

# PacWest Region Championship

April 6-7, 2019

NATIONAL SMALL COLLEGE RUGBY ORGANIZATION

**DENVER**  
CLUB SPORTS





# TABLE OF CONTENTS

Welcome Letter ..... 1

Event Location and Schedule ..... 3

Map of Rugby Field, Parking Area and Facilities..... 4

Emergency Action Plan ..... 6

Accommodations..... 9

Local Restaurants..... 10

Alcohol Policy ..... 11

Conduct of Players, Coaches and Spectators ..... 12

USA Rugby Technical Zone and Sideline Management Guidelines ..... 13





Dear Competitor,

Congratulations on earning the right to participate in the NSCRO PacWest Region Championship. The University of Denver and NSCRO would like to welcome you to this event scheduled for April 6 & 7, 2019 on the campus of the University of Denver in Denver, CO. The winner will qualify for the National Championship on April 26 & 28 at Siena College in Loudonville, NY.

**The NSCRO Representative – in charge of the event for NSCRO – is Ken Stone.**

**Phone – 720-345-2899; Email - [Kenneth.Stone@du.edu](mailto:Kenneth.Stone@du.edu).**

Be sure to coordinate the day, time and location for your Team Check-In with Ken Stone.

There will be four (4) teams competing, tents will be provided for each team and a medical tent will be centrally located.

Direct all logistical questions to Ken Stone (Head Coach – University of Denver Club Men's Rugby) at [Kenneth.Stone@du.edu](mailto:Kenneth.Stone@du.edu) and 720-345-2899.

All participants and fans are to abide by the following regulations:

- Please follow the signage directions placed at the facility at all times, i.e. Field Closed, etc.
- **T-Shirts**
  - Event t-shirts will be sold for \$20. Exact cash or checks made out to DU Club Men's Rugby will be accepted. It is recommended that teams preorder them no later than Tuesday April 2. Contact Amy Rask at 303-871-3912 or [Amy.Catlin@du.edu](mailto:Amy.Catlin@du.edu) to place one bulk team order. Credit card payment is acceptable for preorders only. They will be available for collection on Saturday.
- **Food and Beverages**
  - No outside food/beverage delivery or catering allowed. Spectators wishing to bring food may sit in the bleachers overlooking the south end of the field. This in on top of Parking Garage T.
  - Drugs and alcohol are strictly prohibited.
  - No grills or cooking allowed in the complex other than by approved University of Denver groups/vendors.
- **Vehicles/Parking (Bus parking is available)**
  - No unauthorized vehicles are allowed on emergency roadways and pathways.
  - No parking in unauthorized areas due to emergency vehicle access.
  - Parking passes provide parking to the following University of Denver lots for team personnel only at no cost: Parking Garage L, Lot 401, and Lot 403





- Spots are first come, first serve. The largest number of spots will be available at Parking Garage L. Passes MUST be printed – cannot be scanned from a mobile device.
- **Field – the surface of the field is synthetic turf. Prepare accordingly.**
  - Matches will be played on Diane Wendt Sports Fields. The entrance can be found on the north end of the field.
  - No dogs or other animals are allowed on the field.
  - No bicycles, skateboards or scooters allowed on the field.
  - No fires of any kind, including fuel heaters.
  - Spectators may elect to sit on the west side of the field (no food permitted) or the bleachers on top of Parking Garage T.
    - The exterior stairs to the top of Parking Garage T are located at the NE corner of the garage.
- **Scoreboard**
  - The scoreboard is reserved for NCAA program use and selected events. A Division of Athletics and Recreation staff operator or member of DU Club Men's Rugby must always be present for use.
- **Behavior** (Refer to the enclosed NSCRO Conduct requirements)
  - No profanity, vulgar language or fighting.
  - No alcohol – refer to the enclosed NSCRO Alcohol Policy.
  - No drugs.
  - No climbing on fences, trees, goals, stadium, etc.
  - No weapons of any kind.
  - No solicitation of any type.
  - No littering and please pick up after use.
  - No destruction or damage to property including climbing over the fence.
  - No unauthorized fireworks or other explosive devices.

NSCRO thanks the Rocky Mountain Rugby Referee Society for support in providing match officials.

Have a great rugby experience!

Ken Stone

Head Coach, University of Denver Club Men's Rugby, [kenneth.stone@du.edu](mailto:kenneth.stone@du.edu) , 720-345-2899

Amy Rask

Student Programs Manager, University of Denver - Athletics & Recreation,  
[Amy.Catlin@du.edu](mailto:Amy.Catlin@du.edu), 303-871-3912

Steve Cohen

President, NSCRO, [president@nscro.org](mailto:president@nscro.org)





## Event Location

### Venue – Diane Wendt Sports Fields

University of Denver  
1900 South High Street  
Denver, CO 80208

Google Maps location: <https://goo.gl/maps/kWBwxsH7uNw>

## Schedule

All times shown are Mountain Time Zone

Saturday – April 6, 2019

10AM – Champions Cup Semifinal #1

**Regis University (Cowboy Cup #1) vs. The Claremont Colleges (California Cup #2)**

12PM – Champions Cup Semifinal #2

**New Mexico Highlands University (Cowboy Cup #2) vs. Cal Maritime (California Cup #1)**

Sunday – April 7, 2019

9AM - Champions Cup 3rd Place

11AM - Champions Cup Final  
followed by the NSCRO Awards Ceremony



2016, 2017, 2018  
The Claremont Colleges



2012, 2015  
California Maritime Academy



2013, 2014  
University of Denver



# MAP of RUGBY FIELD, PARKING AREA and FACILITIES



## Directions

### From North Denver

- Take I-25 south toward Colorado Springs.
- Take the University Boulevard exit (Exit 205).
- Turn right onto South University Boulevard and drive south approximately 0.1 miles and turn right on Buchtel Blvd.

### From South Denver

- Take I-25 north.
- Take the University Boulevard exit (Exit 205).
- Turn left onto South University Boulevard and drive south approximately 0.1 miles and turn right on Buchtel Blvd.





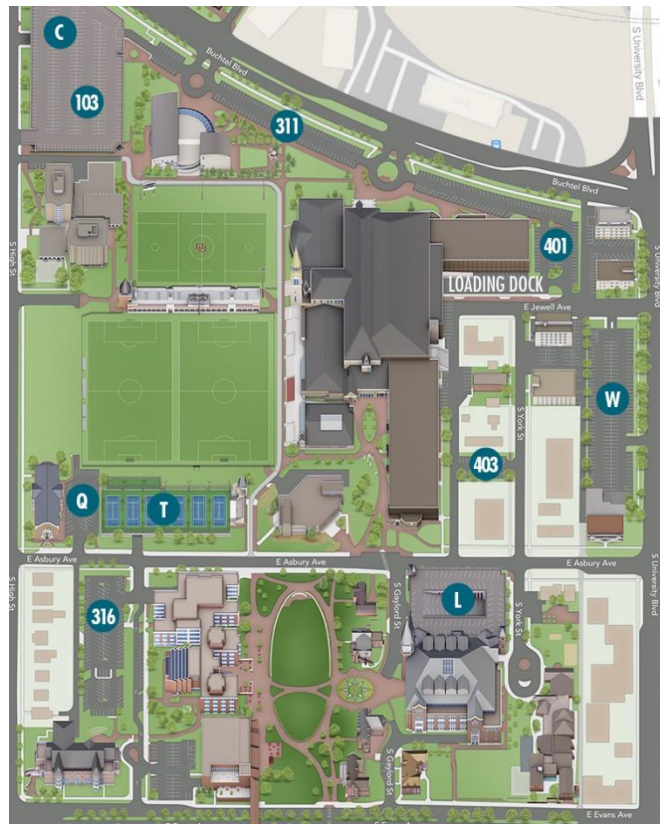
## Parking

### Team Personnel (defined as Coaches, Medical, Players, & Administrators)

- Parking Pass will be provided to teams.
- Parking will be in Parking Garage T, Lot 401, and Lot 403.
- Exception will be bus parking which will be in Lot 108.
  - **Lot 108** is located just northeast of the University and Buchtel Blvd. intersection.

### Spectators

- Paid Parking:
  - Visit the [DU Campus Map](#) to view available list of hourly parking options.
- Free Street Parking:
  - Limited street parking is available west of DWSF. On Saturday, please be mindful that some street enforce a 1-hour limit.
- Ride Share/Public Transportation:
  - The light rail station for DU is just north of DWSF by Lot 103/C.
  - For easiest access to DWSF, spectator drop-off is best done off of High St.



## Facilities

Post-match showers will be available each day for teams. Players must provide their own towels and toiletries.



## Emergency Action Plan

**Location:** Diane Wendt Sports Fields, 1900 South High Street, Denver, CO 80208

**Event Director:** Allan Wilson

**Medical Staff:** Qualified medical professionals include a Certified Athletic Trainer (ATC), Sports Certified Physical Therapist; a medical physician who is trained in sports medicine, orthopedics or emergency medicine; and physician's assistant (PA) likewise trained in sports medicine, orthopedics or emergency medicine.

**Medical Coordinator:**

**Amie Kern MS,ATC,LMT**

**University of Denver Club Men's Rugby**

**Cell Phone:**

**Email:**

**570-977-4298**

**akern21@gmail.com**

**Staff Athletic Trainers On-Site:**

**Shayla Shell, ATC**

**Cell Phone:**

**720-244-2770**

**Mary Dudevoir, ATC**

**Cell Phone:**

**845-926-8707**

**Stadium Medical Services**

**On-Site**

**Available:**

Saturday, April 6<sup>th</sup>

10:30am - 3:00pm

Sunday, April 7<sup>th</sup>

8:30am - 2:00pm

**Medical Equipment:** Tables, tent coverage, basic splinting materials, first aid. We request all teams bring own medical supplies for preventative taping, jumper materials, etc. There will be supplies available for in game medical needs provided by University of Denver.

**Required:** AED (Automated External Defibrillator) is available.





1. The Medical Staff on site will be responsible for treating minor injuries to players and for caring for more serious injuries until EMS personnel arrive. The Staff makes the decision and if an ambulance is not at the field, calls 911 to request EMS (ambulance).
2. Instruct EMS to report to **Diane Wendt Sports Fields, 1900 South High Street, Denver, CO 80208.**
3. The Event Director delegates responsibility of flagging down the ambulance (flagger will stand at the intersection of High Street and Jewell Avenue). The Event Director or his designee will be responsible for clearing space for the ambulance when it arrives at the field site.
4. A member of the medical staff provides emergency care until EMS personnel arrive. Caregiver then provides pertinent info (cause of injury, vital signs, treatment rendered, and medical history) to EMS personnel and assists with emergency care as needed. If the match is on-going, the other member of the medical staff will pay attention to it.
5. The Event Director advises the Coach of the player's team to assign someone to accompany the athlete to the hospital as well as bring pertinent medical history of the player and their personal belongings, including medical insurance card and ID.
6. The injured player's club contacts parents/guardians/family as necessary.
7. The Coach is to complete the appropriate injury report as required by the player's school or organization.
8. If a player is diagnosed by a qualified healthcare professional that they sustained a concussion, the Event Director reminds the player's coach of the USA Rugby Policy regarding Concussions which includes the 5 Rs shown below as well as compliance with the World Rugby Concussion Guidelines.

It is imperative that the athlete *does not return* to play until he or she is symptom-free and has been cleared for return to play by a qualified healthcare professional. USA Rugby strongly recommends that the player complete the GRTP (Graduated Return to Play) procedure prior to return to full play and competition.

USA Rugby's policy requires that ALL rugby players, staff, parents, referees, volunteers, and even fans follow these five basic steps when dealing with suspected concussions:

1. **Recognize** – Learn the signs and symptoms of a concussion so you understand when an athlete might have a suspected concussion.
2. **Remove** – If an athlete has a concussion or even a suspected concussion, he or she must be removed from play immediately.





3. **Refer** – Once removed from play, the player should be referred immediately to a qualified healthcare professional who is trained in evaluating and treating concussions.
4. **Recover** – Full recovery from the concussion is required before return to play is authorized. This includes being *symptom-free*. Rest and some specific treatment options are critical for the health of the injured participant.
5. **Return** – In order for safe return to play in rugby, the athlete must be symptom-free and cleared in writing by a qualified healthcare professional who is trained in evaluating and treating concussions. USA Rugby strongly recommends that the athlete complete the GRTP (Graduated Return to Play) protocol.

### Nearest Hospital

**Porter Adventist Hospital, 2525 S Downing St, Denver, CO 80210**

### Directions

1. Start out going south on S High St toward E Asbury Ave.
2. Take the 2nd right onto E Evans Ave. (E Evans Ave is 0.1 miles past E Asbury Ave)
3. Turn left onto S Downing St. (S Downing St is just past S Marion St)
4. Porter Adventist Hospital, 2555 S Downing St, Denver, CO, 2555 S DOWNING ST is on the right.





## Accommodations

Your club and its fans are encouraged and welcome to stay at the event hotel.

### [Fairfield Inn & Suites by Marriott Denver Cherry Creek](#)

1680 S. Colorado Blvd.

Denver, CO 80222

Phone: 303-691-2223 or 800-690-9799

Contact: Laura Brown, Senior Sales Manager or Ian Cunningham, Sales Manager

Email: [laura.brown@whitelodging.com](mailto:laura.brown@whitelodging.com)

Fairfield Inn & Suites by Marriott Denver Cherry Creek is a unique high-rise hotel located just minutes from the University of Denver, the Cherry Creek Mall & Shopping Center, Denver Tech Center and Downtown Denver. A stand-out among Cherry Creek hotels, we offer a free on-site secure parking garage and free hot breakfast each morning. Our modern rooms and suites feature luxury bedding, 32-inch flat-screen TVs, free WiFi and a view of the Denver skyline or the Rocky Mountains. Guests enjoy amenities unparalleled by other Cherry Creek hotels, including daily hot breakfast with scrambled eggs and waffles, local room service options and a comfortable lobby with convenient amenities such as a 24-hour market, lounge seating and business center.

\*\* When you make your reservation, please say it is with "University of Denver" and share that you are making a group booking. They will provide a discount for both and offer best pricing.\*\*





## Local Restaurants

Many restaurants are available in the surrounding area of the hotel. TripAdvisor makes the following recommendations at:

[https://www.tripadvisor.com/RestaurantsNear-g33388-d1058884-Hacienda\\_Colorado-Denver\\_Colorado.html](https://www.tripadvisor.com/RestaurantsNear-g33388-d1058884-Hacienda_Colorado-Denver_Colorado.html)

**Nearest Grocery Store:** Safeway, 1653 S Colorado Blvd, Denver, CO 80222

**Nearest Target:** 4301 E Virginia Ave, Glendale, CO 80246

### **Sandwich Shops:**

Which Which: 3970 Buchtel Blvd S, Denver, CO 80210

Jimmy Johns: 2075 S University Blvd, Denver, CO 80210

Snarfs: 1729 E Evans Ave, Denver, CO 80210

### **Dinner Near Recommended Hotel:**

Hacienda Colorado: 4100 E Mexico Ave, Denver, CO 80222, (303) 756-5700

Old Chicago: 1280 S Colorado Blvd, Denver, CO 80246, (303) 753-0824





## Alcohol Policy

Possession and/or consumption of alcoholic beverages is not allowed by anyone (players, coaches, spectators, etc.) in attendance at an NSCRO-sanctioned match or event. The onus of responsibility for compliance is on the individual club they are associated with. League matches played under the jurisdiction of a local Union or Conference are not considered sanctioned by NSCRO with regard to this policy.

If NSCRO enters into a written agreement that allows the facility owner to serve alcoholic beverages, the facility owner shall be required to enforce any and all applicable laws relating to the provision, sale and consumption of alcoholic beverages, including the prohibition of consumption of alcohol by minors.

Teams are requested to refrain from evening gatherings involving consumption of alcohol during attendance at an NSCRO playoff match or event.

Failure to comply with this Policy as well as applicable laws may result in team and/or player disqualification and/or enforcement by either college/university or city police. Any breach of this Policy at this event, as witnessed and reported by any individual will be forwarded to the appropriate disciplinary committee for action as well as possible disqualification from future NSCRO playoff matches.



## Conduct of Players, Coaches and Spectators

All players and coaches must abide by the following Code of Conduct:

Collegiate rugby players and coaches represent their colleges and are ambassadors of collegiate rugby in the United States. As such, collegiate rugby players and coaches are expected to behave with dignity both on and off the field. Collegiate rugby players and coaches should not tolerate rude or anti-social behavior of any sort which would reflect negatively on the image of rugby, NSCRO, USA Rugby or the student athlete's college/university, or the image of collegiate rugby as a serious and disciplined athletic endeavor.

**Players, coaches and spectators are not to use foul language or make threatening remarks before, during or after the match.** Such behavior whether directed at a teammate, opponents, match officials, spectator or even part of a pre-match "chant" or play call (such as for a line out) is unacceptable. Doing so will be considered a violation of the Code of Conduct. Any breach of this Code of Conduct will be addressed by the NSCRO Disciplinary and forwarded to the rugby organization having jurisdiction and school as appropriate.

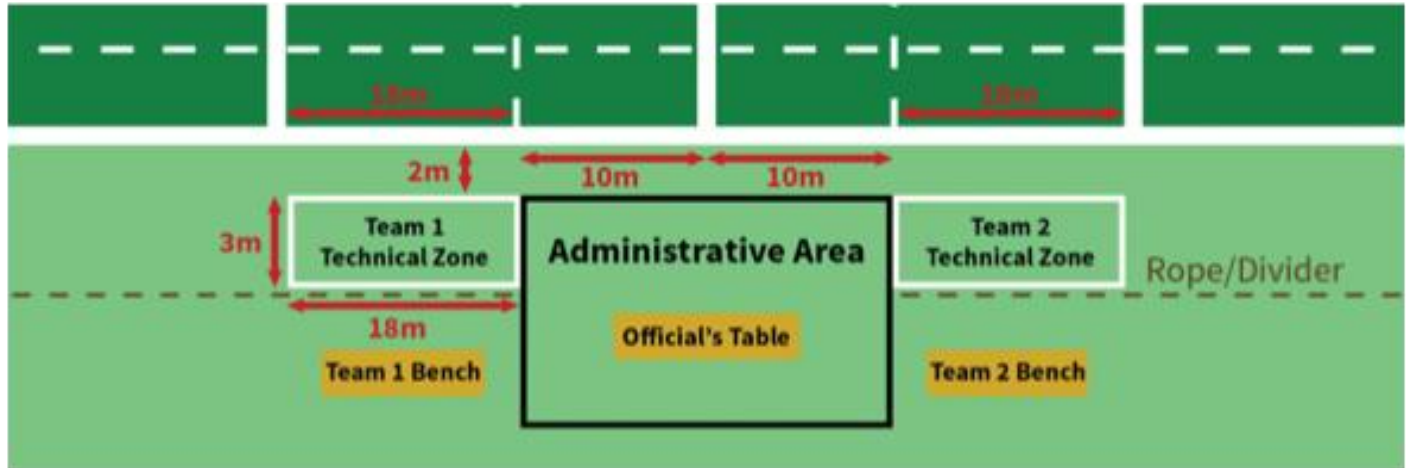
The disciplinary actions of any club/player in question of violation will first be investigated by the NSCRO Disciplinary. If the NSCRO Disciplinary deems it necessary, the report will then be sent to the organization that has direct jurisdiction for the club/player (such as its Conference/Union). Based on their findings, if warranted, the registered player's school should be advised."



POWERED BY  
THE PENN MUTUAL LIFE INSURANCE CO.

## USA Rugby Technical Zone & Sideline Management Guidelines

The #4 Official, with the support of the NSCRO Staff, shall enforce the below guidelines:



- Technical zone (TZ) defined as space in front of the rope/barrier between the 10m line and 22m line\*
- Technical zone ends 2m from the touch line to give room for ARs and touch judges
- Coaches may not cross into the other team's TZ or leave their own TZ
- No more than 2 coaches are allowed in the TZ
- Coaches should not stand in/near the try zone or anywhere on the field of play
- Uncertified coaches should not be in the TZ
- #4 (Fourth Official) or Match Manager (data tracker) occupies the space between the 10m lines (Administrative Area)
- Chairs may be set up in the Administrative Area for disciplinary/sin bin purposes
- No coach or player is allowed in the Administrative Area except when petitioning for a substitution
- Teams may have two medical professionals "in front of the rope"
- Medical professionals may roam either sideline and are not confined to the TZ\*
- Only one (1) medical professional per team is allowed per side of the field\*
- Second medical professional must be across from the first medical professional on opposite sideline\*
- Coaches are not allowed onto the field with medical personnel unless explicitly allowed by the match official
- Medical personnel should always introduce themselves to the match official(s) before the match begins
- Team benches should also be between the 10m line and 22m line\* but "behind the rope" and not in the TZ
- Spectators should be on the opposite sideline from the teams unless a second rope is present to prevent mixing of spectators with players/staff/administrators
- Water carriers must stay "behind the rope"\* unless the match official signals that they may enter the playing field
- Water carriers should endeavor to wear a top that clashes with the players on the field
- Coaches may not serve as water carriers
- Water carriers should not be in the TZ\*
- Coaches should not huddle with teams on the field after scores
- Teams must warm up in the end they are attacking into, not the end they are defending
- Players warming up must wear a contrasting top to the players on the field (e.g., a penny)
- Teams should not warm up with balls, cones or other equipment (e.g., ruck pads)
- Teams should not warm up within 5m of the field of play
- If space demands it, teams may warm up in the try zone but only if they access the try zone by staying "behind the rope" to and from

\*Variance specific to USA Rugby that differs from the World Rugby standard.