

## **Flex Rosters vs Game Rosters – Registrar Email 10/21/25**

### 1T Flex Rosters

#### Purpose:

Flex Rosters are intended for non-team or non-league activities where players may change frequently or are not part of a formal, ongoing roster.

- Tryouts – Players participating before team selection.
- Volunteers / Managers – Verify credentials for all program volunteers and team managers.
- Coaching staff – Staff involved in practices or skill sessions before team formation.
- Learn to Play / Intro programs – Developmental sessions, clinics, or short-term hockey experiences.

#### Notes:

- Players on a flex roster are registered with USA Hockey but not tied to a specific team.
- No official games (ie. refereed competition) should occur under a flex roster.

### 1T (Team) Game Rosters

#### Purpose:

Used for officially rostered teams participating in games, leagues, or tournaments with referees and scorekeeping.

#### Requirements:

- Players must be verified/approved on the official 1T team roster to participate in team practice and/or games.

- Coaches and team staff must complete required USA Hockey certifications and SafeSport and background check.
- 1T Rosters are verified and approved by the registrar before gameplay.

Quick Summary:

Situation	Flex Roster	1T Game Roster
Tryouts	✓	✗
Learn to Play	✓	✗
Practice-only players	✓	✗
Skills clinics	✓	✗
House/Rec league games (with refs)	✗	✓
Travel games, league games or tournaments	✗	✓

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