

## Player Code of Conduct/Expectations

- ✓ I will do my best in school and realize playing basketball is a privilege.
  - ✓ I will **NOT** use drugs, tobacco, or alcohol.
  - ✓ I will respect my teammates, coaches, opponents, parents, fans, officials, and myself.
  - ✓ I will encourage good sportsmanship from my teammates, coaches, opponents, parents, fans, and officials at every practice and game by myself demonstrating good sportsmanship.
  - ✓ I will listen and do my best to learn from my coaches through eye contact.
    - When you are looking, you are listening.
    - When you are listening, you are learning.
    - When you are learning, you are getting better.
    - When you get better, you are going to win more.
    - When you win more, you have more fun.
  - ✓ I will be under control at **ALL** times.
- ✓ I will **NOT** engage in trash talking, taunting, or behave in ways that demean teammates, opponents, fans, officials, or the game of basketball.
  - ✓ I will **NOT** use profanity or obscene gestures.
  - ✓ I will be on time for practices and games.
- ✓ I will attend all scheduled practices and games I can, and will notify my coach, as early as possible, if I cannot.
  - ✓ I will work hard and hustle at **ALL** times.
  - ✓ I will stay focused on basketball. Being focused helps everyone else stay focused.
  - ✓ I will expect to be challenged.
  - ✓ I will expect to be tired during and after practices/games.
- ✓ I **WANT** to be better than the previous day and I **WANT** to excel at basketball – I will **NOT** be happy with being average.
- ✓ I will be prepared for practices/games, which includes studying drills and plays away from the court.
  - ✓ I will expect playing time to be as defined by the SAYBA playing time guidelines.
  - ✓ I deserve to have fun during my sports experience and will alert my coaches and parents if it stops being fun.
- ✓ I realize when coaches are explaining drills, plays, etc. it is expected I will remember these quickly and for the rest of the season. I also realize when coaches have to repeatedly explain items it takes away from being able to practice/learn more things.
  - ✓ I realize a coach may raise their voice at times and I will try to **NOT** take it personally. I understand they are trying to make me better and there are times this is needed.
  - ✓ I will practice regularly outside of basketball season.
- ✓ I will encourage my parents to be involved with my team in some capacity because it is important to me.