

I started swimming when i was 3 because my sister used to do it and i wanted to be just like her, I think following into my sisters steps was one of the best things i have done. I moved from state to state in Mexico and then i moved to the US and swimming was always there. The place where i moved to was different, but my desire to do swimming everywhere I went was always there.

Swimming has taught me to be patient, dedicated, determined and to not give up no matter how hard coach Dan makes the practices and those are qualities that I will never forget, besides that being surrounded by amazing swimmers and friends almost everyday of the week has made me realize how this has become such a big part of my life.

It can be hard to do a sport that takes so much time and dedication, but all the time that we put into it will determine how well we do and i think being able to do good is the best feeling in the world. It definitely is hard when you've been stuck on a time for a while and you work so hard to make it better but its taking longer than you expected and you feel like you want to give up, but when that happens just remember that it has happened to everyone, you just have to keep doing what you are doing and do it because you know it is going to happen and because you want it to happen, do it because you believe in yourself, and know that other people believe in you too.

Finally i would like to thank my family but mostly my dad because he has supported me in every swim decision i've made and i appreciate it a lot. I would also like to say thank you to the people who have helped shape all of us into the great swimmers we are now. Coach Dan and coach Doug. But specifically, Coach Dan, i would like to say thank you for always being there, you show up to practice everyday no matter if its super cold and raining or 100 degrees outside. You're always at the meets giving us advice on how to be better and things we should be working on for next time. You watch out for mistakes we are making during practice and tell us to fix it so we can be better. You believe in us and I think that is one of the best things a coach can do. Thank you so much for everything you do for us and thank you for an amazing year here at terrapins, I wouldn't change it for anything in the world. I hope the best for all of you in your swimming career.