

# Connecticut State Freestyle/Greco State Championship

Greens Farm Academy (Westport, CT US)

Sunday May 3<sup>rd</sup>, 2026

Online Registration Closes Wednesday April 29<sup>th</sup> ...**No Walk-Ins**

**Divisions:** 8U, 10U, 12U, 14U, 16U, Junior, and Girls Divisions

All Wrestlers must purchase their USA cards ahead of time at [www.usawmembership.com](http://www.usawmembership.com)

Registration Link: <https://events.flowrestling.org/event/cdd085a2-c024-4544-ba5c-574e5b76e5c0>

**Entry Fee: \$40 for one Style...\$50 for Both Styles**

**If you are planning on wrestling both Freestyle and Greco, you must register for both tournaments and Use Coupon Code G/F26 when checking out**

**Please Note Changes:**

**16U and Junior Divisions: CT USAW Card Holders Only**

All Girls Divisions, 14U, 12U, 10U, and 8U Divisions are open to Out-of-State wrestlers

## Age Groups:

8U Division: Born 2018 & 2019

10U Division: Born 2016 & 2017

12U Division: Born 2014 & 2015

14U Division: Born 2012-2013

16U (Cadet): Born 2010-2011

Junior: Born 9/1/2006 & after plus enrolled in grades 9-12

Depending on Bracket Sizes (8U & 10U) or (12U & 14U) Divisions may be combined with consent of wrestlers. Girls Brackets will also be combined depending on Bracket Sizes.

During weigh-ins, all competitors will be inspected for skin rashes. Wrestlers with skin rashes will not be allowed to compete unless they have a current doctor's note saying they are under treatment, are not contagious as of a specified date and are cleared to wrestle. Tournament officials reserve the right to refuse entry

A 2025-2026 USA Wrestling card MUST be shown at registration.

All Divisions wrestlers must purchase their USA card ahead of time at:  
[www.usawmembership.com](http://www.usawmembership.com)

Admission for Spectators: \$5

Admission with 25-26 USAW Coach's Card: Free

Emergency Medical Personnel will be on-site

Medals for the top three finishers in each weight class

**Under 18 must have a parent sign the registration form. (This will be emailed to you to bring the day of the tournament )**

## Freestyle

**Weigh-Ins:** 11:00-11:30am (No weigh-in if you competed in Greco during the morning session)

**Wrestling will Begin:** Approx 1:00pm

**Divisions:** 8U, 10U, 12U & 14U, Girls, Open Madison weights – 4-5 man Round Robin

**Divisions:** 16U and Junior: USA Weight Classes (CT Residents Only)  
CT Wrestlers not going to Fargo are Welcome to Compete



## Greco

**Weigh-Ins:** 7:00am-7:45am

**Wrestling will begin:** approx. 8:30 am

**Divisions:** 8U, 10U, 12U & 14U, Girls, Open Madison weights – 4-5 man Round Robin

**Divisions:** 16U and Junior: USA Weight Classes (CT Residents Only)  
CT Wrestlers not going to Fargo are Welcome to Compete

**Boys 16U and Boys Junior Divisions are the Qualifier for the Fargo National Team in both Freestyle and Greco.**

**Please see the page below for Fargo National Team Qualification Rules**

**Fargo Qualification Rules for the Boys 16U and Boys Junior Divisions at the CT State Championships:**  
Wrestlers who are planning on Joining Team CT and competing in Fargo must do the following things:

- 1) Sign-up Online at <https://forms.gle/Q8sdcYcT5VoJFYx29>
- 2) Pay \$450 Deposit Venmo @USAWCT
- 3) Place Top 4 at the CT Freestyle and Greco State Championships on May 3<sup>rd</sup>
- 4) Wrestlers must qualify in the weight class they will be wrestling in Fargo.
- 5) Wrestlers will not be able to move up or down weight classes after qualifying unless there is an open spot that allows them to move. A waiver will be required to do this.
- 6) All efforts will be made to keep wrestlers on the team if they do not place Top 4 and find a suitable weight class for them. In the event we cannot, your deposit will be refunded.
- 7) Athletes meeting any criteria in our incentive program will be eligible for a postponed wrestle-off in the event of injury. Injury waivers must be approved by national team staff. A waiver request must be made to the board at least 72 hours BEFORE the CT Freestyle and Greco Championships.

**CT Freestyle and Greco 16U and Junior Division Rules:**

- 1) Wrestlers MUST be a CT USAW Card Holder
- 2) Brackets will be seeded by the PIN System
- 3) 5<sup>th</sup> and 6<sup>th</sup> Place matches will be wrestled
- 4) True 4<sup>th</sup> Place matches will be wrestled when needed

**Additional Ways to Qualify For Fargo:**

**Automatic Qualifier – Junior & 16U Nationals:**

State teams shall be limited to four (4) wrestlers per age per style per weight class. Wrestlers who earn automatic qualifier status shall not count against any limit.

The following shall serve as automatic qualifiers at Junior & 16U Nationals and shall not count against any roster limit:

- 1) Current year 1st-6th Place at USA Wrestling Regionals (placement must be in the same age and style) Tournaments can be found [https://usawrestlingevents.com/national\\_regional](https://usawrestlingevents.com/national_regional)
- 2) Current year 1st-8th Place at U15 Nationals (placement must be in the same style)  
Current year 1st-8th Place at U17 Nationals (placement must be in the same style)  
Current year 1st-8th Place at U20 Nationals (placement must be in the same style)  
2025 Previous year 1st-8th Place at Junior Nationals (placement must be in the same style)  
2025 Previous year 1st-8th Place at 16U Nationals (placement must be in the same style)  
2025 Previous year age-level U.S. World Team member (must be in the same style)

Additional CT National Team Information can be found at [www.ctusawrestling.com](http://www.ctusawrestling.com)