated temperature.
- All attendees will be required to sign a waiver of liability and COVID-19 waiver before arriving at the facility.

- No on-site registration. All participants must be pre-registered.
- No spectators are allowed.
- Riders and team members will now be allowed guests. This will vary by event but will always allow for at least two guests and the rider's or team member's family.
- Contact-less check-in of participants will be implemented at registration. This may include having plexiglass shields between ZARS staffers and event participants; no pens and paperwork will be passed from staff members to participants.
- All vendors have been asked to develop their own plans to safeguard their workers' health by following OSHA guidelines along with adhering to the ZARS Preparedness Plan and protocols.
- Maintain "social distancing" at all times in all places, including in the paddock and surrounding areas. The CDC recommends a minimum of 6 feet between yourself and other persons.
- Our medical staff and the ZARS Team have planned how to best deal with incidents and injuries, as well as how to isolate and evaluate any individual who exhibits COVID-19 symptoms while at the event.
- No sharing of pit or parking areas except if the riders reside at the same household. All riders and coaches must keep at least 6 feet of distance from their neighboring riders' pit areas.
- Morning check-in will be extended to allow for shorter lines. Riders in line must keep 6 feet apart from one another and wait on marked areas to maintain "social distancing." We may experience delays especially with things like check in as we implement these additional precautions. Please arrive early. Riders who arrive late may forfeit their track day.
- Our morning rider meeting at DCTC will be in the parking lot over the PA and in the main paddock for racetracks. Any meetings by anyone in the facility must be under 10 people and must practice "social distancing."
- At no time or place (indoors or outdoors) may more than nine people gather.
- Riders are required to provide all personal safety gear. Loaning, borrowing or sharing gear with other riders, including gloves, helmets or footwear, is NOT allowed.
- Riders must bring their own supply of hand sanitizer. ZARS will encourage all riders to use hand sanitizer frequently and have a limited supply available.

- Riders, crew, guests and team and all persons on the premises must wear a face mask at all times, except while riding a motorcycle with a helmet on and when you are in your pit area, trailer, vehicle or RV, and only with members of your household, then face coverings shall be optional. Mask will be available for \$2. See addendum for recent updates.
- Bring your paperwork filled out in advance to minimize exposure time (forms available at www.ridezars.com)
- Bring your own pen to sign paperwork. Sanitize your hands before and immediately after any class, meeting or handling paperwork.
- Avoid personal contact with other riders, bikes, equipment, and ZARS team members. No shaking hands, high fives or assisting fellow riders with getting gear on or off, etc.
- Should you be involved in an incident please leave your helmet and gloves on unless the situation absolutely demands you remove them.
- Wipe down your bike with disinfectant throughout the day on touch points and **do not touch other riders' bikes or equipment.** (handlebars, fuel valves, keys, mirrors and seat). If you touch another riders bike or equipment by habit or by accident, let the owner know so they can make the choice to wipe down what you touched.
- We are limiting all group sizes for classroom time.
- ZARS will refine procedures for our team members and for coaching in the classroom to accommodate social distancing. For example, coaches commonly work 1:1 to help riders with body position details. For the time being, riders will need to work to imitate a coach's example from a distance.
- Riders will need to bring their own food and beverages.
- Current policy as listed on ridezars.com applies should ZARS need to cancel an event. Just as motorcycling can be dangerous, participating in any group event during the COVID-19 epidemic has risk. ZARS participants need to accept that risk.
- If you are at risk for COVID-19 and would prefer to have a one-on-one, contactless and private check-in, rider meeting and class, contact ZARS. We will do our best to accommodate to your needs and minimize the risk as much as possible.

There is some concern generally about activities that increase the probability of needing medical response due to accident or injury. Motorcycling would be one of those activities. Some people are concerned that emergency transportation or simply queuing in an emergency room will expose them to COVID-19. This is an understandable concern. We believe that by the time the ZARS track days in May begin, medical facilities will have more mature procedures and have isolated COVID-19 intake procedures designed to segregate patients who need different types of care. While health system intake procedures are beyond our control, we will make an effort to

pass along relevant information published by the emergency response organizations that service our events.

These new procedures are designed to help protect ZARS riders and team members from unnecessary risk of infection. Just like on the track, the rules and guidelines are there to protect you, but also to protect you from impacting your fellow rider. As the CDC message goes: “We’re all in this together”. Let’s all do our part to make this season work. Thank you for your support!

We will continue to monitor the COVID-19 situation and adapt as needed.

Additional information can be obtained from the Center for Disease Control and Prevention www.cdc.gov and the World Health Organization (WHO), including steps to limit the spread of COVID-19.

Addendum: ZARS 2020 Season COVID-19 Special Procedures
June 2020

After analysis of two events at DCTC and one at Road America, we believe we can make some minor adjustments to our COVID-19 face covering requirement that adds some pragmatic convenience, and still allows riders to respect the health and safety of their fellow riders.

We have access to the latest information provided by the CDC with regard to parks, beaches and athletic events and have consolidated those recommendations into the following new guidelines. We have also included some background information that helps you understand the rationale and science behind these guidelines. Please read carefully.

- If you are in your pit area, trailer, vehicle or RV, and only with members of your household, then face coverings shall be optional.
- If you leave your pit area or vehicle, you must have a face covering with you. It must be worn whenever you encounter people not from your household.
- If you are in any form of gathering involving multiple people or talking to someone not from your household, physical distancing must be practiced, and you must wear a face covering.
- If you are indoors, in a public rest room, or in any enclosure or confined outdoor area that is not your own, you must wear a face covering.
- You should not wear a face covering when you have a helmet on, but you must realize that helmets do not contain droplet dispersion, and therefore you need to be careful to maintain adequate physical distance. Helmets do not count as face coverings.

Background information:

COVID-19 spreads mainly from person to person through **respiratory droplets** produced when an infected person coughs, sneezes, or talks. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs. [Studies and evidence](#) on infection control report that these droplets usually travel around 6 feet (about two arms lengths).

[CDC recommends](#) wearing cloth face coverings in public settings **where other social distancing measures are difficult to maintain.**

Some tips for when you're wearing a covering:

- Don't put the covering around your neck or up on your forehead.
- Don't touch the face covering, and, if you do, wash your hands.
- Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing.

Face coverings should be worn by staff, riders and guests as feasible, and are **most essential in times when physical distancing is difficult.** Information should be provided to staff and campers on [proper use, removal, and washing of cloth face coverings.](#)

- Stay at least six feet from others at all times. This might make some open areas, trails, and paths better to use than others. **Do not go into a crowded area.**
- Avoid gathering with others outside of your household.
- Wash hands often with soap and water for at least 20 seconds, especially after going to the bathroom, before eating, and after blowing your nose, coughing, or sneezing.
- Bring hand sanitizer with at least 60% alcohol to use if soap and water are not available.