

# How to Identify and Develop LEADERS in Your Team





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# 4 COMPONENTS OF SOCCER

1. TECHNICAL ABILITY-skill
2. TACTICAL ABILITY-decision making
3. PHYSICAL ABILITY-strength, speed and agility
4. LEADERSHIPABILITY-the key piece to team excellence

How to Identify and Develop  
LEADERS in Your Team



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**"Leadership** is not about a title or a designation.

It's about **impact, influence and inspiration.**

**Impact** involves getting results,  
**influence** is about spreading the passion  
you have for your team and their success,  
and you have to  
**inspire** others to follow your passion for  
excellence

**If You Strive For EXCELLENCE Success Will Follow**



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**JOHN WOODEN: “ A LEADERS MOST POWERFUL  
ALLY IS HIS OR HER OWN EXAMPLE”**

**ABBY WAMBACH: “THE TASK OF LEADERSHIP IS  
NOT TO PUT GREATNESS INTO PEOPLE BUT TO  
ELICIT IT FOR THE GREATNESS THAT IS ALREADY  
IN PEOPLE”**

**SUN TZU: “A LEADER LEADS BY EXAMPLE NOT  
BY FORCE”**



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# Leadership is a Learned Behavior

**What is Your Role as Coach? (by default, have title of Leader)**

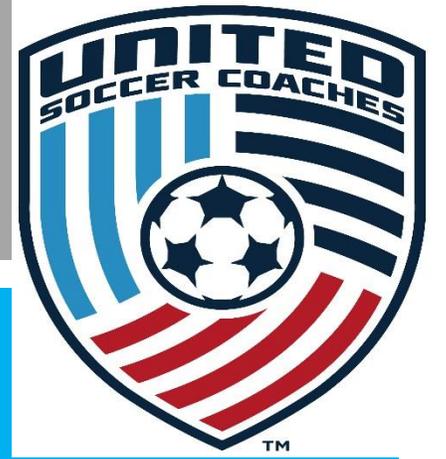
**How Do You Model the Behavior you desire in a LEADER? What Behaviors do you desire in a Leader?**

- 1.
- 2.
- 3.
- 4.
- 5.



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# Leaderability



- AUTHENTIC
- HONEST
- RESPECTFUL
- RELIABLE
- TRUTHFUL
- PUNCTUAL
- TRUSTFUL
- HUMILITY
- IMPACTFUL

ACCOUNTABLE  
INDUSTRIOUS  
COMPASSIONATE  
MATURE  
FAIR  
INCLUSIVE  
LOYAL  
INSPIRING  
COURAGE



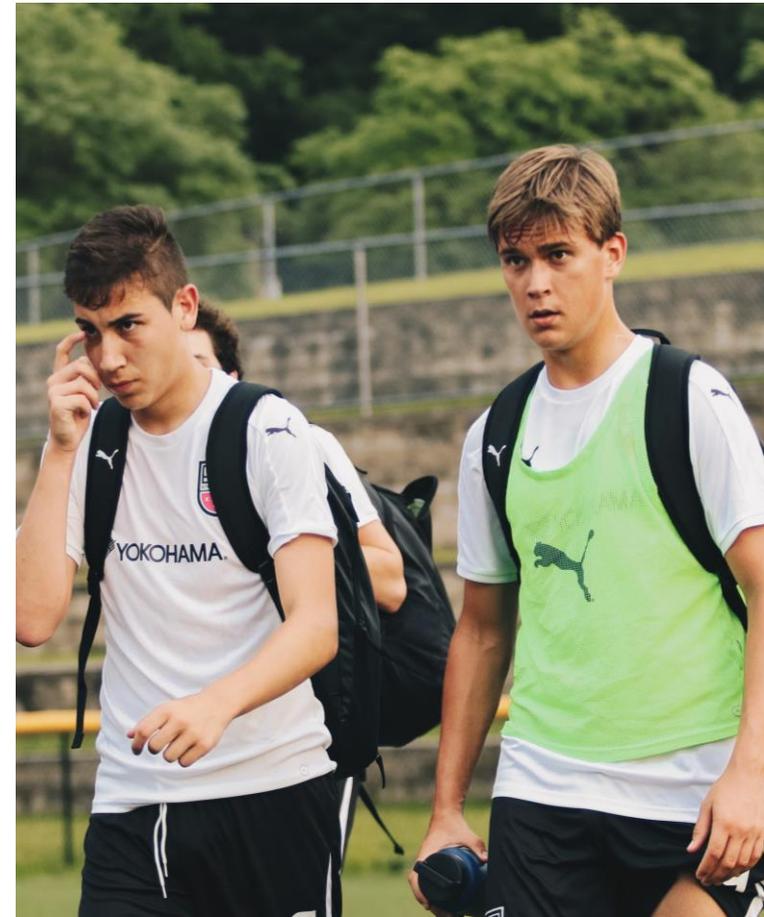
## John Wooden's Pyramid of Success



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# Identifying Your Leader(s)

- Coaching is Observing and Observing is Coaching
  - Player-Player Interaction
  - Player-Coach Interaction
  - Class-Class Interaction
  - Player to Opponents
  - Player to Officials
  - Player to Others
    - Teachers-Cafeteria Staff-Other students-Parents





Ryan Arcidiacono: Only Villanova Freshmen Captain

**Jay Wright on Ryan Arcidiacono: Ryan set the example of what Villanova basketball is about on the court in games and in practice, in the locker room, in the dining hall and on campus. I trusted him to lead, and he never wavered in that responsibility.**



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# LEADER OR CAPTAIN? 20 WAYS TO LEAD

1. As a team captain, one of the things you control each day is your effort. Effort is a cornerstone value that you can control and allow oneself to be the best.
2. While well done is greater than well said, don't just show effort, demand it vocally to your teammates. Reminder: If you don't give 100% effort 100% of the time you will have NO credibility as a Captain and Teammate. Ask yourself after each practice and match: DID I?
3. Stay humble and hungry.
4. Try to be the best you can be. Pursue excellence.
5. Stay positive and spread that positivity. Attitude-Attitude! You control this.
6. Don't complain.
7. Work hard for your team. Put your team first. Give credit where credit is due.
8. If you want commitment, be committed.
9. Be consistent in your attitude, effort, and actions.
10. If you respect everyone, they will respect you -YOU represent the team! (Teammates, Coaches, Officials, Trainers, Professors, Dining Hall workers etc.)
11. Without communication, you can't build trusting relationships
12. Connect with your teammates. Get to know them as people on and off the field.
13. Be selfless.
14. Show you care, don't just say how much you care.
15. Be a loyal friend to your teammates (on and off the field).
16. Love your team first. Commit to that. They will then love you back.
17. Be willing to sacrifice some of your wants for what the team needs.
18. Eliminate the word I and replace it with WE
19. Be willing to do the thankless jobs for the good of the WE
20. You wear the **C** armband: Courage, Character, Commitment, Communication. Embrace these words in your role as **CAPTAIN**



# IN THE CLASSROOM



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Present PowerPoint/Video etc. to introduce the idea and Importance of Being a Leader in the Team

Divide Team (or allow players to do) into even number groups

They must select key characteristics of Leaders (shared in PowerPoint or through group discussion)

Allow time for group discussion with you and assistants observing group interaction, individual behavior

Group must select one member to present to the overall group what they created for their Leadership Model

(Encourage creativity-use example of Wooden's Pyramid of Success )

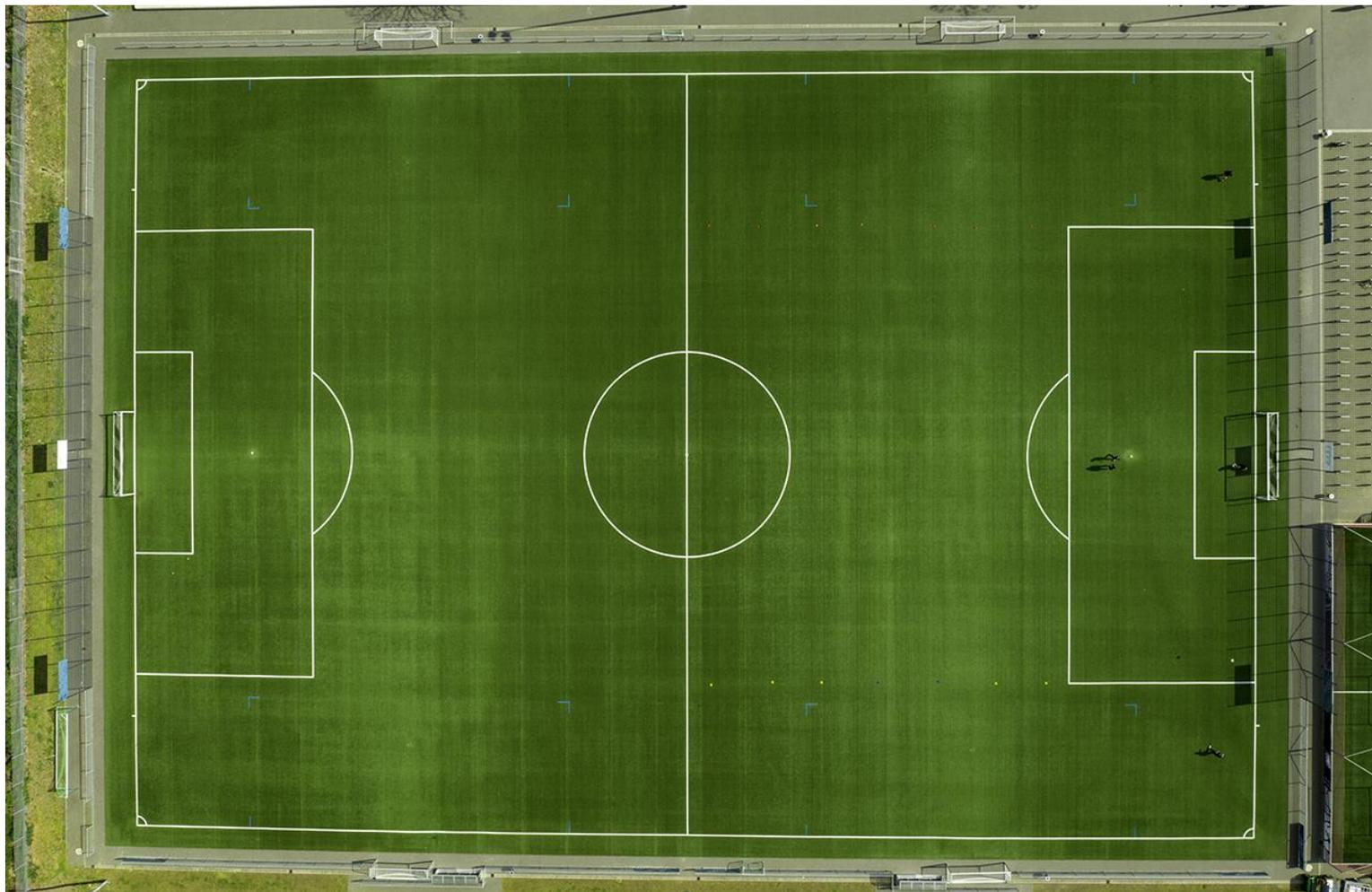
At conclusion create an agreed upon Leadership Model for the TEAM. Make it Part of e Player expectations no different than what is expected of players while on the field.

Reinforce key Leadership behaviors throughout the season.



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# On the Field



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Mark out a training area or use field markings to create a training area (center circle-18 yd box etc)

Randomly place training equipment in each training area, Be creative by making no two alike.

EX: 5 balls/8 cones/2 training sticks/1 bib

EX. Nothing

Coach or Players divide themselves evenly and go to one of the training areas

Allow a period of time (1-3 minutes) for players to create a training exercise in that training area using All the equipment that the coach placed there.

Like the classroom, coach and assistants observe the group and individual players work to create the “session” Who is leading? How do they lead? Individual or Collective?

Allow players to “play” the exercise that they created for a period of time.

Groups move after “session” is over and move to a new one.



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# LEADERSHIP

Suggested Reading

## Suggested Reading

### **For Players:**

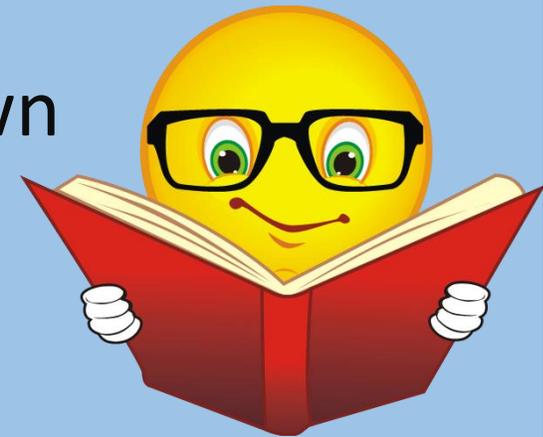
The Boy's in the Boat by Daniel J. Brown

Hard Hat by John Gordon

### **For Coaches:**

Legacy: 15 Lessons in Leadership by James Kerr

Turn this Ship Around by David Marquette



LEADERS FIND STRENGTH IN THOSE WHO FOLLOW  
AND GREAT LEADERS GIVE STRENGTH TO THOSE  
WILLING TO FOLLOW

