



Coach Krystyna Foxworthy

COACHING EXPERIENCE

- Elevation Volleyball Club, Denver, CO
 - 15 Ascent Assistant Coach 2023-24
 - 15 Ascent Assistant Coach 2022-23
- Lotus School of Excellence
 - Program Director
 - Varsity Head Coach
 - Junior Varsity Co-Coach
 - Middle School Director
- No Limits Volleyball
 - 13s and 16s Head Coach
 - Clinic Instructor

PLAYING EXPERIENCE

- Rocky Select
 - 16s/17s/18s Years. Position(s): Libero and Setter
- Colorado Infinity
 - 15s Year. Position: Setter
- Aurora Atomics
 - 13s/14s Year. Position: Libero and Setter

EDUCATION

- Metropolitan State University 2016-2019
 - Major: Psychology
 - Minor: Human Performance
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