



**Capital Area Soccer Association**  
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## **CASA Summer Programs**

As our community continues to recover from the COVID-19 pandemic, we are excited to get back to hosting summer programming. CASA will be offering summer camps and programs in accordance with the guidelines issued by the Commonwealth of Pennsylvania and the CDC. In this document, we will outline the measures we're taking to create as safe an environment as possible for players, coaches, and spectators. Please read this document thoroughly.

### **Strictly Voluntary**

- All CASA programs and sessions are strictly voluntary.
- If your family does not feel comfortable attending at this time, it will not be held against you in any way, shape, or form.
- All players must have a signed waiver on file.

### **At Risk Individuals**

- If your child is part of a high-risk group (has a pre-existing medical condition including chronic lung disease, moderate to severe asthma, serious heart conditions, immunodeficiency, diabetes, chronic kidney disease, or liver disease), you should consult with your family physician before attending any CASA session.

### **Symptom Screening and Getting Sick**

- If you are sick or feel sick, please do not attend!
- Upon arrival, all players and staff will be required to complete a symptom screening form related to COVID-19
- If an individual indicates that they're experiencing COVID-19 related symptoms or have been exposed to an individual with confirmed COVID-19, they will not be permitted to participate.
- If a player becomes sick during the session, they will be taken off the field, evaluated by a staff member on site, and likely be sent home.
- Players, parents, and staff should self-report to CASA personnel if they have tested positive for COVID-19 or have been exposed to an individual with COVID-19 in the previous 14 days.

### **Small Groups of Participants**

- Players will be divided into small groups
- Each small group will operate on a separate area of the field and will not interact with other groups (see field map below)
- Players will remain in these small groups for the duration of their participation.

### **Social Distancing**

- All sessions will follow a format that Pennsylvania has deemed to be allowable, outdoor physical activity. Sessions will be noncontact and skills-based
- Players will be required to maintain social distancing (6ft between one another) while participating in activities within their group.
- Coaches should maintain social distancing from attendees
- Cones will be placed on the sidelines where attendees can place their personal belongings. Cones will be placed at least 6ft apart from one another so that social distancing is maintained.
- Unnecessary contact must be avoided - this includes high fives, fist bumps, handshakes, and hugs.

### **Cloth Face Coverings**

- Players must wear mask when not involved in soccer activities or on the bench.
- Players will not be required to wear cloth face coverings during play but are welcome to do so if they desire.
- Coaches and staff will wear cloth face coverings.
- Parents and/or spectators are **STRONGLY ENCOURAGED** to wear cloth face coverings at all times during each session.

### **Hand Hygiene and Respiratory Etiquette**

- Hand sanitizer will be available on site and players are encouraged to use it frequently.
- Please cover any coughs or sneezes with a tissue or the inside of your elbow.
- Spitting is prohibited

### **Visitors, Parents, and Spectators**

- Spectators are not essential to training and not recommended to attend.
- If a parent or guardian chooses to stay and watch any session, they must maintain social distancing from any other spectators.
- For those that choose to stay for the programming, we strongly recommend that you stay in your cars.

### **Water Availability**

- Water will not be available on site.
- Players **MUST** bring their own water bottles and/or beverages and may not share with others.

### **Cleaning and Disinfection**

- Only coaches may touch or move equipment. Players do not touch or move equipment.
- Any items that would potentially be shared between players will be cleaned and disinfected between uses.
- Scrimmage vests will be washed after every use. Each player will be issued a vest before the session, vests may not be shared.
- Each ball sanitized before/after every session.
- Only one coach may attend to an injured player, and must wear mask and gloves.

### **Drop Off and Pick Up**

- Players should remain in their cars until just prior to the start of the session to avoid gathering in large groups.
- Drop off and pick-up times will be staggered.
- At the conclusion of programming, please proceed directly to your car and do not congregate around the entrances or exits.

### **Compliance with CASA Requirements**

- CASA staff will remind players to observe the social distancing, hygiene, and mask requirements as stated above
- Any player who refuses to comply with these requirements may be expelled from the program.

### **COVID-19 Communications**

All players, their families, and staff should self-report if they have been diagnosed with COVID-19. If CASA becomes aware of an exposure within the group, a communication will be sent to any individuals who may have had close contact with the infected individual. Privacy will be protected, and no identifying information will be shared within the communication. Additionally, the activity of the group to which the infected individual belonged may be suspended.

### **Field Locations and Usage**

- Each group will be assigned to a half-field. After check-in, please go directly to your assigned field; do not go to any other field and do not congregate with other groups.
- Each field will have designated areas for bags/belongings. Please keep your bag only where instructed, and keep all of your belongings in your bag.

CASA will continuously monitor state and national guidelines regarding youth sports, and will update these protocols and guidelines in accordance with official health recommendations.

## INFECTIOUS DISEASE WAIVER

In consideration of being permitted to participate in any CASA event or activity, including, but not limited to, practices, games, programs and related events and activities, the undersigned understands, acknowledges and agrees that:

1. Participation in such events or activities by my child and myself involves the possible exposure to and illness from infectious and/or communicable diseases including, but not limited to, COVID-19, MRSA, influenza, and other infectious or communicable diseases. While adherence to particular rules and requirements may reduce the risk of possible exposure, the risk of serious illness and death remains; and
2. On behalf of my child and myself, I knowingly and freely ASSUME ALL SUCH RISKS, both known and unknown, even if arising from the negligence of the Releasees or others, and assume full responsibility for my participation; and
3. On behalf of my child and myself, I agree to comply with all rules, regulations or conditions established by US Youth Soccer, Eastern Pennsylvania Youth Soccer Association, and the Commonwealth of Pennsylvania for participation in such events or activities; and
4. On behalf of my child and myself, I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS CASA, its officers, officials, agents, employees, Members, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event or activity in which I participate ("RELEASEES"), from and against any and all claims of whatever type or kind including any illness, disability, death, or other loss or damage to person or property, whether arising from the negligence of Releasees or otherwise to the fullest extent permitted by law. Further, I expressly agree that this release is intended to be as broad and inclusive as permitted by the laws of the Commonwealth of Pennsylvania or any other state in which my/our child may participate in any event or activity described herein, and that if any portion of this release is determined to be invalid, the remaining provisions of this release shall continue in full force and effect. Finally, I further state that I have fully and carefully read the above release, understand the contents of the same and sign this release voluntarily and as my own free act and deed.

I HAVE READ THIS RELEASE OF LIABILITY, HOLD HARMLESS AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I, ON BEHALF OF MY CHILD AND MYSELF, HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

\_\_\_\_\_  
Child's Name

\_\_\_\_\_ Date \_\_\_\_\_  
Signature of Parent/Guardian