



Maryland's Premier Ice Skating and Hockey Facility

1300 Governor Court, Abingdon MD 21009

# FIGURE SKATING SUMMER CAMP 2019

**School is out—Skating is in!**

**Join us 9:00am-3:30pm!**

Week 1: June 24-28

Week 2: July 15-19

Week 3: August 5-9



- One Week: \$275
- Additional Week: \$250
- Extended Day: \$45/week
- Late Fee: \$25

Designed for skaters in Beginner 4 through  
Competitive Freestyle

See reverse side for more level information

### **Included:**

- 3 hours on ice instruction per day
  - Off ice instruction
- Snack (please let us know of any allergies)
- More info available at [www.iceworld.com/camps](http://www.iceworld.com/camps)

\*\*Lunch to be purchased separately through the snack bar. More info regarding lunch menus will be given out closer to camp dates.

**Please Register Online!**

**Register at [www.iceworld.com/register-now](http://www.iceworld.com/register-now)**

\* A \$25 late fee will be added to anyone who does not register at least 7 days before the first day of camp

\* Please note that there are **NO MAKE-UP CLASSES. REFUNDS SUBJECT TO A \$25 REGISTRATION FEE**

For more information please contact: Sarah Venuti, Skating Director at 410-612-1000 x101

## **Skater level:**

### **Beginner 4 thru Pre-Freestyle**

This level is designed for those skaters who are currently working on basic skills in preparation for the freestyle level.

On-Ice Activities: The camp offers 3 hours of on-ice instruction per day which includes stroking, forward and backward crossovers, edges, three turns, mohawks, as well as choreography and an introduction to freestyle skills.

Off-Ice: Instruction includes stretching, conditioning, nutrition, goal setting, games, and arts and crafts.

### **Freestyle**

This level is designed for those skaters who have passed the Pre-Freestyle classes and are currently skating at the Freestyle level.

On-Ice Activities: The camp offers 3 hours of on-ice instruction per day which includes spins, jumps, moves-in-the-field, stroking, footwork, choreography and style classes.

Off-Ice: Instruction includes stretching, strength and conditioning, nutrition, goal

### **Competitive Freestyle**

This level is designed for those skaters who are in Freestyle 6 and above and are looking for a more competitive track. On and Off-Ice activities will be similar to that of Freestyle level.