



## Lady Vipers Lacrosse

### Code of Conduct

**As Players Parent or Coach, in addition to following US Lacrosse's Code of Conduct, I will:**

- **Respect** – Athletes, parents and coaches must respect their teammates – do not engage in disrespectful conduct of any sort including negative attitudes toward another, profanity, obscene gestures, offensive, trash-talking, taunting, and retaliation toward teammates and others for ANY reason. This will not be tolerated. A player, parent or coach may be ejected from the team upon first offense. This applies to both on and off the field. Lady Vipers Lacrosse players, parents and coaches treat their teammates and peers with respect and decency 100% of the time.

Athletes and their parents are encouraged to speak with their Head Coach and/or the board regarding any issues they may have with practices, games, or any other lacrosse related issue, in a respectful manner. The athlete or parent may be dismissed from an event if the behavior is not altered after a warning.

- **24-Hour Cooling Down Period** – For a 24-hour period following a game, parents are not to approach coaches or Board members with questions regarding playing time, coaching tactics, game decisions, etc. The 24 hours following a sporting event are filled with emotion and adrenaline for both the parents and the coaches. The purpose of this cool-off period is to allow for people to calm down prior to discussing any aspect of the game. After the cool off period has expired, any discussions should start directly with the coach.