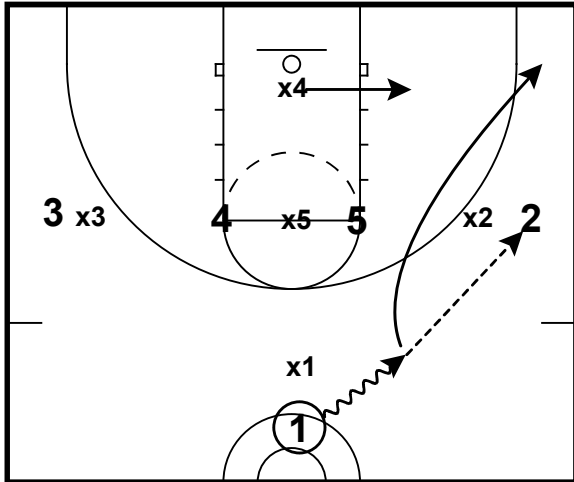
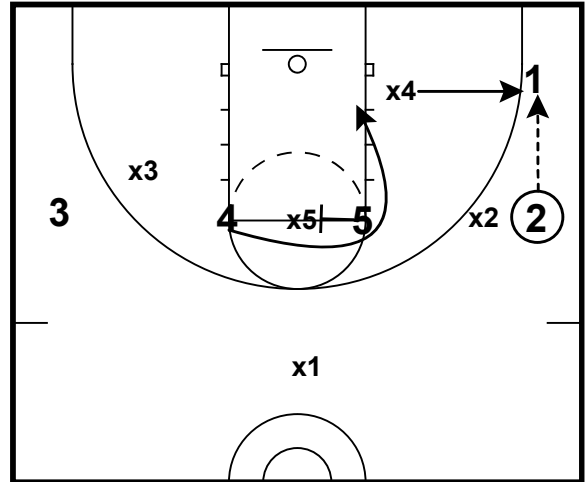


Zone Offense

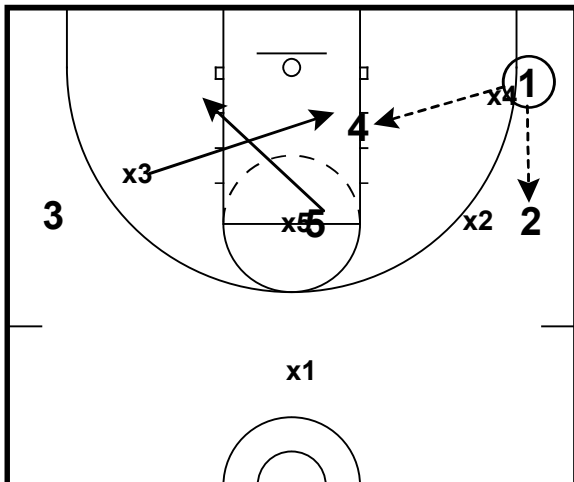
41 vs 1-3-1 Zone
Zone Offense



41 vs 1-3-1 Zone
Zone Offense

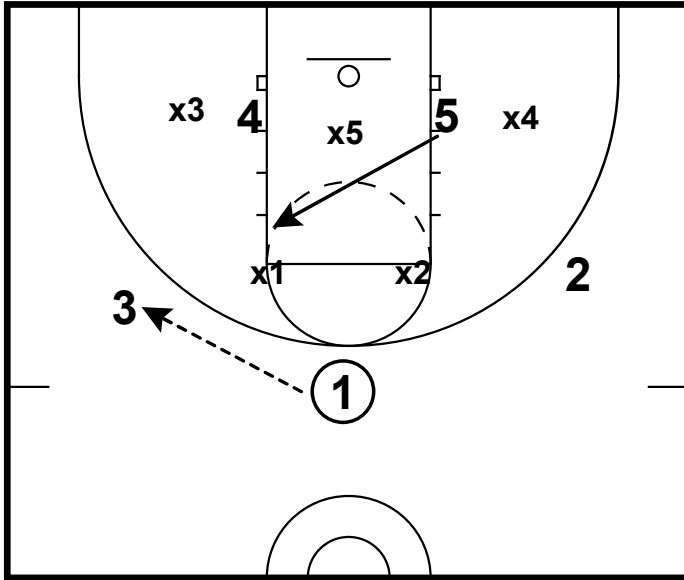


41 vs 1-3-1 Zone
Zone Offense



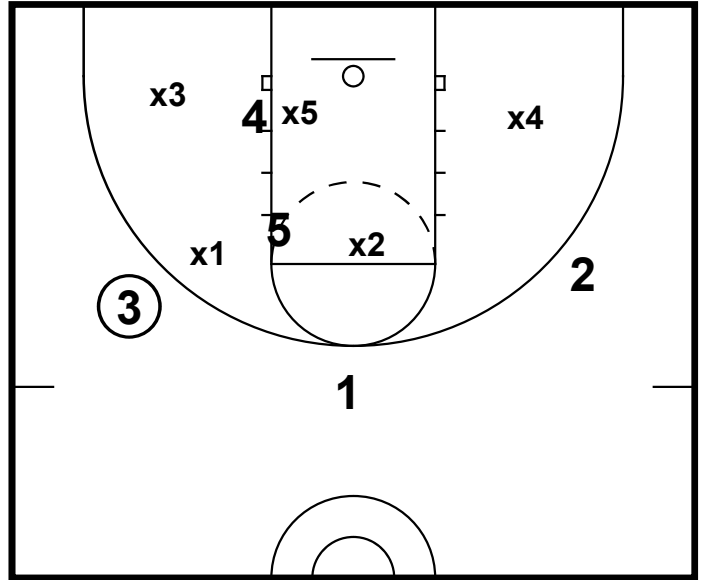
Zone Offense

Zone Offense - Post Scissors
Zone Offense



When the ball is entered to the wing, the opposite post player flashes to the high post.

Zone Offense - Post Scissors
Zone Offense

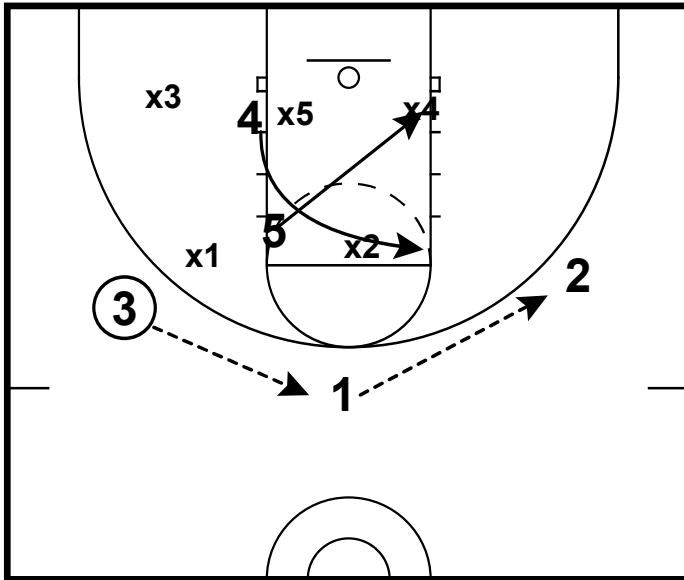


Player 3 is looking to enter the ball into the high or the low post.

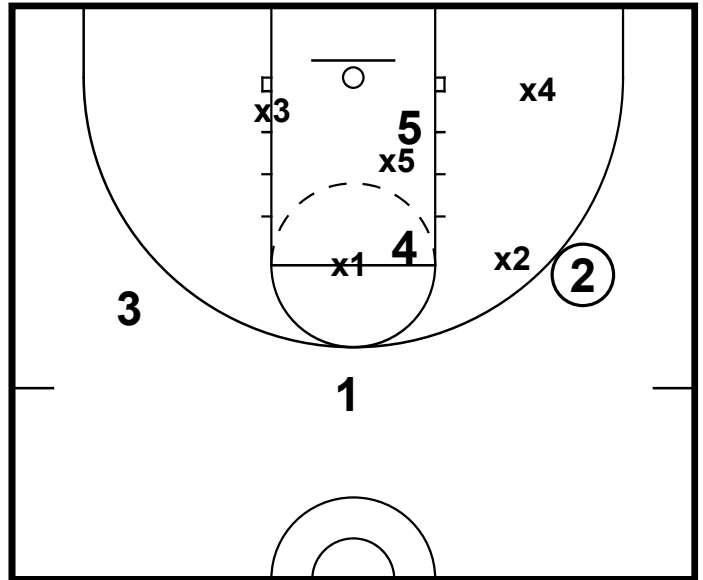
If the ball goes into the high post, player 5 is looking to shoot, pass to 4 or pass opposite to 2.

Player 4 reads how the defenders play the entry pass, and tries to seal their defender

Zone Offense - Post Scissors
Zone Offense



Zone Offense - Post Scissors
Zone Offense



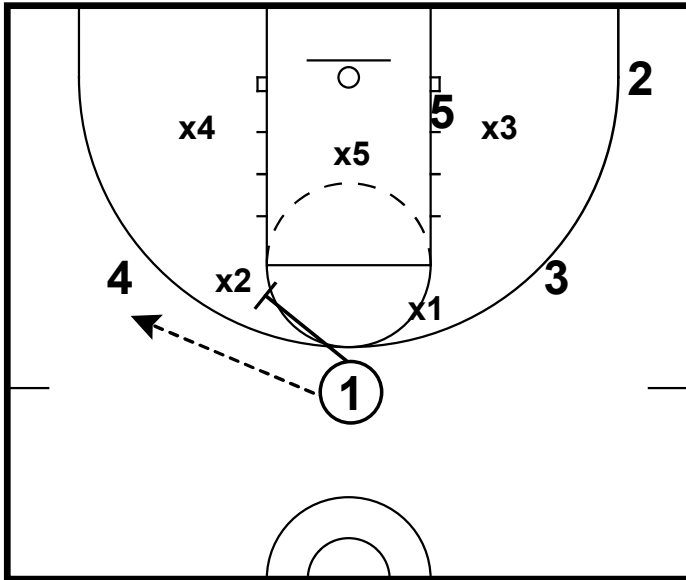
If entry passes are not open, then the ball should get reversed to the other side of the court. Again, looking entry pass to either high or low post.

For teams with good 3 point shooting, the best shots are when the ball goes opposite from the high post, or inside out with a relocation from the wing player.

Coaching Tip: challenge the team to get more than 2 ball reversals before settling for a jump shot.

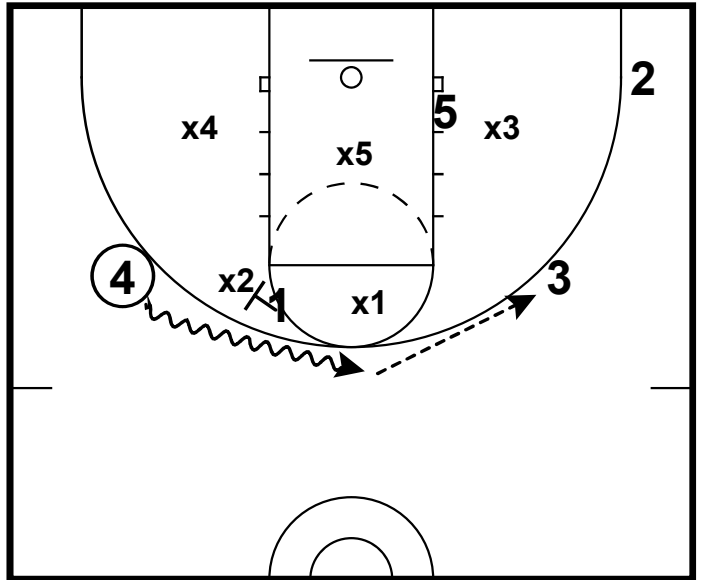
Zone Offense

Zone Screen Seel
Zone Offense



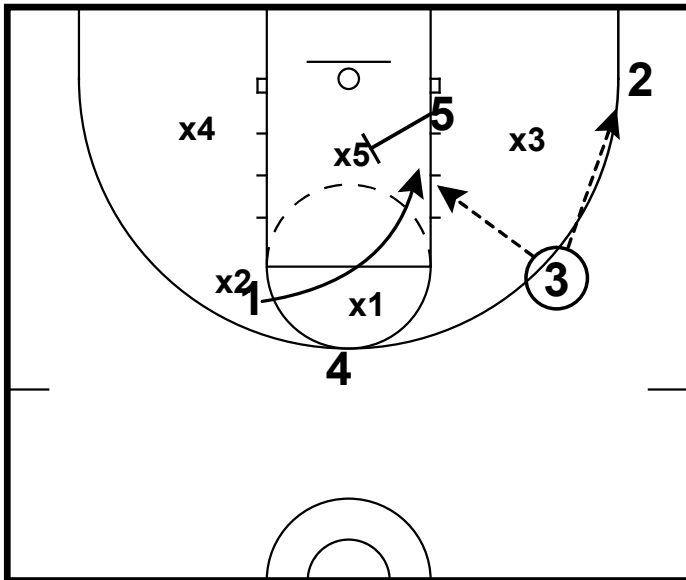
1 passes to 4 and sets a screen on the defender.

Zone Screen Seel
Zone Offense



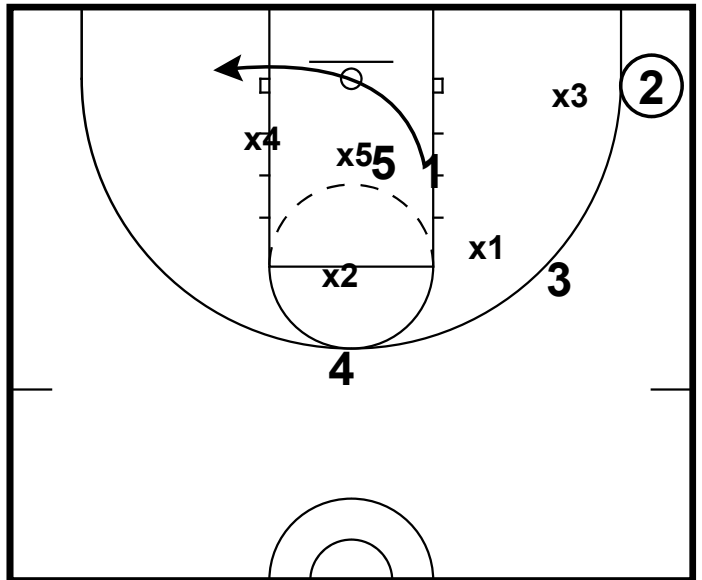
4 dribbles to the point while one is screening the defender. 4 passes to 3.

Zone Screen Seel
Zone Offense



5 screens the middle defender. 1 cuts to the basket. 2 steps in slightly from the corner.

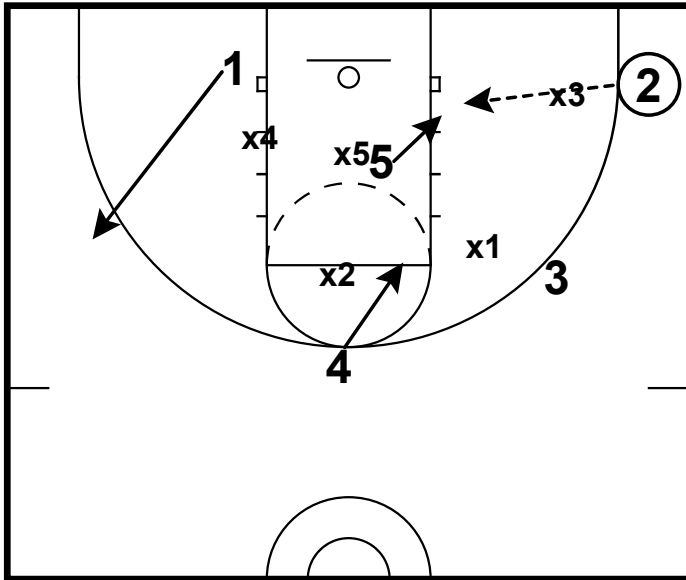
Zone Screen Seel
Zone Offense



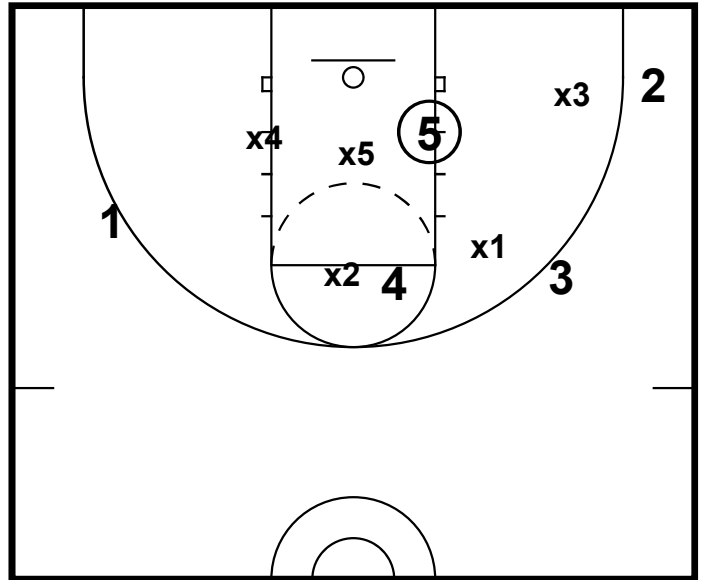
3 reads the defense. If corner defender helps on 1 cutting, pass to 2 for a corner jumper. If no on picks up the ball, step in and shoot the jumper.

Zone Offense

Zone Screen Seal
Zone Offense

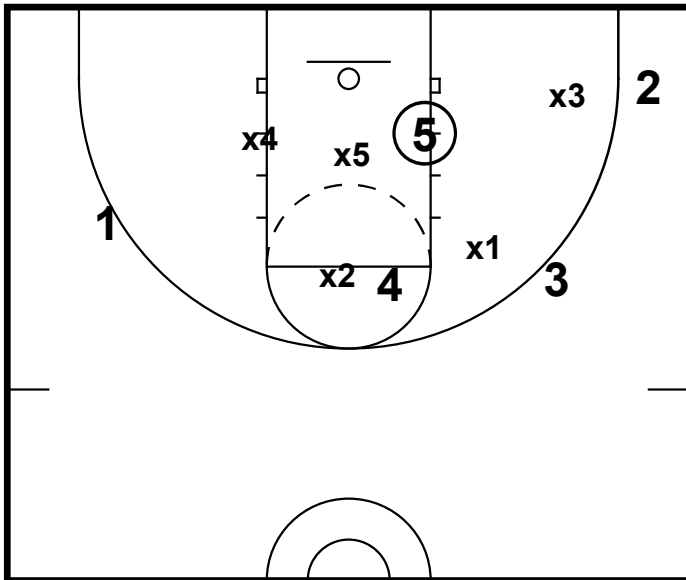


Zone Screen Seal
Zone Offense



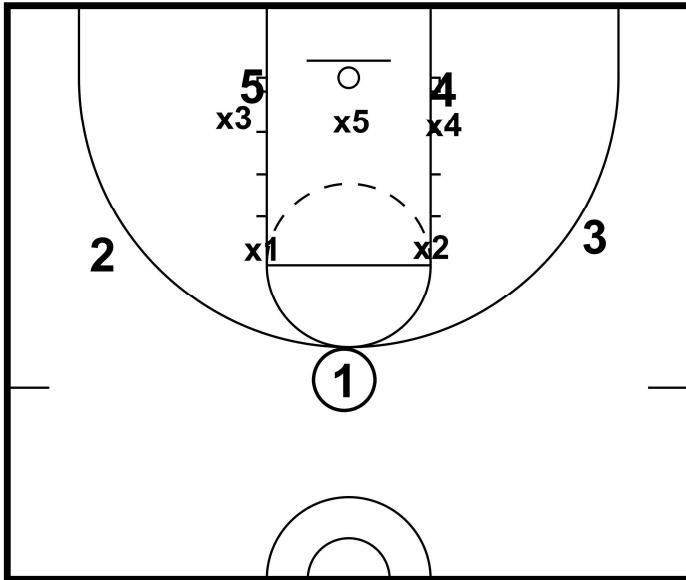
If 1 does not get the ball, 1 continues out to the other wing. 5 posts on the block and ball goes in if open. Once ball goes in, 5 looks to shoot or pass to 4 who dives to the elbow.

Zone Screen Seal
Zone Offense



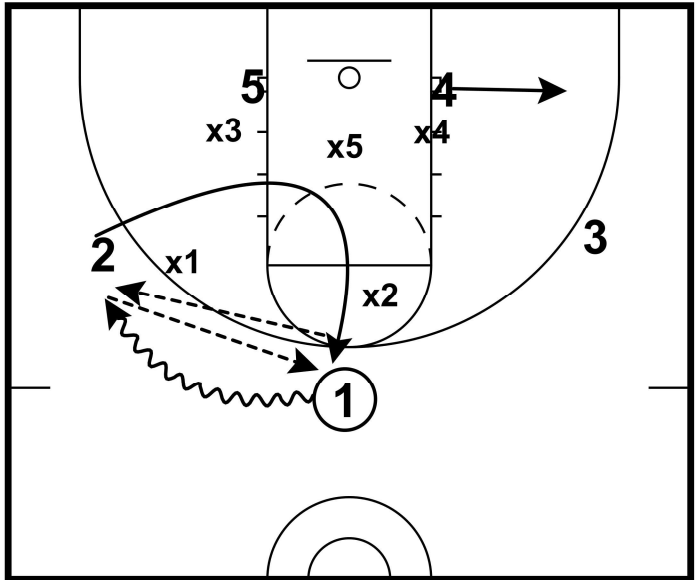
Zone Offense

3FTC: Zone Set #2
Zone Offense



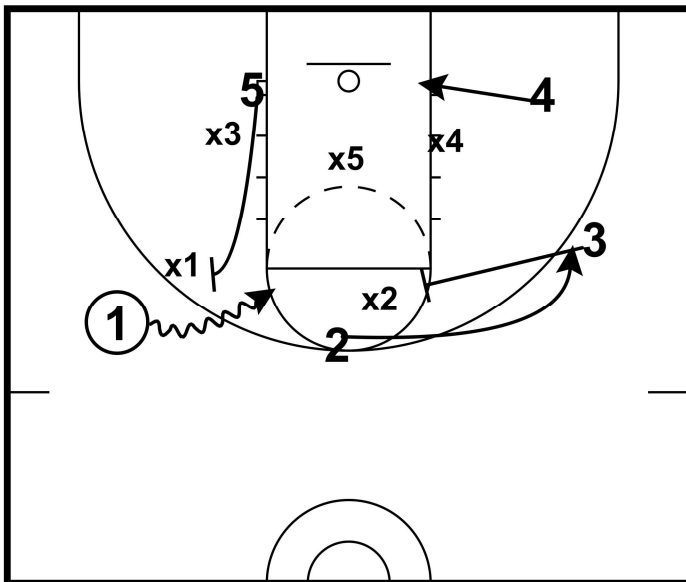
3 out 2 in set This play can go to either side. You go to the side of the guy you want shooting the 3pt shot. In this case we want 2 to shoot.

3FTC: Zone Set #2
Zone Offense



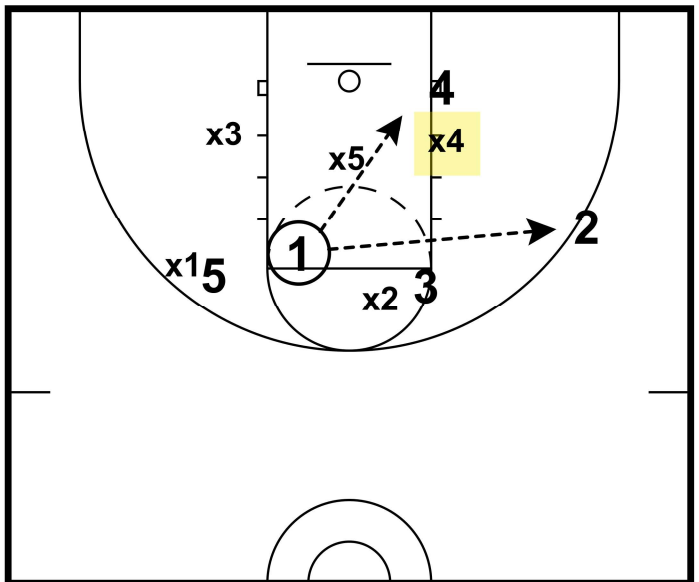
1 dribbles at 2 who shall cut to the top of the key. 4 slides out to the short corner. 1 will pass to 2 who will pass back to 1. THIS IS FOR TIMING PURPOSE

3FTC: Zone Set #2
Zone Offense



On the pass back to 1, 5 will set a ball screen on x1 and 3 will set a flare screen on x2. 4 will look for backside lob

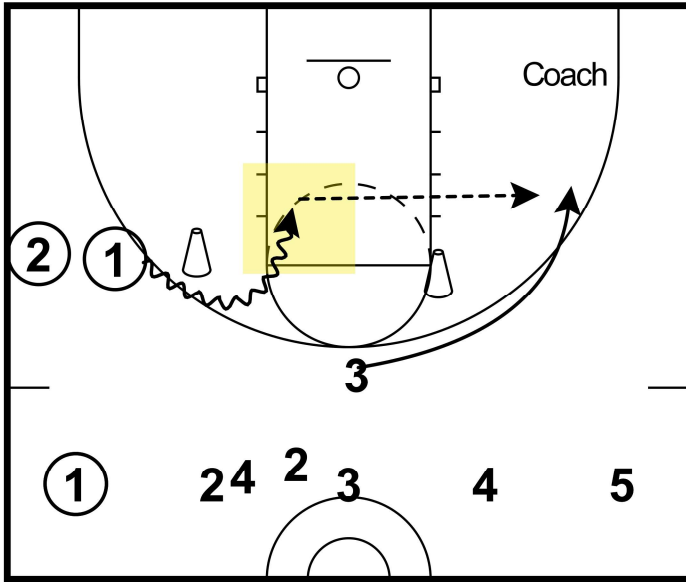
3FTC: Zone Set #2
Zone Offense



1 will watch x4 to decide the appropriate pass or if you need a 3 you can dial this play up

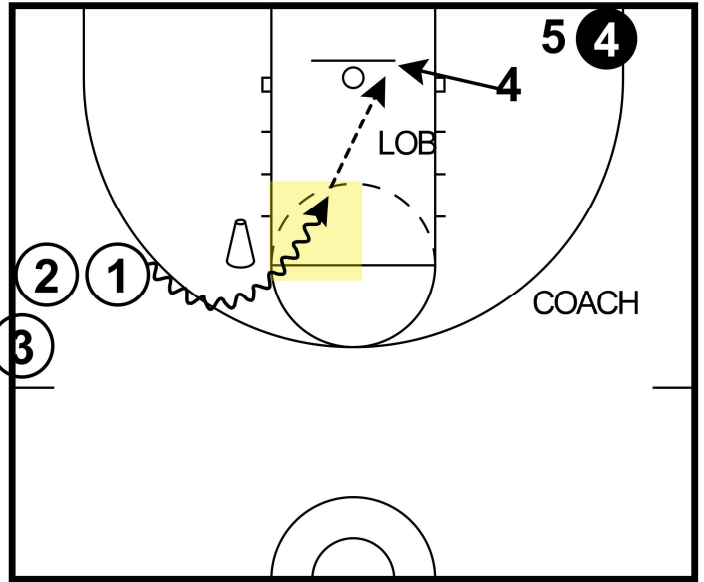
Zone Offense

3FTC: Zone Set #2
Zone Offense



DRILL PASSING LINE & A SHOOTING LINE

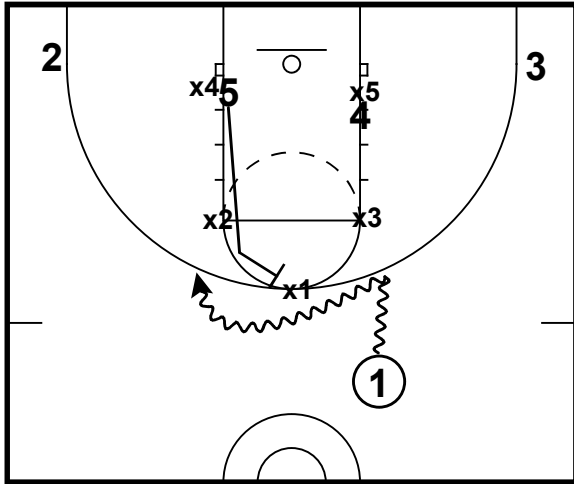
3FTC: Zone Set #2
Zone Offense



DRILL

Zone Offense

14 vs. 1-2-2 Zone
Zone Offense



14 vs. 1-2-2 Zone
Zone Offense

