

Wenatchee Wild 18U

Wenatchee Wild 16U



Rules and Regulations

2023-2024

WENATCHEE WILD 18U & WENATCHEE WILD 16U

RULES / REGULATIONS 2023-24

It is the goal of the Wenatchee Wild 18U and Wenatchee Wild 16U that all actions of the players create a positive image for the organization. To ensure that proper conduct occurs, the rules and regulations included herein are required for all Wenatchee Wild Academy players.

Section I: Respect for Authority

1. Wenatchee Development Teams Management, Coaching Staff, and Other Staff Members

No demonstration of disrespect for any member of the Wenatchee Hockey Academy/Wild/WAHA management or staff will be tolerated. Minor disrespect will result in one or more of the forms of disciplinary action identified in Section XVII of this contract. Blatant or repetitive disrespect will result in expulsion from the team and termination of the player contract.

2. Host Parents

The billet parents who have opened their homes to the players are vital to the ongoing success of the organization and as such, are to be treated with the same level of respect as the coaches and management of the organization. Violations will result in disciplinary action up to and including expulsion from the team.

3. Town Toyota Center Management and Staff

It is imperative that the Wenatchee hockey program maintains a positive relationship with the Town Toyota Center and as such, no level of disrespect to their management or any member of their staff will be tolerated. All offenses will be met with strict disciplinary action.

4. On-Ice Officials

No adversarial confrontation, either verbal or physical, toward officials will be tolerated. All players are to submit to the instruction of the referees whether they agree or not. The only players who are allowed to discuss issues with on-ice officials are the team captains or assistant captains, who are required to do so with the utmost respect. Any 10 min misc for yapping means you will sit out another 10 min.

Section II: Timeliness and Curfew

- 1.** Players are expected to be on time for all curfews, practices, games, road trips and social functions. There are no exceptions. Plan on being early. Do not ever be late.
- 2.** A standardized curfew is required to ensure adequate rest for the players and to ensure minimal disruption to the host families. The required curfew is 10:00 PM every night

3. Each player must personally take all curfew calls when a member of the coaching staff phones his cell phone. To verify presence at the billet home, the player must call back from the billet's land line. If there is no land line, we'll get creative.

4. No player may spend the night away from the billet home unless specifically approved by your coach. He will notify the player's billet family directly when such arrangements have been approved. Sleep over with friends/teammates are not allowed.

5. A player may stay at a local hotel with his parents when they are visiting Wenatchee but ask coaches 1st and let your billet family know it was approved by staff.

Section III: Behavior with Members of the Opposite Sex

1. Hotel Rooms on Travel Days

At no time are females allowed in the hotel rooms PERIOD! Violations will result in immediate suspension from all team activities.

2. Overnight Stays

At no time are girlfriends allowed to stay at a player's host family home. In addition, a player is not allowed to stay in a hotel or overnight in any other facility with their girlfriend. Female guests may not remain at the host family home past stated curfew times. No player may stay at any home other than his own host family home without express permission from your Coach.

3. Host Family Females

Relationships with female members of the organization's host families are to remain strictly platonic. No player is allowed to engage in a personal relationship with said females.

Section IV: Alcohol, Tobacco, and Illegal Substances

1. Alcohol consumption of any kind by players is prohibited. Any violation of this rule will be result in swift disciplinary action as identified in Section XVII of this contract.

2. Tobacco use by players, whether it involves smoking or chewing tobacco, is prohibited.

3. The use of illegal substances by players, including steroids, is prohibited. USA Hockey has taken a "No Tolerance" stance on this. Random drug testing may occur, and any violation will result in immediate expulsion from the team.

Section V: Academic Requirements

1. Grade Point Average/Grade Checks

The coaches will track grades bi-weekly by accessing the online systems used by Eastmont. If you are Due to the teams demanding travel schedule, some reports will come on the Tuesday. We expect all players who report to Wenatchee leave with the same marks or better than when they arrived. We are

here to make each athlete better on and off the ice but understand the education is the most important part of becoming a better hockey player. We will not put up with laziness in the classroom or late submissions on homework.

If you need extra time to complete your assignments, please just notify the coaches and if you must miss practice or workouts so be it. We do not want this to be an everyday occurrence but with our schedule sometimes you may have too. If we do see this as a regular pattern, then we will sit down with the player and go over his time management away from the arena to discuss better options, so this doesn't happen on a regular basis. All players are to maintain the minimum standard of a 2.5 grade point average. If this is not maintained, then discipline action will happen. I.e.; no practice or games until GPA standard is met.

This isn't punishment but understand we take the educational part of our program very seriously and will not expect anything less than your best and we will be available to help you at any time.... Just ask. If needed, we will have peer tutoring available and tutors from local high schools to help get the student back on track. If you are struggling and need support, we are here for you always. The higher your marks the more college options you will have.

2. Attendance

If a player is too sick to attend school, he is too sick to practice. Unexcused absences from school are strictly prohibited for all high school students and will result in a minimum one game suspension. A player must advise your Coach immediately if he is going to miss all or part of a school day for any reason. The coach will then notify the school of your absence.

3. Tardiness

School tardiness will not be tolerated and can be tracked online. Chronically tardy players will be subject to disciplinary action as indicated in Section XVII of this contract.

4. Travel Days Homework Schedule

Each player must have his instructors complete a Notice of Student Absence and return it to Coach before each road trip. A student player is expected to use downtime on the bus and/or in the hotel to complete all assignments and is required to turn those assignments in at the appropriate time. Mandatory study hall will be held on every trip. No late work will be tolerated due to travel days.

5. Permission to View Records

Each player and parent shall grant permission to the coaches and the education coordinator to view academic and behavioral records on file with the player's school.

Section VI: Work or Community Service Requirements

All players will actively participate in community service engagement throughout the season as assigned by the Wenatchee hockey organization.

Section VII: Public Relations

1. News reporters and personnel covering the Wenatchee Wild Hockey Academy are generally favorable in their feelings toward the team. However, players must remember that these people owe their first responsibility to their paper or station. Thus, should they run across a story or receive a quote, especially a controversial one, expect them to publish it. It is your responsibility to conduct a positive interview when asked to give one.

2. All personal interviews must be cleared through the Coach prior to granting them. This is for your protection because there are individuals who can be quite persistent at the wrong time.

3. When dealing with a public media outlet, remember the following:

a. Do not discuss or compare teammates, except in a positive manner. Remember our internal affairs stay within the team. Be loyal to the organization, the team, and each other.

b. While discussing your opponent, both before and after a game, use common sense. Do not say anything that will end up on their bulletin board. Always build them up with praise; **do not be negative.**

c. Do not unwittingly criticize your coach or teammates by discussing mistakes that you think may have been avoided. If you disagree with something, discuss it with the coach face-to face.

d. Be careful when you:

1) Lose. Be a good sport. If you don't have anything good to say, don't say anything. Eliminate your sour grapes, comments on poor officiating, etc. Remember the phrase, "The other team played better."

2) Win. Give credit. Be complimentary to both your teammates and your opponents. We are a team, not a group of individuals.

4. Group Chats

While players can enter hockey group chats through their phones, they are prohibited from publishing any information, either negative or positive about the Wenatchee hockey teams, its team members, coaches, management, policies, or any other information related to the Wenatchee Wild Hockey Academy on any of their chats or social media platforms.

5. ALL SOCIAL NETWORKS INCLUDING FACEBOOK AND TWITTER ARE HOTBEDS FOR ABUSE

Wenatchee hockey players must realize that they are public figures within the community. Any players who belong to a social network are to have their security settings on the highest possible level. Players are not to post any inappropriate material or have inappropriate pictures viewable to others on-line. The Wenatchee Development Teams staff will monitor these sites, and any player who has inappropriate material on-line will be sanctioned to disciplinary action as outlined in Section XVIII below. Each player **must** invite the designated Wenatchee hockey staff member to each social network of which the player is a member so that staff has access.

6. Opponents

At no time are players to make negative public remarks about any opponent or team on social media. Wenatchee Wild Hockey Academy players are not to engage in any negative conversation, directly or indirectly, through any social media platform with members of opposing teams.

Section VIII: Vulgarities / Vulgar Discussions

The Wenatchee Wild Hockey Academy will be recognized as an organization of dignified individuals. To protect that reputation and the rights of individual players with varying moral beliefs, as well as ensuring that young players are not exposed to material inappropriate for their age group, the following requirements regarding verbal conduct must be adhered to:

1. Public Settings

All players are prohibited from using vulgarities or holding discussions of a vulgar nature, including sexually related topics, in any public setting including within the host family home.

2. Locker Room/Bus/Airplane

To ensure that young players are not exposed to age-inappropriate material, no discussions of a vulgar nature, specifically those of a sexual nature, are to be conducted in the presence of any minor aged player whether in the locker room, on the bus, or in any other setting. Each player must respect the values and

beliefs of his teammates and do everything in his power to avoid violating the rights of those players. If, at any time, children or other guests are in the locker room or on the bus, no vulgarities will be tolerated.

3. On-Ice

Due to the intensity in game situations, some leniency will be granted during those times, however, at no time should a vulgarity be of a volume that could be heard by the fans. Furthermore, any player who receives an unsportsmanlike penalty related to talking to a referee or an opponent, will be removed from the duration of the game.

4. Racial Slurs

The Wenatchee Wild Hockey Academy will not tolerate any racist remarks or racial slurs.

5. Bullying

The Wenatchee Wild Hockey Academy will not tolerate bullying in any form.

Section IX: Behavior in Public Facilities

1. Conduct

All Wenatchee Wild Hockey Academy players are required to refrain from conduct in all public settings that will be offensive to those around them. Inappropriate behavior is a detriment to the reputation of the Wenatchee Wild Hockey Academy and to the businesses in which we will be present, and as such will not be tolerated.

2. Vandalism or Damage to Facilities

At no time should a player damage any facility that is hosting the team. This includes all ice rinks, hotels, restaurants, host family homes, or any other public property. If a player accidentally damages a property, he must bring it to the attention of the Wenatchee Wild Hockey Academy Teams' management immediately so the situation can be rectified with the appropriate establishment. If at any time a fee is assessed for damages, that fee will be designated to the individual player who caused the damage or split among the players in the facility at that time.

3. Lost or Stolen Items

Lost or stolen Wolves/Wilderness property will be paid for by the player (such as team jerseys, socks, hockey gear, sticks, and team jackets). Respect both your property and your teammates' property.

Section X: Locker Room Rules

Treat all team facilities (both home and away) with the same respect that you would treat your parents' own home.

- 1.** No food in the locker room area. If you need to eat, do it outside. (Power Bar type foods are acceptable until wrappers are found on the floor.)
- 2.** No working on sticks in the Locker Room. Stick work needs to be done in the area by the workbench or in the hallway. (Between periods of a game is acceptable.)

3. Throw away all scrap tape in a trash can. This includes used stick tape, sock tape, and balls torn off at the start of a roll. DO NOT THROW USED SOCK TAPE UNDER YOUR STALLS

4. All stalls are to have the equipment hung in the same manner. Jerseys must ALWAYS be left hanging neatly on their hanger at the front of the stall with the logo facing out.

5. Nothing is to be left on the bench of your stall. The only acceptable items are braces or pads that must be laid out to dry and do not have a hook. (NO cups, bottles, shoes, etc.)

6. If your skates need to be sharpened, place them in front of your stall along the floor when you take them off. Skates are sharpened one day a week as per decided by the coaches.

7. Insoles must be removed from your skates every night.

8. If you clean out a cup or shaker in the sink, make sure to rinse out the sink when you are finished.

9. DO NOT keep a water bottle in your stall to refill with water or Gatorade every day. These bottles will become a breeding ground for germs.

10. No gum in the toilets.

11. Please take care not to spill when using the Gatorade dispenser. The grate on the bottom is not a drain. Do not empty cups in it.

12. NOTHING is to be left on the floor of the locker room or shower.

13. Use only one towel. Do not leave the last guy in the shower without one because you thought you needed an extra.

14. You must rinse off in the shower before getting in the cold tub.

15. No hockey (stick handling, etc.) or throwing or kicking footballs or soccer balls is allowed in the locker room. Such activity is allowed in the hallway so long as it does not interfere with others working or using the facility.

16. Pick up any scraps of tape, pre-wrap, gum, gum wrappers, toilet paper, etc. and put them in the trash. Cleanliness of the locker room is a team responsibility.

17. All dirty laundry needs to be placed in the laundry cart on designated laundry days.

18. Whenever we leave a locker room other than our own (practice or road game), the locker room will be spotless.

19. Skate guards must be used on your skates when they are packed in your equipment bag.

20. Make sure you pack your neck guards for all trips to Canada.

Section XI: Conduct on Road Trips

1. Showers are required before boarding the bus for any road trip. Hair done, look professional.

2. EVERYONE loads the bus. WE HELP EACH OTHER!

3. Each player must schedule his own wake-up calls while on road trips.

4. During road trips, all players must be in their room no later than 10:00 PM.
5. It is also expected that all TV's must be turned off at 11:00pm.

Section XII: Conduct in Host Family Homes (Not Specified Elsewhere In This Contract)

1. Rules and Regulations

All players are required to follow the Wenatchee Wild Hockey Academy regulations as indicated herein and through instructions given by the organization's staff. In addition, players must abide by the standards of behavior required by the host family. No Wenatchee hockey team regulation can be violated regardless of the host family preference; however, players must be prepared to adapt their personal conduct to those of the host family in regard to additional regulations imposed by the family.

2. Cleanliness

Players are required to maintain their living area in a clean and orderly manner. Players are required to do their own laundry. In addition, players must understand that they are a part of a home that has many tasks required to maintain it. As such, players should be willing to assist in domestic chores and should look for opportunities to offer their assistance in those situations.

3. Meals

The host family is not expected to provide an unlimited amount of food or to provide meals for an erratic schedule. Players should eat an amount that would be considered reasonable and should conform to the family's regularly scheduled mealtimes. ***If at any time, a player is not going to be available for the family meal, he must notify the host parents prior to the preparation time for that meal.***

4. Telephone Usage

Players are not allowed to make long distance calls from the host family telephone without the use of a personal calling card. In addition, players should limit the use of the telephone to ensure that the family is not inconvenienced.

5. Common Area / Common Item Usage

Players must limit the use of the host family television, computer, restroom, or other common use item to ensure that the family is not inconvenienced.

6. Noise

Players should minimize the volume of any conversation, television, music, or other noise-related item particularly after the host family has gone to bed. Players are not allowed to play music, watch television, hold telephone conversations, or participate in any other noise related activity after curfew without express permission from the host family for each occurrence. This time may be earlier if requested by the host family.

7. Guests

Players are not allowed to have guests stay in the host family home, nor are they permitted to ask the host family if guests may stay in the home. Should the host family offer boarding to guests, those guests are limited to parents, grandparents, siblings, or other Wenatchee Wild Hockey Academy players when their own billets are out of town. No friends, either male or female, are allowed to stay in the home of the host family.

8. Relationship to Host Family Children

Each player should make every effort to serve as a mentor and example for children in the host family. If younger members of the family are involved in the Wenatchee Amateur Hockey Association, the player should attend many of the child's WAHA practices that do not conflict with Wenatchee Wild Hockey Academy.

9. Special Privileges

In no way does payment to the host family carry with it an implication of services or privileges owed to the player by the host family.

10. Player Concerns

Any player concerns related to host families should be directed to the Billet coordinator and /or Wenatchee Wild Hockey Academy coaching staff for resolution.

11. Disciplinary Action

Players who compromise a positive relationship between the Wenatchee Wild Hockey Academy and a host family are subject to strict and immediate disciplinary action.

12. Transportation

You are responsible for each other regarding transportation to all team functions. In no way is a billet required to provide transportation of any kind. If a billet offers a ride that is ok, but never should a player ask his billet for a ride unless it is an emergency. However, coaches will be available to make sure you have pick up in case you cannot find a ride. We just ask you notify us in advance.

13. Expulsion From Team

If, for any reason, a player is removed from the team, the player must be moved from his host family's home within 48 hours. Player families agree to expedite this process.

Section XIII: Dress Code

1. Home Games

Dress clothes and team jacket are required for all players when entering the rink, exiting the locker room or appearing in a public area during home games, showcase games, all-star games, etc. They are also to be worn if the team participates in any volunteer activities for which casual dress would be inappropriate. Game day attire includes team jacket, dress shirt, tie, slacks, and dress shoes. Ties must be tightly secured and not hanging loosely. Dress shoes must be worn at these times. **No hats**, of any kind, are to be worn with dress clothes. Polo shirts with collars, Khaki slacks, and dress shoes may be worn for specified occasions, but only when directed by the coaching staff. Vans are not dress shoes.

2. Road Games

For road games, players will be required to adhere to the same dress code as they do for home games. On occasion, track suits will be allowed. **No hats**, of any kind, are to be worn during road games.

3. Jewelry

No jewelry of any kind is to be worn during on-ice activities including practices, games, clinics, or volunteer events. In addition, jewelry is prohibited for off-ice training excluding video analysis. Although a necklace, bracelet, or ring is acceptable at Wenatchee Wild Hockey Academy off-ice activities except training, body piercing of any kind, including earrings, is prohibited.

4. Hats

No hats may be worn during any team meal or function.

Section XIV: Training

1. On-Ice Practice

All players are required to attend every practice. Injured players will be required to watch practice and listen for instruction from the coaching staff. Players must arrive at the rink one hour prior to practice except for school conflicts.

2. Off-Ice Training

All players are required to attend every off-ice training session including video analysis. ***Do not ask the coaching staff to miss a workout in order to make an off weekend longer. If we do not have games scheduled on a weekend, players are still required to attend scheduled team workouts.*** Athletic shoes and athletic wear must be worn for all off-ice training. In addition, players must wear shirts at all times during off-ice training. Exceptions to off-ice training, excluding video analysis, may be made for injured players but must be approved by the head coach in advance. Players must wear Wenatchee issued workout wear to all fitness events.

Section XV: Participation in Games

1. Arrival

All players are required to arrive at the rink, in full dress code, at least one hour prior to game time.

2. Locker Room Activity

Preparation in the locker room directly affects the outcome of a game. As such, the time in the locker room is to be considered a part of the game and should reflect the same focus that is demonstrated on the ice.

3. Team Camaraderie

A strong rapport amongst players is a vital factor in the ability to win. As such, a bad attitude or lack of respect directed at another player will not be tolerated. The coaching staff holds all responsibility for correcting play and directing the events of the game and as such, no player should attempt to do so. You may not like everyone on the team, but you must respect them.

Section XVI: Miscellaneous

1. Sleepovers

Players are not allowed to have sleepovers at any other home, including those of other players, without the prior consent of the Coaches.

2. Pornography

Players are not allowed to possess any pornographic materials nor are they allowed to view pornography on the computers, televisions, or other electronic devices in a host family home.

3. Gambling

To protect the financial status of the players and/or their parents who are funding the hockey experience, all players are prohibited from participating in gambling at any casino.

4. Financial Obligations

Prompt and accurate payment of all fees and fines is required. ***Players who are delinquent in meeting their financial obligation, whether player fees, housing fees, or fines, will be suspended from practice and games until payments are made. All players are to provide post-dated checks or credit card information for all player and billet fees at the start of the season.*** Severe financial delinquency will result in expulsion from the team with no release of player's rights through sanctions filed with USA Hockey.

5. Player Equality

All players, regardless of skill level, political connections, or any other factor, are required to adhere to the rules and regulations and will be disciplined according to the standards set herein. All players are further required to adhere to any disciplinary action imposed.

Section XVII: Forms of Disciplinary Action

Each player is responsible for his own behavior on and off the ice. Furthermore, each player will be held accountable for his actions. Any action(s) by a member of the Wenatchee hockey teams that exhibits lack of respect for billets, teammates, coaches, medical staff, the hockey program, ownership, and community,

or represents the team in a negative fashion causing embarrassment to the organization internally or externally is cause for disciplinary action, suspension, or expulsion from the team. The following is a guide as to the typical consequences for certain violations. Each violation will be handled on a case-by-case basis and consequences will be determined by the coaching staff. Please note the following violations:

1. Violation – Misuse of Team Equipment

- Players are responsible for all equipment issued by the Wenatchee Wild Hockey Academy organization. It must be treated with respect and kept in reasonable condition. You will be required to pay for any damage intentionally or negligently caused to your equipment.

2. Violation – Missing Class Without Acceptable Reason

- First Offense: One game suspension.
- Second Offense: Multiple game suspension.

3. Violation – Late to Practice (or Missing Completely) Without Acceptable Reason

- First Offense: Minimum one period suspension.
- Second Offense: Minimum one game suspension.

4. Violation – Alcohol Consumption

- Immediate expulsion from the Team. This is a zero-tolerance rule.

5. Violation – Late for Any Team Function

- First Offense: Minimum one period suspension.
- Second Offense: Minimum one game suspension.

6. Violation – Breaking Curfew

- First Offense: Minimum one game suspension.
- Second Time: Entire team workout at 5:30AM plus multiple game suspension.
- Third Time: Expulsion from team.

7. Violation – Use of Tobacco (Including Chewing Tobacco) at Any Team Location Including Rink, Locker Room, Billet Home, Team Meal, Bus, etc.

- First Offense: Minimum one game suspension.
- Second Time: Minimum two-week suspension. Entire team workout at 5:30AM.
- Third Time: Termination from team.

8. Violation – Unsportsmanlike Conduct Including: Abuse of Officials, Inappropriate Disrespect of Opposition, Abuse of Coaching Staff, etc.

- Consequences will be at the discretion of the coaching staff.

9. Violation – Illegal Use of Drugs

- Immediate expulsion from the Team. This is a zero-tolerance rule.

10. Violation – Bullying, including but not limited to, discriminating remarks, racial slurs, hazing, cyber bullying, and/or bullying in any form

- First Time: Immediate suspension from the team. Minimum 1-month suspension, up to expulsion from team, pending severity
- Second Time: Expulsion from team.

For any violations of this nature, player will be reported to WAHA disciplinary board, proper SafeSport authorities, and USA Hockey

**All consequences/punishments are to be considered a minimum result for violating that team rule. All violations of team rules are subject to the coaching staff's discretion and each situation will be handled on a case-by-case basis. This is by no means an all-inclusive rule guide and any actions of the players deemed inappropriate will result in negative consequences. *Additionally, players are also subject to USA Hockey Rules and Regulations and the USA Hockey consequences imposed to certain rule violations.*

Section XVIII: Consent for Random Drug Testing

In the interest of safety for all concerned, the Wenatchee Wild Hockey Academy reserves the right to require random urine or hair testing to determine the use of drugs and/or alcohol by any of its players. In addition, the Wenatchee Wild Hockey Academy reserves the right to require Breathalyzer tests for the determination of alcohol consumption. These tests, which will be conducted by a Washington state certified drug testing laboratory, may occur randomly and/or as many times as the Wenatchee Wild Hockey Academy deem necessary to control drug or alcohol use among its players. The results of such drug testing shall be confidential and shall only be disclosed to Wenatchee Wild Hockey Academy Head Coach, the Wenatchee Wild General Manager, the player, and his parent(s) if he is under the age of eighteen. Any test that returns with a positive indication of drug or alcohol use is reason for termination of the player contract. In such cases, the player will be given the opportunity to discuss the results of the test with Wenatchee hockey program management prior to his dismissal and termination of contract.

AGREEMENT TO ADHERE TO RULES AND REGULATIONS

I, _____, understand that the items identified in the Wenatchee Wild Hockey Academy Rules and Regulations are required regulations for every player within the organization and as such, I am obligated to adhere to them. I will strive to ensure that I do not violate any of the regulations of the Wenatchee Wild Hockey Academy. Furthermore, I understand if a violation occurs, I will incur disciplinary action which I am required to adhere to. That disciplinary action may include expulsion from the Wenatchee Development Team which will terminate my contract except for any outstanding financial obligation. I do hereby willingly submit to the Wenatchee Wild Hockey Academy Rules and Regulations. In addition, the player, by his signature below and that of his parents if he is under the age of eighteen, agrees and fully understands the Wenatchee Wild Hockey Academy random drug testing policy and confirms that he is willing to submit to random and possibly repetitive drug testing at the discretion of the Wenatchee Wild Hockey Academy management.

Player Signature

Player Printed Name

Date

Parent Signature (if under the age of 18)

Parent Printed Name

Date

Host Family Signature

Host Family Printed Name

Date