



# Roseville Area High School

1240 County Road B2 West • Roseville, MN 55113 • Christina Hester, Principal  
PHONE 651-635-1660 • FAX 651-635-1699 • [www.isd623.org/school/roseville-area-high-school](http://www.isd623.org/school/roseville-area-high-school)

Varsity Head Girls' Golf Coach: Daryl Illikainen [daryl.illikainen@isd623.org](mailto:daryl.illikainen@isd623.org)  
Assistant Varsity/JV Coach Girls' Golf: Jeff Crosby [jeff.crosby@isd623.org](mailto:jeff.crosby@isd623.org)  
Assistant Varsity/JV/Developmental Volunteer coach: Kate Voss, Amy Charlson

Thank you for your interest in girls' golf. Golf is a great sport, and each spring we want to create a team that competes well, improves a lot, and has a lot of fun being together.

**Team Mission-** Our mission is to provide an outstanding experience for team members while growing the program and ultimately becoming a competitive High School Golf Program. To provide students an opportunity to learn and grow. Student athletes learn to work as a team and develop social skills that will help them as they grow into adulthood, not just as athletes. Students participating in sports may develop teamwork, leadership, self-confidence, self-discipline, and coping skills.

To accomplish this, we want girls on this team who are willing to:

- Work hard.
- Be prepared (have everything at school that you'll need for practice/matches).
- Contribute to creating a positive team culture.
- Be committed to team practices and events.
- Be committed to your grades and attendance at school.

## **Season Begins Monday, March 16th - June 10th (State Tournament).**

**Varsity, Junior Varsity and Developmental Team** – The top six girls as determined by MSHSL scoring averages (and by qualifying if within 1 stroke of one another) will play Varsity, with players #7 and #8 ready as alternates. If any of the #1-#6 girls cannot play a match or tournament, the next girls will be asked in rank order starting with #7, the first alternate. The Varsity team will always be made up of the best available players on a given day, as determined by scoring averages and qualifying. Players #1-#8 must always be available to play in all practice rounds, matches, and tournaments. The length and slope of the course will play a factor in scoring average strength to determine teams.

The next six girls as determined by MSHSL scoring averages (and by qualifying if within 1 stroke of one another) will play Junior Varsity. If any of the #7-#12 girls cannot play a match or tournament, the next girls will be asked in rank order. If players #7, #8 have been playing a lot of Varsity matches, they may not play in the JV match that week and players 13 & 14 will be asked to play. A total of 6 girls will make-up the Varsity Team, 6 for the JV team and all others will be the Developmental Team.

The Varsity and JV teams practice most days each week, unless it's a holiday/religious or other school/MSHSL approved day off. We always want them practicing especially the day before a game, but also realize that we will give them days off during busy weeks to help keep up with their school work. Depending on the numbers, the developmental squad may only practice 2-3 days a week, We are working to get the developmental team 5-6 matches and starting a "B Team" this year.





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**Attendance:** The coaches want every girl to be at every scheduled practice. Clear your schedules ahead of time.

- Ask us about potential conflicts well ahead of time and get all absences excused by the coaches in person.
- If you are not at practice, and we do not know where you are, you are unexcused.
- Do not miss practice for reasons like work, other sports teams, or appointments.
- If you are sick from school, notify us that day by emailing us.
- Anyone who misses too many practices and games because of unexcused reasons will be released from the team.
  - Missing practice with unexcused absences can also affect lettering for golf.
  - The school will be sending us unexcused absences weekly. Grade checks will be every 3 weeks and are mandatory.
  - Players aren't excused from practice or games because of school events or make-up tests after school. Players need to communicate with their teachers for make-up in advance when they know they will miss golf.
  - Exceptions are National ACT or AP tests if they conflict with game times.

**Behavior Expectations:** Each team member (both coaches and players) will help create a positive team culture by being prepared, dedicated, positive, safe, and by communicating well. You are representing yourself, family, school, and your community at practices and events.

- **Act as a responsible and respectful digital citizen who positively uses social media platforms.**

**Indoor Practice:** "Preparing You for Tryouts" Weeks 1 to 2 Depending on weather. Practices are Monday-Friday. Attendance will be kept. Practices typically are from 3-5 PM. They consist of a team meeting (room C217), practice in room D129 or at the facility we practice at. Practice will then follow with a variety of the following sessions: • Technique development (short game and full swing) • "Rules of Golf" sessions • Course strategy • Team-bonding activities • Goal-setting discussions . All of these practices are required.

**Outdoor Practice:** "Preparing You for Tryouts" Weeks 3 to 4. Depending on the weather. This outdoor practice time will focus on preparing golfers to compete in golf. Practices at Cedarholm Golf Course, Island Lake, Gross National or Midland Hills Golf course will start at 3:00 PM for all players. We can walk over to Cedarholm golf course from school. Players are responsible for their own rides home each day from the course or school. Players may drive themselves, or ride with a teammate, and are to use great care when driving their own vehicles, and will not drive carelessly or recklessly. Outdoor practices end @ 5:00 PM or before.

**Tryouts:** "Deciding Who Makes Which Team" We will observe players throughout the first 3 weeks in practice. We will have qualifying 9-hole rounds in week 4 April 6th - April 10th. New foursomes will be assigned each time. Your qualifying score will be the average of your 2-3 rounds. The top six girls will be considered Varsity, the next six will be JV and then the others will be developmental teams. A player may be moved from one level to another in the best interests of the team at the discretion of the coaching staff.

**The Season:** "Representing Roseville High School" Weeks 5 through 10 .Our competitive season is short but busy. Varsity and JV start April 15th and other 9-hole matches weekly. Stay ahead of your studies. Girls who have played 18 competitive holes in a week will have at least one day off to catch up with school. The Developmental team will practice 2-3 times a week. If you are scheduled to play in a match and are absent from school, immediately notify your coach personally (call school or email). Ask the secretary to patch you through to your coach's room. We must know





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early in the day in order to find a replacement for you. All players will be required to ride school transportation to and from all away matches. Rare exceptions may be granted.

**Lettering:** The coaching staff will consider awarding a varsity letter to girl golfers who:

- play in 5 or more varsity matches and have regular practice attendance throughout the season.
- Practice attendance, student behavior at practice and events, grades, school attendance will also be factors related to lettering at coaches discretion.

\*Players must complete the whole season (regular season & playoffs) and fulfill the criteria above to letter.

\*Players must compete in 75% of the conference season to play in the conference championship.

\*Players must play in the conference championship to play in section playoffs.

Good citizenship at RAHS is always a factor in awarding a letter. Any students with a MSHSL suspension will not be considered for a letter or post-season honors. Any girl who gets a MSHSL violation in her junior or senior year forfeits any possibility of being named a captain for the RAHS Girls' Golf team.

**Fees and Equipment:** • MSHSL sports are \$200. (\$50 for reduced benefits qualifiers, \$0 for free benefits qualifiers)  
• The Varsity, JV and developmental team will need to buy their own team shirts to be worn at matches. (approximately \$40 per shirt).(Varsity & JV will need both white and black)(Developmental will need one polo.)

• All Varsity & JV players will be issued a team golf bag (practices and games), team sweatshirt and rain coat to be worn to game/practice events only. Players will be issued these items after making the team and will need to turn their rain jackets, golf bags and carts in after their season is over. The sweatshirt will be yours to keep.

• Players need their own golf balls, tees for games). The school will cover practice rounds at Cedarholm, Island Lake, Midwest Golf Dome, Par365 or other practice facilities. We will use fundraising money as much as we can for practices and equipment NOT covered by the school.

**Communication:** All communications will go through our team Schoology page and email. So check your schoology email multiple times daily. Players can make a texting chain. I will email parents weekly to communicate practice/game times, rides and schedule changes. See [Rosevilleraiders.org](http://Rosevilleraiders.org) for more information.

**Dress:** Dress appropriately. Practices: Nice pants or shorts and a nice shirt. Matches: Khaki, White or Black shorts/pants and team polo shirts. (Players should coordinate). Dress comfortably to allow for good mobility in the arms, waist and legs. Wear tennis shoes in the gym. Wear golf shoes or flat-bottomed shoes when we go to the course. Wear the same shoes at practice as in games. Have warm, waterproof clothing, a warm hat, and a good pair of waterproof, spikeless golf shoes.

**Raider Pride:** You're representing yourself, the team, the school and your community.

**Please wear appropriate clothes:**

- In order to swing the club, the golfer must be able to move comfortably.
- Be careful wearing watches or jewelry as they can interfere with your grip or swing. Please put these valuables in your golf bag for protection.

• For indoor practices, wear tennis shoes in the gym and room D129 (Simulator room)

\*Wear the same shoes your going to use in practice for games.



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- For outdoor practices, wear warm clothes, and be prepared for rainy, cold weather. Keep a warm hat, a pair of gloves, and a waterproof rain jacket in your locker just in case. The weather changes frequently at this time of year so be prepared. Please wear waterproof, spikeless golf shoes. Have a golf hat with brim with you at all times.
- Always have a waterproof windbreaker that you can put on in case of rain.

Golf clubs: You can store your golf in the cross country storage room near the boys locker room off the lower gym lobby/concession stand. The door will be open from 7:30am-8:10 am and we will open it again right after school.

**What to put in your golf bag:** Items that should be in your golf bag include:

\_\_\_ up to 14 golf clubs \_\_\_ extra golf balls \_\_\_ tees \_\_\_ rulebook \_\_\_ golf glove \_\_\_ ball markers \_\_\_ golf towel  
\_\_\_ umbrella \_\_\_ hat/visor \_\_\_ extra shoe laces \_\_\_ rain suit (a waterproof rain jacket at a minimum) \_\_\_ kleenex  
\_\_\_ golf pencils \_\_\_ a “scrunchie” to tie back your hair \_\_\_ bandaids \_\_\_ carmex/chapstick \_\_\_ range finder

**\*\*We may have some golf equipment available from donations for players to use. See coaches.**

**Be prepared.....Be dedicated.....Be positive.....Be safe.....Communicate well**

**‘The most important shot in golf is the next one’ - Ben Hogan**

