



## **Coastal Volleyball Club Player/Parent Handbook**

Welcome to Coastal Volleyball Club, a member of the Amateur Athletic Union (AAU), USA Volleyball (USAV) and the Chesapeake Region Volleyball Association (CHRVA). This informational handbook is for our players and parents to help answer questions that may arise throughout the season.

If at any time you need more information or have questions, please contact a member of the Board of Directors by email at [coastalvolleyballclubde@gmail.com](mailto:coastalvolleyballclubde@gmail.com).

### **Mission Statement**

The mission of Coastal Volleyball Club is to provide a high value, fundamentally sound, and competitive volleyball experience for athletes in the Mid-Atlantic coastal region. We strive to coach these athletes in a holistic manner to promote physical and emotional well-being while fostering responsibility, teamwork, and dedication. We are a non-profit alternative that puts the player above the monetary advancement of the volleyball organization.

### **Coastal Volleyball Club Leadership**

Coastal Volleyball Club is a non-profit corporation with the state of Delaware supported by a Board of Directors.

Coastal Volleyball Club follows the USAV, AAU, and CHRVA CODE OF CONDUCT for ALL participants.

### **Coaching Staff**

One of our goals at Coastal Volleyball Club is to provide experienced, quality coaches for our programs. All coaches will be Safe Sports certified, have concussion training, registered with the AAU & CHRVA as a coach and will have a complete background check. We will strive to match coaches with teams based on experience, knowledge, abilities, and personality.

### **Registration**

Players and parents must complete and provide the following before being allowed to participate in any Coastal Volleyball Club event (excluding tryouts):

- Signed Coastal Volleyball Club Contract after reading through this handbook
- AAU Registration Form
- USAV Volleyball Medical History and Release Form
- AAU Concussion Awareness Form
- Birth Certificate
- Completed CHRVA membership

## **Registration and Eligibility**

The USAV defines age groups for training and competition. The age division breakdowns can be found here:

<https://www.chrvajuniors.org/chrva/docs/2022%20Age%20Definition.pdf>

Players are eligible to play the age division based on the chart listed above or their school grade equivalent (ie 12th grade or 18 years old, 11th grade or 17 yo, etc). Coastal Volleyball Club holds the exclusive right to make exceptions based on individual situations.

## **Financial Commitment**

All payments must be made in a timely manner. Late fees will be incurred for overdue payments, and players may be prohibited from practicing or competing until payments are up to date.

It is the responsibility of the parent(s) or guardian(s) to ensure payments are submitted in accordance with the club's established processes and schedules.

Payments (a series of dated checks, full payment or other approved forms) must be provided to the Club Treasurer on Signing Day.

All players and parents/guardians are required to sign the Membership Agreement prior to the start of the season.

In the case of an 18 year-old signing their contracts with Coastal Volleyball Club, we will require their parent or guardian to co-sign on all registration paperwork requiring financial commitment.

Tuition for the 2025/2026 season is as follows by team: 10/11U-\$900, 12U-\$1,050, 13U-18U-\$1,350.

## **Fee Payments**

Fees for participation at Coastal Volleyball Club are based on the club's annually approved budget and age level.

The club's financial resources are focused on expenses that directly support players, coaches, facilities, and club management. These include registration and insurance, uniforms, gym and facility rentals, registration fees for three multi-day tournaments and three single-day tournaments, and coaches' stipends.

Indirect expenses, such as travel, meals, and lodging, are the responsibility of each family.

Payment Process: Families that do not pay in full will be required to make a \$300 deposit due on Signing Day, the remaining tuition will be divided into five payments, due between December and April.

Families will select one of the following payment options on Signing Day:

1. Full Payment
2. Check Option: Submit five post-dated checks (made payable to Coastal Volleyball Club) to the Club Treasurer on Signing Day. Check dates will be set for either the 1st or 15th of each month (as agreed with the Treasurer), beginning in December. (Note: The November payment is the deposit.)
3. Electronic Option: Set up automatic payments through QuickBooks Autopay.

Payment notifications will be emailed to the responsible party for each family.

Under no circumstances should coaches collect money for payment of dues.

Circumstances that prevent a player from participating (injury, schedule, conflict, suspension, etc.) do not dismiss the financial obligation to the club.

### **Late or Missed Payments**

The club will make every reasonable effort to work with families experiencing payment issues. If payment problems persist more than 7 days past the due date, the player will be suspended from all practices and tournaments until the account is current.

A \$50 monthly late fee will apply to any unpaid balance not resulting from an error by the club or its staff. Any checks returned due to insufficient funds will be charged a \$35.00 fee. This fee must be paid prior to the player participating in any additional practices or tournaments.

It is the family's responsibility to coordinate directly with the Club Treasurer to resolve any payment issues. Any unpaid balances must be resolved before the next season's tryouts; otherwise, the player will be ineligible for participation in any Coastal Volleyball Club activities. Late fees must be paid in full before the player may return to practices, tournaments, or future tryouts.

### **Special Payment Arrangements**

Families seeking special payment arrangements outside of what is noted above, must follow these steps:

1. Explain the situation to the Club Director.
2. Propose an alternative payment schedule.
3. The Club Director will review the proposal and approve or deny the modification.
4. A response will be provided within 72 hours.

Emergency assistance may be considered on a case-by-case basis.

### **Early Termination of Contract**

Parents/guardians remain responsible for full payment of all club fees and dues if they terminate their agreement with Coastal Volleyball Club or are removed for a violation of AAU, USAV, CHRVA or Coastal Volleyball rules. Should a player withdraw before the season is over, that player will not be entitled to any refunds of money already paid.

Both the club and the family have the right to terminate the agreement at any time; however, the family remains liable for all fees and indebtedness incurred under the signed agreement.

Fees already paid for items such as USAV membership, registration, facilities and uniforms are non-refundable.

### **Fundraising**

There is an additional \$150 fundraising fee for each player included in your club dues. Each player has the opportunity to participate in a club wide fundraiser. For every dollar fundraised, you will receive you earn 85% back (the other 15% goes toward administrative fees of the platform being used). Players are eligible to earn up to \$150 back towards their fees when participating in the fundraiser.

### **Uniform and Equipment**

Coastal Volleyball Club will provide two tournament jerseys, two pairs of shorts, and warm up gear. Backpacks will be provided at no cost to players new to the club. Returning players needing a backpack may purchase one. The cost of these items is included in your club dues. Coastal Volleyball Club will have a Gear Volleyball Store where the player/parents can purchase additional items.

Proper care of the uniforms is each player's responsibility. Parents are asked to review and follow the care instructions on labels to ensure that all the gear is in the best condition possible for the season. Any replacement costs will be at the player's/parents' expense.

### **Time Commitment**

The season runs from November to Spring of the following year. The season length will vary depending on the tournament schedule of each team. Tournament schedules are made and provided by the coaches. Practices will begin in December and tournaments will begin typically in January. Players are expected to be committed to attending practices and tournaments scheduled by Coastal Volleyball Club. Schedules will be handed out to each participant. Each team will have different tournament/practice schedules.

Starting in 2024, Coastal is implementing two team levels of commitment: Navy/Grey and White/Blue.

### **Navy/Grey Teams:**

- Practice time is guaranteed and playing time is earned. Playing time will be based on what the coaches feel will give the team the best chance to win.
- Coaches will make efforts to play everyone at some point during the tournament, but this will not be at the expense of the team.
- Will participate in a higher level of play at tournaments (at the discretion of the Club Director)

- Max 12 players per roster

### **White/Blue Teams:**

- Playing time will be earned through practice attendance and work ethic displayed at practice.
- Playing time will be geared towards whole team participation. Playing time will be guaranteed, but will not be equal.
- Max 10 players per roster

### **Practices**

You are required to be on time to practice, properly dressed and with all required gear. Coastal Volleyball Club requires you to communicate with your coach if you will be late or will miss practice. If you do not communicate with your coach to explain the reason you are late or absent prior to the incident, you will be considered unexcused. A player's absence has a negative effect not just on the athlete individually, but on the entire team.

Unexcused absences may result in loss of playing time in an upcoming tournament. Please arrive at practice 15 minutes early to ensure that you have adequate time to prepare and be ready to step onto the court at the scheduled practice time.

The coach has the right, at any time, to discuss with the player/parent/director any problems that continually occur with attendance times and/or missed practices. Coaches may enforce other team rules for practice and tournaments that players are expected to follow. The rules will be made apparent at the beginning of the season.

In the case of inclement weather, coaches will contact parents at their preferred contact number to notify them of practice changes and/or cancellations.

### **Tournaments**

Time played at tournaments is earned and not always given out equally. Practice is where the athletes learn and grow in skill development. Participation at practice helps determine tournament play time.

Tournaments are on Saturdays and/or Sundays and last the entire day. All players are expected to be in the gym, ready to warm up, at the arrival time determined by the coach. Coastal Volleyball Club standard is one hour prior to the first game the team is playing or refereeing/working. Please plan travel time accordingly. Specific information on each tournament is not typically available until the week of the tournament.

For liability and insurance reasons, Coastal Volleyball Club coaches, directors and administrators cannot be responsible for any transportation to or from any tournaments or practices.

Officiating and scorekeeping are integral parts of participating in volleyball tournaments. All players and coaches must attend one officiating clinic per season. Coastal Volleyball Club will provide this clinic. Parents are encouraged to attend also. Officiating at tournaments is a shared responsibility for the entire team. If your

team is officiating, other players may not leave the tournament site unless excused by the coach.

## **Travel**

Travel expenses are the responsibility of each family. If traveling out of the area, all team members will be strongly encouraged to stay at the same hotel. A block of hotel rooms will be reserved by Coastal Volleyball Club or the team parent in order to secure a group rate, when available. It is the responsibility of each family to call and book one of the rooms reserved in Coastal Volleyball Club's name.

Any player found in possession of or to have used alcohol, tobacco (in any form including e-cigarettes and vaping) or other controlled substances while representing Coastal Volleyball Club will be sent home immediately at the expense of the parent or guardian. Violation of any of these travel policies may result in expulsion from the club.

Members of the Board of Directors may, at their discretion, send a player home at the expense of the parent or guardian for violation of any AAU, CHRVA, USAV, or Coastal Volleyball Club policy or rule.

## **Player Expectations**

Players are expected to adhere to all City, County, State and Federal Laws as well as all USAV, CHRVA, and AAU rules and regulations. Violations of these laws or rules/regulations may result in expulsion from the club.

Additionally, players are expected to:

- ✓ Be a team player; the team comes first, always and no matter what.
- ✓ Always have a positive attitude; encourage and support your teammates to the best of your ability, whether you are on the court or on the sidelines.
- ✓ Demonstrate strong club/team spirit and pride.
- ✓ Be a leader on and off the court.
- ✓ Stay focused, mindful, and display a strong work ethic at every practice and tournament.
- ✓ Always show respect to all teammates, parents, coaches and officials.
- ✓ Do not provide, use, or condone the use of tobacco products, alcoholic beverages, or recreational drugs. Do not remain in a location where this kind of activity is taking place. The use of any illegal substance will not be tolerated.
- ✓ Clean up after yourself (gyms, cars, hotels, restaurants, schools, etc.).
- ✓ Be the kind of teammate you would like to have beside you. Find ways to make your teammates better at every opportunity and celebrate team success.

Coastal Volleyball Club strongly promotes fairness and believes in open communication. The Club does not tolerate bullying or any type of discrimination. All issues and concerns regarding these types of situations are immediately addressed with the athlete's well-being in mind. Please reach out to the Coastal Board Members regarding any of these situations as soon as the issue arise.

Members of the Board of Directors reserve the right to place a player on probation or suspension for violation

of any rules or regulations. Probation results in the ability of the player to practice with the team, but not participate in tournaments. A suspension may result in the player not participating in practice or tournaments for an agreed upon amount of time.

### **Multiple Sport Athletes**

Coastal Volleyball Club expects our players to make a commitment to their team for the season. We are aware that our athletes may also play other competitive sports during the club volleyball season. We believe that being a well-rounded athlete is vital to your development. However, any athlete that chooses to play in a school or other club sport during our club season must sit down with their parents and coaches to determine the following factors:

- ✓ Identify which sport has priority when there is a conflict.
- ✓ Consider the time commitment required to be successful in each activity.
- ✓ Compare schedules and determine the number of practices and tournaments they will miss, need to leave early, or will be late.
- ✓ Consider the physical and mental strain they might endure.
- ✓ Assess how their other extracurricular activities will affect their contribution to the team as a whole and how it may affect their playing time.

### **Parent Code of Conduct for Tournaments and Practices**

Parent participation is essential for the success of the teams and individual athletes. Active and responsible parents also contribute to the positive image of Coastal Volleyball Club within the community.

Coastal Volleyball Club is responsible for the actions of their players, coaches, parents, and spectators. Please adhere to the following guidelines for tournament etiquette:

- ✓ *Respect*: Please be respectful to all players, coaches, officials, linesman, scorekeepers, other teams, parents, etc. In the case of repeated negative behavior, Coastal Volleyball Club reserves the right to restrict the attendance of spectators at tournaments. If parents do not cooperate, the club may have no other choice but to dismiss the player from the team.
- ✓ *Cheer*: Cheer for your team and its players! Do not be negative about the players, the coach, or the other team at any time.
- ✓ *Don't Coach from the sidelines*: There is a big difference between cheering for the team and attempting to coach from the bleachers. Leave the coaching to the coach.
- ✓ *Don't approach the officials*: Please do not ever approach, or yell at any of the officials, lines persons, or scorekeepers at a tournament. If a discrepancy occurs, let the coach deal with the problem.
- ✓ *Communicate with the coach at appropriate times*: You should always feel free to talk to the coach. Please remember however, there is an appropriate time and place to discuss an issue with the coach. Tournaments are **NOT** the time to do this.

### **Grievance Procedures**

Competitive team athletics, by its very nature, creates an environment where athletes, parents and/or coaches may not be in agreement with all decisions made. Knowing when and how to communicate with a coach or a member of the Board of Directors is a concern for almost every parent at some time during the season. Most often the concern is how to inquire about issues surrounding playing time. Coastal Volleyball Club promotes the 24-Hour Rule. Parents/guardians and/or players are not allowed to confront a coach, team, player, or member of the Board of Directors to discuss any “negative” game or practice situation(s) until 24 hours has passed from the completion of the game or practice. The intent of this rule is to move an emotional and confrontational discussion away from the presence of the players, and to allow the parties to ‘cool off’, compose themselves and put the incident or situation that occurred in the game in perspective before meeting to discuss it.

Athletes are encouraged to communicate with their coaches. Athletes are expected to discuss any issues concerning playing time or any other volleyball related subject with their coaches first before escalation is needed.

Parents are encouraged to communicate with members of the Board of Directors only after exhausting all the resources to resolve the problem.

Coaches are not required to defend his/her thought process or conclusions at any time during the season.

Coaches are instructed not to engage in controversial discussions during tournaments. If a coach is approached during a tournament, he/she has been instructed to politely decline to discuss any controversial matter or to refer the parent to a member of the Board of Directors.

Parents and athletes are to adhere to the following grievance process:

1. The athlete meets with the coach to discuss the matter. If the matter is not resolved or the athlete has a reasonable concern about speaking to the coach, please proceed to step two.
2. The parent meets with the coach to discuss the matter. If the matter is not resolved or the parent has reasonable concern about speaking to the coach, please proceed to step three.
3. The parent meets with a member of the Board of Directors. In certain situations, the Board Member may ask either the coach or athlete (or both) to attend the meeting.
4. All decisions and recommendations by Coastal Volleyball Club and the Board of Directors are final and not subject to appeal. The recommended time for a parent and/or athlete to meet with a coach (after the first three steps have been completed) is immediately after a scheduled practice.

It is inappropriate for an athlete or a parent to approach other Coastal Volleyball Club members about a problem the athlete or a parent is having with a coach, about objections to coaching, or administrative decisions. For the health of the teams and the Club as a whole, grievances must be handled via the grievance

process outlined above.

Coastal Volleyball Club is dedicated to keeping an open line of communication between all involved. We want the players/parents to feel comfortable with our staff. We are here to make this season enjoyable as well as a great learning and growing experience for your athlete.

### **Insurance Coverage**

It is the responsibility of parents to ensure that their athlete is covered by medical insurance. Volleyball is like any other sport - the risk of accidental injuries is inherent in the nature of these activities. These risks include, but are not limited to, the potential for injury, accidents or illness while traveling to and from competition sites, while participating in the various program activities, and while playing volleyball.

We attempt to minimize the existing risks through the use of proper sports equipment, proper facilities, and sound safety practices.

### **MAAPP Summary**

The goal of Minor Athlete Abuse Prevention Policies is to limit one-on-one interactions with minor athletes--interactions with minors should be observable and interruptible. Any violation of MAAPP is reportable. All Coastal Volleyball Club coaches are required to complete Safe Sport training (which encompasses MAAPP).

The policy covers six areas:

- Limiting one-on-one interactions, including meetings and individual training sessions
- Massages and rubdowns/athlete training modalities
- Locker rooms and changing areas
- Social media and electronic communication
- Local travel
- Team travel

Questions regarding MAAPP should be directed to [safesport.general@usav.org](mailto:safesport.general@usav.org).

**Coastal Volleyball Club reserves the right to amend this player/parent handbook. In the event that the handbook is altered, athletes and parents will be notified.**



## Coastal Volleyball Club Participation Agreement Form

Welcome to Coastal Volleyball Club. We look forward to a great volleyball season!

I, \_\_\_\_\_ am the parent/guardian of \_\_\_\_\_, and we have **BOTH** carefully read the Coastal Volleyball Club Player and Parent Handbook and agree to the policies listed therein. We agree to participate for the entire 2025/2026 club volleyball season.

**Parent Signature:** \_\_\_\_\_ **Player Signature:** \_\_\_\_\_

I understand that I am solely responsible for all fees due for the player as per the fee schedule listed in the Coastal Volleyball Club Payment Agreement Form. I understand that all dues must be paid in full regardless of the duration of participation of the forenamed individual. I understand that if the player decides to withdraw for any reason, the full club volleyball season fees must still be paid. I understand that my daughter will not be permitted to participate in any club activities, practices, or tournaments until all payments are up to date. **INITIAL:** \_\_\_\_\_

Playing time and playing positions are not guaranteed. These items are at the discretion of the coach. Parents will not be refunded any portion of the paid club dues and are not entitled to any type of reduction in fees if the playing time or position of their player is not in line with their expectations.

**INITIAL:** \_\_\_\_\_

Understanding the aforementioned stipulations and having discussed this entirely with my daughter, I agree to and will support my daughter's decision to participate in the activities of the club for the entire season and assume full financial responsibility.

**INITIAL:** \_\_\_\_\_

**This agreement is made and entered into by Coastal Volleyball Club.**

**Parent/Guardian Name**

\_\_\_\_\_

**Parent/Guardian Signature**

\_\_\_\_\_