

PACER WRESTLING NEWS - WEEK OF JANUARY 3

I hope everyone is having a restful and refreshing vacation!

There is a two pound growth allowance from now on (so to wrestle at 138, for example, you need to weigh in at 140.0 or lower. Milwaukee Lutheran has an extra pound allowance (total of 3 [138=141]))
Keep in mind that if you are going to try to move down to a lower weight class, you will be limited by WIAA weight loss rules.

Practice Schedule:

Wednesday 9:00-11:00 AM

Thursday - 3:00-4:00

Friday - Practice 3:15-5:00 in commons

Saturday - Varsity at Milwaukee Lutheran
JV at Racine Park

Note on weather conditions:

- If school is cancelled due to weather, all competitions and practices are also automatically cancelled/postponed.
- If an evening event is cancelled/postponed during the school day, that notification will go out in several different ways, including this email list.
- Saturday tournaments are usually not cancelled due to weather unless it is very extreme - they cannot really be made up. If I find out the morning of the tournament that it has been cancelled, I will send out an email to this list as soon as I can.

All Wrestlers will compete in one of the tournaments Saturday - we should know by Thursday who will be going to which tournament.

All wrestlers: please let me know ASAP which weight class you would like to compete in on Saturday.

JV wrestlers may apply for a spot in the varsity tournament if one is available - If you would like to do so, please let me know.

Giese - 132

Benjamin - 138

Vega - 220

Varsity Tournament at Milwaukee Lutheran

Milwaukee Lutheran High School - 9700 W. Grantosa Drive - Milwaukee, WI 53222

Schools Entered: Brown Deer, Catholic Memorial, Fox Valley Lutheran, Christian Life, St. Joseph, Lake Country Lutheran, Lakeside Lutheran, Living Word Lutheran, Marquette, Martin Luther, Milwaukee Lutheran, Pius XI, St Croix Lutheran (MN)*, Shoreland Lutheran, Wisco

Brown Deer

Marquette University High School

Martin Luther

Milwaukee Lutheran

Pius XI

St. Croix

St. John Northwestern Military Academy

Shoreland Lutheran
Wisconsin Lutheran
Load bus at 6:35 AM

Doors open at 7:15 AM. (30 minutes prior to weigh in's)

Weigh-in 7:45 in the old gym – north (3 scales).

Coaches' Meeting 8:30 AM in the old gym – south.

Prelims begin at 10:00 AM on **4 mats**. **Approximate Start Time:**

(we will start earlier if seeding and coaches meeting ends earlier)

Consolation and Championship 4:00 PM (tentative time) on **3 mats**.

Time Schedule: Doors open at 7:15 AM. (30 minutes prior to weigh in's)

Weigh-in 7:45 in the old gym – north (3 scales).

Coaches' Meeting 8:30 AM in the old gym – south.

Prelims begin at 9:30 AM on 5 mats. Approximate Start Time:

(we will start earlier if seeding and coaches meeting ends earlier)

Consolation and Championship 4:00 PM (tentative time) on 3 mats.

Weigh-in Times: Weigh-ins will be conducted by weight class in the old gym according to WIAA

procedures, using three scales. **A 3-pound weight allowance total will be given**

for the tournament (some teams are wrestling Friday night) i.e. 106 can weigh

109 pounds at weigh in on Saturday morning.

JV Challenge Series - Racine Park High School

There is a 1 pound extra allowance (3 total) for Saturday's tournament

Teams Entered: Badger, Burlington, Catholic Central, Franklin, Greenfield, Indian Trail, Kettle Moraine, Milwaukee Bay View, Milwaukee Hamilton, Mukwonago, Muskego, New Berlin West/New Berlin Eisenhower, Oak Creek, Racine Case, Racine Park, Ronald Reagan, Shoreland Lutheran, South Milwaukee, Union Grove, Waterford, Waukesha South, Westosha Central, and Whitnall.

Tournament Location: 1901 12th St., RACINE, WI 53403 www.rusd.org/park

Entrance is on east side of building off of Valley Drive.

Tentative Timetable: (Note that times are different from original times on calendar)

There is no bus - arrive at Park by 7:45 AM

8:00 am - Weigh-in – Small Boys Gym "Pit"

8:30 am - Coaches' Meeting in Cafeteria

9:30 am – Wrestling begins in field house

Tournament Format:

Each individual will wrestle a minimum of 2 matches as numbers permit.

This is a non-seeded advancement tournament.

Top three finishers qualify for the WWCS Finals in Wausau on Saturday, January 20, 2018

WWCS Finals will consist of top 3 from 8 Regionals to compete in a 24 wrestler bracket.