



The **Roosevelt Athletic Program** values the importance of educational values instilled in leadership. In 2022, Athletic Director, Adam Flanders planned and implemented the first **Student-Athlete Leadership Team (SALT)** at Roosevelt High School

The **RHS S.A.L.T** is an opportunity to educate students involved with athletics to help them become better students, effective leaders and responsible community members. Opportunities for education come from a variety of activities such as but not limited to; classroom discussion, video clips, team building/bonding activities, reflections, handouts, real life concerns/conversations, guest speakers, panel discussions to name a few. This list of methods is fluid and will be updated by our **SALT**.



## **Roosevelt High School Student Athlete Leadership Team - RHS SALT**

The **Roosevelt Athletic Department** strives to teach the values and importance of leadership in the practice of activities, athletics and in life by providing educational opportunities, resources and activities for student leaders within our athletic programs. RHS SALT will meet once a month during the academic school year (Meet every 3rd Wednesday of the month / first meeting is Wednesday, October 20th).

### **Desired Outcomes**

- Student-athletes become more aware of the role and responsibilities of what it means being a Student-Athlete leader at Roosevelt High School
- Realize the effect student athletes have on their school and community
- Understand the importance of being a “Full Time Leader”
- Develop tactics to make students more effective leaders
- Create a community of student-athlete leaders among all our programs at Roosevelt
- Share information between students and adult leaders to assist in developing positive leadership skills.

### **Calendar**

RHS SALT will meet monthly during the school year, on every 3rd Wednesday of each Month (aside from October due to MEA). Meetings will be from 7:15am - 8:00am

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### **Curriculum**

InsideOut Coaching

