



West Forsyth Sports Medicine: Football Injury Policy

Atlanta Rehabilitation and Performance Center (ARPC) and **Peachtree Orthopedics** are the official providers of sports medicine and physical therapy to the West Forsyth Wolverines. ARPC has served high school athletes for over 16 years and has been involved in the West Forsyth community for many years.

ARPC utilizes **Certified Athletic Trainers (ATCs)** to provide on-site sports medicine coverage. The certified athletic trainer is a healthcare professional recognized by the American Medical Association who specializes in the prevention, management, and rehabilitation of athletic injuries.

Our trainers will provide sports medicine coverage for football camps, all weekday practices, Thursday home games, and all Friday games. The following are procedures to follow if your son(s) suffer an injury while participating in practice or a game:

1. Encourage your son(s) to communicate with the athletic trainers if he feels he has suffered an injury. The athletic trainers cannot help if they are not aware of the situation.
2. If your son arrives home after a practice or game and has suffered an injury, but did NOT speak with an athletic trainer – call an athletic trainer immediately for guidance.
3. The athletic trainers will communicate with parents or guardians if your son has suffered an injury in practice or a game. The athletic trainers will provide information related to your son's injury and guidance to care for the injury.
4. If the injury is something that a physician needs to examine, the athletic trainers will make the suggestion. West Forsyth is fortunate to have two orthopedic team physicians that are highly accessible to the football program and the athletic trainer.
 - a. It is in the best interest to use the team orthopedic physician for injuries that occur. The physician can communicate with the athletic trainer, head coach, and position coach about the injury, recovery time, and return to play status.
 - b. If an outside physician is seen a note for clearance or restrictions of athletic activity must be presented to the athletic trainers and coaches.
5. The athletic trainer can schedule the physician appointment – usually same day or the next day at the latest.
6. If an injury occurs on a Friday night and needs attention over the weekend, the team physicians can be contacted via athletic trainer to set up an appointment for the following week or referred to Northside Urgent Care.

Please be confident that all decisions will be made in the best interest of the student-athlete. The well-being of the individual will always have priority over the sport, winning, or a game.



Peachtree Orthopedics Offices, Insurance Information, and Schedules

- *Clinic Locations*
 - Cumming:
 - Address: 2860 Ronald Reagan Blvd, Cumming, GA 30041
 - Phone: (470) 842-3472
 - Alpharetta:
 - Address: 3400-C Old Milton Parkway, Suite 345, Alpharetta, GA 30005
 - Phone: (404) 355-0743
 - Northside:
 - Address: 5505 Peachtree Dunwoody Road, Suite 600, Atlanta, GA 30342
 - Phone: (404) 355-0743
- *Insurance Information*
 - **The team physicians will see any West Forsyth student-athlete no matter their insurance.**
They do accept most, if not all major insurance companies though.

Physical Therapy Information

- ARPC has locations that offer a variety of specialized therapy techniques in order to ensure the best rehabilitative care for your student-athlete.
 - Cumming:
 - Address: 2920 Ronald Reagan BLVD, Suite 106, Cumming, GA 30041
 - Phone: (770) 887-0502