

Buffalo Youth Wrestling

Open to all boys and girls PreK-Grade 6

Register ONLINE at our website:

www.buffalowrestling.org



FREE Wrestling Clinics!

2019-2020 Season

Sunday	Nov. 10	2:00-3:00	Buffalo High School
Tuesday	Nov. 12	6:30-7:30	Wrestling Room
Thursday	Nov. 14	6:30-7:30	

FUNDamentals of Wrestling - Beginner - \$40

Monday	Nov. 18	6:00-7:00 - PreK-2	7:00-8:00 - Grades 3-6
Parent Meetings & First Night of Practices			
Monday	Nov. 25	6:00-7:00 - PreK-2	7:00-8:00 - Grades 3-6
Monday	Dec. 2	6:00-7:00 - PreK-2	7:00-8:00 - Grades 3-6
Monday	Dec. 9	6:00-7:00 - PreK-2	7:00-8:00 - Grades 3-6
Thursday	Dec. 12	5:00-8:00 - Pictures & Youth Night at BHS Match	
Monday	Dec. 16	6:00-7:00 - PreK-2	7:00-8:00 - Grades 3-6
Thursday	Jan. 2	6:30-7:45 - Pre-Tournament Practice - PreK-6	
Saturday	Jan. 4	9:30a - BHS Invite & TakeDown Cancer Event	
Sunday	Jan. 5	10:00-4:00 - Buffalo Youth Wrestling Open	
Monday	Jan. 6	6:00-7:00 - PreK-2	7:00-8:00 - Grades 3-6

Our program is designed to deliver fun, developmentally appropriate, and challenging opportunities within the sport of wrestling for boys and girls in Buffalo and surrounding communities.

Visit our website:

www.buffalowrestling.org



Scan for
BYW
Website

Optional Individual and Team Tournaments

We will participate in 4-5 optional individual and/or team events throughout the season. Buffalo Wrestling will pay the wrestler registration fees and there will be coaching at these events. Dates and locations to be announced later.

All dates listed are practices at Buffalo High School unless otherwise indicated. Post-season practices will be available on Tuesdays and Thursdays during February and March.

Wrestling Beyond the Basics - Intermediate - \$80

Tuesday	Nov. 19	6:30-7:45 - Grades K-6 - Parent Meeting & Practice	
Thursday	Nov. 21	6:30-7:45 - Grades K-6	
Tuesday	Nov. 26	6:30-7:45 - Grades K-6	
Tuesday	Dec. 3	6:30-7:45 - Grades K-6	
Thursday	Dec. 5	6:30-7:45 - Grades K-6	
Tuesday	Dec. 10	6:30-7:45 - Grades K-6	
Thursday	Dec. 12	5:00-8:00 - Pictures & Youth Night at BHS Match	
Tuesday	Dec. 17	6:30-7:45 - Grades K-6	
Thursday	Dec. 19	6:30-7:45 - Grades K-6	
Thursday	Jan. 2	6:30-7:45 - Pre-Tournament Practice - PreK-6	
Saturday	Jan. 4	9:30a - BHS Invite & TakeDown Cancer Event	
Sunday	Jan. 5	10:00-4:00 - Buffalo Youth Wrestling Open	
Tuesday	Jan. 7	6:30-7:45 - Grades K-6	
Thursday	Jan. 9	6:30-7:45 - Grades K-6	
Tuesday	Jan. 14	6:30-7:45 - Grades K-6	
Thursday	Jan. 16	6:30-7:45 - Grades K-6	
Tuesday	Jan. 21	6:30-7:45 - Grades K-6	
Thursday	Jan. 23	6:30-7:45 - Grades K-6	
Tuesday	Jan. 28	6:30-7:45 - Grades K-6	
Thursday	Jan. 30	6:30-7:45 - Grades K-6	

Additional tournaments listed are optional, but coaching will be available and wrestler registrations will be paid for by BYW for those who choose to attend.

Wrestlers will receive a t-shirt at no charge. Singlets (\$5) and warm-up sets (\$20) available for purchase on a first-come, first-served basis. (Cash, checks, or credit accepted.)

Questions? Call Deb Scherber at 763.226.5663 or email

buffalowrestling.info@gmail.com