

Cardinal Kids Youth Wrestling

4k-2nd Grade Wrestling

Sponsored by the FDL Wrestling Club and the FDL Recreation Dept

- WHO:** Available to any students in grades 4k through 2nd grade
- WHAT:** Introducing youth wrestling basics and fundamentals with focus on fun and fitness
- COST:** \$25 per wrestler, each wrestler will receive a T-shirt
- WHERE:** Riverside Elementary Wrestling Room- Enter through gym doors and head up to South Balcony.
- HOW:** Wrestler only needs to come to practice with clean shirt, shorts or sweat pants, and dry tennis shoes or wrestling shoes. No metal or jewelry is allowed
- WHEN:** Session 1: Beginning wrestlers: Thursdays 5pm-6pm
Session 2: Wrestlers with experience: Thursdays 6:15pm-7:15pm

REGISTRATION:

- 1) All Parents and wrestlers should be in attendance if possible for parent meeting and in-person registration on Monday, December 16th at 6pm at Riverside Wrestling Room
- 2) New Quick Online Registration is available now at www.fonddulacwrestling.com. We encourage all to register this way. If you have not registered for another sport using SportsEngine, it will prompt you to sign in. You can then use this for all sports in FDL. You will have the choice to pay by credit card at the end or you can select "pay offline" and then you can pay with cash or check at in-person registration. Those that register online will not have to wait in line at in-person registration
- 3) In-Person Registration- Monday, December 16 at 6pm. We will have computers at registration and will walk you through registration process.

SEASON CALENDAR/PRACTICES

Thursday, January 9	Thursday, February 6
Thursday, January 16	Thursday, February 13
Thursday, January 23	Thursday, February 20
Thursday, January 30	Thursday, February 27

***Up to date information can always be found at www.fonddulacwrestling.com

Questions can be directed to Peter Feldner at feldnerp@yahoo.com or 920-946-0394