

Friday Track Schedule

Time	Division	Competition
9:00am	MID. GIRLS	80 m Hurdle Heats
	JR. GIRLS	80 m Hurdle Heats
	SR. GIRLS	80 m Hurdle Heats
9:40	MID. BOYS	100 m Hurdle Heats
	JR. BOYS	100 m Hurdle Heats
	SR. BOYS	100 m Hurdle Heats
10:25	MID. GIRLS	1500m Timed Finals
	MID. BOYS	1500m Timed Finals
	JR. GIRLS	1500m Timed Finals
11:10	JR. BOYS	1500m Timed Finals
	SR. GIRLS	1500m Timed Finals
	SR. BOYS	1500m Timed Finals
11:55	MG QUAD	100m Quads Timed Finals
	MB QUAD	100m Quads Timed Finals
	JG QUAD	100m Quads Timed Finals
	JB QUAD	100m Quads Timed Finals
	SG QUAD	100m Quads Timed Finals
	SB QUAD	100m Quads Timed Finals
	12:55pm	MID. GIRLS
MID. BOYS		100 m Heats
JR. GIRLS		100 m Heats
1:35	JR. BOYS	100 m Heats
	SR. GIRLS	100 m Heats
	SR. BOYS	100 m Heats
2:15	MID. GIRLS	400 m Heats
	MID. BOYS	400 m Heats
	JR. GIRLS	400 m Heats
2:55	JR. BOYS	400 m Heats
	SR. GIRLS	400 m Heats
	SR. BOYS	400 m Heats
Break 3:40 – 4:30		
4:30	MID. GIRLS	80 m Hurdle Timed Finals
	JR. GIRLS	80 m Hurdle Timed Finals
	SR. GIRLS	80 m Hurdle Timed Finals
5:00	MID. BOYS	100 m Hurdle Timed Finals
	JR. BOYS	100 m Hurdle Timed Finals
	SR. BOYS	100 m Hurdle Timed Finals
5:30	MID. GIRLS	400m Timed Finals
	MID. BOYS	400m Timed Finals
	JR. GIRLS	400m Timed Finals
	JR. BOYS	400m Timed Finals
	SR. GIRLS	400m Timed Finals
	SR. BOYS	400m Timed Finals

FRIDAY FIELD SCHEDULE

Time	Division	Competition
9:00 AM	MID. BOYS	High Jump
	MID. GIRLS	Discus
	JR. BOYS	Long Jump
	JR. GIRLS	Pole Vault
	JR. GIRLS	Shot Put
	SR. BOYS	Javelin
	SR. GIRLS	Triple Jump
11:30 AM	MID. BOYS	Javelin
	MID. GIRLS	High Jump
	JR. BOYS	Pole Vault
	JR. BOYS	Shot Put
	JR. GIRLS	Triple Jump
	SR. BOYS	Long Jump
	SR. GIRLS	Discus
1:45 PM	MD. Boys	Quad LONG JUMP (Pit 1)
	MD. Girls	Quad SHOT PUT (Circle 1)
	JR. BOYS	Quad LONG JUMP (Pit 2)
	JR. GIRLS	Quad SHOT PUT (Circle 2)
To Follow	SR. BOYS	Quad LONG JUMP (Pit 1)
To Follow	SR. GIRLS	Quad SHOT PUT (Circle 1)
Break 3:30 – 4:00		
4:00 PM	MD. BOYS	Quad SHOT PUT (Circle 2)
	MD. GIRLS	Quad LONG JUMP (Pit 2)
	SR. BOYS	Quad SHOT PUT (Circle 1)
	SR. GIRLS	Quad LONG JUMP (pit 1)
To Follow	JR. BOYS	Quad SHOT PUT (Circle 2)
To Follow	JR. GIRLS	Quad LONG JUMP (Pit 2)
5:15 PM	MID. BOYS	Long Jump
	MID. GIRLS	Triple Jump
	JR. BOYS	Javelin
	JR. GIRLS	Discus
	SR. BOYS	Pole Vault
	SR. BOYS	Shot Put
	SR. GIRLS	High Jump

6:15	MG QUAD	800m Quad Timed Finals
	MB QUAD	800m Quad Timed Finals
	JG QUAD	800m Quad Timed Finals
	JB QUAD	800m Quad Timed Finals
	SG QUAD	800m Quad Timed Finals
	SB QUAD	800m Quad Timed Finals
6:45	WHEELCHAIR	100m Timed Finals
6:50	MID. GIRLS	100 m Timed Finals
	MID. BOYS	100 m Timed Finals
	JR. GIRLS	100 m Timed Finals
7:20	JR. BOYS	100 m Timed Finals
	SR. GIRLS	100 m Timed Finals
	SR. BOYS	100 m Timed Finals