

Anchorage Sports Association Slowpitch Softball COVID Mitigation Plan

Updated 4/20/21

GENERAL REQUIREMENTS

- Individuals who exhibit symptoms of COVID-19, who have tested positive for COVID-19, or who are close contacts of a positive case for COVID-19 shall stay home from all events for the length of time recommended by the CDC.
 - Fully vaccinated individuals and individuals who have recently been infected should adhere to CDC guidance as they may not be required to quarantine.
- In the event of a confirmed positive case, the following restrictions will apply to the COVID-positive individual:
 - The individual will be removed from ASA events for a minimum of 10 days from the date of the test, to be extended if symptoms are still present after the 10-day period.
- In the event of a confirmed positive case, the following options will be available to any close contacts of the COVID-positive individual:
 - Individuals will be removed from ASA events for 7 days from the date of exposure, given a negative COVID-19 test result is provided from a test taken within 48 hours of the end of the 7-day quarantine period. Individuals must also be symptom-free.
 - Individuals will be removed from ASA events for 10 days with no test. Individuals must also be symptom-free.
 - If individuals provide proof of full vaccination, or proof that they have had COVID-19 in the previous 3 months and have recovered and show no symptoms, they may continue participating in ASA events.
- Per EO-20, each team is responsible for designating an individual to enforce masking and physical distancing requirements for the team.
- Face coverings are required for players in the dugout areas, and any spectators who are not socially distancing. Masks are encouraged at all times for all participants.
 - Exceptions are allowed as outlined in the federal Americans with Disabilities Act and other applicable laws.
 - Exception: masks and face coverings during high intensity outdoor organized sports activities are encouraged, but not required, if athletes generally can maintain six (6) feet physical distancing at all times.
 - The Warning, Disclosure, and Disclaimer in the USA Softball of Alaska rulebook deems softball to be “a vigorous team sport...involving severe cardiovascular stress,” consistent with a high-intensity sport. Players can generally maintain 6-feet of distancing at all times while on the field.
- Players, staff, spectators, and other participants must adhere to physical distancing protocols.
- Events will be scheduled such that there is time for participants from one event to exit before the participants for the next event arrive.

- There will be no non-conference play or travel for competition allowed for ASD teams as directed by the Anchorage School District.
- Restrooms and high-touch areas will be disinfected daily prior to competition.
 - Restrooms will offer hand washing capability for all participants.
- Athletes are encouraged to show up dressed and ready to minimize the usage of changing areas.
- Sharing of food and beverages is strongly discouraged. Team water jugs are not allowed – personal water bottles will be used instead.

SPECTATORS

- Spectators will be allowed at all outdoor events given that 6-foot distancing is maintained between all non-household groups.
 - The number of spectators will be restricted if/when 6-foot distancing cannot be accommodated.
- Spectators will be required to provide their own seating.
- Spectators must wear a face covering if not following social distancing protocol.

TRAVEL RESTRICTIONS

- Travelers entering the Municipality of Anchorage are encouraged to choose one of the pre-travel or arrival testing options from the State of Alaska Health Advisory No. 2.
 - Individuals may participate in ASA events with proof of a negative test result, given the following conditions are satisfied.
 - Test must be molecular-based. No antigen or antibody test.
 - Test can be taken upon arrival in Alaska or anytime thereafter.
 - Test can be taken no earlier than 72 hours prior to arrival in Alaska
 - If travelers choose not to test, they can attend ASA events 10 days after arrival to Alaska given they are asymptomatic during this time.
- If traveling outside Alaska for less than 72 hours, no test is required if asymptomatic.
 - If experiencing symptoms, individuals must follow CDC guidance and avoid public events (ASA events) for the recommended length of time.

REQUIRED SAFETY MEASURES (ALL EMPLOYEES AND STAFF)

- The association will establish a plan for COVID-19 occurrence in the workplace, and a back-to-work plan following CDC guidance. This plan will be made available electronically to all staff and volunteers.
- Staff to follow CDC guidance for COVID-19 hygiene.
- Training provided to all employees on the COVID Mitigation Plan and associated staff protocol.
- The Executive Board and Executive Director will be responsible for responding to all COVID-19 concerns.

ADDITIONAL INFORMATION

Concessions plan (provided by operator, Raeshell Espinosa)

- Owner and operator at mobile coffee shop Rae Rae's coffee shop opened 2008. Permit number FA0007800.

- Pre Screen - I as the owner/person would measure employees' temperature and evaluate prior to them starting work. Temperature checks would happen before the individual enters the facility.
- Mask and gloves - Employees wear face mask or face coverings at all times while working in the work place. Gloves will be worn at all times while handling food or money.
- Social Distance - employees will practice social distancing in workplace.
- Disinfect and clean work space - would clean and disinfect all guest service area touch points after every use.
- Would encourage cashless payments and have a debit credit card machine that is set out for customers to swipe on their own.
- Disposable table wear will be used.
- Would utilize entry and exit points as well as standing markers distancing customers apart.
- Frequent hand washing by employees, and adequate supply of soap, disinfectant, hand sanitizer, and paper towels onsite for employees and customers.
- Signage stating that any customer who has symptoms of Covid-19 must not enter premises and notifying the public of the Covid-19 Mitigation Plan for the business.
- Condiments by request in single use disposable packets.
- Hourly touch-point sanitation.