





IRONMAN[®]

70.3[®] SUNSHINE COAST

2021 SWIM CAP & CATEGORY LETTERS

Category	Colour	Swim Cap	Male Category	Female Category
Pro Male	Black		A	
Pro Female	Silver			B
18-24 years	Powder Blue		C	D
25-29 years	Neon Pink		E	F
30-34 years	Yellow		G	H
35-39 years	Blue		I	J
40-44 years	Violet		K	L
45-49 years	Orange		M	N
50-54 years	Red		O	P
55-59 years	Dark Green		Q	R
60-64	Dark Purple		S	T
65+	Pearly Pink		65-69 U 70-74 W 75-79 Y 80+ years YY	65-69 V 70-74 X 75-79 Z 80+ years ZZ
Paratriathlete	Fluro Orange		PT	
Male Teams	Neon Green		MT	
Female Teams	Neon Green		FT	
Mixed Teams	Neon Green		XT	

Subject to change