



LACROSSE PROGRAMMING

2025 - 2026

<p>Session I: Fall Specialty Clinics</p> <p>Dates: Sept. 14, 21, 28 / Oct. 5, 12 Time: 10am-11am Ages: Boys / Grades 3-12</p> <p>Introducing the Fall Specialty Clinics that will allow players to focus on skill development and prepare for the upcoming Spring Season. These clinics will provide players the opportunity to focus on specific positions & areas of the game including: Goalies / Face-Offs, Long Sticks, Shooting, Offensive Skills, Defensive Skills. Each topic is scheduled for a specific date. Register individually or for a set of 3 or 5!</p>	<p>Session II: SIXES</p> <p>Dates: Oct. 19, 26 / Nov. 2, 9, 16, 30 / Dec. 7, 14 Time: 9a-10:30a (Grades 9-12) / 10:30a-12pm (Grades 5-8) Ages: Boys / Grades 5-12</p> <p>Focus on the program will be entirely on competition, game play & game situations. Get on the field and competing to maximize your in-game situation experience!</p>
<p>2025 Winter Break Warm Up Lax Clinic</p> <p>Date: December 29, 2025 Time: 9am-12pm Ages: Boys / Grades 2-8</p> <p>Join us for a morning of fun on the lacrosse field. This half day lacrosse clinic will focus on skill development, strategic understanding and game play for male players in Grades 2-8. The coaching staff will engage all players in offensive and defensive exercises and provide practical application to game situations.</p>	<p>Session III: SIXES & SKILLS</p> <p>Dates: Jan. 11, 18, 25 / Feb. 1, 22 / March 1, 8, 15 Time: 10a-11a (Grades 2-4) / 11a-12:30p (Grades 5-7) / 12:30p-2p (Grades 8-10 & 11-12 with less than 3 years experience) Ages: Boys / Grades 2-12</p> <p>The program will kick off each week with skill work, followed by organized periods of competition to conclude it. The program will include scheduled and dedicated time to drill specific areas of the game: face-offs, goalies, shooting, long pole skills, attack skills, and mid field skills.</p>
<p>2026 Summer Lax Camp</p> <p>Dates: June 29 – July 2 / August 3 – August 6 Time: Full Day: 8:30a-3:30p / Half Day: 8:30a-12pm Ages: Boys / Grades 2-8 for the 2026-2027 School Year</p> <p>Don't miss out on this great opportunity for players to continue to improve their skills and prepare for the upcoming season in a climate-controlled facility! The 2026 Summer Lax Camp will provide players with a fun, positive environment to continue to develop their skills in an engaging atmosphere with high quality instruction. Players will work on defensive situations, offensive situations, in-game tactics, and player skills.</p>	<p>2026 Summer High School Boys Lax Pick Up Nights</p> <p>Dates: July 8, 15, 22, 29 / Aug. 5, 12 Times: 7pm-8pm Ages: Boys / Grades 9-12 for the 2026-2027 School Year</p> <p>Calling all HS aged lacrosse players! Don't miss out on the opportunity to continue to develop and prepare for the Spring HS season! These events are based in open play and game situations and are guided by current high school coaches who will officiate, ensure safety, and game management all while providing the players the opportunity to grow and develop!</p>

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