



MBSC COVID-19 Practice Protocols

6.2.20

The following protocols were developed in collaboration with the City of Middleton and fall within the current parameters set forth by Public Health Madison and Dane County's "Forward Dane" plan. They were also informed by and are consistent with similar guidelines in place for peer leagues and governing baseball and softball associations (Babe Ruth, USA Softball, etc.).

All coaches must review these guidelines with their players before the start of their first practice.

No player or coach should participate if exhibiting any symptoms of COVID-19, including: Fever, dry cough, sore throat, shortness of breath, malaise (general feeling of discomfort or illness), headache, chills, loss of sense of taste or smell.

Mandatory protocols:

- Practices may consist of up to three coaches / parent volunteers plus that team's full roster only, as long as the total number is within the current county guidelines for group gathering size.
- No parents allowed on site – drop-off and pickup only.
- Arriving teams must allow previous team to completely exit fields before entering for their own practice. But to ensure that we avoid cross-over, follow these entry/exit flows:
 - Firefighter's: Enter along path between fields two and three, exit toward the indoor facility between fields three and four.
 - At all other fields: Enter first base side, exit third base side.
- No gathering in bleachers, which will be roped off.
- No scrimmages vs another team allowed until we're cleared for games.
- Stay out of dugouts except for entry/exit from field.
- No food of any kind, including candy, gum, sunflower seeds, etc. allowed.
- No team water coolers/jugs allowed, or sharing of water bottles between players.
- Everyone is required to thoroughly wash/sanitize hands, on site, just before start of each practice. May use the league-provided hand-sanitizer if you don't have your own.
- Adhere to 6' distancing rule at all times – before, during, and after practice. No handshakes/celebrations or other close contact of any kind.
- For live hitting, catchers must move back at least 6' behind batter. Otherwise use a net or other backstop instead of a catcher.
- Masks are optional for coaches and players, assuming distancing is being followed.
- All individual player gear should be spaced at least 6' apart along outside of fence.
- No gear sharing of any kind. If a player needs to use team gear (catcher gear, helmet, mask, other), and they aren't able to check it out for their sole use for the season, it must be thoroughly wiped down by an adult after each use.
- After practice, using wipes provided in team bin, wipe down all balls and anything touched, (dugout locks, latch, bases, rakes, etc.). A wipe-down checklist will be posted in each dugout.
- Boxes at each field and bins that travel with teams will also have individual Ziploc bag kits -- in addition to sanitizer -- with gloves, facemasks, alcohol wipes and bandages for coaches to administer first aid if needed. All used items can then be safely disposed of within the Ziploc when finished.