



## Code of Conduct 2025-2026

Rowing with Jackson-Reed Crew (JRCrew) is a privilege and a responsibility. The athletes are representatives of JRCrew, Jackson-Reed High School, DC Public Schools, and their community at all times while participating on the team. When a student accepts the responsibility of competing with Jackson-Reed Crew, they must live up to a code of conduct beyond that of the average high school student.

As a prerequisite for participation with JRCrew, athletes and parents are expected to sign a statement that acknowledges the higher standard of behavior and commit to follow this JRCrew Code of Conduct and established team rules and policies.

JRCrew athletes are expected to follow the rules and policies outlined in the Jackson-Reed High School Athletic Handbook, the Jackson-Reed High School Student Handbook, and any other rules and policies established by the District of Columbia Public Schools (DCPS) system regardless of where the team function or activity is being held. Additionally, JRCrew complies with the USRowing SafeSport Policy Manual, which identifies and describes misconduct, including hazing, bullying, harassment, emotional misconduct, physical misconduct, and sexual misconduct.

JRCrew athletes acknowledge that they will be held to higher standards than that of the average high school student and may be expected to follow guidelines above those of other students. The JRCrew Code of Conduct refers primarily to team conduct, however the team reserves the right to discipline athletes who commit egregious acts outside of team events that jeopardize the safety or reputation of the team.

JRCrew athletes understand that failure to comply with any aspect of the JRCrew Code of Conduct will jeopardize future regatta participation and may result in disciplinary action, including suspension from practice and/or racing.

### Team Rules

JRCrew athletes are required to comply with team policies, procedures, and instructions of the coaching staff.

JRCrew athletes are required to display good citizenship and sportsmanship in connection with their participation on the team. JRCrew athletes will show respect for all individuals regardless of ethnic or cultural background, gender, sexual orientation, socio-economic status, religion, etc. JRCrew athletes understand that if an altercation between two or more people occurs, all persons involved will be disciplined regardless of how the incident started.

There is to be no hazing activity or initiations of any kind. If hazing occurs, the team athlete perpetrators involved will be suspended indefinitely. If participation is widespread, the team may be suspended, or the schedule canceled. Allegations of hazing should be brought immediately to the attention of the Head Coach.

Coaches have the authority to discipline a rower for failure to comply with rules and procedures, for displaying poor citizenship or sportsmanship, or when the rower's safety or the safety of others requires such actions.

When significant disciplinary action is warranted (long-term suspension or removal) the Head Coach, in consultation with the Jackson-Reed High School Athletic Department and the Jackson-Reed High School Administration, determines the appropriate action. Permanent removal from the team may occur only after the Head Coach's consultation with the Jackson-Reed High School Athletic Department and the Jackson-Reed High School Administration.

In connection with participation with JRCrew, athletes agree to comply with all laws, rules and regulations that are applicable to them. Athletes must understand that they, and their parents/guardians, are responsible for all consequences of any negative behaviors.

The use and/or possession of alcohol, drugs, tobacco, nicotine products, and/or dangerous weapons are prohibited during any JRCrew function or activity, regardless where such function or activity is held. Possession, acquisition or consumption of alcohol or controlled substances (including vaping/tobacco), or the possession of weapons, at any JRCrew event are prohibited; they are also grounds for immediate dismissal from the team. In addition, the use of performance-enhancing drugs is prohibited as defined by US Rowing.

Athletes will respect other people's possessions and property and refrain from activities that could cause damage to either, including Thompson Boat Center and/or host equipment and facilities. Team athletes are financially responsible for any damage that the team athlete may cause when disobeying the rules. Team athletes who observe property damage from a teammate should report that to their Head Coach and otherwise can be held equally responsible.

## **Expectations for Mandatory Practice**

All JRCrew athletes are required to attend all scheduled practices and regattas, unless notified otherwise by their coach, and to observe all rules of water and boat safety at all times.

JRCrew athletes should plan their schedules around crew practice times. Athletes should contact their coach as soon as they know they will miss a practice. JRCrew athletes must follow all attendance policies as outlined by their coaches. If a rower will be unavailable to

participate in a regatta for any reason, they must notify their coach immediately. Excessive missed practices or missed regattas can negatively impact the team's ability to participate in a race and may lead to a rower's suspension or removal from the team. While athletes may get sick and/or injured during the year, they are expected to communicate directly with their coaches on their ability to participate in a practice or race. If parents have concerns about the severity of an illness or injury, they may confer with coaches.

## **Regattas and/or Overnight Travel with the Team**

During trips, JRCrew athletes are required to understand that failure to comply with all instructions and rules of behavior imposed by coaches and other adult leaders on the trip may result in immediate dismissal from the trip as well as additional punishment. Any return travel expenses and other costs incurred as a result of dismissal will be paid directly by the rower.

JRCrew athletes agree to comply with the rules and instructions of any transportation carriers on which they travel and of any hotels or other lodging facilities at which lodging may be provided in connection with JRCrew trips.

Team athletes will travel and stay with the group at all times. Seat belts must be worn when traveling by car/van. Team athletes are expected to clean up the bus/car upon arrival at the hotel, regatta site, and related event venues, and upon returning home. Team athletes are expected to respect teammates who may wish to sleep or study. Excessive noise, as determined by the coaches or chaperones, will not be tolerated. Team athletes are expected to comply with coaches and chaperones' requests and instructions. Arguing and/or ignoring a coach or chaperone will not be tolerated.

Team athletes are expected to remain in their rooms after "lights out" time, and will be subject to disciplinary action, including being asked to return home with their parents, if they do not.

Team athletes are expected to be quiet and respectful of their fellow team athletes and other patrons at all times.

Curfew time and "lights out" are determined by the coaches and enforced by parent chaperones. Male and female team athletes are not permitted to socialize in each other's rooms at any time. Socializing in hotel common areas, with coach and chaperone permission, is acceptable. Team athletes are not permitted to switch rooms once rooming assignments have been provided to the chaperones.

No team athlete is permitted to leave the designated area without prior permission, and only when accompanied by another team athlete.

If a team athlete does not abide by these rules, the Head Coach may decide to send them home at their parents'/guardians' expense. Team athletes further understand that any individual's failure to abide by these rules can jeopardize the entire group's participation at regattas, practices and in the future.

## Code Violations Procedures

If an athlete violates this JRCrew Code of Conduct the following procedures will be implemented:

1. The athlete's parent(s)/guardian(s) will be notified.
2. A meeting may occur with the athlete, their parent(s)/guardian(s), member(s) of the coaching staff, and the Head Coach to discuss the violation. A member of the Jackson-Reed High School Athletic Department or the Jackson-Reed High School Administration may attend the meeting if necessary.
3. If an athlete is found to have violated any part of this JR Crew Code of Conduct, the Head Coach, in consultation with the Jackson-Reed High School Athletic Department or the Jackson-Reed High School Administration, reserves the right to determine and enforce the appropriate disciplinary action (including, but not limited to: loss of racing privileges, suspension from the team, expulsion from the team, or other consequences identified as necessary).

## RESPONSIBILITY

AS A **STUDENT/ATHLETE** IN JACKSON-REED CREW, I WILL CONDUCT MYSELF IN A MANNER RESPECTING THE FACILITIES, OTHER ATHLETES , AND THE COACHING AND ADMINISTRATIVE STAFF OF JACKSON-REED CREW.

I HAVE READ, UNDERSTAND AND AGREE TO ABIDE BY THE ABOVE GUIDELINES AND RULES. I ALSO AGREE TO ACCEPT ANY CONSEQUENCES FOR FAILURE TO ABIDE BY THESE GUIDELINES AND RULES.

I UNDERSTAND, AND AGREE, THAT ROWING FOR JACKSON-REED CREW REQUIRES ME TO LIVE UP TO THE JR CREW CODE OF CONDUCT BEYOND THAT OF THE AVERAGE HIGH SCHOOL STUDENT.

- **STUDENT SIGNATURE:** \_\_\_\_\_
- **DATE:** \_\_\_\_\_
- **PRINT NAME:** \_\_\_\_\_

AS A **PARENT/GUARDIAN** OF A JACKSON-REED CREW STUDENT/ATHLETE AND IN CONSIDERATION OF JACKSON-REED CREW PROVIDING A SCHOLASTIC ROWING PROGRAM AND ALLOWING THE STUDENT TO PARTICIPATE THEREIN, THE UNDERSIGNED PARENT(S)/GUARDIAN(S) HEREBY CONFIRM THEIR ACCEPTANCE OF THIS JR CREW CODE OF CONDUCT AND AGREE THAT EACH PROVISION HEREOF SHALL APPLY TO THEM BOTH IN THEIR INDIVIDUAL CAPACITY AND IN THEIR CAPACITY AS PARENT/GUARDIAN OF THE STUDENT.

THE UNDERSIGNED AGREE THAT THEY SHALL BE FULLY LIABLE AND RESPONSIBLE FOR ANY LIABILITY OF THE STUDENT HEREUNDER.

- **PARENT/GUARDIAN SIGNATURE:** \_\_\_\_\_
  
- **DATE:** \_\_\_\_\_
  
- **PRINT NAME:** \_\_\_\_\_