

COVID-19 Preparedness Plan for FURY AAA Ilc

FURY AAA Ilc is committed to providing a safe and healthy environment for all our coaches/parents and families we serve. To ensure we have as safe and healthy environment, we have developed the following COVID-19 Preparedness Plan in response to the COVID-19 pandemic. Managers, coaches and parents are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our communities, and that requires full cooperation among our coaches/parents and families we serve. Only through this cooperative effort can we establish and maintain the safety and health of our coaches/parents and families we serve.

Coaches/parents and managers are responsible for implementing and complying with all aspects of this COVID-19 Preparedness Plan. FURY AAA Ilc coaches and managers have our full support in enforcing the provisions of this policy.

Our coaches/managers and players are our most important assets. We are serious about safety and health and keeping our coaches, managers, parents and players healthy at FURY AAA. Coach and family involvement is essential in developing and implementing a successful COVID-19 Preparedness Plan. We have involved our coaches and managers in this process. Our COVID-19 Preparedness Plan follows Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines, federal OSHA standards related to COVID-19 and Executive Order 20-48, and addresses:

- hygiene and respiratory etiquette;
- engineering and administrative controls for social distancing;
- cleaning, disinfecting, decontamination and ventilation;
- prompt identification and isolation of sick persons;
- communications and training that will be provided to managers and coaches to ensure effective implementation of the plan.
- protection and controls for pick-up and drop-off
- communications and instructions for families.

Screening and policies for employees exhibiting signs and symptoms of COVID-19

Coaches, managers and parents have been informed and provided resources listed in appendix A below to self-monitor for signs and symptoms of COVID-19. The following policies and procedures are being implemented to assess coaches, managers and players of health status prior to participating in any Fury AAA related activity and for coaches, managers and parents to report when they are sick or experiencing symptoms.

- All on ice coaches / managers must self-assess temperature prior to any Fury AAA related activity using acceptable temperature measuring devices for doing so. Temperature can be taken in any normally accepted manner to ensure accurate results. Coaches, managers, and players with fever, cough or exhibiting any signs of symptoms of cold or flu are not allowed to participate in any Fury AAA interactive activity with coaches, players or parents.
- Coaches, managers and parents must stay informed of current information regarding Covid 19 using resources available in appendix A and or other resources.
- Parents will assess health and safety of players prior to every practice. Evaluate using acceptable practices to assess temperature and visual assessment of health. Coaches and managers may also assess temperature prior to any FURY AAA event. If either a player or one of their household members has a fever, cough or exhibiting any signs of symptoms of cold or flu or have tested positive for COVID-19 are not allowed to participate in any Fury AAA interactive related activity with players or coaches. Parent must contact team coaches and managers of condition. Player is not allowed to return to interactive Fury AAA activities until they have been cleared by a health care professional.
- Parents exhibiting any symptoms related to Covid 19 will contact coaches and managers and their family members will abstain from all Fury AAA interactive activities until having been cleared by a health care professional
- Coaches will closely monitor players and other coaches on the ice for signs and symptoms related to Covid 19. Any player or coach exhibiting any symptoms such as consistent coughing must be asked to leave immediately.
- If a player is asked to stop participating in an activity for suspected Covid 19 symptoms, coaches will either hand them off to a team manager or the player's parents directly. Coaches and managers will contact parents using current emergency contact information and confirm pickup. Coaches or Managers will assist with player egress from activity and delivery to parents maintaining a safe distance.
- Coaches, managers and players with suspected symptoms of covid 19 are not allowed to return to interactive Fury AAA activities until they have been cleared by a health care professional.
- Parents must inform managers and coaches of any changes to emergency contact information and changes to medications and prescriptions

Commented [CN1]: From a practical perspective, if the parents are not allowed in the rink then the coach would have to leave the rink to care for the ill player and find the parent....leaving the other players alone on the rink. I would say that the managers could maybe stay at the rink to take care of that duty if needed, but that doesn't work either if the manager isn't at the practice because their kid isn't.

FURY AAA llc has implemented leave policies that promote coaches/parents staying at home when they are sick, when household members are sick, or when required by a health care provider to isolate or quarantine themselves or a member of their household. Accommodations for coaches or managers with underlying medical conditions or who have household members with underlying health conditions will be made.

FURY AAA llc has also implemented a policy for informing coaches/parents if they have been exposed to a person with COVID-19 at a Fury AAA activity and requiring them to quarantine for the required amount of time.

- Coaches or managers will abstain from all interactive Fury AAA activities until having been cleared by a health care professional

In addition, a policy has been implemented to protect the privacy of coaches, managers, players and parents' health status and health information. **No information regarding the infection status of an individual will be shared outside of coaches/managers and Fury AAA administrators. All players, coaches and managers in contact with that coach, manager or player will be notified that they have come in contact with a suspected case of Covid 19 with no personal identifying information provided. It will be recommended that any contact with a confirmed case of Covid 19 have testing performed to assess infection.**

Handwashing

Basic infection prevention measures are being implemented at our workplaces at all times. Coaches/parents are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout the day, but especially at the beginning and end of their shift, prior to any mealtimes and after using the toilet. All customers and visitors to a Fury AAA event will be required to wash or sanitize their hands prior to or immediately upon entering the facility. Hand-sanitizer dispensers (that use sanitizers of greater than 60% alcohol) are at entrances and locations in the ice rink so they can be used for hand hygiene in place of soap and water, as long as hands are not visibly soiled.

- Players will keep gloves on except for putting on equipment prior to an ice time or removing after an ice time
- Ideally players will enter rink and leave rink without ever having removed gloves until they are back to their vehicle
- Players, coaches, managers and parents should avoid touching any surfaces within the arena
- Helmets will remain on players and coaches at all times during the ice time
- Water bottles that squirt and do not require removing gloves to open face visors shall be used
- Equipment should be left to air out in the sun after usage for a minimum of 4 hours to mitigate contamination.

Respiratory etiquette: Cover your cough or sneeze

Coaches/parents, customers and visitors are being instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing and to avoid touching their face, in particular their mouth, nose and eyes, with their hands. They should dispose of tissues in provided trash receptacles and wash or sanitize their hands immediately afterward. Respiratory etiquette will be demonstrated on posters and supported by making tissues and trash receptacles available to all coaches/parents, customers and visitors. **Coaches, managers and parents will remind players of the importance of covering coughs and protecting others. Continued non-compliance will result in removal of that player for the safety of others.**

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Social distancing

Social distancing of six - ten feet will be implemented and maintained between coaches, managers, parents and players as well as visitors in the ice arena through the following controls:

- Players should be dropped off no more than 7 minutes prior to the scheduled ice time to respect players that are leaving the arena
- Players will be ready for pick-up within 7 minutes after their scheduled ice time
- At no time shall any player be within 6 feet of another parent, player, coach or manager
- All players shall wear a mask or similar face covering while outside of vehicles on arena property to reduce respiratory aerosol spread. This may enhance your players conditioning, similar to athletes that train using oxygen deprivation masks.
- Players will enter the arena as they are dropped off and in an orderly manner maintaining 6-10 feet buffer between one another at all times.
- Players are encouraged to come fully dressed with skates on and proceed directly to the ice, remove skate guards and enter rink.
- Parents that are needed for tying skates should have their player fully dressed with skates on when they arrive at the arena and use skate guards.
- Players that do not have skates on will enter rink, find area to sit that is as close as possible to the ice including player benches. First player in is the first on the ice. Following players will distance themselves from the player in front of them maintaining a 6-10 foot buffer from any other player, except players in same household or immediate family members. Players will immediately put on skates, gloves and helmet and be ready to enter the ice as soon as the player in front of them has entered the ice
- Players will maintain a 6-10 foot buffer at all times on the ice from other players and parents except for players in the same household
- Egress from the rink will happen in an orderly fashion and be the opposite of entry. Players that wore skate guards will leave through entry door closest to exit. Players will maintain a 6-10 foot buffer until they are at their vehicle.
- Players that did not have their skates on when they arrived will leave the ice in the order that players entered with the last player on the ice being the first to leave after players that were fully dressed. That player is expected to go directly to where they left their shoes, undress quickly and be the first to leave, maintaining a 6-10 foot buffer. This will be done for all subsequent players.
- Spectators that are not managers, individuals working in a capacity to assist or facilitate an activity or voluntarily overseeing an activity as health care personnel or personal trainer, are only allowed to spectate where ice arena policies allow them to do so.
- Spectators should maintain 6-10 feet from one another at all times, except family members, and only enter the rink after the ice time has started and leave prior to the end of the ice time to avoid contact with players, managers and coaches as they exit the rink.
- Spectators must wear masks or face coverings as well as gloves at all times and avoid removing them while inside of the rink.
- All players, coaches and managers must exit the arena within 7 minutes of the end of their ice time

Commented [CN2]: Does this mean while they are on the ice they need to wear a mask?

Cleaning, disinfection, and ventilation

Regular housekeeping practices are being implemented, including routine cleaning and disinfecting of all equipment used during the course of an activity. Players are responsible for cleaning and disinfecting their own equipment. Coaches will wipe down surfaces and areas used when leaving the rink.

- Fury AAA llc will contact any arena where an individual suspected of Covid 19 as been within the facility

Communications and training

This COVID-19 Preparedness Plan was communicated via the website and email to all coaches, managers and parents on 5/20/2019 and necessary access to training was provided. Additional communication and training will be ongoing **via coach/manager meetings** and provided to all coaches, managers and parents who did not receive the initial training. Instructions will be communicated to customers and visitors about: how drop-off, pick-up and indoor activities will be conducted to ensure social distancing between players, families, coaches and managers; required hygiene practices; and recommendations that players and parents use face masks when dropping off, picking up inside of the ice arena. Visitors will also be advised not to enter the ice arena or join in any interactive face-to-face activity if they are experiencing symptoms or have contracted COVID-19. Coaches and managers and families are to monitor how effective the program has been implemented by providing feedback to coaches and managers. Coaches and managers and parents are to work through this new program together and update the training as necessary. This COVID-19 Preparedness Plan has been certified by **FURY AAA llc** and was posted on our website. It will be updated as necessary.

Certified by:
Len Lopez & Matt Cook
Fury AAA Development Directors

Appendix A – COVID-19 Preparedness Plan Resources

Links

Guidance for Social Distancing in Youth Sports -

<https://www.health.state.mn.us/diseases/coronavirus/schools/youthsports.pdf>

Minnesota Hockey Return to Play guidelines -

https://cdn3.sportngin.com/attachments/document/7d29-2168323/Minnesota_Hockey_Return_To_Play_FINAL.pdf#_ga=2.202381137.1354049333.1590510524-634105203.1589132415

CDC Youth Sport Recommendations

<https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html>

General

Centers for Disease Control and Prevention (CDC): Coronavirus (COVID-19)

www.cdc.gov/coronavirus/2019-nCoV

Minnesota Department of Health (MDH): Coronavirus – www.health.state.mn.us/diseases/coronavirus

State of Minnesota: COVID-19 response – <https://mn.gov/covid19>

Businesses

CDC: Resources for businesses and employers – www.cdc.gov/coronavirus/2019-ncov/community/organizations/businesses-employers.html

CDC: General business frequently asked questions – www.cdc.gov/coronavirus/2019-ncov/community/general-business-faq.html

CDC: Building/business ventilation – www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html

MDH: Businesses and employers: COVID-19 – www.health.state.mn.us/diseases/coronavirus/businesses.html

MDH: Health screening checklist – www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf

MDH: Materials for businesses and employers – www.health.state.mn.us/diseases/coronavirus/materials

Minnesota Department of Employment and Economic Development (DEED): COVID-19 information and resources – <https://mn.gov/deed/newscenter/covid/>

Minnesota Department of Labor and Industry (DLI): Updates related to COVID-19 – www.dli.mn.gov/updates
Federal OSHA – www.osha.gov

Handwashing

MDH: Handwashing video translated into multiple languages – www.youtube.com/watch?v=LdQuPGVcceg

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Respiratory etiquette: Cover your cough or sneeze

CDC: www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html

CDC: www.cdc.gov/healthywater/hygiene/etiquette/coughing_sneezing.html

MDH: www.health.state.mn.us/diseases/coronavirus/prevention.html

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Social distancing

CDC: www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html

MDH: www.health.state.mn.us/diseases/coronavirus/businesses.html

Housekeeping

CDC: www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html

CDC: www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html

CDC: www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html

Environmental Protection Agency (EPA): www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2

Employees exhibiting signs and symptoms of COVID-19

CDC: www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html

MDH: www.health.state.mn.us/diseases/coronavirus/basics.html

MDH: www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf

MDH: www.health.state.mn.us/diseases/coronavirus/returntowork.pdf

State of Minnesota – <https://mn.gov/covid19/for-minnesotans/if-sick/get-tested/index.jsp>

Training

CDC: www.cdc.gov/coronavirus/2019-ncov/community/guidance-small-business.html

Federal OSHA: www.osha.gov/Publications/OSHA3990.pdf

MDH: www.health.state.mn.us/diseases/coronavirus/about.pdf

Change history

Version 1.0

Len – Creation 5/1/2020

Cindy N – Updates 5/25/2020

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