August 5, 2020

TO: MHSA SCHOOL ADMINISTRATORS

FROM: MARK BECKMAN, EXECUTIVE DIRECTOR

RE: COVID-19 RULES REVISIONS

The MHSA Executive Board has approved the following revisions for certain MHSA activities regarding COVID-19:

1) **Music** – The MHSA will continue the selection process for the All State Music Festival. Auditions will be accepted up until midnight on September 1, 2020. Auditions that have been uploaded on OPUSEVENT.COM do not need to be reloaded. Auditions will be screened, and students will be selected for band, choir and orchestra. The students selected will receive an All State certificate from the MHSA. The MHSA Music Committee supports this action. **MHSA Contact – Scott Wilson**

2) **Physical Exams** - Because certain areas of the state are experiencing higher number of COVID-19 cases and there is a strain on health care professionals in those areas, student athletes may not be able to get a physical in their area before the start of practices. **Schools can request a waiver for a student athlete(s) who had a physical exam completed the previous year, however, any first-time participant must have a physical exam completed.** **MHSA Contact – Mark Beckman**

3) **Cross Country** – In our original requirements for cross country we limited the start to a maximum of 25 runners. However, the team can have seven runners participate so it makes more sense to have the maximum number as a multiple of 7. The maximum number to start a race is now 28. **MHSA Contact – Kip Ryan**

4) **Golf** – If a golf meet has five or fewer schools a shotgun start does not have to be used however there can't be any gathering by teams waiting for their tee time (they must stay in their team staging area practicing proper social distancing until called to the tee). **MHSA Contact – Brian Michelotti**

   Warm-ups - During multi-team events, shotgun starts are required and teams can report to their starting hole and use the previous green to practice chipping and putting. The amount of time allowed will be determined by the meet manager. **MHSA Contact – Brian Michelotti**

5) **Stunting** – we have received many comments and concerns about cheerleaders not being able to stunt. After further review and consultation with USA Cheer and other states in our western region, the Board approved allowing stunting if masks are worn. Further guidance will follow from the MHSA office. **MHSA Contact – Mark Beckman.**

Thank you and if you have any questions please contact the appropriate staff member. Take care, stay safe and have a great weekend.