

## Impact Concussion Baseline Testing



**\*Please Complete by Tuesday, August 31<sup>st</sup> at Midnight\***

- 1) Navigate to: [cdhraid.org](http://cdhraid.org)
- 2) On the top menu, click the 'Resources' tab (second from right)
- 3) Click on the 'Sports Medicine' option
- 4) Click 'Take Impact Test' under the 'Impact Testing Information' header on the left
- 5) From there, the instructions and testing are self-explanatory

If you have any questions, please email: [cdhtrainer@c-dh.org](mailto:cdhtrainer@c-dh.org) (BJ)