



Recommendations and Guidelines for Coaches

- All coaches or an established parent will be responsible for filling out the players log (attached). This form must be completed after each training session or game. These forms must be submitted to the club upon request or at the end of the season.
- Coaches should wipe down personal and field equipment using the disinfected swabs or towels, before each session.
- Only Coaches/Staff should handle equipment.
- Avoid using shared equipment.
- Structure activities to maximize physical distancing. The club will help any training session social distancing. Please contact the club's technical director Matt Gill for any questions.
- Age appropriate considerations may need to be taken when designing activities, for example, Active Start and Fundamentals players may need a sibling or parent to participate with them. This will allow coaches to have support managing the group of players and social distancing will not be required between siblings or parent/child (since they are from the same household).
- Design activities so athletes may stay within their existing small groups to reduce amount of contact with different people.
- Limit hand contact to equipment.



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