



ACERS VOLUNTEER HOURS TRACKING SHEET

Players Name: _____

Coaches Name: _____

Date	Event/Location	Duties/Work Involved	Start Time	Finish Time	Total Hours	Approved By:

Volunteering can have a huge impact with just a small investment of your time. Volunteer activities can include events such as park and street cleanups, local school projects, serving food at your local food pantry, helping with youth activities, and more. Volunteering in these activities will have high returns where it matters most to you and your family. Volunteering not only makes an impact on the greater community, but it impacts your family and friends directly.