



**2020-2021  
COVID 19 MITIGATION PLAN**

**UPDATED & APPROVED  
10/21/2020**

# OVERVIEW

The goal of the mitigation plan is to ensure the fullest possible seasons for our skaters and to maximize their ice time during the COVID19 pandemic by mitigating the spread of the virus within our organization to the best of our ability.

The mitigation plan will be reviewed:

1. Every 30 days; and,
2. Whenever new guidance/guidelines/mandates are issued by local, state, or federal authorities.

It should be expected that the plan and guidelines will change throughout the season; we hope for the better, resulting in the loosening of facility restrictions and greater access.

The plan was drafted utilizing guidance documents from the CDC, USA Hockey, WAHA, US Ice Rinks Assoc., US Figure Skating; and in consultation with Manitowoc County Figure Skating (a joint tenant) and Manitowoc County (the landlord).

The plan was adopted as updated by the Board on 10/21/2020 under advisement of the ad hoc COVID Task Force established by the Board of Directors.

**To report COVID exposure, symptoms, of positive test results and receive guidance on return to hockey activity email:**

[mcyha.covid@gmail.com](mailto:mcyha.covid@gmail.com)

Other questions regarding the MCYHA COVID 19 Mitigation Plan can be directed to MCYHA Vice President Matt Kadow: [matt.abouth2o@gmail.com](mailto:matt.abouth2o@gmail.com)

# ARENA & SPECTATOR BASICS

- All skaters/legal guardians (if skater is under the age of 18) need to complete a waiver before entering the building to begin the season.
- **Masks are required at all times.**
  - Coaches must wear masks on-ice
  - Protective shields and/or social distance required for skaters.
- **No spectators or parents in the facility.**
- Only the skaters, coaches and approved volunteers should enter the facility. At this time we ask that all parents wait outside of the facility.
- All skaters/coaches need to enter the main ice center door, no entrance by anyone by any other door.
- The doors will be clearly marked for designated entry and exit.
- There will be hand sanitizer just inside the front doors.
- All participants and coaches should use it upon entering the rink.
- At the start of the season, there will be no public skate sessions
- At the start of the season, there will be no concessions.
- Upstairs viewing area and conference room are closed.
- Restrooms should only be used for urgent use.
- Skaters are not allowed to loiter or explore other parts of the rink.
- **Skaters/coaches that do not feel well or are sick must stay home.**
- Cleaning will happen during the transition times.

# PLAYER BASICS

- Disclaimer: USA Hockey recommends coaches and children in high risk categories related to COVID-19 contraction not participate in any on-ice activity.
- Check in on your player's health daily. **Do not attend practices or games if your child is not feeling well for any reason, including: fever of 100.4 or greater, new cough, loss of taste or smell, or GI symptoms.**
- Players will be allowed to enter the MCIC approx. 10 minutes prior to their ice time. Please do not arrive early for your ice time.
- Locker rooms will be closed to begin the season.
  - Players at the squirt level and higher are encouraged to come as dressed as able.
  - Socially distanced chairs will be available for players to ready.
  - A dedicated ready area will be designated for goalies to safely gear up.
- Players MUST bring their own, **filled and labeled**, water bottle. The MCIC drinking fountains are shut down. Sharing of water bottles is absolutely prohibited.
- Players must wear their mask through the lobby area. They may remove it in the arena area when they are ready to put on their shielded helmet.
- Players are expected to exit the facility as quickly as is practicable after their ice time. Players should not linger for discussions.
- Players are expected to be picked up in a timely manner.
- Players at the Squirt level who need assistance with skate tying may be accompanied by one parent only in order to ready for ice-time.
- Players are not to share any individual gear such as: skates, sticks, helmets, etc.

## PARENTS OF PLAYERS AT MULTIPLE LEVELS

- Contact Matt Kadow ( [matt.abouth2o@gmail.com](mailto:matt.abouth2o@gmail.com) ) and inform him of which players at which levels. We will work to accommodate these conflicts within the parameters of the mitigation guidelines, but first we need a full scope of the conflicts we are looking to accommodate.

## MITES PLAYERS

- Mite players will need to arrive dressed, 10 mins. before their scheduled ice time (due to unprotected exposure guidelines).
- Parents must remain masked and socially distanced, even when in the rink area. Parents are expected to exit the arena when their skater is ready to skate.
- Mite Team Managers will remain masked, in-rink to communicate an individual player's needs to parents or to direct parents inside should they be needed by the coach or skater.

## COACHES BASICS

- Disclaimer: USA Hockey recommends coaches and children in high risk categories related to COVID-19 contraction not participate in any on-ice activity.
- Coaches should remain home if they feel unwell for any reason, including: **fever of 100.4 or greater, new cough, loss of taste or smell, or GI symptoms.**
- Coaches MUST wear a mask at all times in the MCIC; including on-ice.
- Coaches should communicate practice plans to coaching staff prior to practice to make best use of our limited time and rigid schedule.
- Benches are for games and scrimmages only. Bench use is prohibited during practice.
  - During game and scrimmage scenarios, players should maintain as much distance on the bench as is possible.

- Home and Away coaches must be masked during games at MCIC.
- Coaches should monitor player wellness on-ice. Any player exhibiting signs of illness of any sort, should be dismissed from practice.
- Coaches should work with a designated cohort of their rostered team.
- Players are prohibited from cleaning up pucks or other training gear as we work to minimize contacts with potential transmission points. Clean up of pucks and practice aids are the responsibility of coaches. Plan your practices accordingly.
  - Coaches of teams with goalies who share gear. You are responsible for the sanitation of that gear before it transferred to the goalie utilizing it.
  - HELMET SHARING BY ANY PLAYER OR GOALIE IS PROHIBITED.
- Coaches should maintain social distancing when engaging with on-, or off-ice officials, opposing coaches, and game volunteers.
- Teams SHALL NOT engage in handshakes. Stick taps, waves, or some other team-agreed upon overture of respect to the opponent should be substituted.
- Dryland Training cannot currently be conducted in the building. Coaches are encouraged to plan socially distanced outdoor training opportunities if they are able, and to utilize USA Hockey's Dryland Training Videos as a supplement for your players while away from the rink.
- Coaches should be flexible in their attendance policies as it relates to illness-related absence.

## **MCYHA POLICIES ON SYMPTOM PRESENTATION & OUTBREAK MITIGATION**

- WORTH REPEATING: Any player or coach that is not feeling well, or is ill, MUST stay home. **Do not attend practices or games if your child is not feeling well for any reason, including: fever of 100.4 or greater, new cough, loss of taste or smell, or GI symptoms.**

- WORTH REPEATING: All individuals should monitor their and their player's health daily, including temperatures. Do not attend MCYHA practices, games, or other events if you or your player is feeling unwell or registers a temperature of 100.4 degrees or higher.
- WORTH REPEATING: Coaches should monitor for symptoms during practice. Any player exhibiting symptoms of any illness, but including the following symptoms **fever of 100.4 or greater, new cough, loss of taste or smell, or GI symptoms** is to be dismissed from the ice for the remainder of practice.
  - After removing applicable gear, player is to mask up and wait for their parent/guardian in the lobby.
- If a player or family member has been **exposed, unprotected, to a COVID positive case**, you must report it to the MCYHA COVID Task Force and standardized recommendations will be made.
  - [covid@manitowohockey.org](mailto:covid@manitowohockey.org)

[See Exposure Flowchart]

- If a player begins to **exhibit symptoms of COVID19, or is in close contact** with an individual (i.e. a household member) who is exhibiting symptoms of, or has tested for, COVID 19, that player's family must report it to the MCYHA COVID Task Force, and standardized recommendations will be made.
  - [covid@manitowohockey.org](mailto:covid@manitowohockey.org)

[See Symptoms Flowchart]

- If a player **tests positive for COVID19**, they must report that information to the MCYHA COVID Task force and standardized recommendations will be made.
  - [covid@mantiowohockey.org](mailto:covid@mantiowohockey.org)

[See Positive Flowchart]

- The MCYHA expects that its membership will participate in any contact tracing efforts the County Health Department might deploy should an outbreak be tied to the MCIC facility.