



DC STODDERT

2021-22 TRAVEL PROGRAM

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U6-8 (2014-2016) JUNIORS ACADEMY

The Juniors Academy provides a fun start to developing essential skills for soccer and a lifelong passion for the game for players born in **2014, 2015, and 2016**. In addition, it helps children develop personal skills, such as self-confidence, listening skills, and core social skills for effective communication and cooperation on and off the field. Physically, it helps to develop physical literacy, like balance, coordination, quality of movement, and physical movements needed for a foundation in soccer. In addition, children learn to play in small-sided games where they can experiment with skill application and reading game cues in age-appropriate ways. Our goal is to ensure that children have fun while developing their love of the game and proficiency in the game. U6-U8 players play 4v4 with a size 3 ball. There is no selective tryout for the Juniors program.

Fall and Spring 8-week program

- U6/U7: Training two days per week + internal league play on the weekends
- U8: Training two days per week + option for either internal or competitive weekend league games

Winter 6-week program: Indoor training one day per week + weekend Futsal games

Summer: Half- and full-day camp

U9-10 (2012-2013)

For boys and girls born in **2012** and **2013**, the U9-U10 age group is the start of the pathway for more committed, motivated young athletes, and the start of the competitive Travel soccer program. This program is for players with a strong desire to improve their skills, expand their tactical understanding of the game to reach the next level, and to be a part of a group that has opportunities to play with and against other motivated players.

The curriculum has been designed to develop players through more advanced training activities and methods taught by our professional coaching staff. There is a higher level of competition in practices and regional league play. Teams play the Club Champions League (CCL)'s Next Generation Program or National Capital Soccer League (NCSL) depending on team and player needs. This is a year-round commitment that includes 2 training sessions a week, local travel games on the weekends, and regional tournaments. This program prepares players for a successful entry into our more competitive programs at U11 and older. There is a heavy emphasis on player development, establishing a foundation of technical skills, 1v1 attacking and defending, and an introduction into tactical understanding of team attacking and defending. In this age group, based on the US Soccer mandate, teams play 7v7 with a size 4 ball. Two years in this age band prepares players to play 9v9 in U11.

U11-12 (2010-2011)

The U11-12 age group is an important building block for players born in **2010** and **2011** to learn and develop fundamental ball skills, small group tactics, and an introduction to expanded team tactics. Blue and Red teams in this age group play in the Premiership and Championship level in the Club Champions League (CCL) and will be exposed to additional development opportunities. White teams play in the National Capital Soccer League (NCSL). The curriculum will continue with emphasis on technical development, small group tactics, and further development of players' decision making. This is a year-round commitment that includes 2 training sessions a week (3 training sessions for Blue teams), travel games on the weekends, regional tournaments, winter Futsal training, and entry into Maryland State Cup. At U12, players are introduced to advanced tactical training as they get ready to move to the 11v11. In this age group, based on the US Soccer mandate, teams play 9v9 with a size 4 ball. Two years in this age band prepares players to play 11v11 at U13+.

U13-14 (2009-2008)

The U13 age group, for players born in **2009**, provides an opportunity to acclimate to the larger size field, larger size 5 ball, 11v11 players on the field, and ability to play in various systems of play. It is a transitional year where players are introduced to playing in positional lines to better manage roles and teamwork on that larger space with more teammates. Technically and tactically the players must be able to have greater range of play. Physically, there is an increased emphasis on speed, agility, mobility, physicality, and ability to cover larger spaces and distances. The U13 age group curriculum continues to build on fundamental ball skills applied tactically and work with more advanced team tactics. The higher the level of the team, the greater the expectation. At this age, student-athletes can begin to safely train to both enhance physical performance and reduce potential for injury.

Boys and girls born in **2008** comprise the U14 age group, a transition for players, as they prepare to move to the High School age group. Specific attention is paid to this transition by preparing players throughout their U14 year to adapt to playing in a more physically demanding game environment. The curriculum continues with challenging technical development, strengthening and expanding upon group and team tactics, and further developing players decision making in live training environments and attending to physical training.

Blue and Red teams in both U13 and U14 play in the Premiership and Championship level in the Club Champions League (CCL) and will be exposed to additional development opportunities. This is year-round commitment that includes 2 training sessions a week (3 training sessions for Blue teams), travel games on the weekends, regional tournaments, winter training and futsal league play, College Showcases, and entry into Maryland State Cup.

U15-18 (2005-2003) HIGH SCHOOL

During U15-U18 players born in **2005-2003** continue to advance their ball skills, increase speed with group tactics, and further develop game understanding and player decision-making within more advanced team tactics. Teams play in the Premiership and Championship levels in Club Champions League (CCL). They additionally participate in development opportunities in state and out of state tournaments and college showcases. With guidance and support from DC Stoddert coaches and technical staff, they start identifying colleges/universities and communicating with college coaches at potential future institutions.

At this age and stage of development, the physical demand shifts to greater speed, strength, and endurance training. These aspects of physical development and preparation become important topics in our curriculum. These components of athletes development help our players become faster and more mobile and become important in reducing potential for injury.

U15-U18 is a year-round commitment that includes 2 training sessions a week (depending on high school soccer schedule), travel games on the weekends, regional tournaments, winter training, and entry into Maryland State Cup.

U15-U18 players who aspire to play at the collegiate level are provided opportunities to play in front of college coaches and get counseling and support from the club's College Resource Coordinator. Our teams are involved in appropriate tournaments and college showcases, and players are encouraged to explore relevant college ID camps.

TRAVEL PROGRAM ANNUAL REGISTRATION FEES

DC Stoddert Soccer is committed to providing a high-quality Travel Program to its players and families, while mindful of the costs associated with Travel soccer. As a non-profit 503(c) organization, our fees are based on a cost-recovery model rather than on revenue generation. Our philosophy is to trim costs where possible, while not sacrificing the caliber of our professional coaches and competitive program. Our licensed, professional coaches are a great asset, and as such, over half of the program costs are coach salaries.

Moreover, our values as a club mean that we never want finances to prevent any interested player from participating, and as such each year provide approximately \$175,000 in financial assistance to Travel Program players who qualify based on demonstrated need.

SO WHAT DO THE FEES COVER?



Coach and Staff Salaries



State Fees + Insurance



Field + Equipment



Tournaments



Player + Coach Development



Financial Assistance Program



League Fees



Referees

2021-22 TRAVEL PROGRAM REGISTRATION FEES

	Blue	Red/White
U9-U10 (2013-2012)	\$2500	\$2500
U11-U12 (2011-2010)	\$2950	\$2650
U13-U14 (2009-2008)	\$2950	\$2650
U15-U18 (2007-2003)	\$2800	\$2800

DC Stoddert Soccer uses an "all-in" model and therefore registration fees cover all components of the Travel Program. These fees include fall, winter, and spring training, all league fees (including winter futsal or indoor league, where relevant), Goalkeeper training, tournaments, and showcases. You are responsible for your player's uniform and personal equipment, but for the 2021-22 Travel Program there will be no additional fees collected.