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**TO:** Athletic Directors and Head Girls' Swim Coaches of: Cedarburg, Grafton, Hartford/Slinger, Homestead, Nicolet, Port Washington, West Bend East/West, and Whitefish Bay High Schools

**FROM:** Nate Hinze, Athletic Director and Dani Peiffer, Girls' Swim Coach

**RE:** **Girls Varsity Swimming and Diving Invitational at Port Washington High School Diving Friday, Oct. 22 and Swimming Saturday, October 30, 2021**

We are looking forward to hosting the 2021 North Shore Conference Girls Varsity Swim & Dive Invitational. Please read the following entry and meet information. **Entries are due Wednesday, October 27 at 7:00pm.** Please contact Port Washington Swim Coach, Dani Peiffer [dpeiffer@spectrumit.net](mailto:dpeiffer@spectrumit.net) if you have any questions.

**SITE INFO** Location: Thomas Jefferson Middle School – 1403 N. Holden St. Port Washington  
The pool is an 8 lane (7 ft. wide), 25-yard pool with a separate diving well.

**OFFICIALS:** Friday, October 22: Bruce Barbee and Susan Wagner  
Saturday, October 31: Beth Batiste, Judy Linsley, Roberta Polikowski

<b>SCHEDULE:</b>	<b>Diving</b>	<b>Swimming</b>
Warm-ups	3:30 PM	9:30 AM
Diving Sheets Due	4:00 PM	
Coaches' Meeting	4:45 PM	10:45 AM
Competition Starts	5:00 PM	11:00 AM

**ENTRY INFORMATION:**

- All entries are due on **Wednesday, October 27, 2021 at 7:00PM**
- Send entries to Dani Peiffer [dpeiffer@spectrumit.net](mailto:dpeiffer@spectrumit.net). Hy-tek entries are preferred. Spreadsheet is attached if needed.
- Teams are limited to 30 individual entries and two entries per relay. No limit per event.
- Each competitor is allowed to enter a maximum of (2) individual and/or (2) relay events **OR** (1) individual and (3) relay events for the meet.

## ENTRY GUIDELINES

- The North Shore Conference Meet will be considered a championship meet following NFHS Federation championship meet guidelines. The winning team will be declared the season's conference champion.
- However, with regards to athlete participation, the Conference will follow non-championship meet guidelines. If an athlete fails to compete in all races into which s/he has been entered, s/he will not be disqualified from further competition but will be allowed to finish the meet as entered.
- Entries should include name and grade.
- Any scratches must be turned into the meet director at least 10 minutes prior to the coaches meeting. Scratched swimmers are ineligible for the entire meet.
- Substitutions will be allowed until the start of the coaches meeting which will take place 15 minutes before the start of the meet. Individual(s) involved in substitutions will NOT be reseeded but must assume heat and lane assignment of the original entries.
- A school not using all eligible entries may NOT fill these spots after the Wednesday entry form deadline.
- The Conference JV and Varsity Meets are treated as one meet. Athletes are not allowed to swim in the same event in both meets.
- All substitutions and scratches must be provided in writing to the tournament manager no later than the coaches meeting.
- In event scratches, the meet manager may reseed the events. The deleted swimmer/diver must be removed from all events (individual and relay) in the entire meet, except when certified by a physician or the meet referee.
- Each Varsity Team may enter a total of 30 individual entries. Varsity teams may also have 6 relay entries (no more than 2 in any one event). No limit per individual event nor any time standards will be used.
- Divers must be entered properly on the official entry form and diving sheets are to be turned in no later than one hour prior to the start of diving for all Conference competitions.
- Varsity Divers will perform 11 dives. JV divers will do 6 dives. Any diver entered in the Conference meet must have entered and competed in at least three (3) meets, one of which will be an 11-dive (championship) meet.

**COACH/CAPTAIN INFO:** Please complete the attached Coaches and Captains form and send to Dani [dpeiffer@spectrumit.net](mailto:dpeiffer@spectrumit.net). Thank you!

**SPECTATORS:** Spectators are limited to 2 per swimmer. Masks may be required. Guidelines will be provided closer to the meet. Admission is \$5.00 for adults and \$3.00 for students.

**WARM-UPS:**

- Each team will be assigned a lane to warm-up.
- All entries into the pool are FEET FIRST.
- The first 60 minutes of warm up will be for general lap and/or pace swimming. No diving from the blocks is permitted. After 60-minute of general warm up, 20 minutes of one-way sprints will be available in all lanes (under the direct supervision of the school's coaches).
- The pool will be cleared 10 minutes prior to the start of the meet.

**SCORING:** A sixteen (16) place scoring system will be used.

Place	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Relays	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2
Ind.	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

**AWARDS:**

- The conference champion is awarded a NSC Championship Bar.
- Medals will be awarded to the top 3 finishers in each event.

**MISCELLANEOUS:**

- **Concessions will be available in the cafeteria.**
- Use the locker rooms assigned to your swimmers. PWSSD is not responsible for any lost or stolen items. Please have girls bring their own locks.
- All team members must sit in team area, not in the spectator stand.
- No glass allowed within the pool and locker rooms.