

# 2018 RVSC Fall Rec Soccer Program

## Recreation Rules of Play

1. All players should be given equal playing time as much as possible. Alternate starting players each week.
2. **ALL Players must wear shin guards and uniform assigned to the player. NO hooded sweatshirts are permitted. No jewelry may be worn. NO taping of earrings. Referees will inspect all players before each game.**
3. **NO Slide Tackling !!**
4. **Length of Games:** running time to be used for all games.  
**Micro:** Run by Trainers.  
**Freshman:** 20 min halves  
**Juniors:** 25 min halves  
**Seniors:** 25 min halves
5. **Number of players on the field**  
Micro: Trainers to regulate.  
Freshman: (5v5) 4 field players plus 1 goalkeeper  
Juniors: (6v6) 5 field players plus 1 goalkeeper  
Seniors: (7v7) 6 field players plus 1 goalkeeper  
\*\*Keepers are required!\*\*
6. **Mercy Rule:**  
At no time should a goal differential become 5 or more. Make adjustments early. Ways to avoid this issue;
  - Use weaker player(s) as attackers
  - Restrict shooting to certain areas on the field. e.g., outside the penalty box, behind the build out line
  - Make 5 passes before shooting
  - Use weaker foot only
  - Reduce number of players on field by 1 (use as last resort)
7. **Ball in play.** The **entire** ball must cross the touch lines and goal lines to be considered out of play. If between the goal posts, it is a goal!



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8. **Handling** (Hand-Ball). The interpretation of “Handling” has change many times over the years. The referees have been instructed how to manage this call. Intent to use the hands or arms to “play” the ball must be present to make the call. Players may protect themselves as an instinct.
9. **Coaching**. NO coaches on the field during play. Instruction from the sidelines should be minimal at best. Let the game be the teacher! (exception: Micros!)
10. **a. Freshman Offside Rule**: There will be NO offsides in the Freshman division.  
**b. Juniors Offside Rule**: The build out line will be used to start where offside position may begin. Players cannot be penalized for an offside offense between the halfway line and the build out line. Players can be penalized for an offside offense between the build out line and the goal.  
**c. Seniors Offside Rule**: Being in an offside position is NOT against the Laws of The Game. A player is considered offsides when he/she is in their attacking half of the field, is closer to the goal than two opponents and in the opinion of the referee becomes part of the play. Part of the play is playing the ball, interfering with an opponent in the attacking half or blocking the view of the goalkeeper.
11. **a. Freshman Throw-ins**: In place of throw-ins, an Indirect free kick will be used. Ball is to be placed on the ground, outside of the field of play where the ball first left the field. The purpose is to allow players to work on their passing.  
**b. Junior/Senior Throw-ins**: A throw-in is awarded to the opponents of the player who last touched the ball when the whole ball crosses the touch line, either on the ground or in the air.
12. **Substitutions**: During any stoppage of play or for injury.
13. Time: **NO time outs**. A running clock is always used except for a major injury.
14. **Referees**: Decisions by referees are final.
15. **Spectators**: Must remain outside the field of play and on the opposite side of the teams. NO spectators will be allowed behind the end lines or behind the team benches. Spectators must always remain positive toward players, coaches and referees.

The purpose of the RVSC Rec Program is for players to have a safe environment to play soccer and have fun. Enjoy the season.

Questions or concerns may be sent to: [rvscsecsoccer@gmail.com](mailto:rvscsecsoccer@gmail.com).

