

5Th / 6th Grade Football Team Information

Staff

Head Coach – Jay Doshier 316-250-9478 jaydoshier@gmail.com

Asst. Coaches – Chad Spaulding , Chris Del Pino, Nate Coln, Chris Roberts, and Wade Culbertson

Team Mom – Sarah Logan 949-444-3525

Team Manager – Finley Silberski

Team Pages – Facebook and RHJFB.ORG

Updates and Information Communication

All updates will be communicated at practice, social media (Facebook group page), and text messaging.

Please do not reply to the team text message group unless all members need to know the information. Please text me individually about player updates, comments, and concerns.

Practice Information

Team Practices start on September 2nd.

Practices will be on Monday, Wednesday, and Thursday nights from 6:30 to 8:00 unless notified of something different.

Practices will be held on the north side of the middle school practice field. We will move the practice field to one of the Shorty Cox Baseball fields in October so that we have lights for practice. Date of moving location will be updated later.

Equipment Information

Equipment needed at every conditioning, starting August 26th.

Mouthpiece, shorts, t-shirt, and cleats. Please make sure that all mouth pieces are properly molded for your boys' mouth.

Equipment needed at every practice, starting September 2nd.

Helmet, mouthpiece, practice jersey, and cleats.

Equipment needed at every practice, starting September 8th.

Helmet, mouthpiece, shoulder pads, practice jersey, practice pants with pads, and cleats.

Players are not allowed to practice in their game day pants or jerseys.

White Game jerseys are to be turned into Coach Jay after each game that we wear them. I will wash them and return to the boys.

Hydration

Players need to bring a water bottle with them to every practice. Please make sure that all water bottles are marked with boy's name. Boys will not be allowed to share water. There will be extra water bottles for players in case they run out. Please make sure that your boys hydrate well before each practice and game. Hydration is especially critical during these hot months.

Pictures

Team Pictures have not been scheduled yet. Time to come soon.

These will be taken at the Rose Hill High School Stadium.

Games

All games will be played on Saturday mornings starting September 19th.

The start time can vary from 9:00am – 12:00 pm depending on the location.

Home games will be played on the Rose Hill High School Stadium field.

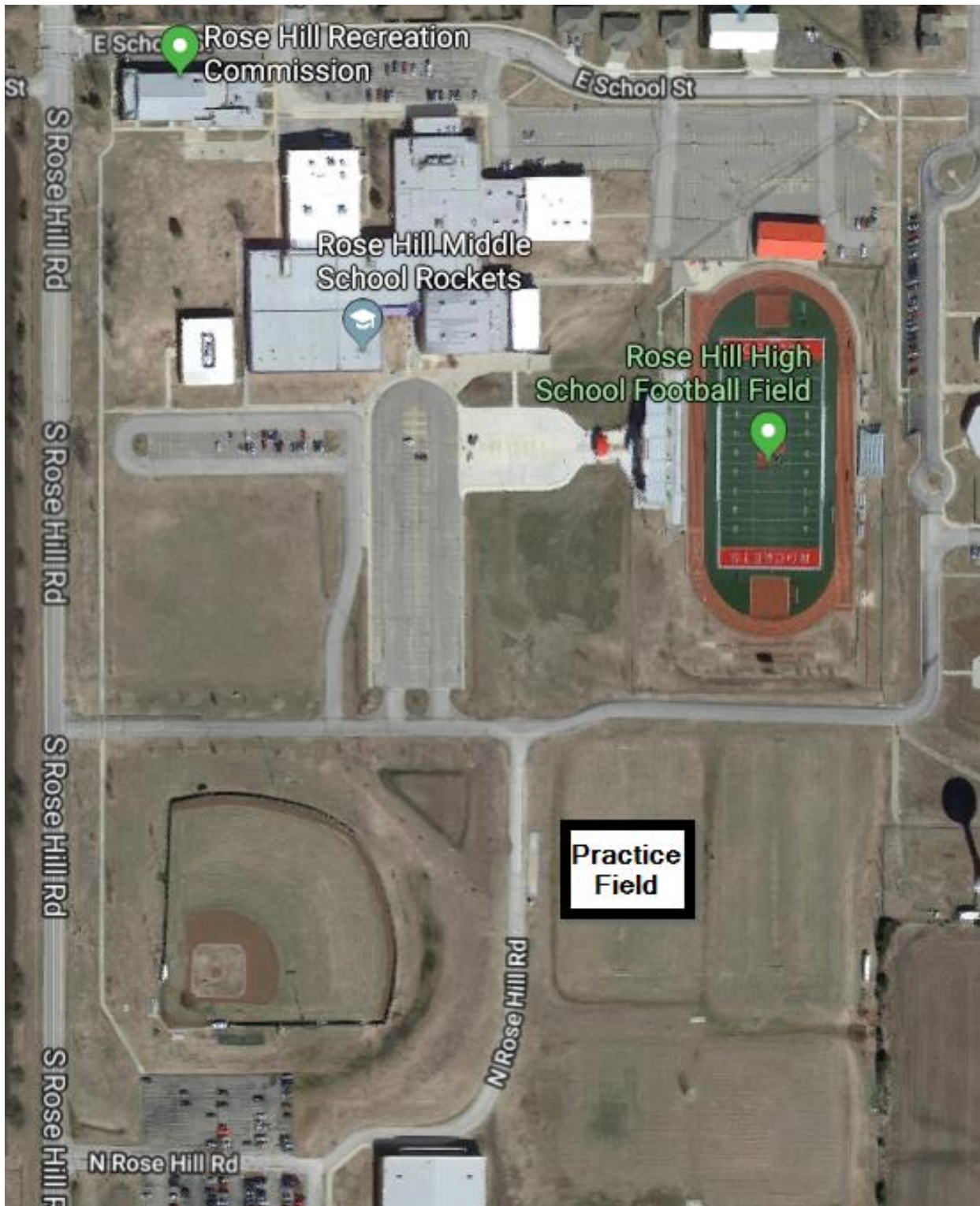
Players need to be at the game field at least 45 minutes prior to the start of the game. This is when we will be doing our stretching and warmups.

Game schedule will be handed out separately ASAP.

COVID Protocol

- **Boys will not be allowed to share water.**
- **Protective facemasks can be worn if family feels it is needed.**
- **Equipment will be cleaned before, during, and after practice.**
- **Footballs will be cleaned regularly during practice.**
- **If your son is not feeling good, please keep them out of practice.**
- **If anyone in your family contracts COVID, please reach out to me so that I can talk with coaches and our football board about proper protocol to follow to keep other team members safe.**

Thank you for signing your son up for football and let's have an amazing, fun, and winning season.



← September 2020 →

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2 PRACTICE - HELMET ONLY Wednesday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	3 PRACTICE - HELMET ONLY Thursday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	4	5
6	7	8 PRACTICE - FULL PADS Tuesday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	9 PRACTICE - FULL PADS Wednesday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	10 PRACTICE - FULL PADS Thursday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	11	12
13	14 PRACTICE - FULL PADS Monday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	15	16 PRACTICE - FULL PADS Wednesday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	17 PRACTICE - FULL PADS Thursday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	18	19 TBD AT 5TH/6TH GRADE Saturday, 11:00am CDT 🗓 TBD Tag(s): 5th/6th
20	21 PRACTICE - FULL PADS Monday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	22	23 PRACTICE - FULL PADS Wednesday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	24 PRACTICE - FULL PADS Thursday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	25	26
27	28 PRACTICE - FULL PADS Monday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	29	30 PRACTICE - FULL PADS Wednesday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	1	2	3

← October 2020 →

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1 PRACTICE - FULL PADS Thursday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	2	3
4	5 PRACTICE - FULL PADS Monday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	6	7 PRACTICE - FULL PADS Wednesday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	8 PRACTICE - FULL PADS Thursday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	9	10
11	12 PRACTICE - FULL PADS Monday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	13	14 PRACTICE - FULL PADS Wednesday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	15 PRACTICE - FULL PADS Thursday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	16	17
18	19 PRACTICE - FULL PADS Monday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	20	21 PRACTICE - FULL PADS Wednesday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	22 PRACTICE - FULL PADS Thursday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	23	24
25	26 PRACTICE - FULL PADS Monday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	27	28 PRACTICE - FULL PADS Wednesday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	29 PRACTICE - FULL PADS Thursday, 6:30pm CDT-8:00pm CDT 🗓 Tag(s): 5th/6th	30	31