

Professional Development

Updated: 04/06/2020

School Sport Canada Courses

School Sport Canada offers a few sport-specific online coaching courses at <https://www.schoolcoach.ca/courses.aspx>.

Basketball (\$17.50)

Volleyball (\$17.50)

Track - separate courses for Jumps, Throws, and Track (Free)

There are other courses at this link that are not sport-specific. Feel free to scroll through all the courses to see what is offered.

National Federation of State High School Associations (NFHS) Courses

The NFHS is the American school sport umbrella organization and the leader in training school coaches in North America.

The NFHS offers a number of coaching courses. They can be found at <https://nfhslearn.com/courses>.

Once on this page, use the filters from the left hand side to narrow your search

Recommended for (you'll likely choose "Coach")

Category (you'll likely choose "Sport Specific Courses")

Free/Paid (not much is "free" for sport specific courses)

The sport-specific courses related to the activities we offer at the NCDAA and SHSAA level are basketball, cross country, football, golf, soccer, track, volleyball, and wrestling. Course costs range from \$35 US to \$75 US.

National Coaching Certification Program (NCCP) Courses - Coaches Association of Saskatchewan & Canada

In response to the COVID-19 pandemic, the Coaches Association of Saskatchewan (CAS) will offer training in NCCP Community, Instruction, and Competition (Introduction) for Spring 2020 through online delivery. These courses will be posted at <https://saskcoach.ca/nccp-training/upcoming-courses/> by Friday, April 3.

The Coaching Association of Canada (CAC) offers eLearning Workshops for the following (<https://coach.ca/nccp-multi-sport-training-modules>):

- NCCP Coach Initiation in Sport
- NCCP Coaching Athletes with a Disability
- NCCP Emergency Action Plan
- NCCP Making Head Way
- NCCP Sport Nutrition

The cost of these modules is anywhere from \$0 to \$20.

Further information about the certification process, requirements, and courses can be found at <https://saskcoach.ca/>.

Canadian Interscholastic Athletic Administrators Association - CIAAA

The CIAAA works in conjunction with the American organization in providing leadership for those who oversee the administration of athletic programs in Canadian schools and in implementing and growing a professional development and certification program for Athletic Directors in Canadian schools. The CIAAA courses and certification process better equips athletic directors to run effective and efficient school athletic programs and help to raise awareness and profile for the important role of those who coordinate sport in Canadian schools.

The CIAAA website is found at <https://www.ciaaa.ca/>.

There are three Canadian Athletic Administrator certification levels available (<https://www.ciaaa.ca/ad-certification>).

There is also a Masters Degree (MSc in Athletics Administration) through Indiana's Grace College (<https://www.ciaaa.ca/msc-athletic-admin>).

A list of available courses can be found at <https://www.ciaaa.ca/ltpcourses>.

A list of upcoming online webinar courses can be found at <https://www.ciaaa.ca/ltponline>

An important reminder that each Athletic Director in Saskatchewan High Schools is provided a membership in the CIAAA (which also includes access to the resource bank). They would have received information on how to activate that membership from Lyle McKellar at the SHSAA office.

If you need assistance they can get in touch with either Lyle McKellar or Drew Hanson the CIAAA Executive Director at drew@ciaaa.ca or at 1-888-618-4530.

National Interscholastic Athletic Administrators Association - NIAAA

The NIAAA website can be found at <https://members.niaaa.org/>. The NIAAA does have many courses and resources that you may find valuable.

- A number of upcoming webinars can be found at <https://members.niaaa.org/page/SpringLearning>, possibly including some upcoming free courses.
- Most resources are only available to registered NIAAA members, but a search through the NIAAA site also offers a few resources for anyone viewing their site (e.g. <https://members.niaaa.org/page/Resources>).

Provincial & National Sport Governing Bodies

Sask Volleyball (<http://www.saskvolleyball.ca/coaching-resources/>).

- Here's a link to some videos on how to teach basic volleyball skills: <http://www.saskvolleyball.ca/coaching-resources/#toggle-id-2>

Badminton Canada <https://www.badminton.ca/>

- Here's a link to teaching manuals: <https://www.shuttletimecanada.com/teaching-manuals>
- Here's a link to over 92 instructional videos (can jump to different ability levels): <https://www.shuttletimecanada.com/videos>

Football Saskatchewan

- Here's a link to player and coaches resources: <https://www.footballsaskatchewan.ca/page/show/1467310-resources>

Basketball Saskatchewan

- Here's the link to resources for coaches: https://www.basketballsask.com/?page_id=2402

Saskatchewan Soccer Association

- Here's the link to resources for coaches: <http://www.sasksoccer.com/content/coach-resources>

Saskatchewan Athletics

- Here's the link to resources for coaches: <http://www.saskathletics.ca/coach-s-corner>

Golf Saskatchewan

- There are a variety of resources available on this site for all skill levels under the Development tab. Here's a link to Golf in Schools: <http://golfsaskatchewan.org/sport-dev/golf-in-schools/>

CurlSask

- Here's the link to the coaching resources: <https://curlsask.ca/programs-services/training-for-coaches/club-coach-youth/>

Sask Wrestling

- Here's the link to the coaching resources: https://www.saskwrestling.ca/?page_id=268