



DISTRICT 4

HOCKEY
2018-2019

GOVERNING RULES
AND OPERATING PROCEDURES

Revised October 5, 18



2018-2019 DISTRICT 4 HOCKEY

District 4 Hockey web page: <http://mnhdistrict4.pucksystems2.com/>

Minnesota Hockey web page: www.minnesotahockey.org

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ARTICLE 1: Name and Area of Operation

SECTION 1: This organization will be known as “**DISTRICT 4 HOCKEY**”

SECTION 2: The area of operation will be Southwestern Minnesota. District 4 Hockey is comprised of the following hockey associations of Minnesota Hockey:

Fairmont, Luverne, Marshall, Redwood Falls, Windom, Worthington, New Ulm/ Sleepy Eye

ARTICLE 2: 2018 – 2019 District 4 Hockey Officers

District 4 Director

Jeremy Reed
312 S Washington St.
New Ulm, MN 56073
c- 507-766-3424
jfreed420@gmail.com

District 4 President & Stats (PW, Bantam, 12U)

Todd Frankehoff
114 W Luverne St.
Luverne, MN 56156
tfranken@madjac.net

Hockey Director

Joe Stremcha
coachstremcha@gmail.com
320-226-4798

High Performance General Manager

Jeremy Reed (Boys 15)
312 S. Washington St.
New Ulm MN 56073
507-766-3424
Jfreed420@gmail.com

Jeremy Brennan (Boys 14)
jbrennan2706@gmail.com
507-276-2956

MN Hockey District 4 Supervisor of Officials

Scott Kuhl
511 Fairlakes Ave.
Fairmont, MN
C 507-993-5951
sdkuhl@yahoo.com

Girls Coordinator

Cassie Schreckenghaust
612-590-9581
cassschreck@gmail.com

Treasurer & Tournament Director

Kris Hohensee
31450 310th St.
Worthington, MN 56187
H 507-376-4899
C 507-360-6787
peacefulacres@yahoo.com

District 4 Registrar

Todd Elmer
12808 90th Place N
Maple Grove MN 55369
tjelmer@comcast.net

Secretary

Robyn Wessels
414 S Fairview Drive
Luverne MN 56156
rwessels@iw.net
507-227-5281

Coach in Chief

Sean Stewart
507-276-4259



ARTICLE 3: 2018-2019 DISTRICT 4 HOCKEY CALENDAR

DATE	TIME	EVENT
Mon. August 20, 2018	7:00pm	D4 Summer Meeting, River City Eatery Windom, MN
Thur. August 22, 2018	7:00 pm	District 4/9 Registrars Meeting, Turner Hall 102 South State New Ulm MN
Sept. 21 – 23, 2018		Minnesota Hockey Fall meeting. Maddens
Mon. Sept. 24, 2018	7:00 p.m.	District 4 Fall Meeting, River City Eatery, Windom MN
Sun. Oct. 28, 2018	10:00 a.m. 2:00 p.m. 4:00 p.m.	District 4 League Scheduling – River City Eatery, Windom District 4 Managers Meeting District 4 Coaches Meeting
Sat. Nov. 10, 2018		Criminal History Background checks complete for Associations for team officials, board members.
Sat. Nov. 10, 2018		District 4 League Play Begins All Levels
Sat. Dec. 1, 2018		Last day to change team classification
Mon. Dec. 31, 2018		Last day to register player’s roster for District, Region, and State Tournaments. All coaches must have completed appropriate USA Hockey Coaching Education Programs.
January 26-27, 2019		Minnesota Hockey Winter Meeting, Marriot West Minneapolis
Mon. Jan. 14, 2019	6:00 p.m.	District 4 Tournament Meeting, all District, Region, and end of year Tournament Host Sites, River City Eatery, Windom, MN.
Mon. Jan. 14, 2019	7:00 p.m.	District 4 Winter Association Meeting, River City Eatery, Windom, MN
Sun. Feb 10, 2019		Last Day to complete District 4 League Games
Mon. Feb. 11, 2019	7:00 p.m.	Final League game results are due in, entered, and posted for Final League Standings on web site.
Tue. Feb. 12, 2019	10:00 p.m.	Final District 4 Playoff Brackets Posted.
Feb. 15-18, 2019		District 4 PW/Bantam/12UB District Tournaments
Feb. 20-23, 2019		Minnesota State High School Girls Hockey Tournament
Feb. 22-24, 2019		End of Year District Squirt Tournaments/Mite Jamboree
March 1-3, 2019		Minnesota Hockey Regional Tournaments
March 7-10		Minnesota State High School Boys Hockey Tournament
March 15-17, 2018		Minnesota Hockey State Tournaments



Sat. March 23, 2019	10:00 a.m.	District 4 Spring Association Retreat, Location TBD
TBD		District 4 Executive Board Meeting
Mon. April 15, 2019	7:00 p.m.	District 4 Spring Association Meeting, River City Eatery, Windom, MN
Mon. Aug. 19, 2019	7:00 p.m.	District 4 Summer Meeting, River City Eatery Windom MN

Dates listed in **BOLD** on the “2018–2019 DISTRICT 4 HOCKEY CALENDAR AND OTHER IMPORTANT DATES” are mandatory attendance for all associations in District 4 (except tournament meetings in which an association is not hosting a tournament at that level)

ARTICLE 4: 2018–2019 District 4 District, MN Hockey Regional and MN Hockey State Tournaments Sites

<u>District 4 Districts Tournaments</u> <u>February 15-17, 2019</u>
Bantam A –TBA
Bantam B - TBA
Peewee A – TBA
Peewee B –TBA
12uB – TBA
<u>District 4 Squirt End of the Year Tournaments</u> <u>February 22-24 –2018</u>
Squirt A at
Squirt B at
Mite Jamboree at
<u>Minnesota Hockey South Regional Tournaments</u> <u>March 1-3,2019</u>
Bantam A – Burnsville
Bantam B South – New Ulm
Peewee A-New Ulm
Peewee B - Fairmont
12UB- Wayzata



<u>Minnesota Hockey State Tournaments</u>
<u>March 15-17,2019</u>
Bantam AA/A at Moorhead
Bantam B at Wayzata
Peewee AA/A at Stillwater Rec/ Ctr
Peewee B at Wayzata
Girls 15 U A at Blaine (Fogerty)
Girls 15 U B at Blaine (Fogerty)
Girls 12 U A at Grand Rapids
Girls 12 U B at Proctor

ARTICLE 5: Operating Procedures

SECTION 1: TEAM REGISTRATION

1. All teams in all divisions will be registered with Minnesota Hockey and USA Hockey.
2. All league games will be played and governed by District 4 playing rules, Minnesota Hockey and USA Hockey rules.
3. All hockey associations within District 4 must update and complete the Affiliation Agreement, as found in Minnesota Hockey handbook, when directed by the District Director. The league registration fees for each member team in District 4 will be as follows: (includes Okoboji association)
 - a. District 4 fee for each Association - \$200.00
 - b. District 4 web fee for each Association - \$100.00
 - c. District 4 Officials Fee - \$50.00
 - d. District 4 fee for each registered team - \$10.00
 - e. League team fee for 12U, 14U, PeeWee, Bantam - \$40.00 per team
 - f. Arbiter fee for referee scheduling - \$150.00
 - f. Any league games played prior to payment of fees and dues will be forfeited if fees and dues are not paid in full before December 1, 2019.
- g. All teams will indicate at time of registration, of their intention to participate in District 4 playoffs. When a team, (who has indicated at the beginning of the season of their intent to play in the playoffs, if they qualify) qualifies for District playoff position, fails to participate in the District playoff, very strong disciplinary action will be taken. Team subject to this review will be allowed to state their reason(s) in person or writing as to why participation did not occur. District 4 Board will assess any disciplinary action based upon review of all information presented.

SECTION 2: COACHES

1. All coaches must follow USA Hockey coaching affiliation:
2. All coaches must complete Safe Sport & Age Appropriate Module before taking the ice.
3. All head and assistant coaches must attain the appropriate certification level by December 31st.
4. There will be no uncertified coaches on the bench at any time, at any level after December 31st.



5. All certified coaches must be registered on the team's roster that they are coaching. Coaches must submit Concussion certification form prior to being rostered.
6. All coaches and certification number will be listed on the score sheet, and all coaches, including coaches on the bench, must sign each score sheet each game.
7. Each coach on the ice is required to wear a HECC approved helmet during practice, with chin strap. (1st Violation, 30 day suspension)
8. Each coach is required to be screened prior to coaching on ice, using the Minnesota Hockey screening policy as outlined in the Minnesota Hockey Handbook. (1st violation – warning, 2nd violation – 30 day suspension)
9. Any association of District 4 whose coach is ejected from a game for “abuse of officials” will pay:
 - a. 1st Offense \$250 fine to District 4 and be suspended for 3 games or one week.
 - b. 2nd Offense \$500.00 District Hearing up to 30 days suspension
 - c. District Hearing and up to one year suspension

SECTION 3: LEAGUE GAMES

1. All league games must be completed on/before February 10, 2019 (including all make-up games).
2. League games between teams from the same association will have a schedule completion date of January 14, 2019.
3. The league schedule will consist of (TBD) games: as determined by the District 4 league committee. Any game between two teams will be considered a league game unless otherwise agreed upon by both teams. All District 4 bantam, 12uB, and peewee league games will be 15 minute periods with stop time.
4. Game limits per season:
 - a. Youth Squirt and Girls 10U level are limited to 35 games (including scrimmages and tournaments). All Squirt schedules with practice schedule will be sent to d4reedj@gmail.com, by the 1st of each month.
 - b. All traveling Mite/Girls 8 U level (and below) teams shall utilize half and cross ice games. These teams will follow the Minnesota Hockey mite rules as stated in rule book, pg. 26.
 - c. Traveling Mite/Girls 8 U level, and below, teams may not play full ice games.
 - d. Out of town scrimmages and split practices with out of town teams are considered games.
 - e. All mite schedules will be reported to District Director. To include date, time, location, and cross ice, half ice.
 - f. All Travel mite programs will participate in D4 mite program. November 4, November 18, 2018, December 2, December 16, 2016. District Director will facilitate locations and team assignments, at league scheduling. 45 minutes ADM practice led by host, followed by 30 minutes’ cross ice play.
5. All league games will be played as per original schedule submitted to the District 4 Statistician.
 - a. Games may be rescheduled prior to November 5th, in which league games may be changed at no charge by filling out the District 4 Game Rescheduling Form (see website).
 - b. Any game changes after November 5th, MUST be rescheduled using the District 4 Game Rescheduling Form and paying the required fee.
 - c. Games can be rescheduled, with no fee, due inclement weather or severe team illness.
 - d. District 4 League Coordinator’s and/ or Director's decision will be final. Rescheduling a league game will be \$250.00, paid by the team that wants to reschedule.
6. **CANCELING GAMES**. Any team that cancels or is a “no show” to a game will be fined \$300.00 per cancelled game. The fine will be paid to District 4 within 7 days of the date of the cancelled game. District 4 will direct \$200.00 of the cancellation fee to the other team/association involved in the cancelled game. The remaining \$100.00 will be retained by District 4 as a fine for the cancelled game. In the case of a double forfeit, both teams/associations involved will be fined \$100.00. A team that cancels a game or is a “no show” for a



league game also becomes ineligible for District playoffs. Exceptions to this would be inclement weather or severe team illness. This includes non-league games between D4 teams.

- a. No "fair play points" will be awarded to either team for canceled games as no game was played. A fair play point may be awarded to a team if a team forfeits a game, per the District Director's approval.

7. Hazardous Travel

- a. If weather conditions seem hazardous to highway travel and a coach questions the feasibility of traveling within the District 4 area, the following procedures should be followed:
 1. The traveling coach must call their respective district director
 2. The call **MUST** be made by a coach or team manager, **NOT** a parent.
District Directors will retrieve information on travel advisories and make a decision on the game in question. If it is decided that the game should be played, and isn't, the game will be recorded as a forfeit. The traveling team will be fined for not playing a league game.
8. It is mandatory that all league games be played. If a team refuses to play another team, the non-forfeiting team will be awarded 2 points. (Exceptions to this are outlined in section 3, rule 5. c) Any team refusing to play a league game for reasons other than those described in section 3, rule 7, may be barred from participating in league play the following season; and/or exclusion from District playoffs/end of year tournaments, pending review by the Board of Division Coordinators and the District 4 Director
9. Referee issues will be reported to the District Supervisor of Officials:
Scott Kuhl
sdkuhl@yahoo.com
Cell - (507) 993-5951

If you are a coach that has recently played a game in District 4, please feel free to fill out the form at the link below with your referee evaluation. Please be specific with referee names and with all comments. Please be aware, you may be contacted to elaborate on your comments as we strive to provide the highest quality officiating.

<http://mnhdistrict4.pucksystems2.com/page/show/25008>

SECTION 4: PLAYING RULES

1. The **HOME TEAM** will wear white jersey, and be responsible for a change in jersey color in case of a color conflict.
2. The **HOME TEAM** will provide the visiting teams with warm-up pucks. All District 4 tournament sites will provide warm-up pucks for all games.
3. Each uniform of PeeWee, Bantam, 12u, and 14u will display a District 4 patch. Fine assessed for playing without District 4, patch. Any team participating in District Tournament without District 4 patch will be assessed \$500.00.
4. Penalty time for **all** games in District 4 will be:
 - a. 2 minutes for a minor penalty;
 - b. 5 minutes for major penalty;
 - c. 10 minutes for misconduct penalty
5. **One timeout allowed in league games.**
6. All players, including goal keepers, are required to wear a colored (non-clear) internal mouthpiece, which covers all remaining teeth of one jaw, customarily the upper, and tethered to mask or helmet.
7. When one team holds at least a six (6) goal lead in the third period, there will be running time on the clock until the game ends or if the lead becomes less than 6 goals.
8. There will be **one** resurfacing after the second period for PW/12U and Bantam/15U league games. Bantam A teams playing in **District 9 League** will follow District 9 rules. Or the League Rules of the host district for a combined league.
9. A one-minute rest period will be allocated between periods which have no resurface.



10. Minimum time allotted to play for Bantam, PW, and 12U games; are **recommended** to be one hour and 30 minutes.
11. All League Bantam/15U, PW/12U, and Squirrel/10U games will be 15-minute stop-time periods with a 5-minute pre-game warm up.
12. Mites and Mini-Mites. Mites are considered 8 years old and younger, Mini-Mites are considered 6 years old and younger. Mini-Mites must play all games cross-ice. Mites may play cross-ice, half-ice, this must be determined by the two teams when the game is schedule. **3 on 3 mite scrimmages will not be counted as games**

SECTION 5: STATISTICS

1. Each association shall designate a single point of contact for the purpose of entering in scores on the District 4 website. All scores will be entered by the association of the home team within 3 days of the completion of each game. If the score is not updated within 3 days, the association may be assessed a \$75 penalty for each occurrence. It is the responsibility of each team to confirm validity of scores. If there is a discrepancy in the score, please let District 4 know and submit the score sheet for verification. Final standings will be available on the District 4 web site.
2. Fair play points will be awarded according to Minnesota Hockey Handbook rules. See Attachment.
3. League standings will be used to establish the District and Regional Playoffs, depending on the classification. Playoff format will be determined by the District 4 District Director. League Standings will not be recorded for squirts/10U. Scoresheets will be emailed to District Director.

SECTION 6: TOURNAMENTS

1. No invitational tournaments/jamboree's in District 4 will be sanctioned on the weekend of District playoffs, February 15-17, 2019, or End of Year Tournament Weekend, February 22 – 24, 2019.
2. NO invitational tournaments within the district will compete at the same level with another invitational tournament on the same weekend. To avoid this all tournament dates will be turned into the District Tournament Director no earlier than March 15th and no later than June 1st prior to the upcoming season. Dates will be awarded on a first come first served basis.
3. Any invitational tournaments that have not been approved and have been advertised will be subject to a fine. As well, any dates that have been instructed to be changed and do not get changed are subject to fines and/or subject to not being approved for sanctioning.
4. District 4 Playoff tournament entry fees will be **\$500.00** per team, District gate fees will be those as established by Minnesota Hockey Regional tournament fees.
5. Teams will be seeded for district play as determined by the District 4 standings
6. Each District 4 Tournament District tournament host will return \$100 to each team that plays only two games in the tournament.
7. District 4 Year End Jamboree entry fee for squirts, will be **\$375.00. District gate fees will be those as established by Minnesota Hockey Regional tournament fees.**
8. District 4 Year End Jamboree entry fee for Mites will be \$275.00 and no gate fees will be charged, but free will donation will be allowed.
9. District 4 Playoffs will be as follows:
 - a. Less than 6 teams, Round robin or bracketed, as set by district director.



- b. Leagues consisting of six (6) teams or more will participate in double elimination district tournament at a host site designated by District 4 Hockey.

SECTION 8: DISCIPLINE AND SANCTIONS

1. Authorized disciplinary actions taken by the District 4 Board will be in accordance with USA Hockey playing rules.
2. The District 4 Director will be notified of players or coaches receiving fighting, game misconduct and match penalties. A written report, date marked within 72 hours of the infraction and will be emailed to the District 4 Director.
3. Any game scheduler who assigns incompletely registered officials for games is subject to serious liability and sanctions from USA Hockey, MN Hockey and District 4 as he/she jeopardizes the insurance coverage of the officials and both teams involved.
4. Game reports will be sent by the Supervisor of Officials in D4, the D4 Executive Board. District Director will notify respective association president.
5. A \$100 fine will be imposed by the District Director for the following, but not limited to, failure to pay league fees and dues by December 1st, failure to submit background checks by the designated time set by the director, failure to complete Safe Sport, failure to properly register teams, non-attendance at mandatory District 4 meetings, and other required submittals as determined by the District 4 rules.
6. Association Rosters will not be approved unless each association is in good standing.

Sub-Section 8: Match Penalty Proceedings

1. Match Penalties may have a disciplinary hearing to determine if further suspension is needed. The District retains the option to hold a hearing within 30-days of the offense. This is known as the "Discovery" phase.
2. During the discovery phase players, coaches or team officials are not allowed to Coach, practice or participate in any team activities until either the 30-day period has lapsed or a hearing has convened.
3. Details about hearings come from the District 4 Director.

SECTION 9: GRIEVANCE

1. The grievance Committee of District 4 will be the District 4 Board. All grievances must be in writing and post-marked within 72 hours of the reported incident. The local league representative will submit the report to the District Director. Copies of the grievance will be sent to the opposing team's league representative.
2. If two teams involved in the incident, they will then have 7 days in which to submit any information requested by the Grievance Committee and any information that either team feels is pertinent to the handling and resolving of the grievance. Any grievance not submitted within the 72-hour time frame WILL NOT BE ACCEPTED. If the League representative is not available to present the grievance, the local Association President may submit the grievance. If the Grievance Committee's decision will affect League standings the League Statistician must be notified immediately.

SECTION 10: CONDUCT

Racial or ethnic slurs and/or harassing conduct of any kind will not be tolerated.
Each team is responsible for the conduct of its spectators. Coaches should advise their parents and other fans of the conduct rules.

If spectator conduct becomes so abusive that, in the referee(s) opinion, it is distracting from the game or inciting the players, the referee(s) **will** stop play and:

1. Ask the coach(es) to control their spectators and/or:



2. Ask the coach(es) to request specified individuals to leave the arena.
3. Disruptive use of artificial nose makers will be considered abusive conduct.
4. Possession of a device that could be detrimental to the players or to the conduct of the game, such as a laser Pointer, will be considered abusive conduct and reported to local law enforcement officials. During MH playoffs or invitational tournaments, the District Director, designated district personnel or the tournament director shall have the authority to take actions as necessary to control spectator conduct.
Any spectator removed under this paragraph will incur a mandatory minimum 3 game suspension from that team's games and may be subject to further disciplinary action by the local governing body.
5. District 4 Hockey requests all home teams (managers) monitor parent/spectator conduct and submit off ice Incidents to the district director by email @ jfreed420@gmail.com.

SECTION 11: APPEALS

Refer to Minnesota Hockey Handbook By-laws, article 6

SECTION 12: Pre-Season Meetings – October 28, 2019 River City Eatery

2 p.m. – Manager Meeting

D4 will hold a pre-season manager meeting. Each team manager or representative will attend.

\$200.00 for teams not having a manager or representative attend.

4:00 p.m.

D4 coaches meeting – one coach from each team must attend.

\$200.00 for teams not having a coach attend



APPENDIX B: District 4 Playing Rules Short Summary

	<u>Bantam/ 14U</u>	<u>Pee wee/12U</u>	<u>Squirts/ 10U</u>	<u>Mites/Girls 8U</u>
Games	No Game Limit	No Game Limit	35 Game Limit (includes tournaments) Unlimited cross/half ice.	Limited to Cross and Half ice, No full ice games.
Game Length	3 – 15 min stop	3 – 15 min stop	3 – 15 min stop	3 – 12 min stop
Penalties	2 min Minor 5 min Major 10 min Misconduct	2 min Minor 5 min Major 10 min Misconduct	2 min Minor 5 min Major 10 min Misconduct	At the Mite/Girls 8U level, the player receiving a penalty will be removed from the ice until their next shift. No penalty.
Time Outs	one	One	One	None
15 Second Face-off	Yes	Yes	No	No
Overtime (league games)	No	No	No	No

Mites/Girls 8U (follow mite guidance in MH handbook)	Out of town scrimmages are considered games	Split practices with out of town teams are considered games	<ul style="list-style-type: none"> • Mini-Mites (6 yrs old and under) • must play cross-ice 	Mites (8 yrs old and under) <ul style="list-style-type: none"> • may play cross-ice, half-ice. To be determined at the time the game is scheduled.
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HOCKEY EDUCATION PROGRAM

2018-19 FAIR PLAY

Fair Play is a component of Minnesota Hockey’s Hockey Education Program (HEP) designed to encourage a positive youth hockey environment by holding all stakeholders accountable for their actions. The Fair Play system rewards proper behavior and penalizes improper behavior by giving teams an additional point in league standings for adhering to certain standards in each game.

Fair Play will be implemented for all league games, will count in league standings and will be used to determine final league standings. Fair Play is an option for invitational tournaments this season.

Performance	+	Fair Play	=	Winner in all Aspects
Win = 2 pts		Earn add'l point		3 points
Tie = 1 point		by meeting		maximum earned
Loss = 0 points		Fair Play criteria		per game

Each team will earn it's Fair Play point if none of the following occurs: Total Fair Play equivalent PIM exceed the threshold established for the level of play, a coach is assessed a Game Misconduct or Match Penalty, or per Minnesota Hockey Conduct Rule XIV.C.2 a spectator is requested to leave the arena by an official.

To earn a Fair Play point:

- a team’s PIM must not exceed Fair Play equivalent PIM threshold: Squirts = 10 min Girls 10U = 8 min
Pee Wees = 12 min Girls 12U = 10 min
Bantams = 14 min Girls 14U = 12 min
Youth 16U = 16 min Girls 16U = 14 min Jr.
Gold = 16 min Girls 19U = 14 min
- proper coaches conduct
- proper parent/fan conduct.

HEP Fair Play PIM Equivalent Chart

Penalty Classification HEP Fair Play PIM Equivalent

- Minor or Bench Minor Penalty 2 minutes
- Major Penalty 5 minutes
- Minor Plus Misconduct (2 & 10) 12 minutes
- Misconduct Penalty (10 min) 10 minutes Mouthguard
Misconduct 2 minutes
- Game or Gross Misconduct Pen. 10 minutes
- Match Penalty 10 minutes
- Penalty Shot Equivalent minutes to penalty assessed

Questions? Contact Steve Morse, HEP Coordinator at 612.221.4444 or Glen Andresen, Minnesota Hockey Executive Director at 651.602.5727.



For additional information on HEP and its other components, go to www.minnesotahockey.org/hep.

Concussion Information:

<http://www.minnesotahockey.org/concussions>



COACH CONCUSSION CERTIFICATION



I have completed training or an annual update to previous training regarding concussions. Attached to this certification is evidence of my completion of the required annual training. I understand what a concussion is and what are the common signs, symptoms and behaviors associated with concussion and concussion type symptoms. I agree I will remove an athlete from all team physical activities if a player sustains a concussion or exhibits concussion type symptoms. I understand it is my responsibility to complete a Minnesota Hockey Concussion Reporting and Medical Clearance To Return To Play Form within 48 hours of receipt of information which indicates a player has sustained a concussion or exhibits concussion type symptoms. I understand that I cannot allow a player to return to team physical activities until I have received a completed Minnesota Hockey Concussion Reporting and Medical Clearance To Return To Play Form which is signed by an appropriate health professional and a parent or legal guardian of the player. I understand that knowingly violating the Youth Rules and Regulations can result in discipline up to and including suspension for up to one year.

Association Name:

Coach Name:

Signature:

Date:

District:

Team Name:

NOTE THAT TRAINING CAN BE COMPLETED THROUGH:

- USA Hockey online age modules
- The Center for Disease Control:
<https://www.cdc.gov/headsup/youthsports/training/index.html>.
- National Federation of State High School Associations:
<https://nfhslearn.com/courses/61064/concussion-in-sports>
- Training provided through other youth sport programs

2138213.1



CONCUSSION REPORTING AND MEDICAL CLEARANCE TO RETURN TO PLAY FORM

Minnesota statute §121A.37 requires that a youth athlete must be removed from physical participation in an athletic activity if they exhibit any signs, symptoms or behaviors consistent with a concussion or is suspected of sustaining a concussion and shall not return to physical activity until he or she no longer exhibits the signs, symptoms or behaviors consistent with a concussion and has been evaluated by a provider trained and experienced in managing concussions and has provided written clearance to participate in the athletic activity. **This form is to be used after an athlete has been removed from an athletic activity due to a concussion or concussion symptoms.**

Player Name: _____ DOB: / /



District: _____ Name of person reporting:

Association and Team: _____ Date of Injury: _____ / _____ /

Location of injury/arena:

Nature, extent of injuries, and symptoms:

Date athlete no longer exhibited symptoms: _____ / _____ /

Print Health Professional Name: _____ Title:

Name of Clinic of Health Professional: _____ License number:

Note: An "Appropriate health professional" means a health professional who is licensed, registered, certified or otherwise authorized to provide medical treatment, trained and experienced in evaluating and managing pediatric concussions, and practicing within that person's medical training and scope of practice.

Address: _____ Phone Number:

I HEREBY AUTHORIZE THE ABOVE NAMED ATHLETE TO RETURN TO ATHLETIC ACTIVITY FOR FULL PARTICIPATION WITHOUT RESTRICTION.

Signature: _____ Date: / /

I AM THE PARENT OR LEGAL GUARDIAN OF THE PLAYER IDENTIFIED ON THIS FORM AND I CONSENT TO THEIR RETURN TO ATHLETIC ACTIVITY WITHOUT RESTRICTION.

Parent/legal guardian name: _____ Date: / /

Signature:

AT THE END OF THE YEAR A COPY OF THIS FORM SHALL BE PROVIDED TO THE ASSOCIATION PRESIDENT OR DESIGNATED REPRESENTATIVE AND THE USA HOCKEY RISK MANAGER, MINNESOTA DISTRICT

